THE Whole Booke of PSALMES.

Collected into Engliſh meeter, by Thomas Sternhold, Iohn Hopkins, and others: conferred with the Hebrew; *with apt Notes to ſing them withall.*

Set forth and allowed to bee ſung in all *Churches, of all the people together before and* after Morning and Euening Prayer, as alſo before and after Sermons: and moreouer in priuate houſes, for their godly ſolace and comfort, laying apart all vngodly Songs and Ballads, which tend onely to the nouriſhing of vice, and corrupting of youth.

BIB. CAM. AC

IAMES.

If any be afflicted, let him pray: and if any be merry, let him ſing Pſalmes.

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Cum Priuilegio.

~~1026:94~~
57...2233,5

A TREATISE MADE BY *Athanaſius* the great, concerning the vſe and vertue of the *Pſalmes*.

ALL holy Scripture is certainely the teacher of all vertue and of true Faith: but the Booke of the Pſalmes doth expreſſe after a certaine manner, the very ſtate and condition of the Soule. For as he which intendeth to preſent himſelfe to a King, firſt will compound with himſelfe to ſet in good order both his geſture and his ſpeech, leſt elſe hee might be reputed rude and ignorant: euen ſo doth this godly Booke informe all ſuch as be deſirous to lead their life in vertue, and to know the life of our Sauiour, which he led in his conuerſation, putting them in minde in the reading thereof, of all their affections and paſſions whereto their ſoule is inclined.

Moreouer, the Pſalmes informe and teach euery man with diuers inſtructions, whereby he may not onely eſpie the affections and ſtate of his Soule, and to winne a good patterne and diſcipline, how he may pleaſe God; but alſo with what forme of words hee may amend himſelfe, and how to giue God due thankes, leſt if he ſhould ſpeake otherwiſe than were conuenient, hee ſhould fall into impietie, by his vnreuerent eſtimation of God, for we muſt all make an account to the Iudge, as well of our euill deeds, as of our words.

IF therefore thou wouldeſt at any time deſcribe a bleſſed man, who he is, and what thing maketh him to be ſo, thou haſt the 1. 32. 41. 112. 128. Pſalmes.

2 If thou wouldeſt rebuke the Iewes for their ſpight they had to Chriſt: thou haſt the ſecond Pſalme.

3 If thine owne familiars purſue thée, and if many riſe againſt thée, ſay the 3. 143. Pſalme.

4 If thus in trouble thou haſt called on God, and haſt tarried vpon his helpe, and wouldeſt giue him thankes for that he heard thee with his helpe, ſing the 4. 40. 116. Pſalmes.

5 If that thou ſeeſt that euill men lay ſnares for thee, and therefore deſireſt Gods eares to heare thy prayer, ſing the 5. Pſalme.

6 If thou feeleſt Gods dreadfull threats, and feeſt thy ſelfe afraid of them, thou mayeſt ſay the 6. 31. 88. Pſalmes.

7 If any take counſell againſt thee, as Achitophel did againſt Dauid, if thou be admoniſhed thereof, ſing the 7. Pſalme.

8 If thou in the beholding the grace of our Sauiour ſpread on euery ſide, eſpecially for the reſtoring of mankind to ſaluation, and wouldeſt ſpeake thereof in meditation to God, ſing the 8. Pſalme.

9 If ſo againe, thou wilt ſing in giuing thankes to God, for the proſperous gathering of thy fruits, vſe the 8. Pſalme.

10 If thou wouldeſt haue thine aduerſary kept backe, and thy ſoule ſaued, truſt not in thy ſelfe, but in the Sonne of God, ſinging the 9. Pſalme.

11 If thou perceiueſt God to be wroth with his people, as though he regarded them nothing, thou haſt to pacifie him to complaine thereof, the 10. 60. 74. Pſalmes.

12 If any man would put thee in feare, haue thou thy hope in God, and ſing the 11. Pſal.

13 If thou beholdeſt the pride of any man, and ſeeſt malice to abound, ſo that there is no godlineſſe among men repaire then to God, and ſay the 12. pſalme.

14 If thine aduerſary lie long in wait againſt thée, deſpaire not, as though God had forgotten thee, but call vpon the Lord, and ſing the 13. 22. 61. Pſalmes.

15 If thou heareſt any to blaſpheme God in his prouidence, be not partaker with them in wickedneſſe, but make haſt to God, and ſay the 14. 55. Pſalmes.

16 If thou deſireſt to know who is a Citizen of heauen, ſing the 15. Pſalme.

17 If thou haſt néed of prayer for ſuch as be againſt thee, and haue cloſed thy ſoule on euery ſide, ſing the 16. 17. 86. 141. Pſalmes.

18 If thou haſt eſcaped from thine enemies, and art deliuered from them who purſued thée, ſing thou the 18. 89. pſalmes.

19 If thou doeſt wonder at the order of things created by God, conſidering the grace of the diuine prouidence, ſing the 19. 24. Pſalmes.

20 If thou ſeeſt a man in aduerſity, comfort him, and pray for him with the 20. Pſalme.

21 If thou perceiueſt thy ſelfe to be defended and fed by God, and to liue proſperouſly, reioyce therein, and ſing the 23. Pſalme.

22 If thine enemies conſpire againſt thee, lift vp thy ſoule to God, and ſay the 24. pſalme, and thou ſhalt eſpie them to labour but in vaine againſt thee.

23 If thine enemies cluſter againſt thee, and goe about with their bloudie hands to deſtroy thee, goe not thou about by mans help to reuenge it, for all mans iudgements are not truſty: but deſire God to be Iudge, for he alone is Iudge, and ſay the 26. 35. 43. Pſalmes.

24 If they preſſe more fiercely on thée, though they be in number like an armed hoaſt, feare them not which thus reiect thee, as though thou wert not anointed and elected of God, but ſing the 27. Pſalme.

25 If they be yet ſo impudent that lay wait againſt thee, ſo that it is not lawfull for thee to haue any vocation by them, regard them not, but ſing to God the 28. Pſalme.

26 If thou wilt exhort and prouoke Kings and Princes to ſubmit their powers to God, and to regard his honour, ſing the 79. 82. Pſalmes.

27 If thou renue and build thine houſe, both of thy ſoule, whereto thou receiueſt God to hoſt, and of thy temporall habitation, ſing the 30. 48. 127. Pſalmes.

28 If thou ſeeſt thy ſelfe had in hate for the truths ſake, of thy friends and kinſfolkes, leaue not off thy purpoſe, nor feare them which be againſt thee, but thinke on them which follow, and ſing the 31. Pſalme.

29 If thou beholdeſt ſuch as be baptized, and ſo deliuered from the corruption of their birth, praiſe thou the bountifull grace of God, and ſing the 32. Pſalme.

30 If thou delightſt to ſing among many, call together righteous men of godly life, and ſing the 33. Pſalme.

31 If by chance thou faileſt among thine enemies, and yet haſt fortunately eſcaped them, if therefore thou wilt giue thankes, call together méeke men, and ſing the 35. Pſalme.

32 If thou ſeeſt wicked men contend amongſt themſelues to doe miſchiefe, thinke not that their nature doth impell them by neceſſity to worke ſinne againſt their will, as certaine heretikes ſuppoſe, but conſider the 36. Pſalme, and thou ſhalt ſee that they be to themſelues their owne occaſion of ſinning.

33 If thou ſeeſt how wicked men doe much wickedneſſe, and that yet ſimple folke praiſe ſuch, when thou wilt admoniſh any man not to follow them, nor to be like vnto them, becauſe they ſhall be ſhortly rooted out and deſtroyed, ſpeake to thy ſelfe and them in the 37. Pſalme.

34 If thou haſt decréed to take héed to thy ſelfe, and ſeeſt thine enemies approach nie thee, as to ſuch the aduerſarie is moſt prouoked to come with aſſault, and therefore wilt prepare thy ſelfe, ſing the 39. Pſalme.

35 If thou ſeeſt many poore men to beg, and wilt ſhew pitty to them, thou mayeſt both thy ſelfe receiue to mercy, and alſo exhort others to doe the ſame, ſaying the 41. Pſalme.

36 If thou haſt a deſire to God-ward, and heareſt thine enemies to vpbraid thee, be not troubled, but conſider what fruit of immortalitie riſeth to thee for this deſire, comfort thy ſoule with hope to God, and ſo therein releeuing and aſſwaging the heauineſſe of thy life, ſay the 42. Pſalme.

37 If thou wilt remember Gods benefits which he did to our Fathers, both in their out going from Egypt, and in the deſart, and how good God was vnto them but they vnthankfull to him, thou haſt the 44. 78. 89. 102. 106. 114. 117. Pſalmes.

38 If thou haſt made thy refuge to God, and haſt eſcaped ſuch trouble as was prepared againſt thee, if thou wilt giue thankes and ſhew out his kindneſſe to thee, ſing the 46. Pſal.

39 If thou wilt know how to giue thankes to God when thou doſt reſort to him with vnderſtanding, ſing the 47. 48. Pſalmes.

40 If thou wilt exhort men to put their truſt in the liuing God, who miniſtreth all things abundantly to good mens vſe: and blameth the madneſſe of the world, which ſerue their God Mammon ſo inordinately, ſing the 49. Pſalme.

41 If thou wouldeſt call vpon the blinde world for their wrong confidence in their braue ſacrifices, and ſhew them what ſacrifice God hath moſt required of them, ſing the 50. Pſal.

42 If thou haſt ſinned, and art conuerted and moued to doe penance, deſirous to haue mercy, thou haſt words of confeſſion in the 51. Pſalme.

43 If thou haſt ſuffered falſe accuſation before the King, and ſeeſt the Deuill to triumph thereof, goe aſide and ſay the 52. Pſalme.

44 If they which perſecute thee with accuſations would betray thée, as the Phariſes did Ieſus, and as the Aliants did Dauid: diſcomfort not thy ſelfe therewith, but ſing in good hope to God the 45. 69. 57. Pſalmes.

45 If thine aduerſaries which trouble thee doe vpbraid thee, and that they which ſeeme to be thy friends, ſpeake moſt againſt thee: whereupon if in thy meditation thou art ſome what grieued thereat, thou maiſt call on God, ſaying the 55. Pſalme.

46 If perſecution come fierce on thee, and vnawares chance to enter into the Caue where thou hideſt thy ſelfe, feare not, for in this ſtrait thou ſhalt haue expedient words both to comfort thee, and put thee in old remembrance with 57. 141. Pſalmes.

47 If thou wilt confound Hypocrites which make glorious ſhewes outwardly, ſpeake their conuerſion with the 58. Pſalme.

48 If thy purſuers command thy houſe to be watched, when thou art eſcaped, giue thankes to God, and graue it in the tables of thy heart for a perpetuall remembrance, and ſay the 59. Pſalme.

49. If thine enemies cruelly aſſault thee, and would catch thy life, offer thy ſubiection to God againſt them, and be of good comfort: for the more they rage, the more ſhall God ſubdue them, and ſay the 62. Pſalme.

50 If thou ſpyeſt perſecution, and getteſt thee into a wilderneſſe, feare thou not, as though wert alone, but hauing God nigh vnto thee, riſe vnto him early in the morning, ſinging the 63 Pſalme.

51 If thine enemies would put thee in feare, and neuer ceaſe to laie traines for thee, and picke all manner of quarrels againſt thee, though they be very many, giue no place to them, for the darts of babes ſhall be their deſtruction, if thou ſaiſt the 61. 68. 70. 71. Pſalme.

52 If thou wilt laud God with a Pſalme or Hymne, ſing the 65. 66. Pſalmes.

53 If thou askeſt mercy of God, ſing the 67. Pſalme.

54 If thou wouldſt ſing to the Lord, thou haſt what to ſay in the 96. 98. Pſalmes.

55 If thou haſt néed to confeſſe God with thankes, ſing the 71. 75. 92. 108. 111. 118. 136. 138. 195. Pſalmes.

56 If thou ſeeſt wicked men proſper in peace, be not offended thereat, but ſay the 73. Pſalme.

57 If thine enemies haue beſet the wayes whither thou flieſt, and thou art thereby in great anguiſh, yet in this trouble deſpaire not, but pray, and if thy prayer be heard, giue God thanks, and ſay the 77. pſalme.

58 If they perſeuere ſtill, and defile the houſe of God, kill the elect, and caſt their bodies to the fowles of the ayre, feare not their crueltie, but ſhew pitty to them which be in ſuch agony, and ſay the 79. pſalme.

59 If thou wilt informe any man with the myſtery of the reſurrection, ſing the 81. pſalme.

60 If thou wilt ſing to the Lord, call together Gods ſeruants on the feſtiuall day, and ſing the 81. 95. 134. pſalmes.

61 If thy aduerſaries flocke together on euery ſide, and threat to deſtroy the houſe of God,

and make their conſpiracies againſt the Religion, let not the number and power trouble thee, for thou haſt an anker of the words of the 83. Pſalme.

62 If thou caſteſt an eye to Gods houſe and to his eternall Tabernacles, and haſt a deſire thereto, as the Apoſtle had, ſay thou alſo the 84. Pſalme.

63 If Gods wrath be ceaſed, and the captiuity ended, thou haſt cauſe how to giue thankes to God with Dauid, recounting his goodneſſe to thee and others, with the 67. 85 116. pſalmes.

64 If thou wilt rebuke Paynims and Heretikes, for that they haue not the knowledge of God in them, thou mayeſt haue an vnderſtanding to ſing to God the 86. 115. Pſalmes.

65 If thou wilt ſee and know the diſſent that the Catholike Church hath from Schiſme, and wouldeſt conuert them, or to diſcerne the Church concerning the outward appearance and formes thereof, thou maiſt ſay the 87. Pſalme.

66 If thou wouldeſt know how Moſes prayed to God, and in his meditation recounting the brittle eſtate of mans life, deſired God to direct ſo his ſhort life, that he might follow wiſdome, reade the 90. Pſalme.

67 If thou wouldeſt comfort thy ſelfe and others in true Religion, and teach them that hope in God, that he will neuer ſuffer a ſoule to be confounded, but make it bold without feare, with Gods protection, ſing the 91. Pſalme.

68 If thou wilt ſing on the Sabbath day, then haſt the 92. Pſalme.

69 If thou wilt ſing on the Sunday in meditation of Gods holy word, deſiring to be inſtructed therein, whereby thou maieſt reſt in Gods moſt holy will, and ceaſe from all the workes and doctrines of vaine men, reuolue that noble Pſalme 119.

70 If thou wilt ſing the Second day of the Sabbath, thou haſt the 93. Pſalme.

71 If thou wouldeſt ſing to the Lord, thou haſt what to ſay in the 96. 98. Pſalmes.

72 If thou wilt ſing the Fourth day of the Sabbath, ſing the 94. Pſalme, for then when the Lord was betraied, he began to take vengeance on death, and to triumph ouer it: therefore when thou readeſt the Goſpell, wherein thou heareſt the Iewes to take counſell againſt the Lord, & that he ſtandeth boldly againſt the deuill, then ſing the foreſaid Pſalme.

73 If thou wilt ſing on good Friday, thou haſt a commendation of the Pſalme 93. for then was the houſe of Gods Church builded, and grounded ſoundly, though the enemies went about to hinder it: for which cauſe ſing to God the ſongs of triumphant victory, with the ſaid Pſalme, and with the 98. and 129. Pſalmes.

74 If there be any captiuity wherein thy houſe is laid waſte, and yet builded againe, ſing the 96. Pſalme.

75 If the land be vered with enemies, and after come to any reſt by the power of God, if thou wilt ſing therefore, ſing the 97. Pſalme.

76 If thou conſidereſt the prouidence of God in his gouernance ouer all, and wilt inſtruct any with true faith and obedience, when thou haſt firſt perſwaded them to confeſſe themſelues, ſing the 100. 147. Pſalmes.

77 If thou doeſt acknowledge God in his iudiciall power, and that in iudgement he mixeth mercy, if thou wilt draw nigh vnto him, thou haſt the words of the Pſalme 101. to the end.

78 If for the imbecillity of thy nature, thou art weary with the continuall miſeries & griefes of this life, and wouldeſt comfort thy ſelfe, ſing the 102. Pſalme.

79 If thou wilt giue thanks to God, as it is moſt conuenient and due for all his gifts: when thou wilt ſo doe, thou haſt how to reioyce thy ſelfe therevnto with the 103. 104. Pſalmes.

80 If thou wilt praiſe God, and alſo know how, & for what cauſe, and with what words thou maiſt beſt doe it, conſider the 113. 117. 133. 145. 147. 148. 149. 150. Pſalmes.

81 If thou haſt faith to ſuch things as God ſpeaketh, and beleeueſt that which in prayer thou vttereſt, ſay the Pſalme 116. to the end.

82 If thou feeleſt thy ſelfe to riſe vpward in degrees of well working, as though thou ſayeſt with Saint Paul, I forget thoſe things which are behind me, and ſet mine eyes on thoſe things which be before me, thou haſt the 120. Pſalme.

83 If thou beeſt holden in thraldome vnder ſtraying and wandring thoughts, and feeleſt thy ſelfe drawne by them, whereof thou art ſorry, then ſtay thy ſelfe from henceforth, and tarry where thou haſt found thy ſelfe in fault, ſet thee downe and mourne thou alſo as the Hebrew

people

people did, and ſay with them the 137. Pſalme.

84 If thou perceiueſt that temptations be ſent to proue thée, thou oughteſt after ſuch temptations to giue God the thankes and ſay the 139. Pſalme.

85 If yet thou be in bondage by thy enemies, and wouldeſt faine be deliuered, ſay the 140. Pſalme.

86 If thou wouldeſt pray and make ſupplication, ſay the 141. 142. 143. Pſalmes.

87 If any tyrannous enemy riſe vp againſt the people, feare thou no more than Dauid did Goliah, but beléeue like Dauid, and ſing the 144. Pſalme.

88 If thou art elect out of low degrée, ſpecially before other, to ſome vocation to ſerue thy brethren, aduance not thy ſelfe againſt them in thine owne power, but giue God his glory, who did chuſe thée. and ſing the 145. Pſalme.

89 If thou wilt ſing of obedience, praiſing God with Alleluia, thou haſt the 105. 106. 107. 111. 112. 113. 114. 115. 117. 135. 146. 148. 149. 150. Pſalmes.

90 If thou wilt meditate on our Sauiour Chriſt, thou haſt of him in euery pſalme, but moſt chiefly in the 25. 45. 110. Pſalmes.

91 Such Pſalmes as ſhew his lawfull generation of his Father, and his corporall preſence, be the 11. 69. pſalmes.

92 Such as doe propheſie before of his moſt holy croſſe and paſſion, telling how many deceitfull aſſaults he ſuſtained for vs, and how he ſuffered, be the 2. 119. Pſalmes.

93 Such as expreſſe the malicious hatred of the Iewes and the betraying of Iudas, are the 21. 50. 55. 69. 72. 109. Pſalmes.

94 Such as deſcribe his agony in his paſſion, death, ſepulchre, be the 22. 88. Pſalmes.

95 For his dominion and preſence in the fleſh, read the 116. Pſalme.

96 Such as ſhew his glorious reſurrection of body, be the 44. 47. Pſalmes.

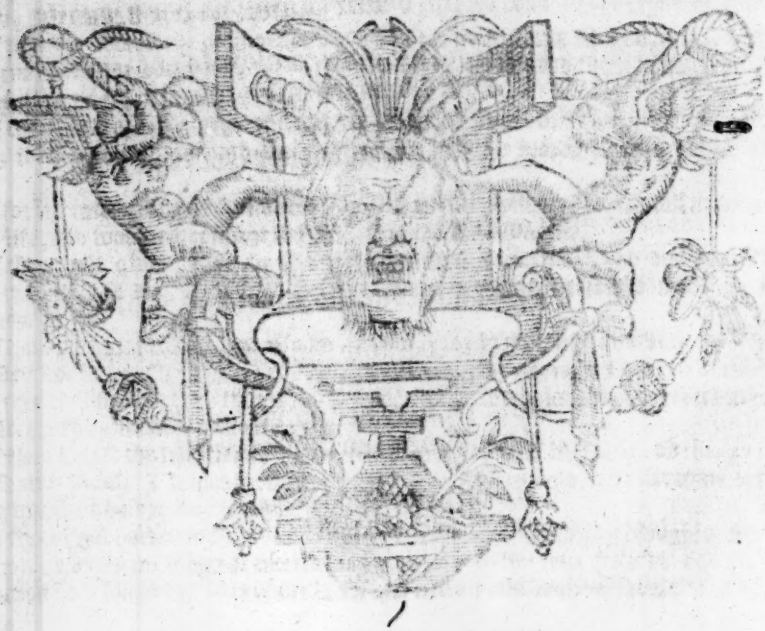
97 Such as ſet out his aſcenſion into heauen, are the 93. 96. 98. 99. Pſalmes.

98 And that he ſitteth at the right hand of his Father, the 110. Pſalme maketh manifeſt.

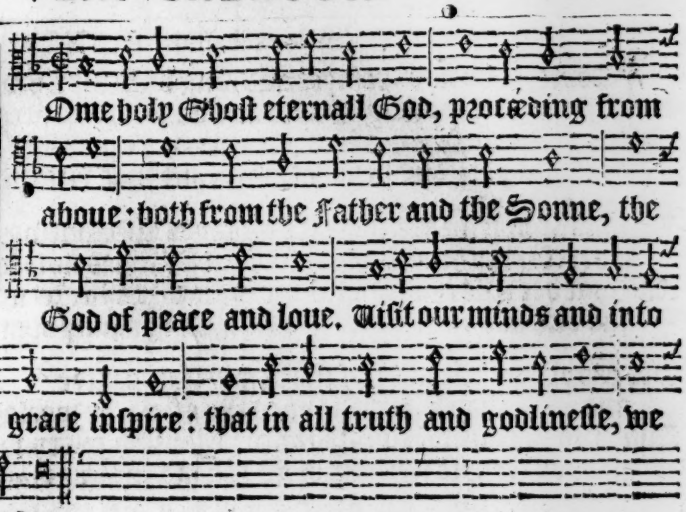
99 Such as ſhew that he hath authoritie of his Father to iudge, expreſſing his iudiciall power, both in condemning the deuill, and all wicked nations, are the 56. 72. 82. Pſalmes.

FINIS.









Thou art the very comforter in all woe and distresse:
the heauenly gift of God most hie, which no tongue can expresse,
The fountaine and the liuely spring of ioy celestiall:
the fire so bright, the loue so cleare, and vnction spirituall.

Thou in thy gifts art manifold, whereby Christs church doth stand:
in faithfull hearts writing thy law, the finger of Gods hand.
According to thy promise made, thou giuest speech of grace:
that through thy helpe the praise of God may stand in euery place.

O holy Ghost into our wits send downe thy heauenly light:
kindle our hearts with feruent loue, to serue God day and night.
Strength and stablish all our weakenesse so feeble and so fraile:
that neither flesh, the world, nor deuill against vs doe preuaile.

Put backe our enemies farre from vs, and grant vs to obtaine
peace in our hearts with God and man, without grudge or disdaine.
And grant (O Lord) that thou being our leader and our guide,
we may eschew the snares of sinne, and neuer from thee slide

To vs such plenty of thy grace, good Lord grant we thee pray:
that thou maist be our comforter at the last dreadfull day.
Of all strife and dissention, O Lord dissolue the bands
and make the knots of peace and loue throwout all Christian Lands.

Grant vs (O Lord) through thee to know the Father most of might:
that of his deare beloued Sonne we may attaine the sight.
And that with perfect faith also we may acknowledge thee;
the spirit of them both alway, one God in persons three.

Laud and praise be to the Father, and to the Sonne equall,
and to the holy spirit also, one God coeternall:
And pray we that the onely Sonne vouchsafe his spirit to send
to all that doe professe his name vnto the worlds end.

Venite

Venite exultemus. Pſal. XCV.

O Come let vs now reioyce and ſing vnto the Lord:
and to our onely Sauiour, alſo with one accord.
O let vs come before his face with inward reuerence:
confeſſing all our former ſinnes, and that with diligence.

To thanke him for his benefits alwayes diſtributing:
wherefore to him right ioyfully in Pſalmes now let vs ſing.
And that becauſe that God alone is Lord magnificent:
and eke aboue all other Gods, a King omnipotent:

His people doth he not forſake at any time or tide:
and in his hands are all the coaſts of all the world ſo wide.
And with his louing countenance he loketh euery where:
and doth behold the tops of all the mountaines farre and neere.

The ſea, and all that is therein are his, for he them made
and eke his hand hath faſhioned the earth, which doth not fade.
O come therefore and worſhip him, and downe before him fall:
and let vs weepe before the Lord, the which hath made vs all.

He is our God, our Lord and King, and we his people are:
his flocke, and ſheepe of his paſture, on whom he taketh care.
This day if ye will heare his voyce, then harden not your heart:
as in the bitter murmuring, when ye were in Deſart.

Which thing was of their negligence committed in the time:
of trouble in the wilderneſſe, a great and grieuous crime.
Whereas your fathers tempted me, and tride me euery way:
they proued me, and ſaw my workes, what I could doe or ſay.

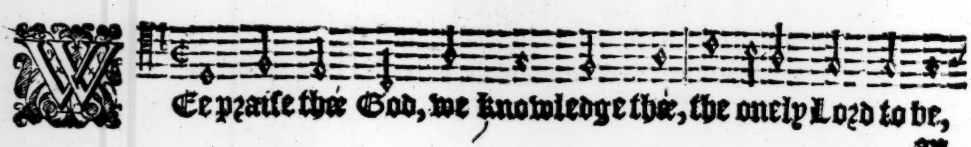
This forty yeres I haue béne grieu'd with all this generation:
and euermore I ſaid they err'd in their imagination.
Wherewith their hearts were ſore combred, long time and many daies:
wherefore I know aſſuredly they haue not knowne my waies.

To whom I in mine anger ſwore that they ſhould not be bleſt:
nor ſee my ioy celeſtiall, nor enter in my reſt.
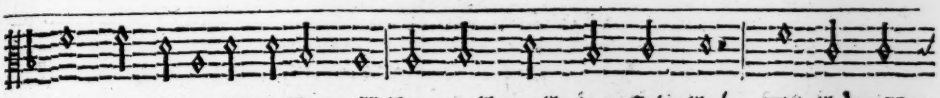
Gloria Patri.

All laud and praiſe be to the Lord, O that of might art moſt:
to God the Father, and the Sonne, and to the holy Ghoſt.
As it in the beginning was, for euer heretofore:
as is now at this preſent time, and ſhall be euermore.

The ſong of Saint *Ambroſe*, called
Te Deum.



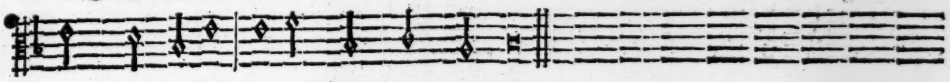
We praiſe thee God, we knowledge thee, the onely Lord to be,



and as eternall Father all the earth doth worship thée. To thée all



Angels cry, the heauens and all the powers therein: To thée Cherub



and Seraphin, to cry they doe not lin.

O Holy, Holy, Holy Lord, of Sabboth Lord the God:
thorough heauen and earth thy prayse is spread, and glory all abroad.
The Apostles glorious company yeld prayses vnto thée:
the Prophets goodly felowship prayse thee continually.

The noble and victorious hoast of Martyrs sound thy prayse.
the holy Church thorowout the world doth knowledge thee alwayes.
Father of endlesse Maiesty, they doe acknowledge thee:
thy Christ, thine honourable, true, and onely Sonne to be.

The holy Ghost the Comforter, of glory thou art King,
O Christ, and of the Father art the Sonne euerlasting.
When sinfull mans decay in hand thou tookest to restore,
to be inclosed in Virgins wombe thou diddest not abhorre,
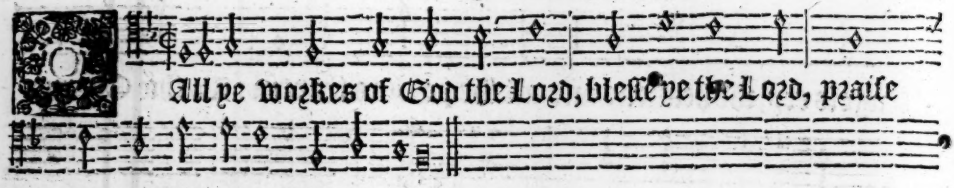
When thou hadst ouercome of death the sharpe and cruell might:
thou heauens kingdome didst set ope to each beleeuing wight.
In glory of the Father thou dost sit on Gods right hand,
we trust that thou shalt come our Judge our cause to vnderstand.

Lord helpe thy seruants, whom thou hast bought with thy precious bloud:
and in eternall glory set them with thy Saints so good.
O Lord doe thou thy people saue, blesse thine inheritance:
Lord gouerne them, and Lord doe thou for euer them aduance.

We magnifie thee day by day, and world without an end
adore thy holy name, O Lord, vouchsafe vs to defend
From sinne this day. Haue mercy Lord, haue mercy on vs all:
and on vs as we trust in thee, Lord let thy mercy fall.

O Lord, I haue reposed all my confidence in thee:
put to confounding shame therefore, Lord let me neuer be,

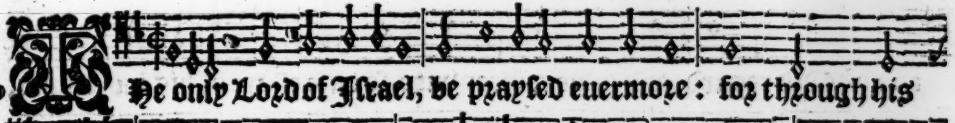
The ſong of the three Children, praiſing God, prouoking all Creatures to doe the ſame.

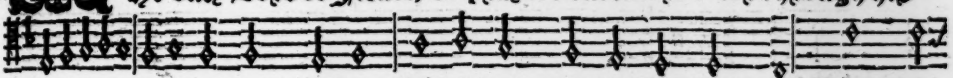
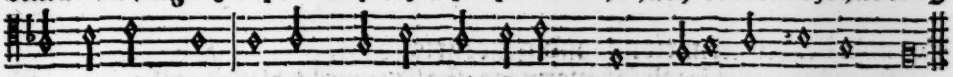


him, and magnifie him foꝛ euer.

2 O ye the Angels of the Loꝛd, bleſſe ye the Loꝛd,
pꝛaiſe him and magnifie him foꝛ euer.
3 O ye the ſtarry heauens hie, bleſſe ye the Loꝛd,
pꝛaiſe him and magnifie him foꝛ euer.
4 O ye the waters aboue the skie, bleſſe ye the Loꝛd, &c.
5 O ye powers of the Loꝛd, bleſſe ye the Loꝛd, &c.
6 O ye the ſhining Sunne and Moone, bleſſe ye the Loꝛd, &c.
7 O ye the gliſtering Starres of heauen, bleſſe ye the Loꝛd, &c.
8 O ye the ſhowers and dꝛopping dew, bleſſe ye the Loꝛd, &c.
9 O ye the blowing winds of God, bleſſe ye the Loꝛd, &c.
10 O ye the fire and warming heat, bleſſe ye the Loꝛd, &c.
11 Ye Winter and Summer tide, bleſſe ye the Loꝛd, &c.
12 O ye the dewes and binding frоſts, bleſſe ye the Loꝛd. &c.
13 O ye the froſt and chilling cold, bleſſe ye the Loꝛd, &c.
14 O ye congealing Ice and Snow, bleſſe ye the Loꝛd, &c
15 O ye the nights and lightſome daies, bleſſe ye the Loꝛd, &c.
16 O ye the darkneſſe and the light, bleſſe ye the Loꝛd, &c.
17 O ye the lightnings and the clouds, bleſſe ye the Loꝛd, &c.
18 O let the earth eke bleſſe the Loꝛd, yea bleſſe the Loꝛd, &c.
19 O ye mountaines and ye hils, bleſſe ye the Loꝛd, &c.
20 O all ye græne things on the earth, bleſſe ye the Loꝛd, &c,
21 O ye the euer-ſpꝛinging Wels, bleſſe ye the Loꝛd, &c.
22 O ye the ſeas, and ye the flouds, bleſſe ye the Loꝛd, &c.
23 Whales, and all that in the waters moue, bleſſe ye the Loꝛd, &c.
24 O all ye flying Fowles of the aire, bleſſe ye the Loꝛd, &c.
25 O all ye beaſts and cattell eke, bleſſe ye the Loꝛd, &c.
26 O ye the chilꝺꝛen of mankind, bleſſe ye the Loꝛd, &c.
27 Let Iſrael eke bleſſe the Loꝛd, yea bleſſe the Loꝛd, &c.
28 O ye the pꝛieſts of God the Loꝛd, bleſſe ye the Loꝛd, &c.
29 O ye the ſeruants of the Loꝛd, bleſſe ye the Loꝛd, &c.
30 Ye ſpirits and ſoules of righteous men, bleſſe ye the Loꝛd, &c.
31 O ye holy and ye meeke of heart, bleſſe ye the Loꝛd, &c.
32 O Ananias bleſſe the Loꝛd, bleſſe thou the Loꝛd,
pꝛaiſe him and magnifie him foꝛ euer.
33 O Azarias bleſſe the Loꝛd, bleſſe thou the Loꝛd,
pꝛaiſe him and magnifie him foꝛ euer
34 And Miſael bleſſe thou the Loꝛd, bleſſe thou the Loꝛd,
pꝛaiſe him and magnifie him foꝛ euer.

The Song of *Zacharias*, called *Benedictus*.



THe only Lord of Israel, be prayſed euermore: for through his

viſitation & mercy kept in ſtore, His people now he hath redeem'd, that long

haue been in thrall, & ſpread abroad his ſauing health, vpon his ſeruants all.

In Dauids houſe his ſeruant true, according to his mind:
and alſo his annointed King, as we in Scripture finde.
As by his holy Prophets all, oft times he doth declare:
the which were ſince the world began, his waies for to prepare.

That we might be deliuered from thoſe that make debate:
our enemies, and from the hands of all that doe vs hate.
The mercy which he promiſed our Fathers to fulfill:
and thinke vpon his couenant made according to his will.
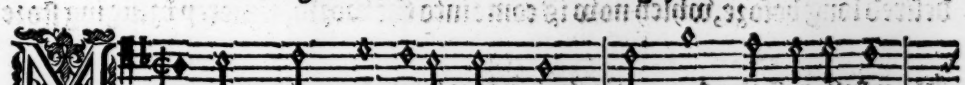
And alſo to performe the oath which he before had ſworne
to Abraham our Father deare, for vs that were forlorne.
That he would giue himſelfe for vs, and vs from bondage bring:
out of the hands of all our foes, to ſerue our heauenly King.

And that without all manner feare, and ebe in righteouſneſſe:
and alſo for to leade our liues in ſteadfaſt holineſſe.
And thou O Childe which now art borne, and of the Lord elect:
ſhall be the Prophet of the higheſt, his waies for to direct.
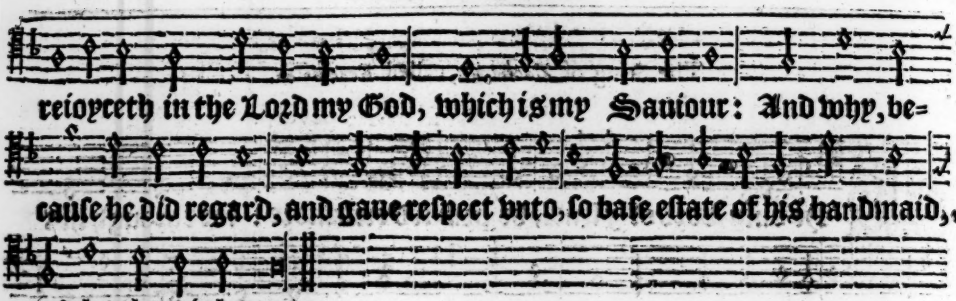
For thou ſhalt goe before his face for to prepare his waies:
and alſo for to teach his will and pleaſure all thy dayes.
To giue them knowledge how that their ſaluation is neere:
and that remiſſion of their ſinnes, is through his mercy meere.

Whereby the day ſpring from on high, is come vs for to viſit:
and thoſe for to illuminate, which doe in darkeneſſe ſit.
To lighten thoſe that ſhaddowed be with death, and ebe oppreſt:
and alſo for to guide our feet, the way to peace and reſt.

The Song of bleſſed *Marie*, called *Magnificat*.



MY Soule doth magnifie the Lord, my ſpirit ebe euermore,
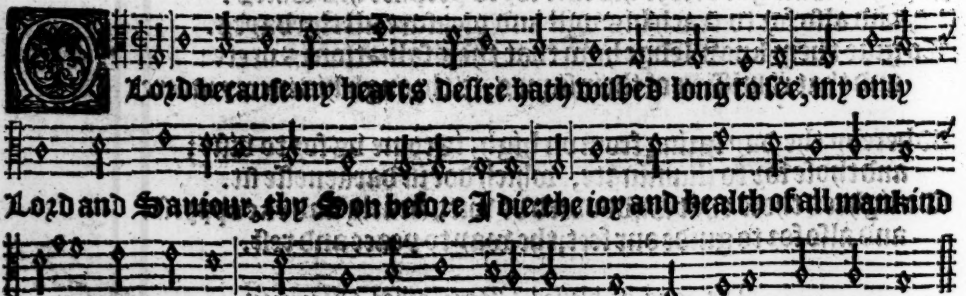


For now behold all nations, and generations all,
from this time forth for euermore, shall me right blessed call.
Because he hath me magnified, which is the Lord of might:
whose name be euer sanctified, and praysed day and night.

For with his mercy and his grace all men he doth inflame,
throughout all generations, to such as feare his Name.
He shewed strength with his great arme, and made the proud to start,
with all imaginations that they bare in their heart.

He hath put downe the mighty ones from their supernall seat,
and did exalt the meeke in heart, as he hath thought it meet.
The hungry he replenished with all things that were good:
and through his power he made the rich oft times to want their food.

And calling to remembrance his mercy euery deale,
hath holpen vp assistantly, his seruant Israel.
According to his promise made to Abraham before,
and to his seede successiuely, to stand for euermore.

The Song of *Simeon*, called *Nunc Dimittis*.



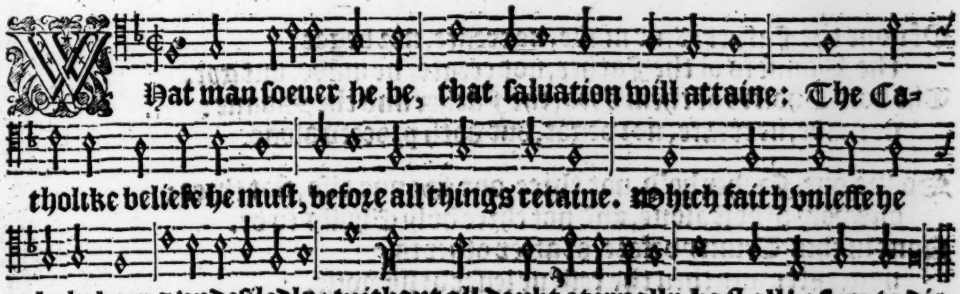
Thou sufferest thy seruant now in peace for to depart:
according to thy holy word, which lightneth my heart.

Because

Because mine eyes which thou hast made to giue my body light,
haue now beheld thy sauing health, which is the Lord of might.

Whom thou mercifully hast set, of thine abundant grace,
in open sight and visible, before all peoples face.
The Gentiles to illuminate, and Satan ouerquell:
and eke to be the glory of thy people Israell.

The Symbole or Creed of *Athanasius*, called *Quicunque vult*.



The Catholike beleefe is this, that God we worship one
in Trinity, and Trinity in Unitie alone.
So as we neither doe confound, the persons of the three:
nor yet the substance whole of one, in sunder parted be.

One person of the Father is, another of the Sonne,
another person proper of the holy Ghost alone.
Of Father, Sonne, and holy Ghost, but one the God-head is:
like glory coeternall eke, the Maiesty likewise.

Such as the Father is, such is the Sonne in each degree,
and such also we doe beleeue, the holy Ghost to be.
Uncreate is the Father, and uncreate is the Sonne,
the holy Ghost uncreate, so uncreate is each one.

Incomprehensible Father is, incomprehensible Sonne,
and comprehensible also is, the holy Ghost of none.
The Father is eternall, and the Sonne eternall so,
and in like sort eternall is, the holy Ghost also.

And yet though we beleeue, that each of these eternall be:
yet there but one eternall is, and not eternals three.
As ne incomprehensible, ne yet uncreate three:
but one incomprehensible, one uncreate hold to be.

Almighty so the Father is, the Sonne almighty so,
and in like sort almighty is, the holy Ghost also.
And albeit that euery one of these Almighties be:
yet there but one Almighty is, and not Almighties three.

The Father God is, God the Sonne, God holy Ghost also:
yet are there not three Gods in all, but one God, and no moe.
So likewise Lord the Father is, and Lord also the Sonne:
and Lord the holy Ghost, yet are there not three Lords, but one.

For as we are compeld to grant, by Christian verity:
each of the persons by himselfe, both God and Lord to be.
So Catholike religion forbiddeth vs alway:
that either Gods be three, or that their Lords be three to say.

Of none the Father is, ne made, ne create, nor begot:
the Sonne is of the Father, not create, ne made, but got.
The holy Ghost is of them both, the Father and the Sonne:
ne made, ne create, nor begot, but doth proceed alone.

So we, one Father hold, not three, one Sonne also, not three:
one holy Ghost alone, and not three holy Ghosts to be.
None in this Trinity before, or after other is,
ne greater any then the rest, ne lesser be likewise.

But euery one among themselues, of all the persons three:
together coeternall all, and all coequall bee.
So Unity in Trinity, as it is said before:
and trinity in Unity, in all things we adore.

Therefore what man soeuer that saluation will attaine:
this Faith touching the Trinity, of force he must retaine.
And needfull to eternall life, it is that euery wight:
of the incarnating of Christ our Lord, beleeue aright.

For this the right Faith is, that we beleeue and eke doe know,
that Christ our Lord the Sonne of God, is God and man also.
God of his Father substance got, before the world began:
and of his mothers substance borne, in world a very man.

Both perfect God, and perfect man in one, one Jesus Christ:
that doth of reasonable soule, and humane flesh subsist.
Touching his God-head, equall with his Father, God is he:
touching his man-hood, lower than his Father in degree.

Who though he be both very God, and very man also,
yet is he but one Christ alone, and is not persons two.
One not by turning of God-head, into the flesh of man,
but by taking man-hood to God, this being one began.

All one not by confounding of the substance into one:
not onely by the Unity, that is of one person.
For as the reasonable soule, and flesh but one man is:
so in one person God and man, is but one Christ likewise.

Who suffered for to saue vs all, to hell he did descend:

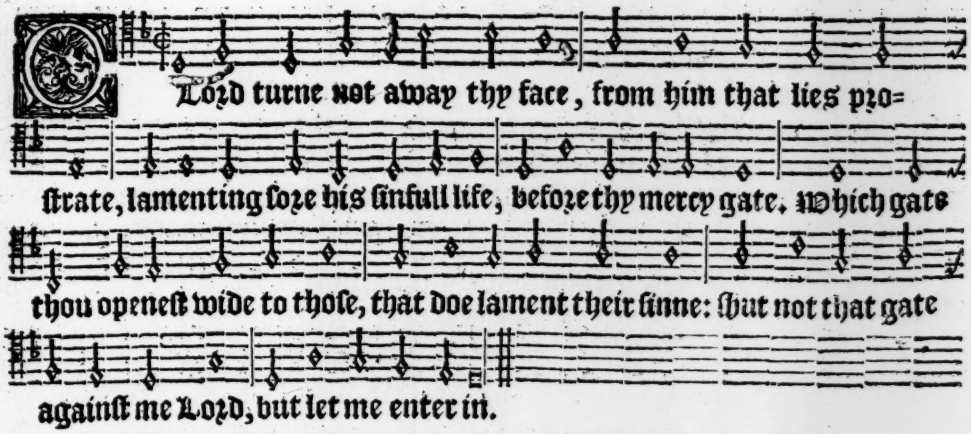
the third day roſe againe from death, to heauen he did aſcend.
He ſits at the right hand of God, the Almighty Father there:
from thence to iudge both quicke and dead, againe he ſhall retire.

At whoſe returne all men ſhall riſe with bodies new reſtor'd:
and of their owne workes they ſhall giue account vnto the Lord.
And they into eternall life ſhall goe, that haue done well:
who haue done ill, ſhall goe into eternall fire to dwell.

This is the Catholike beleefe, who doth not faithfully
beleeue the ſame, without all doubt he ſaued cannot be.

To Father, Sonne, and holy Ghoſt, all glory be therefore:
As in beginning was, is now, and ſhall be euermore.

The Lamentation of a Sinner. M.



And call me not to mine account, how I haue liued here:
for then I know right well O Lord, how vile I ſhall apeare.
I need not to confeſſe my life, I am ſure thou canſt tell
what I haue beene, and what I am, I know thou knoweſt it well.

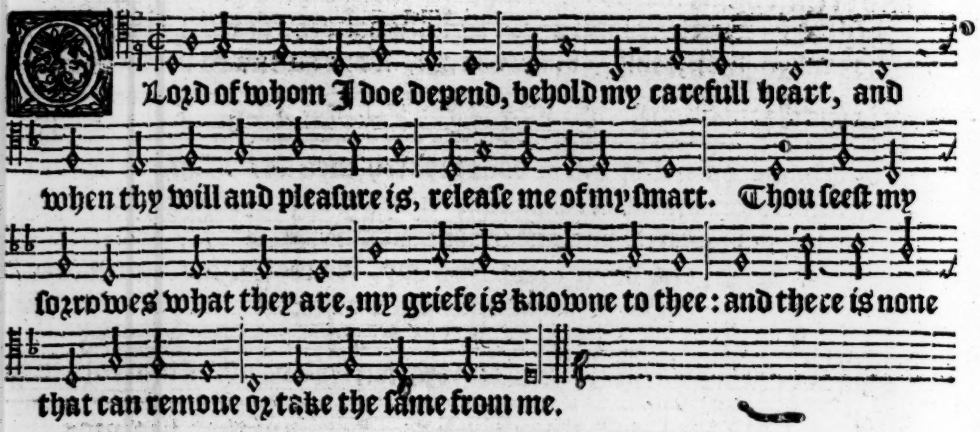
O Lord thou knowſt what things be paſt, and eke the things that be:
thou knoweſt alſo what is to come, not hing is hid from thee. (then:
Before the heauens and earth were made, thou knoweſt what things were
as all things elſe that haue beene ſince, among the Sonnes of men.

And can the things that I haue done, be hidden from thee then?
nay, nay, thou knoweſt them all, O Lord, where they were done, & when.
Wherefore with teares I come to thee, to beg and to intreat:
euen as a Childe that hath done ill, and feareth to be beate.

So come I to thy mercy gate, where mercy doth abound:
requiring mercy for my ſinne, to heale my deadly wound.
O Lord, I need not to repeate what I doe beg, or craue:
thou knoweſt O Lord before I aske, the thing that I would haue.

Mercy good Lord, mercy I aske, this is the totall ſumme,
for mercy Lord is all my ſuite, Lord let thy mercy come.

The humble ſuite of a Sinner.



But onely thou whoſe ayd I craue, whoſe mercy ſtill is preſt,
to eaſe all thoſe that come to thee for ſuccour and for reſt.
And ſith thou ſeeſt my reſtleſſe eyes, my teares, and grieuous grone:
attend vnto my ſute, O Lord, marke well my plaint and mone.

For ſinne hath ſo incloſed me, and compaſt me about,
that I am now remedileſſe, if mercy helpe not out.
For mortall man cannot releaſe, or mitigate this paine:
but euen thy Chriſt, my Lord and God, which for my ſins was ſlaine.

Whoſe bloody wounds are yet to ſee, though not with mortall eye:
yet doe thy Saints behold them all, and ſo I truſt ſhall I.
Though ſinne doe hinder me a while, when thou ſhalt ſee it good,
I ſhall enioy the ſight of him, and ſee his wounds and blood.

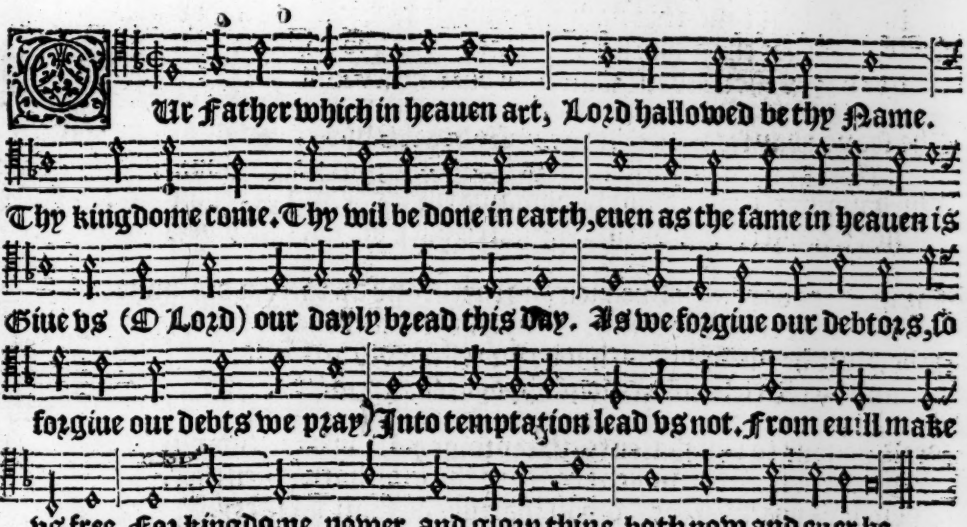
And as thine Angels and thy Saints doe now behold the ſame:
ſo truſt I to poſſeſſe that place, with them to prayſe thy name.
But whilſt I liue heare in this vale, where ſinners doe frequent,
aſſiſt me euer with thy grace, my ſinnes ſtill to lament.

Leſt that I tread in ſinners trace, and giue them my conſent
to walke with them in wickednеſſe, whereto nature is bent.
Onely thy grace muſt be my ſtay, leaſt that I fall downe flat:
and being downe, then of my ſelfe cannot recouer that.

Wherefore this is yet once againe, my ſute and my requeſt:
to grant me pardon for my ſinne, that I in thee may reſt.
Then ſhall my heart, my tongue, and voyce, be inſtruments of prayſe,
and in thy Church and houſe of Saints, ſing Pſalmes to thee alwaies.

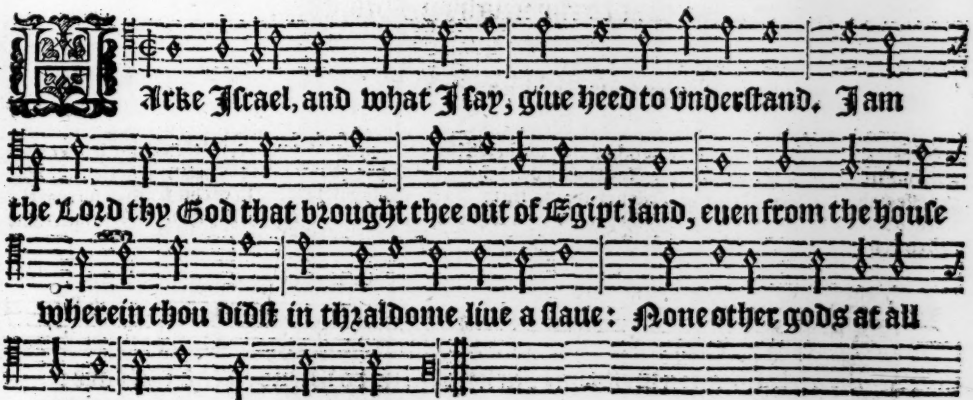
The

The Lords Prayer, or Pater Noſter.



The X. Commandements. Audi Iſrael.

Exodus. xx. N.



No manner grauen Image ſhalt thou make at all to thee,
nor any figure like by thee, ſhall counterfeited be.
Of any thing in heauen aboue, nor in the earth below,
nor in the waters beneath the earth, to them thou ſhalt not bow,

Nor ſhalt them ſerue. Thy Lord thy God, a iealous God am I,
that puniſh Parents faults vnto the third and fourth degree.

Vpon their Children that me hate, and mercy doe diſplay,
to thouſands of ſuch as me loue, and my precepts obay.

The Name thou of the Lord thy God in vaine ſhalt neuer vſe:
for him that takes his name in vaine, the Lord ſhall not excuſe.
Remember that thou holy keepe the ſacred Sabbath day:
ſixe dayes thou labour ſhalt, and doe thy needfull workes alway.

The ſeauen day ſet by the Lord thy God to reſt vpon:
no worke then ſhalt thou doe in it, ne thou, nor yet thy ſonne,
Thy daughter, ſeruant, nor handmaid, thine oxe, nor yet thine aſſe:
nor ſtranger, that within thy gates hath his abiding place.

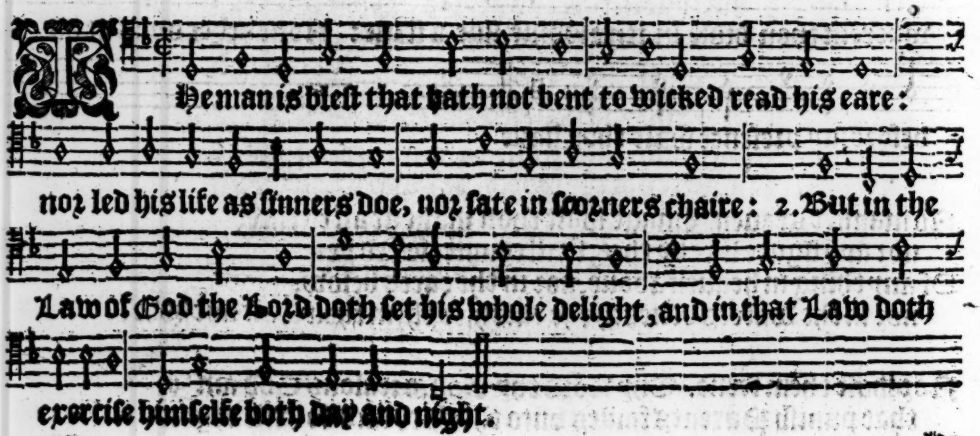
For in Sixe dayes God heauen and earth, and all therein did make:
and after thoſe his reſt he did vpon the ſeauenth day take.
Wherefore he bleſt the day that he for reſting did ordayne:
and ſacred to himſelfe alone appoynted to remaine.

Yeeld honour to thy Parents, that prolonged thy dayes may be
vpon the land the which the Lord thy God hath giuen thee.
Thou ſhalt not murther. Thou ſhalt not commit adultery.
Thou ſhalt not ſteale. Nor witneſſe falſe againſt thy neighbour be.

Thou ſhalt not couet houſe that to thy neighbour doth belong:
ne couet ſhalt in hauing of his wife to doe him wrong:
Nor his man-ſeruant, nor his maid, nor oxe, nor aſſe of his:
nor any other thing that to thy neighbour proper is.

Beatus vir. Pſalme. j. T. S.

Whether it were Eſdras or any other that gathered the Pſalmes into a booke, it ſeemeth he did ſet this Pſalme firſt in manner of a preface, to exhort all godly men to ſtudy and meditate the heauenly wiſedome: for the effect thereof, is that they be bleſſed that giue themſelues wholly all their life to Gods Law, and that the wicked contemners of God, though they ſeeme for a while fortunate, yet at length they ſhall come to miſerable deſtruction.



3 He ſhall be like the tree that groweth, faſt by the water ſide:
which bringeth forth moſt pleaſant fruit, in her due time and tide.
whoſe leafe ſhall neuer fade nor fall, but flouriſh ſtill and ſtand:
euen ſo all things ſhall proſper well, that this man takes in hand.

4 So ſhall not the vngodly men, they ſhall be nothing ſo:
but as the duſt which from the earth, the wind driues to and fro.
5 Therefore ſhall not the wicked men, in iudgement ſtand vpright:
nor yet the ſinners with the iuſt, ſhall come in place or ſight.

6 For why, the way of godly men, vnto the Lord is knowne:
and eke the way of wicked men, ſhall quite be ouerthrowne.

Quare fremuerunt gentes? Pſal. ij. T. S.

Dauid reioyceth that not withſtanding his enemies rage and worldly power, yet God will continuue his kingdome for euer, and aduance it euen to the fartheſt end of the world. And therefore her exhorteth Kings and Rulers, that letting vaine-glory apart, they would humbly ſubmit themſelues vnder Gods yoake. Herein is ſignified Chriſt and his Kingdome.

Sing this as the firſt pſalme.

WHy did the Gentiles tumults raiſe, what rage was in their braine?
why did the Iewiſh people muſe, ſeeing all is but vaine?
2 The Kings and Rulers of the earth, conſpire and are all bent:
againſt the Lord and Chriſt his Sonne, which he amongſt vs ſent.

3 Shall we be bound to them ſay they? let all their bands be broke:
and of their Doctrine and their law, let vs reiect the yoke.
4 But he that in the heauen dwelleth, their doings will deride:
and make them all as mocking ſtockes, throughout the world ſo wide.

5 For in his wrath the Lord will ſay, to him vpon a day:
and in his fury trouble them, and then the Lord will ſay.
6 I haue annoynted him my King, vpon my holy hill:
I will therefore Lord preach thy Lawes, and eke declare thy will.

7 For in this wiſe the Lord himſelfe, did ſay to me I wot:
thou art my deare and onely Sonne, this day I thee begot.
8 All people I will giue to thee, as heyres at thy requeſt:
the ends and coaſts of all the earth, by thee ſhall be poſſeſt.

9 Thou ſhalt them bruiſe euen with a mace, as men vnderfoot trod:
and as the Potters ſhards ſhalt breake them with an yron rod.
10 Now ye O Kings and Rulers all, be wiſe therefore and learn'd:
by whom the matters of the world, be iudged and diſcern'd.
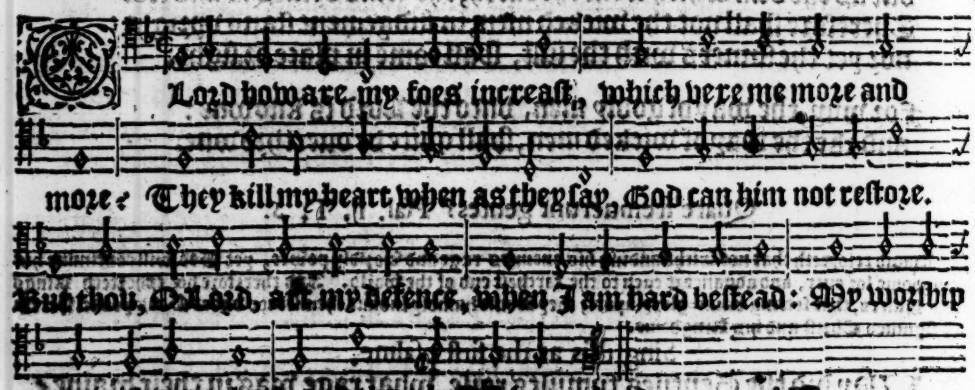
11 See that ye ſerue the Lord aboue, in trembling and in feare:
ſee that with reuerence ye reioyce, to him in like manner.
12 See that ye kiſſe and eke embrace, his bleſſed Sonne I ſay:
leaſt in his wrath ye ſuddenly periſh in the mid-way.

13 If once his wrath neuer ſo ſmall, ſhall kindle in his breaſt:
oh then all they that truſt in Chriſt, ſhall happie be, and bleſt.

Domine

Domine quid multiplicati? Pſal. iij. T. S.

Dauid being perſecuted, and driuen out of his kingdome by his owne ſonne Abſolon, ſo greatly tormented in minde for his ſinne againſt God: and therefore called vnto God, by ſtrength of his promiſes againſt the great terrors of his enemies, yea, and againſt death it ſelfe, which he ſaw preſent before his eyes. Finally, he reioyceth for the good ſucceſſe, and victorie that God gaue him and all the Church ouer his enemies.



4 Then with my voyce vpon the Lord I did both call and cry:
and he out of his holy hill, did heare me by and by.

5 I layd me downe, and quietly I ſlept, and roſe againe:
for why, I know aſſuredly, the Lord will me ſuſtayne.

6 If ten thouſand had bene me in, I could not be afraid:
for thou art ſtill my Lord my God, my Sauiour and mine ayd.

7 Riſe vp therefore, ſaue me my God, for now to thee I call:
for thou haſt broke the cheekes and teeth of these wicked men all.

8 Saluation onely doth belong, to thee O Lord aboue:
thou doeſt bellow vpon thy folke, thy bleſſings and thy loue.

Cum invocarem exaudi. Pſal. iiij. T. S.

When Saul perſecuted him, he calleth vpon God, reſting moſt aſſuredly in his promiſe, and therefore boldly reproueth his enemies, who by ſundrie meanes reſiſteth his dominion. And finally he protteſteth the fauour of God before the world to his enemies. Let vs therefore ſtay our ſelues vpon Gods promiſes, when we are afflicted with any kinde of croſſe, and ſo we ſhall neither feare our enemies, nor yet be ouercome with temptations.

Sing this as the 3. pſalme.

O God that art my righteouſneſſe, Lord heare me when I call:
thou haſt let me at liberte, when I was bound and thrall.

2 Haue mercy Lord therefore on me, and grant me my requeſt:
for vnto thee inceſſantly, to cry I will not reſt.

3 O mortall men how long will ye my glory thus deſpiſe?
why wander ye in vanity, and follow after lies?

4 Know ye that good and godly men, the Lord doth take and chuſe:
and when to him I make my plaint, he doth me not refuſe.

5 Sinne not but ſtand in awe therefore, examine well your heart:
and in your chamber quietly, ſee you your ſelues conuert.
6 Offer to God the ſacrifice of righteouſneſſe I ſay:
and looke that in the liuing Lord you put your truſt alway.

7 The greater ſort craue worldly goods, and riches doe embrace:
but Lord grant me thy countenance, thy fauour, and thy grace.
8 For thou thereby ſhalt make my heart more ioyfull and more glad,
than they that of their corne and wine full great increaſe haue had.

9 In peace therefor lie downe will I, taking my reſt and ſleepe:
for thou onely wilt me O Lord, alone in ſafety keepe.

Verba mea auribus. pſal. V. T. S.

Dauid hauing ſuffered great calamities, aſwell by Doeg and Achitophel, Sauls flatterers, as by other infinite enemies, calleth to God for ſuccour, ſhewing how requiſite it is, That God ſhould punish the malicious enuy of his aduerſaries: After, being aſſured of the proſperous ſucceſſe, her conceiueth comfort, concluding that when God ſhould deliuer him, others alſo ſhould be partakers of the ſame mercies.

Sing this as the 3. pſalme.

INcline thine eares vnto my words, O Lord, my plaint conſider:
2 And heare my voyce, my King, my God, to thee I make my prayer.
3 Heare me betime, Lord, tarry not, for I will haue reſpect,
my prayer early in the morne to thee for to direct.

4 And I will truſt through patience, in thee my God alone,
thou art not pleaſed with wickednesſe, and ill with thee dwels none.
5 And in thy ſight ſhall neuer ſtand theſe furious fooles, O Lord:
vaine workers of iniquity thou haſt alwaies abhorrd.

6 The liars and the flatterers thou ſhalt deſtroy them than:
and God will hate the blood-thirſty, and the deceitfull man.
7 There for will I come to thine houſe, truſting vpon thy grace:
and reuerently will worſhip thee, towards thine holy place.

8 Lord leade me in thy righteouſneſſe, for to confound my foes:
and eke the way that I ſhould walke before my face diſcloſe.
9 For in their mouthes there is no truth, their hearts are foule and vaine:
10 Their throat an open ſepulchre, their tongues doe gloſe and faine.
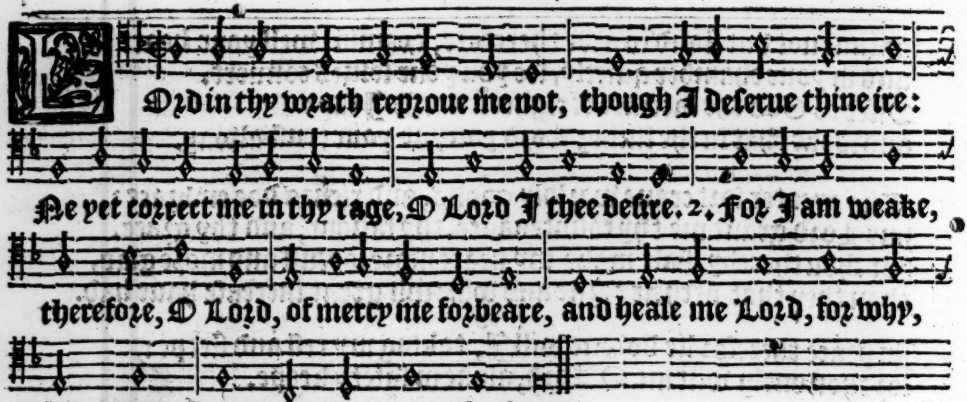
11 Deſtroy their falſe conſpiracies, that they may come to nought.
12 Subuert them in their heapes of ſinne, which haue rebellion wrought.
13 But thoſe that put their truſt in thee, let them be glad alwaies:
and render thankes for thy defence, and giue thy Name the prayſe.

14 For thou with fauour wilt increaſe the iuſt and righteous ſtill:
and with thy grace as with a ſhield defend him from all ill.

Domine ne in furore. pſal. vj. T. S.

When Dauid for his ſinnes had prouoked Gods wrath, and now felt not onely his hand againſt him, but alſo conceiueth the horrors of death exceedingly, her deſireth forgiuenesſe, bewailing that if God tooke him away in his indignation, he ſhould lacke occaſion to prayſe him as he was wont to doe whilſt he was amongſt men: Then ſuddenly feeling Gods mercy, her ſharpely rebuketh his enemies which reioyced in his affliction.

Lord



LOrd in thy wrath reproue me not, though I deſerue thine ire:
Ne yet correct me in thy rage, O Lord I thee deſire. 2. For I am weake,
therefore, O Lord, of mercy me forbeare, and heale me Lord, for why,
thou knowest my bones doe quake for feare.

3 My ſoule is troubled very ſore, and vexed vehemently,
but Lord how long wilt thou delay to cure my miſerie?
4 Lord turne thee to thy wonted grace, my ſilly ſoule vp take:
oh ſaue me not for my deſerts, but for thy mercies ſake.

5 For why, no man among the dead remembreth thee one whit:
or who ſhall worſhip thee, O Lord, in the infernall pit?
6 So grieuous is my plaint and mone, that I waxe wondrous faint:
all the night long I waſh my bed with teares of my complaint.

7 My ſight is dim and waxeth old, with anguiſh of my heart:
for feare of thoſe that be my foes, and would my ſoule ſubuert?
8 But now away from me all ye that worke iniquity:
for why the Lord hath heard the voyce of my complaint and cry.

9 He heard not onely the requeſt, and prayer of my heart:
but it receiued at my hands, and tooke it in good part.
10 And now my foes that vexed me, the Lord will ſoone defame,
and ſuddainely confound them all to their rebuke and ſhame.

Domine Deus meus in te ſperaui. Pſal. vij. T.S.

Dauid bring falſely accuſed by Chus one of Sauls kinſmen; calleth to God to be his defender, to whom he commendeth his innocency: firſt ſhewing that his conſcience did not accuſe him of any euill towards Saul: next that it touched Gods glory to award ſentence againſt the wicked, and ſo entring into the conſideration of Gods mercies and promiſes, he waxeth bold, and deryded the vaine enterpriſes of his enemies, threatning that that ſhall fall on their owne neckes, which they haue purpoſed for others.

Sing this as the 3. Pſalme.

O Lord my God I put my truſt and confidence in thee:
ſaue me from them that me purſue, and eke deliuer me.
2 Leaſt like a Lyon they me teare, and rend in peeces ſmall:
whilſt there is none to ſuccour me, and rid me out of thrall.

3 O Lord my God if I haue done the thing that is not right:

or

or elſe if I be found in fault, or guilty in thy ſight:
4 Or to my friend rewarded ill, or left him in diſtreſſe,
which me purſude moſt cruelly, and hated me cauſeleſſe.

5 Then let my foes purſue my ſoule, and eke my life downe thruſt
vnto the earth, and alſo lay mine honour in the duſt.
6 Start vp O Lord, now in thy wrath, and put my foes to paine:
performe thy Kingdome promiſed to me, which wrong ſuſtaine.

7 Then ſhall great nations come to thee, and know thée by this thing,
if thou declare for loue of them thy ſelfe as Lord and King.
8 And thou that art of all men iudge, O Lord now iudge thou me:
according to thy righteouſneſſe, and mine integritie.

The ſecond part.

9 Lord ceaſe the hate of wicked men, and be the iuſt mans guide,
10 By whome the ſecrets of all hearts are ſearched and diſcride.
11 I take my helpe to come of God, in all my griefe and ſmart:
that doth preſerue all thoſe that be, of pure and perfect heart.

12 The iuſt man and the wicked both, God iudgeth by his power:
ſo that he fæles his mighty hand, euen euery day and houre.
13 Except he change his minde I die, for euen as he would ſmite:
he whets his ſword, his bow he bends, aiming where he may hit.

14 And doth prepare his mortall darts, his arrowes kéene and ſharpe:
for them that doe me perſecute, whiles he doth miſchiefe warpe.
15 But loe though he in trauaile be of his deuiliſh fore-caſt:
and of his miſchiefe once conceiu'd, yet brings forth nought at laſt.

16 He digs a ditch and delues it déepe, in hope to hurt his brother:
but he ſhall fall into the pit that he digd vp for other.
17 Thus wrong returneth to the hurt of him in whome it bred:
and all the miſchiefe that he wrought ſhall fall vpon his head.

18 I will giue thankes to God therefore, that iudgeth righteouſly
and with a long will praiſe the name, of him that is moſt hie.

Domine Deus noſter. Pſal. viij. T. S.

The Prophet conſidering the excellent liberality, and fatherly prouidence of God towards man whom he made as it were a God ouer all his workes, doth not onely giue great thankes, but is aſtonied with the admiration of the ſame, as nothing able to compaſſe ſuch great mercies, and ſo endeth.

Sing this as the 3. Pſalme.

O God our Lord, how wonderfull, are thy workes euery where,
whoſe fame ſurmounts in dignity aboue the heauens cleare?
2 Euen by the mouthes of ſucking babes, thou wilt confound thy foes:
for in theſe babes thy might is ſéene, thy graces they diſcloſe.

3 And when I ſée the heauens high, the workes of thine owne hand:
the Sunne, the Moone, and all the Starres in order as they ſtand.
4 What thing is man, Lord, thinke I then, that thou doſt him remember?
or what is mans poſterity, that thou doſt him conſider?

5 For thou haſt made him little leſſe, than Angels in degrée:
and thou haſt crowned him alſo, with glory and dignitie.
6 Thou haſt preferd him to be Lord of all thy workes of wonder:
and at his feet haſt ſet all things that he ſhould kæpe them vnder.
7 As ſheepe and neat, and all beaſts elſe, that in the fields doe feed:
8 Fowles of the ayre, fiſh in the ſea, and all that therein breed.
9 Therefore muſt I ſay once againe, O God that art our Lord:
how famous and how wonderfull, are thy works thorow the world.

Confitebor tibi Domine. Pſal. ix. T. S.

After hee had giuen thankes to God for the ſundry victories that he ſent him againſt his enemies, and alſo proued by manifold experience, how ready God was at hand in all his troubles, he being now likewiſe in danger of new enemies, deſireth God to helpe him according to his wont, and deſtroy the malicious arrogancy of his aduerſaries.

Sing this as the 3. Pſalme.

WIth heart and mouth vnto the Lord, will I ſing laud and praiſe:
and ſpeake of all thy wondrous works, and them declare alwaies
2 I will be glad and much reioyce in thee O Lord moſt hie:
and make my ſongs extoll thy Name aboue the ſtarry ſkie.
3 For that my foes are driuen backe, and turned vnto flight:
they fall downe flat and are deſtroy'd by thy great force and might.
4 Thou haſt reuenged all my wrong, my griefe and all my grudge:
thou doeſt with iuſtice beare my cauſe, moſt like a righteous Judge.
5 Thou doſt rebuke the heathen folke, and wicked ſo confound:
that afterward the memory of them cannot be found.
6 My foes thou haſt made good diſpatch, and all their townes deſtroid:
thou haſt their fame with them defac'd thorow all the world ſo wide.
7 Know thou that he which is aboue for euermore ſhall raigne:
and in the ſeat of equity, true iudgement will maintaine.
8 With iuſtice he will keepe and guide the world and euery wight:
and ſo will yeeld with equity, to euery man his right.
9 He is protector of the poore, what time they be oppreſt:
he is in all aduerſity, their refuge and their reſt.
10 All they that know thy holy name, therefore ſhall truſt in thee:
for thou forſakeſt not their ſute, in their neceſſitie.
11 Sing Pſalmes therefore vnto the Lord, that dwels in Sion hill:
publiſh among all Nations, his noble acts and will.
12 For he is mindfull of the bloud of thoſe that be oppreſt:
forgetting not th afflicted heart, that ſeekes to him for reſt.

The ſecond part.

13 Haue mercy Lord on me poore wretch, whoſe enemies ſtill remaine:
which from the gates of hell was wont to raiſe me vp againe.
14 In Sion that I may ſet forth thy praiſe with heart and voice:
and that in thy ſaluation Lord, my ſoule might ſtill reioyce.
15 The heathen ſticke faſt in the pit, that they themſelues prepar'd:
and in the net that they did ſet, their owne feet faſt are mar'd.

16 God ſhewes his iudgements, which were good for euery man to mark:
when as ye ſee the wicked man lye trapt in his owne Warke.
17 The wicked and the ſinfull men goe downe to hell for euer:
and all the people of the world that will not God remember.
18 But ſure the Lord will not forget the poore mans griefe and paine:
the patient people neuer looke for helpe of God in vaine.
19 O Lord arile, leſt men preuaile, that be of worldly might:
and let the heathen folke receiue their iudgement in thy ſight.
20 Lord ſtrike ſuch terror, feare, and dread into the hearts of them,
that they may know aſſuredly, they be but mortall men.

Vt quid Domine? Pſal. x. T. S.

He complaineth of the fraud, rapine, tyranny, and all kind of wrong which worldly men vſe, aſſigning the cauſe thereof, which was, that wicked men being as it were drunken with worldly proſperity, and therefore ſetting apart all feare and reuerence toward God, think they may doe all things without controlling: therefore he calleth vpon God to ſend ſome remedy againſt thoſe deſperate euils. And at length comforteth himſelfe with hope of deliuerance.

Sing this as the 3. Pſalme.

WHat is the cauſe that thou, O Lord, art now ſo farre from thine:
and keepeſt cloſe thy countenance from vs this troublous time?
2 The poore doe periſh by the proud, and wicked mens deſire:
let them be taken in the craft, that they themſelues conſpire.
3 For in the luſt of his owne heart, the vngodly doth delight:
ſo doth the wicked prayſe himſelfe, and doth the Lord deſpight.
4 He is ſo proud, that right and wrong he ſetteth all apart:
nay, nay, there is no God ſayth he, for thus he thinkes in heart.
5 Becauſe his wayes doe proſper ſtill, he doth thy lawes neglect:
and with a blaſt doth puffe againſt ſuch as would him correct.
6 Tuſh, tuſh, ſaith he, I haue no dread, leſt mine eſtate ſhould change.
and why? for all aduerſitie to him is very ſtrange.
7 His mouth is full of curſednes, of fraud, deceit, and guile:
vnder his tongue doth miſchiefe ſit, and trauell all the while.
8 He lieth hid in wayes and holes, to ſlay the innocent:
againſt the poore that paſſe him by, his creuell eyes are bent.
9 And like a Lion priuily lies lurking in his den:
if he may ſnare them in his net, to ſpoyle poore ſimple men.
10 And for the nonce full craftily, he croucheth downe I ſay:
11 So are great heapes of poore men made, by his ſtrong power, his prey.
12 Tuſh, God forgetteth this, ſaith he, therefore may I be bold:
his countenance is caſt aſide he doth it not behold.
13 Ariſe, O Lord, O God, in whom the poore mans hope doth reſt:
lift vp thy hand, forget not Lord, the poore that be oppreſt.
14 What blaſphemy is this to thee, Lord doeſt thou not abhorre it:
to heare the wicked in their hearts, ſay tuſh, thou car'ſt not for it?
15 But thou ſeeſt all this wickedneſſe, and well doſt vnderſtand,
16 That friendleſſe and poore fatherleſſe, are left into thy hand.

17 Of wicked and malicious men, then breake the power for euer:
that they with their iniquity may periſh altogether.
18 The Lord ſhall reigne for euermore, as King and God alone:
and he will chaſe the heathen folke out of the land each one.

19 Thou hear'ſt, O Lord, the poore mans plaint, their praiers and requeſt:
their hearts thou wilt confirme vntill thine eares to heare be preſt.
20 To iudge the poore and fatherleſſe, and helpe them to their right:
that they may be no more oppreſt with men of worldly might.

In Domino confido. Pſal. xj. T. S.

This Pſalme containeth two parts. In the firſt, Dauid ſheweth how hard aſſaults of temptations he ſuſtained, and how great anguiſh of minde he was in when Saul did perſecute him. Then next he reioyceth that God ſent him ſuccour in his neceſſity, declaring his iuſtice as well in gouerning the good and the wicked men, as the whole world.

Sing this as the 3. Pſalme.

I Truſt in God, how dare you then ſay thus my ſoule vntill:
flie hence as faſt as any fowle, and hide you in your hill?
2 Behold the wicked bend their bowes, and make their arrowes preſt,
to ſhoot in ſecret, and to hurt the ſound and harmeleſſe breſt.

3 Of worldly hope all ſtaies were ſhrunke, & clearely brought to nought:
alas, the iuſt and righteous man, what euill hath he wrought?
4 But he that in his Temple is, moſt holy and moſt hie:
and in the heauens hath his ſeat of royall maieſty.

The poore and ſimple mans eſtate conſidereth in his minde:
and ſearcheth out full narrowly, the manners of mankinde.
5 And with a chearefull countenance the righteous man will vſe:
but in his heart he doth abhorre all ſuch as miſchiefe muſe.

6 And on the ſinners caſteth ſnares, as thicke as any raine:
fire and brimſtone, and whirlwinds thicke, appointed for their paine.
7 Ye ſee then how a righteous God doth righteouſneſſe embrace:
and to the iuſt and vpright men, ſhewes forth his pleaſant face.

Saluum me fac. Pſal. xij. T. S.

The Prophet learning the miſerable eſtate of the people, and the decay of all good orders, deſireth God ſpeedily to ſend ſuccour to his children. Then comforting himſelfe and others with the aſſurance of Gods helpe, he commendeth the conſtant veritie that God obſerueth in keeping his promiſe, concluding that when all orders are moſt corrupted, then God will deliuer his.

Sing this as the 3. Pſalme.

HElpe Lord, for good and godly men doe periſh and decay:
and faith and truth from worldly men is parted cleane away.
2 Who ſo doth with his neighbour talke, his talke is all but vaine:
for euery man bethinketh how to flatter, lie and faine.

3 But flattering and deceitfull lips, and tongues that be ſo ſtout,
To ſpeake proud words & make great brags, the Lord ſone cuts them out.
4 For they ſay ſtill we will preuaile, our tongues ſhall vs extoll:
our tongues are ours, we ought to ſpeak, what Lord ſhall vs controll?

5 But

5 But for the great complaint and cry of poore and men oppreſt,
arise will I now ſaith the Lord, and them reſtore to reſt.
6 Gods word is like to ſiluer pure, that from the earth is tride,
and hath no leſſe than ſeuen times in fire beene puritide.

7 Now ſince thy promſe is to helpe, Lord keepe thy promiſe then:
and ſaue vs now and euermore from this ill kinde of men.
8 For now this wicked world is full of miſchiefes manifold:
when vanity with worldly men ſo highly is extold.

Vſque quo Domine? Pſal. xiij. T. S.

Dauid as it were ouercome with ſundry and new afflictions, flieth to God, as his onely refuge, and ſo at length being encouraged through Gods promiſes, he conceiueth moſt ſure confidence againſt the extreme horrors of death.

Sing this as the 3. Pſalme.

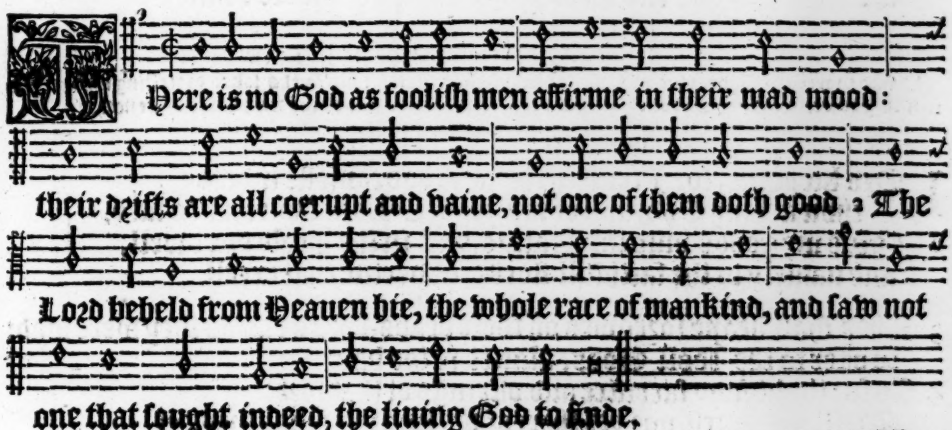
HOw long wilt thou forget me Lord, ſhall I neuer be remembred?
how long wilt thou thy viſage hide as though thou wert offended?
2 In heart and minde how long ſhall I with care tormented be?
how long eke ſhall my deadly foes thus triumph ouer me?

3 Behold me now my Lord my God, and heare me lore oppreſt:
lighten my eyes leſt that I ſleepe, as one by death poſſeſt.
4 Leſt thus mine enemies ſay to me, behold I doe preuaile:
leſt they alſo that hate my ſoule, reioyce to ſee me quaile.

5 But from thy mercies and goodneſſe, my hope ſhall neuer ſtart:
in thy reliefe and ſauing health, right glad ſhall be my heart.
6 I will giue thankes vnto the Lord, and praiſes to him ſing:
becauſe he hath heard my requeſt, and granted my wiſhing.

Dixit inſipiens. Pſal. xiiij. T. S.

He deſcribeth the perverſe nature of men, which were ſo growne to licentiouſneſſe, that God was brought to vtter contempt, for the which thing although he was greatly greiued, yet being perſwaded that God would ſend ſome preſent remedy, he comforteth himſelfe and others.



3 They went all wide and were corrupt, and truly there was none:
that in the world did any good, I ſay there was not one.
4 Is all their iudgements ſo far loſt, that all worke miſchiefe ſtill?
eating my people euen as bread, not one to ſeeke Gods will.

5 When they thus rage, then ſuddenly great feare on them ſhall fall:
for God doth loue the righteous men, and will maintaine them all.
6 Ye mocke the doings of the poore, to their reproach and ſhame:
becauſe they put their truſt in God, and call vpon his Name.

7 But who ſhall giue thy people health, and when wilt thou fulfill
the promiſe made to Iſrael from out of Sion hill?
8 Euen when thou ſhalt reſtore againe ſuch as were captiues led:
then Iacob ſhall therein reioyce, and Iſrael ſhall be glad.

Domine quis habitabit? Pſal. xv. T.S.

This Pſalme teacheth on what condition God did chuſe the Iewes for his peculiar people, and wherefore he placed his Temple among them, which was to the intent, that they liuing vprightly, and godly, might witneſſe that they were his ſpeciall and holy people.

Sing this as the 3. Pſalme.

O Lord within thy tabernacle, who ſhall inhabit ſtill?
or whom wilt thou receiue to dwell in thy moſt holy hill?
2 The man whoſe life is vncorrupt, whoſe workes are iuſt and ſtrait:
whoſe heart doth thinke the very truth, whoſe tongue ſpeakes no deceit.

3 Nor to his neighbour doth none ill, in body, goods, or name:
nor willingly doth moue falſe tales, which might impaire the ſame.
4 That in his heart regardeth not malicious wicked men:
but thoſe that loue and feare the Lord, he maketh much of them.

5 His oath and all his promiſes that keepeth faithfully:
although he make his couenant ſo, that he doth loſe thereby.
6 That putteth not to vſury his money and his coine:
ne for to hurt the innocent doth bribe, or elſe purloine.

7 Who ſo doth all things as you ſee, that here is to be done,
ſhall neuer periſh in this world, nor in the world to come.

Conſerua me Domine. Pſal. xvj T S

Dauid prayeth to God for ſuccour, not for his workes, but for his faiths ſake, proteſting that hee hateth all Idolatrie, taking God onely for his comfort and felicity, who ſuffereth his to lacke nothing.

Sing this as the 14. Pſalme.

L Ord kéepe me, for I truſt in thée, and doe confeſſe indeed:
thou art my God, and of my good, O Lord thou haſt do néed.
2 I giue my goods vnto thy Saints, that in the world doe dwell,
and namely to the faithfull flocke, in vertue that excell.

3 They ſhall heape ſorrowes on their heads, which run as they were mad:
to offer to the Idoll Gods, alas it is too bad.
4 As for the bloody ſacrifice and offrings of that ſort:
I will not touch, nor yet thereof my lips ſhall make report.

5 For why, the Lord the portion is of mine inheritance:
and thou art he that doſt maintaine my rent, my lot, my chance.
6 The place wherein my lot did fall, in beauty did excell:
mine heritage aſſign'd to me, doth pleaſe me wondrous well.
7 I thanke the Lord that cauſed me to vnderſtand the right:
for by his meanes my ſecret thoughts doe teach me euery night.
8 I ſet the Lord ſtill in my ſight, and truſt him ouer all:
for he doth ſtand on my right hand, therefore I ſhall not fall.
9 Wherefore my heart and tongue alſo, doe both reioyce together:
my fleſh and body reſt in hope, when I this thing conſider.
10 Thou wilt not leaue my ſoule in graue, for Lord thou loueſt me:
nor yet wilt giue thy holy one corruption for to ſee.
11 But wilt teach me the way to life, for all treaſures and ſtore
of perfect ioy are in thy ſight, and power for euermore.

Exaudi Domine iuſtitiam. Pſal. xvij. T. S.

Here he complaineth vnto God of the cruell pride and arrogancy of Saul, and the reſt of his enemies, who thus raged without any cauſe giuen on his part. Therefore he deſireth God to reuenge his innocency, and deliuer him. This Pſalme ought diligently to be marked of ſuch as receiue euill for well-doing.

Sing this as the 14. Pſalme.

O Lord giue eare to my iuſt cauſe, attend when I complaine:
and heare the prayer that I put forth with lips that doe not faine.
2 And let the iudgements of my cauſe proceede alwayes from thee:
and let thine eyes behold, and cleare, this my ſimplicitie.
3 Thou haſt well tride me in the night, and yet couldſt nothing finde,
that I haue ſpoken with my tongue, that was not in my minde.
4 As for the workes of wicked men, and paths peruerſe and ill:
for loue of thy moſt holy word, I haue refrained ſtill.
5 Then in the paths that be moſt ſure, Lord ſtay me and preſerue:
that from the way wherein I walke my ſteps may neuer ſwerue.
6 For I doe call to thee, O Lord, ſurely thou wilt me aid:
then heare my prayer, and weigh right well the words that I haue ſaid.
7 O thou the Sauiour of all them that put their truſt in thee:
declare thy ſtrength on them that ſpurne againſt thy Maieſty.
8 O keepe me Lord, as thou wouldſt keepe the apple of thine eye:
and vnder couert of thy wings defend me ſecretly.

The ſecond part.

9 From wicked men that trouble me, and dayly me annoy,
and from my foes that goe about my ſoule for to deſtroy:
10 Which wallow in their worldly wealth, ſo full and eke ſo fat,
that in their pride they doe not ſpare to ſpeake they care not what.
11 They lie in wait where I ſhould paſſe, with craft me to confound:
and muſing miſchiefe in their mindes, to caſt me to the ground.
12 Much like a Lion greedily, that would his prey embrace:
or lurking like a Lions whelpe within ſome ſecret place.

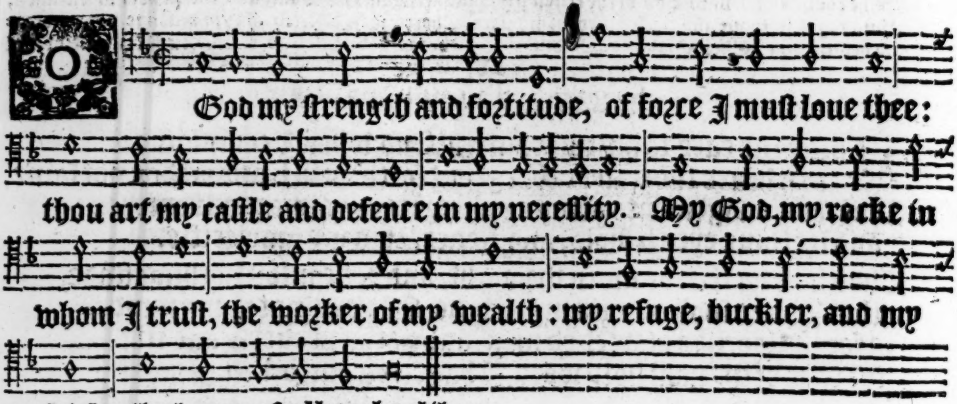
13 My Lord, with hast preuent my foe, and cast him at thy feet:
saue thou my soule from the ill man, and with the sword him smite.
14 Deliuer me Lord by thy power, out of these Tyrants hands:
which now so long time reigned haue, and kept vs in their bands.

15 I meane from worldly men to whom all worldly goods are rife:
that haue no hope nor part of ioy, but in this present life.
Thou of thy store their bellies fill'st with pleasures to their minde:
their children haue enough, and leaue to theirs the rest behinde.

16 But I shall with pure conscience behold thy gracious face:
so when I wake I shall be full with thine Image and grace.

Diligam te Domine Psal. xviij. T. S.

This Psalme is the first beginning of Dauids saluation and thanksgiuing, at the entring into his kingdome, wherein he extolleth and praiseth most highly the maruellous mercies and graces of God, who hath both preserued and defended him: hee setteth forth the Image of Christs kingdome, painted in his kingdome, that the faithfull may be assured, that Christ shall alwayes conquer and ouercome by the vnspeakable power of his Father, though all the whole world should say there-against.



3 When I sing laud vnto the Lord most worthy to be serued:
then from my foes I am right sure that I shall be preserued.
4 The pangs of death did compasse me, and bound me euery where:
the flowing waues of wickednesse did put me in great feare.

5 The slie and subtill snares of hell were round about me set:
and for my death there was prepar'd a deadly trapping net.
6 I thus beset with paine and greife, did pray to God for grace:
and he forthwith did heare my plaint out of his holy place.

7 Such is his power that in his wrath he made the earth to quake:
yea, the foundation of the mount of Balan for to shake.
8 And from his nostrils came a smoke, when kindled was his ire:
and from his mouth came kindled coales of hot consuming fire.

9 The Lord descended from aboue, and bowed the heauens hie:
and vnderneath his feet he cast the darknesse of the skie.

10 On Cherubs and on Cherubins full royally he rode:
and on the wings of all the winds came flying all abroad.

The ſecond part.

11 And like a den moſt darke he made his hid and ſecret place:
with waters blacke and ayrie clouds enuironed he was.
12 But when the preſence of his face in brightneſſe ſhall appeare,
then clouds conſume, and in their ſtead come haile and coales of fire.

13 The fiery darts and thunderbolts, diſperſe them here and there:
and with his often lightenings he puts them in great feare.
14 Lord at thy wrath and threatnings, and at thy chiding cheare,
the ſprings and the foundations of all the world appeare.

15 And from aboue the Lord ſent downe, to fetch me from below:
and pluckt me out of waters great, that would me ouer-flow.
16 And me deliuered from my foes, that would haue made me thrall:
yea, from ſuch foes as were too ſtrong for me to deale withall.

17 They did preuent me to oppreſſe, in time of my great griefe:
but yet the Lord was my defence, my ſuccour and reliefe
18 He brought me forth in open place, whereas I might be free:
and kept me ſafe becauſe he had a fauour vnto me.

19 And as I was an Innocent, ſo did he me regard:
and to the cleanneſſe of my hands, he gaue me my reward.
20 For that I walked in his wayes, and in his pathes haue trod:
and haue not wauered wickedly againſt the Lord my God.

The third part.

21 But euermore I haue reſpect to his Law and decree:
his ſtatutes and commandements I caſt not out from me.
22 But pure and cleane, and vncorrupt appear'd before his face:
and did refraine from wickedneſſe and ſinne in any caſe.

23 The Lord therefore will me reward, as I haue done aright:
and to the cleanneſſe of my hands, appearing in his ſight.
24 For Lord with him that holy is, wilt thou be holy too:
and with the good and vertuous men, right vertuouſly wilt doe.

25 And to the louing and elect, thy loue thou wilt reſerue:
and thou wilt vſe the wicked men, as wicked men deſerue.
26 For thou doſt ſaue the ſimple folke in trouble when they lie:
and doſt bring downe the countenance of them that looke full hie.

27 The Lord will light my candle ſo, that it ſhall ſhine full bright:
the Lord my God will make alſo my darkneſſe to be light.
28 For by thy helpe an hoſt of men diſcomfit Lord I ſhall:
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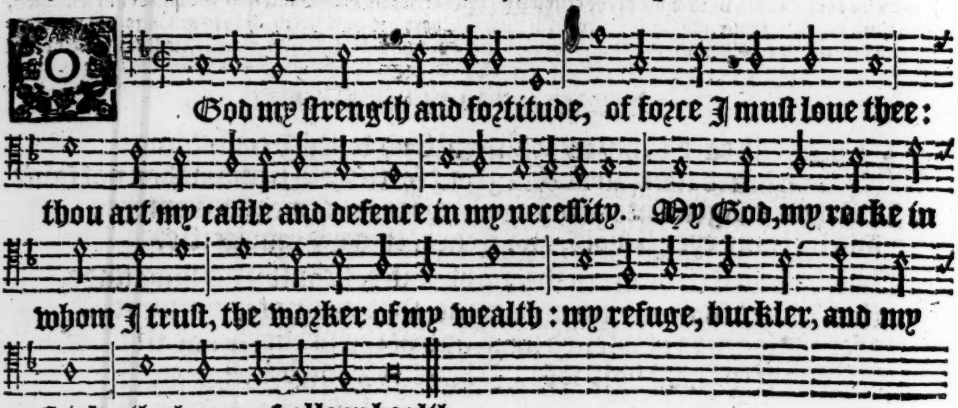
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19 And as I was an Innocent, ſo did he me regard:
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20 For that I walked in his wayes, and in his pathes haue trod:
and haue not wauered wickedly againſt the Lord my God.

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21 But euermore I haue reſpect to his Law and decree:
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25 And to the louing and elect, thy loue thou wilt reſerue:
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29 Vnſpotted are the wayes of God, his word is purely tride:
he is a ſure defence to ſuch as in his faith abide.

30 For

30 For who is God except the Lord, for other there is none:
or elſe who is omnipotent, ſauing our God alone?

The fourth part.

31 The God that girdeth me with ſtrength, is he that I doe meane:
that all the waies wherein I walke doth euermore keepe cleane.
32 That made my feet like to the Harts in ſwiftneſſe of my pace:
and for my ſurety brought me forth into an open place.

33 He did in order put my hands, to battell and to fight:
to breake in ſunder bars of braſſe he gaue mine armes the might.
34 Thou teacheſt me thy ſauing health, thy right hand is my tower:
thy loue and familiarity doth ſtill increaſe my power

35 And vnder me thou makeſt plaine the way where I ſhould walke:
ſo that my feet ſhall neuer ſlip, nor ſtumble at a balke.
36 And fiercely I purſue and take my foes that me annoyd:
and from the field doe not returne, till they be all deſtroyd.

37 So I ſuppreſſe and wound my foes, that they can riſe no more:
for at my foot they fall downe flat, I ſtrike them all ſo ſore.
38 For thou doeſt gird me with thy ſtrength, to warre in ſuch a wiſe,
that they be all ſcattred abroad, that vp againſt me riſe.

39 Lord, thou haſt put into thy hands my mortall enemies yoke:
and all my foes thou doſt deuide in ſunder with thy ſtroke.
40 They call for helpe, but none gaue eare to helpe them with reliefe:
yea, to the Lord they cald for helpe, yet heard he not their griefe.

The fifth part.

41 And ſtill like duſt before the wind, I driue them vnder feet:
and ſweepe them out like filth or clay, that ſtinketh in the ſtreet.
42 Thou keepſt me from ſeditious folke, that ſtill in ſtrife be led:
and thou doſt of the heathen folke appoint me to be head.

43 A people ſtrange to me vnknowne, and yet they ſhall me ſerue:
and at the firſt obey my word, whereas mine owne will ſwerue.
44 I ſhall be irkeſome to my owne, they will not ſee my light:
but wander wide out of their wayes, and hide them out of ſight.

45 But bleſſed be the liuing Lord, moſt worthy of all praiſe:
that is my rocke and ſauing health, praiſed be he alwayes.
46 For God it is that gaue me power, reuenged for to be:
and with his holy word ſubdude the people vnto me.

47 And from my foes deliuered me, and ſet me higher than thoſe,
that cruell and vngodly were, and vp againſt me roſe.
48 And for this cauſe, O Lord my God, to thee giue thankes I ſhall:
and ſing out praiſes to thy name, among the Gentiles all.

49 Thou gaueſt great proſperitie vnto the King I ſay:
to Dauid thine annointed King, and to his ſeed for aye.

Cœli

Cœli enarrant. Pſal. xix. T. S.

Hee moueth the faithfull to glorifie God by the workmanſhip, proportion and ornaments of the heauens: and by the Law, wherein God is reuealed familiarly to his choſen people.

Sing this as the 14. Pſalme.

THe heauens and the firmament, doe wondrouſly declare
the glory of God omnipotent, his workes and what they are.
2 The woundrous workes of God appeare, by euery dayes ſucceſſe:
the night likewiſe which their race run, the ſelfe ſame thing expreſſe.

3 There is no language, tongue, or ſpæch, where their ſound is not heard:
in all the earth and coaſts thereof, their knowledge is confer'd
4 In them the Lord made for the Sunne a place of great renowne:
who like a bridegroome ready trim'd, doth from his chamber come,

5 And as a valiant Champion, who for to get a prize:
with ioy doth haſt to take in hand, ſome noble enterprize.
6 And all the skie from end to end, he compaſſeth about:
nothing can hide it from his heat, but he will finde it out.

7 How perfect is the Law of God, how is his couenant ſure?
conuerting ſoules, and making wiſe the ſimple and obſcure.
8 Juſt are the Lords Commandements, and glad both heart and minde:
his precepts pure, and giueth light to eyes that be full blinde.

9 The feare of God is excellent, and doth endure for euer:
the iudgements of the Lord are true, and righteous altogether.
10 And more to be embrac'd alwayes, then fined gold I ſay,
the hony and the hony-combe are not ſo ſwæt as they.

11 By them thy ſeruant is forewarn'd, to haue God in regard:
and in performance of the ſame, there ſhall be great reward.
12 But Lord what earthly man doth know the errors of his life?
then cleanſe my ſoule from ſecret ſins, which are in me moſt rife.

13 And kæpe me that preſumptuous ſinnes preuaile not ouer me:
and then ſhall I be innocent, and great offences flie.
14 Accept my mouth and eke my heart, my words and thoughts each one:
for my Redæmer and my ſtrength, O Lord, thou art alone.

Exaudiat te Dominus. Pſal. xx. T. S.

The people pray to God to heare their King, and receiue his ſacrifice which he offered before he went to battell againſt the Ammonites, declaring that the heathen put their truſt in horſes, but they truſt onely in his Name. Wherefore they ſhall fall, but the King and his people ſhall ſtand.

Sing this as the 14. Pſalme.

IN trouble and aduerſity, the Lord God heare thæ will:
the Maieſtie of Jacobs God defend thæ from all ill.
2 And ſend thee from his holy place his helpe at euery næd:
and ſo in Sion ſtabliſh thee, and make thee ſtrong indeed.

3 Remembring weil the ſacrifice, that now to him is done:
and ſo receiue right thankfully thy burnt offrings each one.

4 Accor-

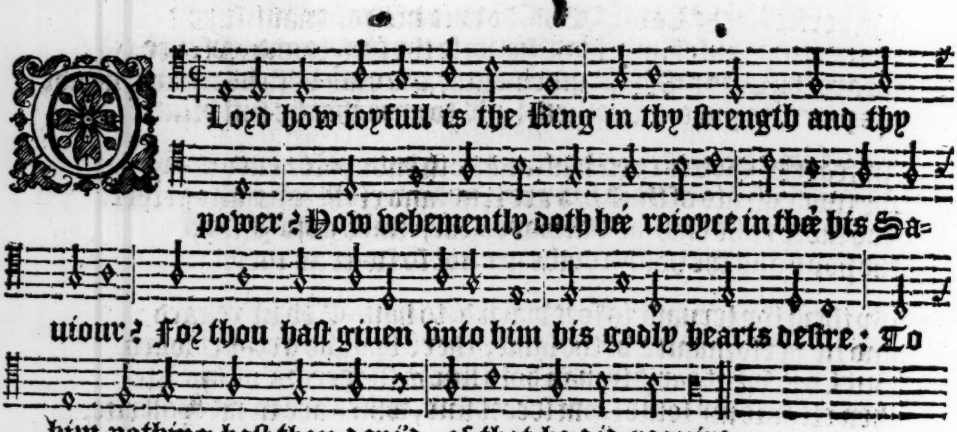
4 Accoꝛding to thy hearts deſire, the Loꝛd grant vnto thée:
and all thy counſell and deuice full well perfoꝛme may he.

5 We ſhall reioyce when thou vs ſau'ſt, and our banners diſplay
vnto the Loꝛd, which thy requeſts fulfilled hath alway.
6 The Loꝛd will his annointed ſaue, I know well by his grace,
and ſend him health by his right hand, out of his holy place.

7 In Chariots ſome put confidence, and ſome in hoꝛſes truſt:
but we remember God our Loꝛd, that kéepeth pꝛomiſe iuſt.
8 They fall downe flat, but we doe riſe, and ſtand vp ſtedfaſtly:
now ſaue and helpe vs Loꝛd and King, on thée when we doe cry.

Domine in virtute. Pſal. xxj T.S.

Dauid in the perſon of the people pꝛaiſeth God foꝛ the victoꝛy giuen him againſt the Syrians and Ammonites, 1 Sam. 12. wherein he was crowned with the crowne of the King of Ammon, 2 Sam. 12. and endued with manifold bleſſings of God.



3 Thou didſt pꝛeuent him with thy gifts, and bleſſings manifold,
and thou haſt ſet vpon his head, a cꝛowne of perfect gold.
4 And when he asked life of thée, thereof thou mad'ſt him ſure:
to haue long life, yea ſuch a life as euer ſhould endure.

5 Gꝛeat is his glozy by thy helpe, thy benefits and aid:
great woꝛſhip and great honour both, thou haſt vpon him laid.
6 Thou wilt giue him felicitie that neuer ſhall decay:
and with thy cheerefull countenance wilt comfoꝛt him alway.

7 Foꝛ why? the King doth ſtrongly truſt in God foꝛ to pꝛeuaile:
therefoꝛe his goodneſſe and his grace, will not that he ſhall quaile.
8 But let thine enemies feele thy foꝛce, and thoſe that thée withſtand:
finde out thy foes, and let them feele the power of thy right hand.

9 And like an Ouen burne them Lord, in fiery flame and fume:
thine anger ſhall deſtroy them all, and fire ſhall them conſume.
10 And thou wilt root out of the earth their fruit that ſhould increaſe:
and from the number of the folke their ſæd ſhall end and ceaſe.

11 For why? much miſchiefe did they muſe againſt thy holy name:
yet did they faile and had no power for to performe the ſame.
● 12 But as a marke thou ſhalt them ſet in a moſt open place:
and charge thy bowſtrings readily againſt thine enemies face.

13 Be thou exalted Lord therefore in thy ſtrength euery houre:
ſo ſhall we ſing right ſolemnly, praiſing thy might and power.

Deus, Deus meus. Pſal. xxij. T. S.

Dauid complaineth of himſelfe to be brought into ſuch extremities, that he is like a deſperate man, and paſt all hope, after declareth whereof he recouereth himſelfe from the bottomleſſe pit of temptations And vnder his owne perſon he ſetteth forth the figure of Chriſt, whome he did foreſee in the ſpirit of prophecie. So this pſalme after two ſorts doth declare that prophecie of Eſay. He was taken forth of priſon & iudgement.

Sing this as the 21. Pſalme.

O God my God wherefore doſt thou forſake me vtterly:
and helpeſt not when I doe make my great complaint and cry?
2 To thee my God euen all day long, I doe both cry and call:
I ceaſe not all the night, and yet thou heareſt not at all.

3 Euen thou that in thy Sanctuary, and holy place doſt dwell:
thou art the comfort and the ioy, and glory of Iſrael.
4 And be in whom our fathers old had all their hope for euer:
and when they put their truſt in thee, ſo didſt thou them deliuer.

5 They were deliuered euer when they called on thy Name:
and for the faith they had in thee, they were not put to ſhame.
6 But I am now become a worme more like than any man:
an out-caſt whom the people ſcorne with all the ſpight they can.

7 And me deſpiſe as they behold me walking on the way:
they grin, they mow, they nod their heads, and on this wiſe they ſay.
8 This man did glory in the Lord, his fauour and his loue
let him redéeme and helpe him now, his power if he will proue.

9 But Lord out of my mothers wombe I came at thy requeſt:
thou didſt preſerue me ſtill in hope, while I did ſucke her breſt.
10 I was committed from my birth with thee to haue abode:
ſince I was in my mothers wombe thou haſt béene aye my God.

The ſecond part.

11 Then Lord depart not now from me in this my preſent griefe:
ſince I haue none to be my helpe, my ſuccour and reliefe.
12 So many Buls doe compaſſe me that be full ſtrong of head:
yea, Buls ſo fat as though they had in Baſan field béene fed.

13 They gape vpon me grédily, as though they would me ſlay:
much like a Lion roaring out and ramping for his prey.

14 But I drop downe like water shed, my ioynts in sunder breake:
my heart doth in my body melt, like wax against the heat.
15 And like a potsheard dries my strength, my tongue it cleaueth fast
vnto my iawes, and I am brought to dust of death at last.
16 And many dogs doe compasse me, and wicked counsell eke
conspire against me cursedly, they pierce my hands and fæt.
17 I was tormented so that I might all my bones haue told:
yet still vpon me they did looke, and still they me behold.
18 My garments they deuided eke in parts among them all:
and for my coat they did cast lots to whom it might befall.
19 Therefore I pray thée be not farre from me in this great néed:
but rather sith thou art my strength, to helpe me Lord make spéed.
20 And from the sword Lord saue my soule by thy might and thy power:
and kæpe my soule thy darling deare from dogs that would deuoure.
21 And from the Lions mouth that would me all in sunder shiuer:
and from the hornes of Unicornes, Lord safely me deliuer.
22 And I shall to my brethren all thy Maiestie record:
and in thy Church shall praise the name of thée the liuing Lord.

The third part.

23 All ye that feare him praise the Lord, thou Jacob honour him:
and all ye séed of Israel, with reuerence worship him.
24 For he despiseth not the poore, he turneth not away
his countenance when he doth call, but granteth to their cry.
25 Among the folke that feare the Lord, I will therefore proclaime
thy praise and eke thy promise made, for setting forth thy name.
26 The poore shall eate and be sufficed, and those that doe their deuer
to know the Lord, shall praise his name, their hearts shall liue for euer.
27 All coasts of earth shall praise the Lord, and turne to him for grace:
the heathen folke shall worship him before his blessed face.
28 The kingdome of the heathen folke the Lord shall haue therefore:
and he shall be their gouernour, and King for euermore.
29 The rich man of his goodly gifts shall fæde and fast also:
and in his presence worship him, and bow their knæs full low.
30 And all that shall goe downe to dust: of life by him must taste:
my séed shall serue and praise his name, while any world shall last.
31 My seed shall plainly shew to them, that shall be borne hereafter:
his iustice and his righteousnesse, and all his workes of wonder.

Dominus regit me. Psal. xxiij. W. W.

Because the Prophet had proued the great mercies of God at diuers times, and in sundry manners, he gathereth a certaine assurance, fully perswading himselfe, that God will continue the very same goodnesse towards him for euer.

Sing this as the 21. Psalme.

THe Lord is only my support, and he that doth me féed:
how can I then lacke any thing, whereof I stand in néed?

2 He doth me fold in coats moſt ſafe, the tender graſſe faſt by:
and after driues me to the ſtreames which run moſt pleaſantly.

3 And when I fæle my ſelfe nære loſt, then doth he me home take:
conducting me in his right paths, euen for his owne names ſake.
4 And though I were euen at deaths doore, yet would I feare none ill:
for with thy rod and Shepheards crooke I am comforted ſtill.

5 Thou haſt my table richly deckt in deſpight of my foe:
thou haſt my head with balme refreſht, my cup doth ouerflow.
6 And finally while breath doth laſt, thy grace ſhall me defend:
and in the houſe of God will I my life for euer ſpend.

Another by *Thomas Sternhold.*

MY ſhepherd is the liuing Lord, nothing therefore I næd:
in paſtures faire with waters calme he ſets me for to fæd.
2 He did conuert and glad my ſoule, and brought my minde in frame:
to walke in paths of righteouſneſſe for his moſt holy Name.

3 Yea though I walke in dale of death, yet will I feare none ill:
thy rod, thy ſtaffe, doth comfort me, and thou art with me ſtill.
4 And in the preſence of my foes my table thou ſhalt ſpread:
thou ſhalt (O Lord) fill full my cup, and eke anoint my head.

5 Through all my life thy fauour is ſo frankly ſhewed to me,
that in thy houſe for euermore my dwelling place ſhall be.

Domini eſt terra. Pſal. xxiiij. I. H.

Becauſe the grace of God was then to be vttered in the Temple, more glorious then before it had beene in the Tabernacle, Dauid giueth it a moſt glorious title, and with exclamation ſetteth forth the honour thereof, ſtirring vs to the conſideration of the eternall manſion prepared for vs in the heauens whereof this was a ſhadow and figure.

Sing this as the 21. Pſalme.

THe earth is all the Lords, with all her ſtore and furniture:
yea, his is all the world, and all that therein doe endure.
2 For he hath faſtly founded it, aboue the ſea to ſtand:
and laid alow the liquid flouds, to flow beneath the land.

3 For who is he (O Lord) that ſhall aſcend into thy hill?
or paſſe into thy holy place, there to continue ſtill?
4 Whoſe hands are harmeleſſe, and whoſe heart no ſpot there doth defile:
his ſoule not ſet on vanity, who hath not ſworne to guile.

5 Him that is ſuch a one the Lord ſhall place in bliſſefull plight:
and God his God and Sauiour ſhall yæld to him his right.
6 This is the brood of trauellers, in ſæking of his grace:
as Iacob did the Iſraelits in that time of his race.

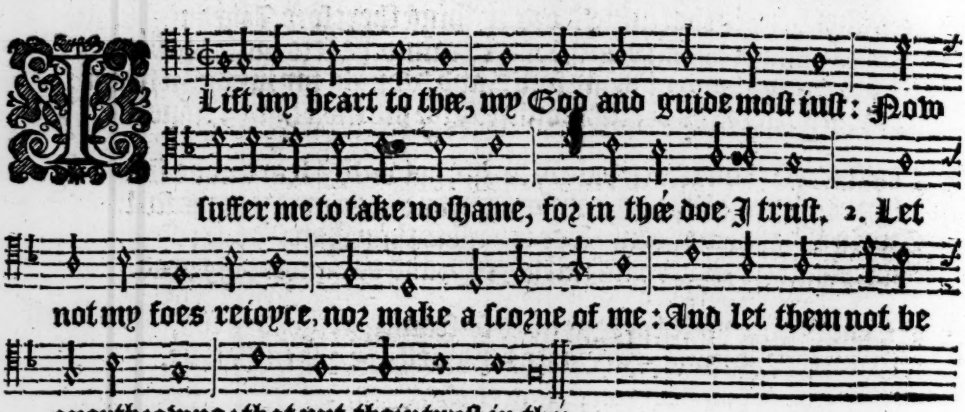
7 Yæ Princes open your gates, ſtand open the euerlaſting gate:
for there ſhall enter in thereby, the King of glorious ſtate.

8 What is the King of glorious ſtate? the ſtrong and mighty Lord:
the mighty Lord in battailes ſtout, and triall of the ſword.

9 Ye Princes open your gates, ſtand open the euerlaſting gate:
for there ſhall enter in thereby, the King of glorious ſtate.
10 What is the King of glorious ſtate? the Lord of hoaſts he is:
the Kingdome and the royalty of glorious ſtate is his.

Ad te Domine leuaui. Pſal. xxv. T.S.

The Prophet touched with the conſideration of his ſinnes, and alſo grieued with the cruell malice of his enemies, prayeth to God moſt feruently to haue his ſinnes forgiuen, eſpecially ſuch as he had committed in his youth. He beginneth euery verſe according to the Hebrew Letters, two or three excepted.



3 But ſhame ſhall them befall, which barme them wrongfully:
therefore thy paths and thy right wayes vnto me Lord deſcry.
4 Direct me in thy truth, and teach me I thée pray:
thou art my God and Sauiour, on thee I wait alway.

5 Thy mercies manifold, I pray thée Lord remember:
and eke thy pitty plentifull, for they haue béene for euer.
6 Remember not the faults and frailty of my youth:
remember not how ignorant I haue beene of thy truth.

7 Nor after my deſerts, let me thy mercy finde:
but of thine owne benignity Lord haue me in thy minde.
8 His mercy is full ſwéet, his truth a perfect guide:
therefore the Lord will ſinners teach, and ſuch as goe aſide.

9 The humble he will teach, his precepts for to kéepe:
he will direct in all his wayes the lowly and the méeke.

10 For all the wayes of God are truth and mercy both:
to them that kéepe his teſtament, the witneſſe of his troth.

The ſecond part.

11 Now for thy holy name, O Lord I thée intreat,
to grant me pardon for my ſinne, for it is wondrous great.
12 Who ſo doth feare the Lord, the Lord doth him direct:
to lead his life in ſuch a way as he doth beſt accept.

13 His ſoule ſhall euermore in goodneſſe dwell and ſtand:
his ſéede and his poſteritie inherit ſhall the land.
14 All thoſe that feare the Lord know his ſecret intent:
and vnto them he doth declare his Will and Teſtament.

15 Mine eyes and eke my heart to him I will aduance,
that pluckt my fæt out of the ſnare of ſinne and ignorance.
16 With mercy me behold, to thæ I make my mone:
for I am poore and deſolate, and comfortleſſe alone.

17 The troubles of my heart are multiplide indéed:
bring me out of this miſery, neceſſitie and néed.
18 Behold my pouerty, mine anguiſh and my paine:
remit my ſinne and mine offence, and make me cleane againe

19 O Lord behold my foes, how they doe ſtill increaſe:
purſuing me with deadly hate that faine would liue in peace.
20 Preſerue and kæpe my ſoule, and eke deliuer me:
and let me not be ouerthrowne becauſe I truſt in thée.

21 Let my ſimple pureneſſe, me from mine enemies ſhend:
becauſe I looke as one of thine, that thou ſhouldſt me defend.
22 Deliuer Lord thy folke, and ſend them ſome reliefe:
I meane thy choſen Iſrael from all their paine and griefe.

Iudica me Domine. Pſal. xxvj. T. S.

Dauid iniuriouſly oppreſſed, and helpleſſe, yet aſſures of his integrity to Saul, calleth God to helpe him ſauſelelly afflicted. Then he deſireth to be in the company of the faithfull, in the congregation of God, whence he was banished by Saul, promiſing godly life, open praiſes, thankſgiuing and ſacrifice for his deliuerance.

Sing this as the 14. Pſalme.

LOrd be my Iudge, and thou ſhalt ſée my paths are right and plaine:
I truſt in God and hope that he will ſtrength me to remaine.
2 Proue me my God, I thee deſire, my wayes to ſearch and try:
as men doe proue their gold with fire, my reines and heart eſpie.

3 Thy goodneſſe laid before my face, I durſt behold allwayes:
for of thy truth I tread the trace, and will doe all my dayes.
4 I doe not luſt to haunt or vſe with men whoſe deeds are daine:
to come in houſe I doe refuſe with the deceitfull traine,

5 I much abhorre the wicked sort, their deeds I doe despise:
I doe not cure to them resort that hurtfull things deuise,
9 My hands I wash: and doe proceed in workes to walke vpright:
then to thine Altar I make speed, to offer their in sight.

7 That I may speake and preach thy praise, that doth belong to thee:
and to declare how wondrous wayes thou hast beene good to me.
8 O Lord thy house I loue most deare, to me it doth excell:
I haue delight and would be neere, whereas thy grace doth dwell.

8 O shut not vp my soule with them, in time that take their till:
nor yet my life among those men, that seeke much bloud to spill.
10 Whose hands are heapt with craft and guile, their life thereof is full:
and their right hand with wrench and wile, for bribes do pluck and pull.

11 But I in righteousnesse intend my time and daies to serue:
haue mercy Lord and me defend, so that I doe not swerue:
12 My foot is staid for all assaies, it standeth well and right:
wherefore to God I will giue praise in all the peoples sight.

Dominus illuminatio. Psal. xxvij. T. S.

Dauid deliuered from great perils, giueth thankes: wherein we see his constant faith against the assaults of all his enemies, and the end why he desireth to liue and be deliuered. Thus he exhorteth to faith, and to attend vpon the Lord.

Sing this as the 21. Psalme.

THe Lord is both my helpe and light, shall men make me dismaid?
sith God doth giue me strength and might, why should I be afraid?
2 While that my foes with all their strength begin with me to braule:
and thinke to eat me vp at length themselues haue caught the fall.

3 Though they in campe against me lie, my heart is not afraid:
in battell pight if they will try, I trust in God for aid.
4 One thing of God I doe require, that he would not deny:
for which I pray and will desire till he to me apply.

5 That I within his holy place my life thorowout may dwell:
to see the beauty of his face, and view his Temple well.
6 In time of dread he shall me hide within his place most pure:
and keepe me secret by his side, as on a rocke most sure.

7 At length I know the Lords good grace shall make me strong and stout:
my foes to foile and cleane deface that compasse me about.
8 Therefore within his house will I giue sacrifice and praise:
with Psalmes and songs I will apply to laud the Lord alwayes.

The second part.

8 Lord heare the voice of my request, for which to thee I call,
haue mercy Lord on me oppressed, and send me helpe withall.
10 My heart doth knowledge vnto thee, I sue to haue thy grace:
then seeke my face, saist thou to me, Lord I will seeke thy face.

11 In wrath turne not thy face away, nor suffer me to slide:

thou

thou art my helpe still to this day, be still my God and guide.
12 My parents both their sonne forsook and cast me off at large:
and then the Lord himselfe yet tooke of me the care and charge.

13 Teach me O Lord the way to thée, and lead me on forth right:
for feare of such as watch for me, to trap me if they might.
14 Doe not betake me to the will of them that be my foes:
for they surmise against me still false witnesse to depose.
15 My heart would faint, but that in me this hope is fixed fast:
the Lord Gods good grace shall it sée, in life that aye shall last.
19 Trust still in God whose whole thou art, his will abide thou must:
and he shall ease and strength thy heart, if thou in him doe trust.

Ad te Domine clamabo. Psal. xxviij T. S.

Being in great feare and pensiuenesse to see God dishonored by wicked men, he desireth to be rid of them, and cryeth for vengeance against them, and at length assureth himselfe that God had heard his prayer, to whose tuition he commendeth all the faithfull.

Sing this as the 21. Psalme.

THou art O Lord my strength and stay, the succour which I craue:
neglect me not least I be like to them that goe to graue.
2 The voyce of thy suppliant heare that vnto thee doth crie:
when I lift vp my hands vnto thy holy Arke most hie.

3 Repute me not among the sort of wicked and peruert,
that speake right faire vnto their friends, and thinke full ill in heart:
4 According to their handy worke, as they deserue indéd:
and after their inuentions, let them receiue their méd.

5 For they regard nothing Gods workes, his law, ne yet his lore:
therefore he will them and their séed destroy for euermore.
6 To render thankes vnto the Lord how a great cause haue I:
my voyce, my prayer, and my complaint, that heard so willingly?

7 He is my shield and fortitude, my buckler in distresse:
my hope, my helpe, my hearts relefe, my song shall him confesse.
8 He is our strength and our defence, our enemies to resist:
the health and the saluation of his elect by Christ.

9 Thy people and thine heritage, Lord blesse, guide, and preserue:
increase them Lord, and rule their hearts, that they may neuer swerue.

Afferte Domino. Psal. xxix. I. H.

An excellent Psalme, wherein the Prophet exhorteth the very Princes and Rulers of the world which otherwise for the most part thinke there is no God, at the least to feare him for the thunders and tempests, for feare whereof all creatures tremble. And though thereby, God threatneth sinners, yet he is alwaies mercifull to his, and moueth them thereby to praise his name.

Sing this as the 30. Psalme.

GIue to the Lord ye Potentates, ye Rulers of the world:
giue ye all praise, honour and strength vnto the liuing Lord.
2 Giue glory to his holy name, and honour him alone:
worship him in his Maiesty, within his holy throne.

3 His voice doth rule the waters all, euen as himſelfe doth pleaſe:
he doth prepare the thunder-claps, and gouernes all the ſeas.
4 The voice of God is of great force, and wonderous excellent:
it is moſt mighty in effect, and moſt magnificent.

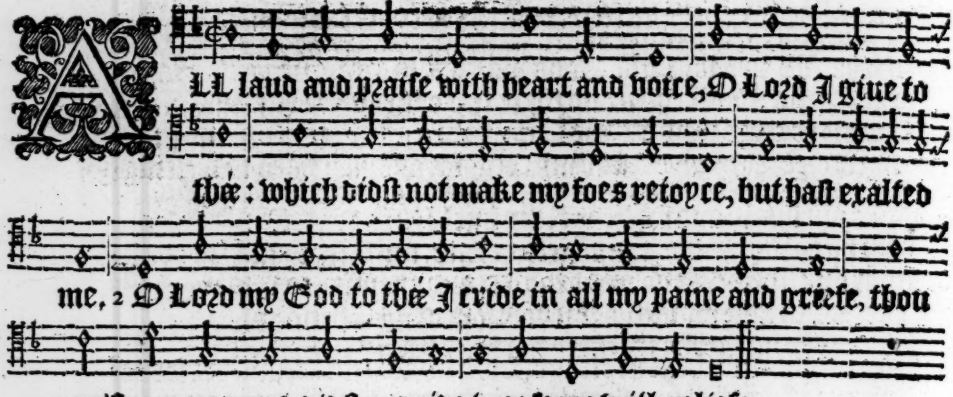
5 The voyce of God doth rend and breake the Cedar træs ſo long:
the Cedar træs of Libanus, which are ſo high and ſtrong.
6 And makes them leape like as a Calfe, or elſe the Unicorne:
not onely træs, but mountaines great, whereon the træs are borne.

7 His voice diuideth flames of fire, and ſhakes the wilderneſſe:
8 It makes the deſart quake for feare, that called is Cades.
9 It makes the Hindes for feare to calue, and makes the couert plaine:
then in his Temple euery man his glory doth proclaime.

10 The Lord was ſet aboue the flouds ruling the raging Sea:
ſo ſhall he reigne as Lord and King for euer and for aye.
11 The Lord will giue his people power in vertue to increaſe:
the Lord will bleſſe his choſen folke with euerlaſting peace.

Exaltabo te Domine. Pſal. xxx. T.S.

When Dauid ſhould haue dedicated his houſe to the Lord, he fell ſo extreme ſicke, that he was without all hope of life: and therefore after recouery, he rendreth thankes to God, exhorting others to the like, and to learne by his example, that God is rather mercifull than ſeuere and rigorous towards his children, and alſo that the fall from proſperitie to aduerſity is ſudden. This done he returneth to prayer, promiſing to praiſe God for euer.



3 Of thy good will thou haſt cal'd backe my ſoule from hell to ſaue:
thou didſt reuiue when ſtrength did lacke, and keptſt me from the graue
4 Sing praiſe ye Saints that proue and ſée the goodneſſe of the Lord:
in memory of his Maieſty, reioyce with one accord.

5 For why? his anger but a ſpace doth laſt, and ſlacke againe:
but in his fauour and his grace alwayes doth life remaine.
6 Though gripes of griefe, & pangs full ſore, ſhall lodge with vs all night:
the Lord to ioy ſhall vs reſtore, before the day be light.

7 When

7 When I enioyed the woꝛld at will, thus would I boaſt and ſay:
tuſh, I am ſure to feele none ill, this wealth ſhall not decay.
8 Foꝛ thou O Lord, of thy good grace, haſt ſent me ſtrength and aid:
but when thou turn'ſt away thy face, my minde was ſoꝛe diſmaid.

9 Wheꝛefoꝛe againe ꝛet did I cry to thée, O Loꝛd of might:
my God with plaints I did apply, and pꝛayed both day and night.
10 What gaine is in my bloud, ſaid I, if death deſtroy my dayes?
doth duſt declare thy Maieſty, oꝛ yet thy truth doth pꝛaiſe?

11 Wheꝛefoꝛe my God ſome pity take, O Loꝛd I thee deſire:
doe not this ſimple ſoule foꝛſake, of helpe I thée require.
12 Then didſt thou turne my griefe and woe, into a cheerefull voyce:
the mourning weed thou took'ſt me fro, and mad'ſt me to reioyce.

13 Wheꝛefoꝛe my ſoule vnceſſantly ſhall ſing vnto thy pꝛaiſe
my Loꝛd my God, to thee will I giue laud and thankes alwayes.

In te Domine ſperaui. Pſal. xxxj. I. H.

Dauid deliuered from ſome great danger in the deſart of Maon, oꝛ elſe where, firſt he rehearſeth what meditation he had by the powꝛer of faith when death was befoꝛe his eyes, his enemies being ꝛeady to take him: Then adioyneth the fauour of God alwayes to thoſe that feare him. Finally, he exhoꝛteth all the faithfull to to truſt in God and to loue him, becauſe he pꝛeſerueth and ſtrengtheneth them, as they may ſee by his example.

Sing this as the 18. Pſalme.

O Loꝛd I put my truſt in thee, let nothing woꝛke me ſhame:
as thou art iuſt deliuer me, and ſet me quite from blame.
2 Heare me, O Loꝛd, and that anon, to helpe me make good ſpeed:
be thou my rocke and houſe of ſtone, my fence in time of need.

3 Foꝛ why? as ſtones thy ſtrength is tri'd, thou art my foꝛt and tower:
foꝛ thy Names ſake be thou my guide, and lead me in thy powꝛer.
4 Plucke foꝛth my feet out of the ſnare, which they foꝛ me haue laid:
thou art my ſtrength, and all my care is foꝛ thy might and aid.

5 Into thy hands Loꝛd I commit my ſpirit, which is thy due:
foꝛ why? thou haſt redeemed it, O Loꝛd my God moſt true:
6 I hate ſuch folke as will not part from things to be abhoꝛ'd:
when they on trifles ſet their harts, my truſt is in the Loꝛd.

7 Foꝛ I will in thy mercy ioy, I ſee it doth excell:
thou ſeeſt when ought would me annoy, and knoweſt my ſoule full well.
8 Thou haſt not left me in their hand, that would me ouer-charge:
but thou haſt ſet me out of band, to walke abꝛoad at large.

The ſecond part.

9 Great griefe (O Loꝛd) doth me aſſaile, ſome pitty on me take:
mine eyes wax dim, my ſight doth faile, my wombe foꝛ woe doth ake.
10 My life is woꝛne foꝛ griefe and paine, my yeeres in woe are paſt:
my ſtrength is gone, and thꝛough diſdaine my bones coꝛrupt and waſte.

11 Ameng

11 Among my foes I am a scorne, my friends are all dismaid:
my neighbours and my kinsmen borne, to see me are afraid.
12 As men once dead are out of minde, so am I now forgot:
as small effect in me they finde, as in a broken pot.

13 I heard the brags of all the rout, their threats my minde did fray:
how they conspir'd and went about to take my life away.
14 But Lord I trust in thee for aid, not to be ouer-trod:
for I confesse and still haue said, thou art my Lord and God.

15 The length of all my life and age, O Lord, is in thine hand:
defend me from the wrath and rage of them that me withstand.
16 To me thy seruant Lord expresse, and shew thy ioyfull face:
and saue me Lord for thy goodnesse, thy mercy and thy grace.

The third part.

17 Lord let me not be put to blame, for that on thee I call:
but let the wicked beare their shame, and in the graue to fall.
18 O how great good hast thou in store, laid vp full safe for them
that feare and trust in thee therefore: before the sonnes of men?

19 Thy presence shall them fence & guide from all proud brags & wrongs:
within thy place thou shalt them hide from all the strife of tongues.
20 Thankes to the Lord, that hath declar'd on me his grace so farre:
me to defend with watch and ward, as in a towne of warre.

21 Thus did I say both day and night, when I was sore oppress:
loe I was cleane cast out of sight, yet heardst thou my request.
22 Yee Saints loue ye the Lord I say, the faithfull he doth guide:
and to the proud he will repay according to their pride.

23 Be strong and God will stay your heart, be bold and haue a lust:
for sure the Lord will take your part, sith ye on him doe trust.

Beati quorum remissa sunt. Psal. xxxij. T. S.

Dauid punished with grieuous sickneſſe for his ſinnes, counteth them happie to whom God doth not imputе their tranſgreſſions: and after that he had confeſſed his ſins and obtained pardon, he exhorteth the wicked men to liue godly, and the good to reioyce.

Sing this as the 30. Psalme.

THe man is blest whose wickednesse the Lord hath cleane remitted:
and he whose sinne and wretchednesse is hid and also couered.
2 And blest is he to whom the Lord imputeth not his sinne:
which in his heart hath bid no guile, nor fraud is found therein.

3 For whilst that I kept close my sinne in silence and constraint:
my bones did weare and waste away, with daily mone and plaint.
4 For night and day thine hand on me so grieuous was and smart,
that all my bloud and humours moist to drinesse did conuert.

5 I did therefore confesse my fault, and all my sinnes discouer:
then thou (O Lord) didst me forgiue, and all my sinnes passe ouer.
6 The humble man shall pray therefore, and seeke thee in due time:
so that the flouds of waters great, shall haue no power on him.

7 When

7 When trouble and aduerſitie doe compaſſe me about:
thou art my refuge and my ioy, and thou doeſt rid me out.
8 Come hither and I ſhall thee teach how thou ſhouldſt walke aright:
and will thee guide as I my ſelfe haue learn'd by proofe and ſight.

9 Be not ſo rude and ignorant, as is the horſe and mule,
whoſe mouth without a reine or bit, from harme thou canſt not rule.
10 The wicked man ſhall manifold ſorrowes and griefes ſuſtaine:
but vnto him that truſts in God his goodneſſe ſhall remaine.

11 Be merry therefore in the Lord, ye iuſt lift vp your voice:
and ye of pure and perfect heart, be glad and eke reioyce.

Exultate iuſti in Domino. Pſal. xxxiij. I. H.

Hee exhorteth good men to praiſe God, for that he hath not onely created all things, and by his prouidence gouerneth the ſame, but alſo is faithfull in his promiſe: he vnderſtandeth mans heart, and ſcatters the counſell of the wicked, ſo that no man can be preſerued by any creatures or mans ſtrength: but they that put their confidence in his mercy, ſhall be preſerued from all aduerſity..

Sing this as the 30. Pſalme.

YEe righteous in the Lord reioice, it is a ſeemely ſight:
that vpright men with thankfull voice ſhould praiſe the God of might
2 Praiſe ye the Lord with harp and long in Pſalmes and pleaſant things:
with lute and inſtrument among, that ſoundeth with ten ſtrings.

3 Sing to the Lord a long moſt new, with courage giue him praiſe:
4 For why, his word is euer true, his workes and all his wayes.
5 To iudgement, equity and right, he hath a great good will:
and with his gifts he doth delight, the earth throwout to fill.

6 For by the word of God alone, the heauens all were wrought:
their hoſts and powers euery one his breath to paſſe hath brought.
7 The waters great gathered hath he on heaps within the ſhore:
and hid them in the depth to be, as in a houſe of ſtore.

8 All men on earth both leaſt and moſt feare God and keepe his Law,
ye that inhabit in each coaſt, dread him and ſtand in awe.
9 What he commanded, wrought it was at once with preſent ſpéd:
what he doth will is brought to paſſe with full effect indeed.

10 The counſell of the nations rude, the Lord doth driue to nought:
he doth defeat the multitude of their deuice and thought
11 But his decrees continue ſtill, they neuer ſlacke or ſwage:
the motions of his minde and will, take place in euery age.

The ſecond part.

12 And bleſt are they to whom the Lord, as God and guide is knowne:
whom he doth chuſe of meere accord to take them as his owne.
13 The Lord from heauen caſt his ſight on men mortall by birth:
14 Conſidering from his ſeat of might, the dwellers on the earth.

15 The Lord I ſay whoſe hand hath wrought mans heart and did it frame:
for he alone doth know the thought and working of the ſame.

16 A King that truſteth in his hoaſt, ſhall nought preuaile at length:
the man that of his might doth boaſt, ſhall faile for all his ſtrength.

17 The troopes of horſemen eke ſhall faile, their ſturdy Steeds ſhall ſtarue:
the ſtrength of horſe ſhall not preuaile, the rider to preſerue.
18 But loe the eyes of God intend, and watch to aid the iuſt:
with ſuch as feare him to offend, and on his goodneſſe truſt.

19 That he of death and all diſtreſſe, may ſet their ſoules from dread:
and if that dearth their land oppreſſe, in hunger them to feed.
20 Wherefore our ſoule doth ſtill depend on God our ſtrength and ſtay:
he is our ſhield vs to defend, and driue all darts away.

21 Our ſoule in God hath ioy and gaine, reioycing in his might:
for why? in his moſt holy name, we hope and haue delight:
22 Therefore let thy goodneſſe, O Lord ſtill preſent with vs be:
as we alwayes with one accord, doe onely truſt in thee.

Benedicam Domino. Pſal. xxxiiij. T. S.

After Dauid had eſcaped Achis, according as it is written in the 1 Sam. 21. whom in this title he calleth Abimelech (which was a generall name to the Kings of the Philiſtimes) he praiſeth God for his deliuerance, prouoking all others by his example to truſt in God, to feare and ſerue him, who defendeth the godly with Angels, and vtterly deſtroyeth the wicked in their ſinnes.

Sing this as the 30. Pſalme.

I Will giue laud and honour both, vnto the Lord alwayes:
and eke my mouth for euermore, ſhall ſpeake vnto his praiſe.
2 I doe delight to laud the Lord in ſoule and eke in voyce:
that humble men and mortified, may heare and ſo reioyce.

3 Therefore ſee that ye magnifie with me the liuing Lord:
and let vs now exalt his Name, together with one accord.
4 For I my ſelfe beſought the Lord, he anſwered me againe:
and me deliuer'd incontinent from all my feare and paine.

5 Who ſo they be that him behold, ſhall ſee his light moſt cleare:
their countenance ſhall not be daſht, they need it not to feare.
6 This ſilly wretch for ſome releefe vnto the Lord did call:
who did him heare without delay and rid him out of thrall.

7 The Angell of the Lord doth pitch his tent in euery place:
to ſaue all ſuch as feare the Lord, that nothing them deface.
8 Taſte and conſider well therefore, that God is good and iuſt:
O happie man that maketh him his onely ſtay and truſt.

9 Feare yee the Lord his holy ones, aboue all earthly thing:
for they that feare the liuing Lord are ſure to lacke nothing:
10 The Lions ſhall be hunger-bit, and pinde with famine much:
but as for them that feare the Lord, no lacke ſhall be to ſuch.

The ſecond part.

11 Come néere therefore my children deare, and to my words giue eare:
I ſhall you teach the perfect way, how you the Lord ſhould feare.

12 But

12 Who is the man that would liue long and lead a bleſſed life?
13 See thou refraine thy tongue and lips from all deceit and ſtrife.

14 Turne backe thy face from doing ill, and doe the godly deed:
enquire for peace and quietneſſe, and follow it with ſpeed.
15 For why? the eyes of God aboue vpon the iuſt are bent:
his eares likewiſe doe heare the plaint of the poore innocent.

16 But he doth frowne and bend his browes vpon the wicked traine:
and cut away the memory that ſhould of them remaine.
17 But when the iuſt doe call and cry, the Lord doth heare them ſo:
that out of paine and miſery forthwith he letts them goe.

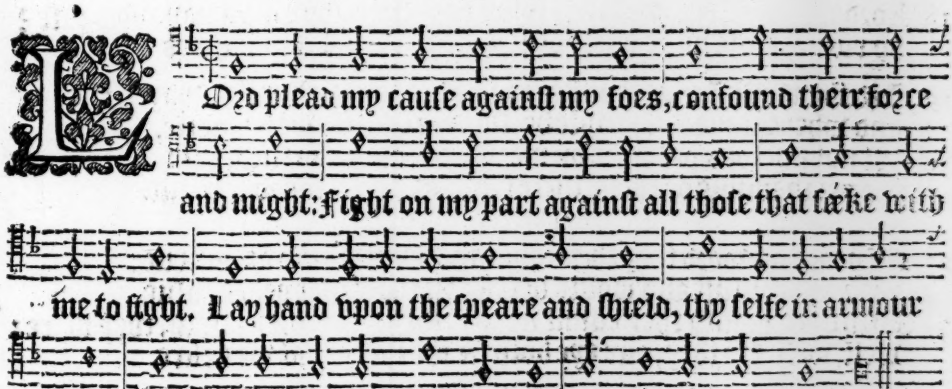
18 The Lord is kind and ſtraight at hand to ſuch as be contrite:
he ſaues alſo the ſorrowfull, the meeke and poore in ſpirite.
19 Full many be the miſeries that righteous men doe ſuffer:
but out of all aduerſities the Lord doth them deliuer.

20 The Lord doth ſo preſerue and keepe his very bones alway:
that not ſo much as one of them doth periſh or decay.
21 The ſinne ſhall ſlay the wicked man, which he himſelfe hath wrought:
and ſuch as hate the righteous man ſhall ſoone be brought to nought.

22 But they that ſerue the liuing Lord, the Lord doth ſaue them ſound,
and who that put their truſt in him, nothing ſhall them confound.

Iudica me Domine. Pſal. xxxv. I. H.

So long as Saul was enemie to David, all that had any authority vnder him, to flatter the King, did alſo moſt cruelly perſecute David: againſt whom he prayeth God to plead and reuenge his cauſe, that they may be taken in their nets and ſnares which they laid for him, and his innocency to be declared, and that the innocent which take part with him may reioyce and praiſe the name of the Lord, that thus deliuereth his ſeruant, and ſo he promiſeth to ſpeake forth the iuſtice of the Lord, and to magnifie his name all the daies of his life.



3 Gird on thy swoꝛd and stop the way, mine enemies to withstand:
that thou vnto my soule maist say, loe I thy helpe at hand.
4 Confound them with rebuke and blame that seéke my soule to spill:
let them turne backe and flie with shame that seéke to woꝛke me ill.

5 Let them disperse and flie abꝛoad, as winde doth dꝛiue the dust:
and that the Angell of the Lord their might away may thꝛust.
6 Let all their wayes be void of light, and slippery like to fall:
and send thine Angell with thy might to persecute them all.

7 Foꝛ why? without my fault they haue in secret set their gin:
and foꝛ no cause haue digd a caue to take my soule therein.
8 When they thinke least and haue no care, O Lord destroy them all:
let them be trapt in their owne snare, and in their mischiefe fall.

9 And let my soule, my heart, and boyce, in God haue ioy and wealth:
that in the Lord I may reioyce, and in his sauing health.
10 And then my bones shall speake and say, my parts shall all agrée:
O Lord though they doe séeme full gay, what man is like to thée?

The second part.

11 Thou dost defend the weake from them that are both stout and strong:
and rid the poꝛe from wicked men that spoile and doe them woꝛng.
12 My cruell foes against me rise to witnesse things vntrue:
and to accuse me they deuise of that I neuer knew.

13 Where I to them did owe good will, they quit me with disdaine:
that they should pay my good with ill, my soule doth soꝛe complaine.
14 When they were sicke I mournd thereforꝛe, and clad my selfe in sacke:
with fasting I did faint, therefoꝛe to pꝛay I was not slacke.

15 As they had béene my bꝛethꝛen deare, I did my selfe behaue:
as one that maketh wofull cheare about his mothers graue.
16 But they at my disease did ioy, and gather on a rout:
yea, abiect slaues at me did toy, with mockes and checkes full stout:

17 The belly gods and flattering traine that all good things deꝛide:
at me doe grin with great disdaine, and plucke their mouth aside.
18 Lord when wilt thou amend this geare? why dost thou stay and pause?
oh rid my soule mine onely deare out of these Lions clawes.

19 And then will I giue thankes to thée beforꝛe thy church alwayes:
and whereas most of people be, there will I shew thy pꝛaise.
20 Let not my foes pꝛeuaile on me which hate me foꝛ no fault:
noꝛ yet to winke oꝛ turne their eie, that causelesse me assault.

The third part.

21 Of peace no woꝛd they thinke oꝛ say, their talke is all vntrue:
they still consult and would betray all those that peace ensue.
22 With open mouth they runne at mee, they gape, they laugh, they fléere:
well, well, say they, our eye doth sée the thing that we desire.

23 But Lord thou séest what wayes they take, cease not this geare to mend:
be not farre off, noꝛ me foꝛsake, as men that faile their friend.

24 Awake

24 Awake, arise, and stir abroad, defend me in my right:
reuenge my cause my Lord my God, and aid me with thy might.

25 According to thy righteousnesse, my Lord God set me free:
and let them not their pride expresse, nor triumph ouer me.
26 Let not their hearts reioyce and cry, there, there, this geare goes trim:
nor giue them cause to say on hie, we haue our will on him.

27 Confound them with rebuke and shame, that ioy when I doe mourne:
and pay them home with spight and blame that brag at me with scorne.
28 Let them be glad and eke reioyce, which loue mine vpright way:
and they all times with heart and voice shall praise the Lord and say.

29 Great is the Lord and doth excell, for why? he doth delight,
to see his seruants prosper well, that is his pleasant sight.
30 Wherefore my tongue I will apply, thy righteousnesse to praise:
vnto the Lord my God will I sing laud and thankes alwayes.

Dixit injustus. Psal. xxxvj. T.S.

Dauid grieuously vexed by the wicked, doth complaine of their malice and wickednesse. Then he turneth to consider the vnspeakable goodnesse of God towards all creatures, but especially towards his children, that by faith thereof he may be comforted and assured of his deliuerance, by the ordinary course of Gods workes, who in the end destroyeth the wicked, and saueth the iust.

Sing this as the 35. Psalme.

THe wicked with his workes vniust, doth thus perswade his heart:
that of the Lord he hath no trust, his feare is set apart.
2 Yet doth he ioy in his estate, to walke as he began:
so long till he deserue the hate of God, and eke of man.

3 His words are wicked, vile, and naught, his tongue no truth doth tell:
yet at no hand will he be taught, which way he may doe well.
4 When he should sleepe, then doth he muse his mischiefe to fulfill:
no wicked waies doth he refuse, nor nothing that is ill.

5 But Lord thy goodnesse doth ascend aboue the heauens hie:
so doth thy truth it selfe extend vnto the cloudy skie.
6 Yea more than hils so hie and steepe thy iustice is expresse:
thy iudgements like to seas most deepe, thou sau'st both man and beast.

7 Thy mercy is aboue all things, O Lord it doth excell:
in trust whereof as in thy wings, the sonnes of men shall dwell.
8 Within thy house they shall be fed, with plenty at their will:
of all delights they shall be sped, and take thereof their fill.

9 For why? the well of life so pure doth ouerflow from thee:
and in thy light we are full sure the lasting light to see.
10 From such as thee desire to know, let not thy grace depart:
thy righteousnesse declare and shew to men of vpright heart.

11 Let not the proud on me preuaile, O Lord of thy good grace:
nor let the wicked me assaile, to throw me out of place.

12 But they in their deuice ſhall fall, that wicked worke maintaine:
they ſhall be ouerthrowne withall, and neuer riſe againe.

Noli æmulari. Pſal. xxxvij. W. W.

Becauſe the godly ſhould not wonder to ſee the wicked men proſper in this world, the Prophet ſheweth that all things ſhall be granted, according to their hearts deſire, to them that loue and feare God: and they that doe the contrary, although they ſeeme to flouriſh for a time, ſhall at length periſh.

Sing this as the 35. Pſalme.

GRudge not to ſée the wicked men in wealth to flouriſh ſtill:
nor yet enuy ſuch as to ill haue bet and ſet their will.
2 For as grœne graſſe and flouriſhing hearbs are cut and wither away:
ſo ſhall their great proſperitie, ſoone paſſe, fade, and decay.

3 Truſt thou therefore in God alone, to doe well giue thy minde:
ſo ſhall thou haue the land as thine, and there ſure food ſhalt finde.
4 In God ſet all thy hearts delight, and looke what thou wouldſt haue:
or elſe canſt with in all the world, thou nœdſt it not to craue.

5 Caſt both thy ſelfe and thine affaires on God with perfect truſt:
and thou ſhalt ſée with patience, th'effect both pure and iuſt.
6 Thy perfect life and godly name he will cleare as the light:
ſo that the Sunne euen at noone daies ſhall not ſhine halfe ſo bright.

7 Be ſtill therefore and ſtedfaſtly on God ſée thou wait then:
not ſhrinking for the proſperous ſtate of lewd and wicked men.
8 Shake off deſpight, enuy and hate, at leaſt in any wiſe:
their wicked ſteps auoide and flie, and follow not their guiſe.

9 For euery wicked man will God deſtroy both more and leſſe:
but ſuch as truſt in God, are ſure the land for to poſſeſſe.
10 Watch but a while and thou ſhalt ſée no more the wicked traine:
no not ſo much as houſe or place, where once he did remaine.

The ſecond part.

11 But mercifull and humble men enioy ſhall ſea and land:
in reſt and peace they ſhall reioyce, for nought ſhall them withſtand.
12 The lewd men and malicious againſt the iuſt conſpire:
they gnaſh their teeth at him as men which doe his bane deſire.

13 But while that lewd men thus doe think, the Lord laughs them to ſcorne
for why? he ſeeth their terme approach, when they ſhall ſigh and mourn.
14 The wicked haue their ſword out drawne, their bow eke haue they bent
to ouerthrow and kill the poore, as he the right way went.

15 But the ſame ſword ſhall pierce their hearts, which was to kill the iuſt:
likewiſe the bow ſhall breake to ſhiuers, wherein they put their truſt.
16 Doubtleſſe the iuſt mans poore eſtate is better a great deale more,
then all thoſe lewd and wicked mens rich pompe and heaped ſtore.

17 For be their power neuer ſo ſtrong, God will it ouerthrow:
where contrary he doth preſerue the humble men and low.
18 He ſeeth by his great prouidence, the good mans trade and way:
and will giue them inheritance, which neuer ſhall decay.

19 They

19 They ſhall not be diſcouraged, when ſome are hard beſted:
when other ſhall be hungerbit, they ſhall be clad and fed.
20 For whoſoeuer wicked is, and enemie to the Lord:
ſhall quaile, yea melt euen as lambs greaſe, or ſmoake that flies abroad.

The third part.

21 Behold the wicked borroweth much, and neuer paies againe:
whereas the iuſt by liberall gifts makes many glad and faine.
22 For they whom God doth bleſſe ſhall haue the land for heritage:
and they whom he doth curſe likewiſe, ſhall periſh in his rage.

23 The Lord the iuſt mans wayes doth guide, and giues him good ſucceſſe,
to euery thing he takes in hand he ſendeth good addreſſe.
24 Though that he fall, yet is he ſure not vtterly to quaile:
becauſe the Lord ſtretcheth out his hand at néed and doth not faile.

25 I haue béene young, and now am old, yet did I neuer ſée
the iuſt man left, nor yet his ſéed to beg for miſerie.
26 But giues alwayes moſt liberally, and lends whereas is néed:
his children and poſterity receiue of God their méed.

27 Fly vice therefore and wickedneſſe, and vertue doe embrace:
ſo God ſhall grant thée long to haue in earth a dwelling place.
28 For God that loueth equity, doth ſhew to his ſuch grace,
that he preſerues them euermore, but ſtroies the wicked race.

29 Whereas the good and godly men inherit ſhall the land:
hauing as Lords all things therein in their owne power and hand.
30 The iuſt mans mouth doth euer ſpeake of matters wiſe and hie:
his tongue doth talke to edifie with truth and equitie.

31 For in his heart the Law of God his Lord doth ſtill abide:
ſo that where euer he goes or walkes, his foot can neuer ſlide.
32 The wicked like a rauening wolfe, the iuſt man doth beſet:
by all meanes ſéeking him to kill, if he fall in his net.

The fourth part.

33 Though he ſhould fall into his hands, yet God would ſuccour ſend:
though men againſt him ſentence giue, God will him yet defend.
34 Wait thou on God and kéepe his way, he ſhall preſerue thée then,
the earth to rule, and thou ſhalt ſée deſtroyed theſe wicked men.

35 The wicked haue I ſéene moſt ſtrong, and plac'd in high degree:
flouriſhing in all wealth and ſtore, as doth the Lawrell tree.
36 But ſodainly he paſſed away, and loe he was quite gone:
then I him ſought, but could ſcarce find the place where dwelt ſuch one.

37 Marke and behold the perfect man, how God doth him increaſe:
for the iuſt man ſhall haue at length great ioy with reſt and peace.
38 As for tranſgreſſors woe to them, deſtroyed they ſhall be:
God will cut off their budding race and rich poſteritie.

39 But the ſaluation of the iuſt doth come from God aboue:
who in their trouble ſends them aid of his meere grace and loue.
40 God doth them helpe, ſaue and deliuer, from lewd men and vniuſt:
and ſtill will ſaue them, whilſt that they in him doe put their truſt.

Domine ne in furore. Pſal. xxxvj. H.

Dauid lying ſicke of ſome grieuous diſeaſe, acknowledgeth himſelfe to be chaſtiſed of the Lord for his ſinnes, and prayeth God to turne away his wrath. he vttereth the greatneſſe of his griefe by many words & circumſtances, as wounded with arrowes of Gods ire, forſaken of his friends, & cruelly intreated of his enemies: but in the end with ſtrong confidence he commendeth his cauſe to God, and hopeth for ſpeedy helpe at his hand.

Sing this as the 30 Pſalme.

PVt me not to rebuke O Lord in thy prouoked ire:
ne in thy heauy wrath O Lord, correct me I deſire.
2 Thine arrowes doe sticke faſt in me, thy hand doth preſſe me ſore:
and in my fleſh no health at all appeareth any more.

3 And all this is by reaſon of thy wrath that I am in:
nor any reſt is in my bones by reaſon of my ſinne.
4 For loe my wicked doings Lord aboue my head are gone:
a greater load than I can beare they lie me ſore vpon.

5 My wounds ſtinke and are feſtered ſore, as loathſome is to ſée:
which all through mine owne foolihneſſe betideth vnto me.
6 And I in carefull wiſe am brought in trouble and diſtreſſe:
that I goe wailing all the day in dolefull beauineſſe.

7 My loines are fild with ſore diſeaſe, my fleſh hath no whole part:
8 I feeble am and broken ſore, I roare for griefe of heart.
9 Thou knoweſt Lord my deſire, my grones are open in thy ſight:
10 My heart doth pant, my ſtrength hath faild, my eyes haue loſt their light.

11 My louers and my wonted friends ſtand looking on my woe:
and eke my kinſmen farre away are me departed fro.
12 They that did ſeeke my life laid ſnares, and they that ſought the way:
to doe me hurt, ſpeake lyes, and thought on treaſon all the day.

The ſecond part.

13 But as a deafe man I became, that cannot heare at all:
14 And as one dumbe that opens not his mouth to ſpeake withall.
15 For all my confidence O Lord, is wholy ſet on thee:
16 O Lord, thou Lord that art my God, thou ſhalt giue eare to me.

17 This did I craue, that they my foes triumph not ouer me:
for when my foot did ſlip then they did ioy my fall to ſee.
And truly I poore wretch am ſet in place of wofull wight:
and eke my dolefull beauineſſe is euer in my ſight.

18 For while that I my wickedneſſe in humble wiſe confeſſe:
and while I for my ſinfull déeds my ſorrowes doe expreſſe.
19 My foes doe ſtill remaine aliue and mighty are alſo:
and they that hate me wrongfully, in number hugely grow.

20 They

20 They stand against me that my good with euill doe repay:
because that good and honest things, I doe ensue alway.
21 Forsake me not, O Lord, my God, be thou not farre away:
22 Haste mee to helpe my Lord, my God, my safety and my stay.

Dixi custodiam. Psal. xxxix. I. H.

Dauid vttereth with what griefe and bitternesse of minde he was driuen to these outragious complaints of his infirmity, for he confesseth that when he had determined silence, that he brast forth yet into words that he would not, through the greatnesse of his griefe. Then he rehearseth certaine requests, which taste of infirmitie of man, and mixeth them with many prayers, but to shew a minde wonderfully troubled, that it may plainly appeare how he did striue mightily against death & desperation.

Sing this as the 35. Psalme.

I Said I will looke to my wayes, for feare I should goe wrong:
I will take hèd all times that I offend not in my tongue.
2 As with a bit I will kæpe fast my mouth with force and might:
not once to whisper all the while the wicked are in sight.

3 I held my tongue and spake no word, but kept me close and still:
yea from good talke I did refraine but sore against my will.
4 My heart wext hot within my brest, with musing, thought, and doubt.
which did increase and stirre the fire, at last these words burst out:

5 Lord number out my life and dayes, which yet I haue not past:
so that I may be certified how long my life shall last.
6 Lord thou hast pointed out my life in length much like a span:
mine age is nothing vnto thæ, so vaine is euery man:

7 Man walketh like a shade, and doth in vaine himselfe annoy:
in getting goods, and cannot tell who shall the same enioy.
8 Now Lord sith things this wise doe frame, what helpe doe I desire?
of truth my helpe doth hang on thee, I nothing else require.

The second part.

6 From all the sinnes that I haue done, Lord quit me out of hand:
and make me not a scorne to fooles that nothing vnderstand.
10 I was as dumbe, and to complaine no trouble might me moue:
because I knew it was thy worke, my patience for to proue.

11 Lord take from me thy scourge and plague, I cannot them withstand:
I faint and pine away for feare of thy most heauy hand.
12 When thou for sinne dost man rebuke, he waxeth woe and wan:
as doth a cloth that mothes haue fret, so vaine a thing is man.

13 Lord heare my suit, and giue good hèd, regard my teares that fall:
I sojourne like a stranger here, as did my fathers all.
14 O spare a little, giue me space my strength for to restore:
before I goe away from hence, and shall be seene no more.

Expectans expectaui. Psal. xl. I. H.

Dauid deliuered from great danger, doth magnifie and praise the grace of God for his deliuerance, and commendeth his prouidence towards all mankind. Then he doth promise to giue himselfe wholly to Gods seruice And so declareth how God is truly worshipped. Afterwards giueth thankes and praiseth God, hauing complained of his enemies, with good courage he calleth for aid and succour.

Sing this as the 35. Pſalme.

I Waited long and ſought the Lord, and patiently did beare:
at length to me he did accord, my voice and cry to heare.
2 He pluckt me from the lake ſo deepe, out of the mire and clay:
and on a rocke he ſet my feet, and he did guide my way.

3 To me he taught a Pſalme of praiſe, which I muſt ſhew abroad:
and ſing new ſongs of thankes alwayes vnto the Lord our God.
4 When all the folke theſe things ſhall ſee, as people much afraid:
then they vnto the Lord will flie, and truſt vpon his aid.

5 O bleſt is he whoſe hope and heart, doth in the Lord remaine:
that with the proud doth take no part, nor ſuch as lie and faine.
6 For Lord my God thy wondrous deeds, in greatneſſe farre doe paſſe:
thy fauour towards vs exceeds all things that euer was.

7 When I intend and doe deuiſe thy workes abroad to ſhow:
to ſuch a reckoning they doe riſe, thereof no end I know.
8 Burnt offerings thou delight'ſt not in, I know thy whole deſire:
with ſacrifice to purge his ſinne, thou doſt no man require.

9 Meate offerings and ſacrifice thou wouldſt not haue at all:
but thou, O Lord, haſt open made mine eares to heare withall.
10 But then ſaid I, behold and looke I come a meane to be:
for in the volume of thy booke, thus it is ſaid of me.

11 That I, O God, ſhould doe thy minde, which thing doth like me well:
for in my heart thy Law I finde faſt placed there to dwell.
12 Thy iuſtice and thy righteouſneſſe in great reſorts I tell:
behold my tongue no time doth ceaſe, O Lord, thou knoweſt full well.

The ſecond part.

13 I haue not hid within my breſt thy goodneſſe as by ſtealth:
but I declare and haue expreſt thy truth and ſauing health.
14 I kept not cloſe thy louing minde, that no man ſhould it know:
the truſt that in thy truth I finde, to all the Church I ſhow.
For I with miſchiefes many one am ſore beſet about:
my ſinnes increaſe and ſo come on, I can not ſpie them out.
15 For why? in number they exceed the haires vpon my head:
my heart doth faint for very dread, that I am almoſt dead.

16 With ſpéed ſend helpe, and let me free, O Lord, I thée require:
make haſt with ſpéed to ſuccour me, O Lord, I thée deſire.
17 Let them ſuſtaine rebuke and ſhame, that ſeeke my ſoule to ſpill:
driue backe my foes, and them defame that wiſh and would me ill.

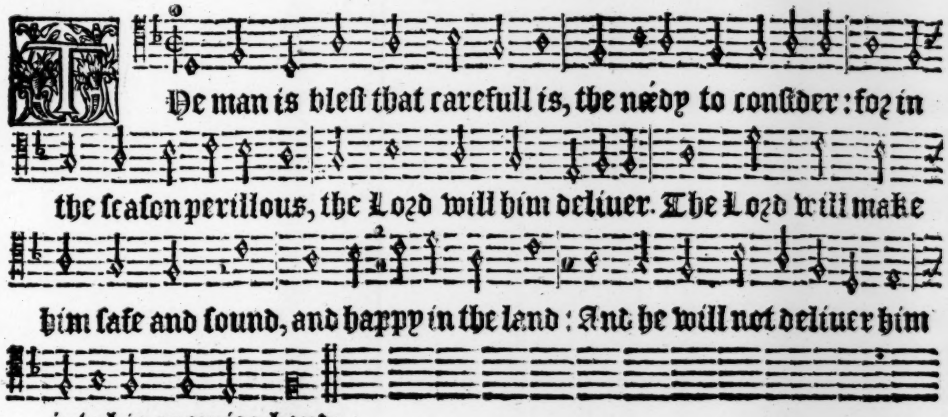
18 For their ill feats doe them deſcry, that would deface my name:
alwayes at me they raile and cry, fie on him, fie for ſhame.
19 Let them in thée haue ioy and wealth, that ſeeke to thée alwayes:
that thoſe that loue thy ſauing health, may ſay to God be praiſe.

20 But

20 But as for me I am but poore, oppreſt and brought full low:
yet thou, O Lord, wilt me reſtore to health full well I know.
21 For why, thou art my hope and truſt, my refuge, helpe, and ſtay:
wherefore my God as thou art iuſt, with me no time delay.

Beatus qui intelligit. Pſal. xlj. T. S.

Dauid being grieuouſly afflicted, bleſſeth them that pity his caſe, and complaineth of the treaſon of his owne friends and familiers, as came to paſſe in Iudas, Ioh. 13. After he feeling the great mercies of God, gently chaſtiſing him, and not ſuffering his enemies to triumph againſt him, he giueth moſt hearty thanks vnto God.



THe man is bleſt that carefull is, the needy to conſider: for in the ſeaſon perillous, the Lord will him deliuer. The Lord will make him ſafe and ſound, and happy in the land: And he will not deliuer him into his enemies hand.

3 And in his bed when he lies ſicke, the Lord will him reſtore:
and thou, O Lord, wilt turne to health, his ſickneſſe and his ſore.
4 Then in my ſickneſſe, thus ſaid I, haue mercy Lord on me:
and heale my ſoule which is full woe that I offended thee.

5 Mine enemies wiſht me ill in heart, and thus of me did ſay:
when ſhall he die, that all his name may vaniſh quite away?
6 And when they come to viſit me, they aſke if I doe well:
but in their hearts miſchiefe they hatch, and to their mates it tell.

7 They bite their lips and whiſper ſo, as though they would me charme:
and caſt their fetches how to trap me with ſome mortall harme.
8 Some grieuous ſin hath brought him to this ſickneſſe ſay they plaine:
he is ſo low, that without doubt riſe can he not againe.

9 The man alſo that I did truſt, with me did vſe deceit:
who at my table eat my bread, the ſame for me laid wait.
10 Haue mercy, Lord, on me therefore, and let me be preſerued:
that I may render vnto them the things they haue deſerued.

11 By this I know aſſuredly, to be beloued of thee:
when that mine enemies haue no cauſe to triumph ouer me.
12 But in my right thou haſt me kept, and maintained alway:
and in thy preſence place aſſigned, where I ſhall dwell for aye.

13 The

13 The Lord the God of Iſraell be praiſed euermore:
euen ſo be it Lord will I ſay, euen ſo be it therefore.

Quemadmodum deſiderat. Pſal. xlij. T. S.

The Prophet grieuously complaineth that being letted by his perſecutors, he could not be preſent in the Congregation of Gods people, proteſting that although he was ſeperate from them in body yet his heart was thither affected. And laſt of all, he ſheweth that he was not ſo far ouercome with thoſe ſorrowes and thoughts, but that he continually put his confidence in the Lord.

Sing this as the 35. Pſalme.

1 Like as the Hart doth breath and bray, the well-ſprings to obtaine:
ſo doth my ſoule deſire alway with thee Lord to remaine.
2 My ſoule doth thirſt and would draw nere the liuing God of might:
oh when ſhall I come and appeare in preſence of his light?
3 The teares all times are my repaſt, which from mine eyes did ſlide:
when wicked men cry out ſo faſt, where now is God thy guide?
4 Alas what griefe it is to thinke, what freedome once I had?
therefore my ſoule as at pits brinke is moſt beaute and ſad.
When I did march in good array, furniſhed with my traine:
vnto the Temple was our way with ſongs and hearts moſt faine.
5 My ſoule why art thou ſad alwayes, and fret'ſt thus in my breſt?
truſt ſtill in God, for him to praiſe, I hold it alwayes beſt.
By him I haue ſuccour at need, againſt all paine and griefe:
he is my God, which with all ſpeed, will haſt to ſend reliefe.
6 And thus my ſoule within me Lord doth faint to thinke vpon
the land of Iordan, and record the little hill Hermon.

The ſecond part.

7 One griefe another in doth call, as clouds burſt out their voyce:
the flouds of euill that doe fall, runne ouer me with noiſe.
8 Yet I by day felt his goodneſſe, and helpe at all aſſaies:
likewiſe by night I did not ceaſe, the liuing God to praiſe.
9 I am perſwaded thus to ſay to him with pure pretence:
O Lord, thou art my guide and ſtay, my rocke and my defence.
Why doe I then in penſiueneſſe, banging the head thus walke:
while that mine enemies me oppreſſe, and vex me with their talke?
10 For why? they vex my inward parts with pangs to be abhor'd:
when they cry out with ſtubborne hearts, where is thy God thy Lord?
11 So ſoone why doſt thou faint and quaile, my ſoule with paine oppreſt?
with thoughts why doſt thy ſelfe aſſaile ſo ſore within my breſt?
12 Truſt in the Lord thy God alwayes, and thou the time ſhalt ſee:
to giue him thankes with laud and praiſe, for health reſtor'd to thee.

Iudica me Deus. Pſal. xliij. T.S.

He prayeth to be deliuered from them which conſpire with Abſolom, to the end that he might ioyfully praiſe God in his holy Congregation.

Sing this as the 21. Pſalme.

1 Iudge and reuenge my cauſe, O Lord from them that euill be:
from wicked and deceitfull men, O Lord, deliuer me.

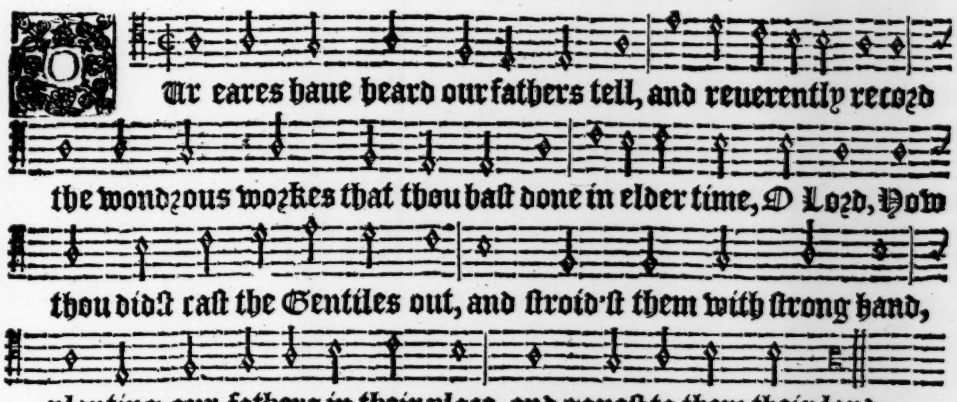
2 For of my ſtrength thou art my God, why put'ſt thou me thée fro?
and why walke I ſo beauily, oppreſſed with my foe?

3 Send out thy light and eke thy truth, and lead me with thy grace:
which may conduct me to thy hill, and to thy dwelling place.
4 Then ſhall I to the Altar goe of God my ioy and cheere:
and on my Harp giue thankes to thée, O God, my God moſt déere.

5 Why art thou then ſo ſad my ſoule, and fret'ſt thus in my breſt?
ſtill truſt in God for him to praiſe I hold it alwayes beſt.
By him I haue deliuerance againſt all paine and griefe:
he is my God which doth alwayes at néed ſend me reliefe.

Deus auribus noſtris. Pſal. xliiij. T. S.

A moſt earneſt prayer made in the name of the faithfull which were afflicted by the enemies, for ſuſtaining the quarrell of Gods word, according to the expoſition of Saint Paul, Rom. 8.



3 They conquered not by ſword nor ſtrength, the Land of thy behеſt:
but by thy hand, thy arme and grace, becauſe thou louedſt them beſt
4 Thou art my King, O God, that holpe Jacob in ſundry wiſe:
5 Led with thy power we threw downe ſuch, as did againſt vs riſe.

6 I truſted not in bow, ne ſword, they could not ſaue me ſound:
thou keptſt vs from our enemies rage, thou didſt our foes confound.
7 And ſtill wee boaſt of thée our God, and praiſe thy holy name:
8 Yet now thou goeſt not with our hoſt, but leaueſt vs to ſhame.

9 Thou mad'ſt vs flie before our foes, and ſo were ouer-trod:
our enemies rob'd and ſpoil'd our goods, when we were ſpearſt abroad.
10 Thou haſt vs giuen to our foes, as ſhéepe for to be ſlaine:
among the heathen euery where ſcattered we doe remaine.

11 Thy

12 Thy people thou hast sold like slaues, and as a thing of nought:
for profit none thou hast thereby, no gaine at all was sought.
13 And to our enemies thou hast made of vs a laughing stocke:
and those that round about vs dwell, at vs doe grin and mocke.

The second part.

14 Thus we serue for none other vse, but for a common talke:
they mocke, they scorne, & nod their heads, where euer they goe or walke.
15 I am asham'd continually to heare these wicked men:
yea, so I blush that all my face, with red is couered then.

16 For why? we heare such slandrous words, such false reports and lies:
that death it was to se their wrongs, their threatnings and their cries.
17 For all this we forget not thee, nor yet thy Couenant breake.
18 We turne not backe our hearts from thee, nor yet thy paths forsake.

19 Yet thou hast trod vs downe to dust, where dens of Dragons be,
and couered vs with shade of death, and great aduersitie.
20 If we had our Gods name forgot, and helpe of Idols sought:
21 Would not God then haue tri'd this out? for he doth know our thought.

22 Nay, nay for thy names sake, O Lord, alwayes are we slaine thus:
as sheepe into the shambles sent, right so they deale with vs
23 Vp Lord, why slæpest thou? Awake, and leaue vs not for all:
24 Why hidest thou thy countenance, and dost forget our thrall?

25 For downe to dust our soule is brought, and we now at last cast:
our belly like as it were glu'd, vnto the ground cleaues fast.
26 Rise vp therefore for our defence, and helpe vs Lord at næd:
we thee beseech of thy goodnesse, to rescue vs with spæd.

Eructauit cor meum. Psal. xlv. I. H.

The Maiesty of Salomon, his honour, strength, riches and power are praised, and also his mariage with the Egyptian an heathen woman is blessed, if shee can renounce her people and leue of her country, & giue her selfe wholy to her husband Vnder the which figure, the wonderfull Maiestie, and increase of the kingdome of Christ, and the church his spouse, now taken of the Gentiles is described.

Sing this as the 25 Psalme.

MY heart doth take in hand, some godly song to sing:
the praise that I shall shew therein pertaineth to the King.
2 My tongue shall be as quicke his honour to indite:
as is the pen of any Scribe, that vseth fast to write.

3 O fairest of all men thy speech is pleasant pure:
for God hath blessed thee with gifts, for euer to endure.
4 About thee gird thy sword, O Prince of might elect:
with honour, glory, and renowne, thy person pure is deckt.

5 Goe forth with godly spéd, in mækenesse, truth, and right:
and thy right hand shall thee instruct, in workes of dreadfull might.
6 Thine arrowes sharpe and keene, their hearts so sore shall sting:
that folke shall fall and kneele to thee, yea all thy foes O King.

7 Thy

7 Thy royall ſeat O Lord, for euer ſhall remaine:
because the ſcepter of thy Realme doth righteouſneſſe maintaine.
8 Becauſe thou lou'ſt the right, and doſt the ill deteſt:
God, euen thy God hath nointed thée with ioy aboue the reſt,

9 With Myrrh and ſauours ſwéete, thy clothes are all beſpread:
when thou doſt from thy Palace, paſſe therein to make thée glad.
10 Kings Daughters doe attend in fine and rich array:
at thy right hand the Quéene doth ſtand in gold and garments gay.

11 O daughter take good héed, incline and giue good eare:
thou muſt forget thy kindred all and fathers houſe moſt deare
12 Then ſhall the King deſire thy beauty faire and trimme:
for why? he is the Lord thy God, and thou muſt worſhip him.

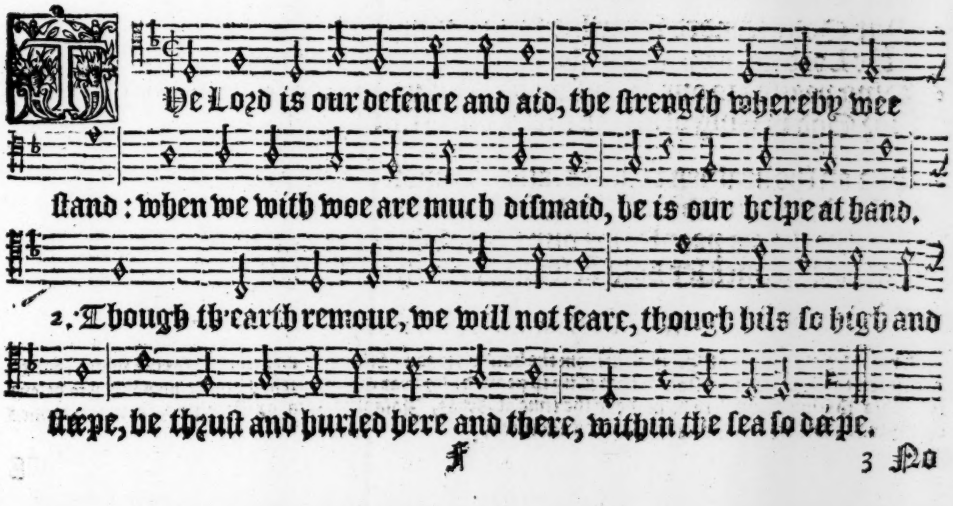
13 The Daughters then of Tyre, with gifts full rich to ſée,
and all the wealthy of the land ſhall make their ſuit to thée.
14 The Daughter of the King is glorious to behold:
within her cloſet ſhe decklt all deckt in beaten gold.

15 In robes well wrought with néedle, and many a pleaſant thing:
with Virgins faire on her to wait ſhe commeth to the King.
19 Thus are they brought with ioy and mirth on euery ſide:
into the Palace of the King, and there they doe abide.

17 In ſtead of Parents left, O Quéene the caſe ſo ſtands:
thou ſhalt haue ſonnes whom thou maiſt ſet as Princes in all Lands.
18 Wherefore thy holy Name all ages ſhall record:
the people ſhall giue thankes to thee for euermore, O Lord.

Deus noſter refugium. Pſal. xlvj. I. H.

A ſong of thankſgiuing for the deliuerance of Jeruſalē after Senacherib with his army was driuen away, or ſome other like ſudden and marueilous deliuerance by the mighty hand of God, whereby the Prophet commending this great benefit, doth exhort the faithfull to giue themſelues wholly vnto the hands of God, doubting nothing but that vnder his protection they ſhall be ſafe againſt all aſſaults of their enemies.



3 No, though the waues doe rage ſo ſore, that all the bankes it ſpils:
and though it ouerflow the ſhore, and beat downe mighty hils.
4 For one faire floud doth ſend abroad his pleaſant ſtreames apace:
to frely the Citty of our God, and walh his holy place.

5 In midſt of her the Lord doth dwell, ſhe can no whit decay:
all things againſt her that rebell, the Lord will ſurely ſlay.
6 The heathen folke, the Kingdomes feare, the people make a noiſe:
the earth doth melt and not appeare, when God puts forth his voice.

7 The Lord of hoaſts doth take our part, to vs he hath an eye:
our hope of health with all our heart on Jacobs God doth lie.
8 Come heare and ſee with mind and thought the working of our God:
what wonders he himſelfe hath wrought through out the earth abroad.

9 By him all wars are husht and gone, which countries did conſpire:
their bowes he brake and ſpeares each one, their chariots burnt with fire.
10 Leaue of therefore, ſayth he, and know, I am a God moſt ſtout:
among the heathen high and low, and all the earth through out.

11 The Lord of hoaſts doth vs defend, he is our ſtrength and tower:
on Jacobs God we doe depend and on his mighty power.

Omnes gentes. Pſal. xlvij I. H.

The Prophet exhorteth all people to the worſhip of the true and euerlaſting God, commendeth the mercies of God towards the poſterity of Jacob, and prophecieth of the Kingdome of Chriſt in the time of the Goſpell.

Sing this as the 45. Pſalme.

YE people all with one accord, clap hands and eke reioyce:
be glad and ſing vnto the Lord with ſweete and pleaſant voyce.
2 For high the Lord and dreadfull is, with wonders manifold:
a mighty King he is truly, in all the earth extold.

3 The people ſhall he make to be vnto our bondage thrall:
and vnderneath our feet he ſhall the nations make to fall.
4 For vs the heritage he chooſe, which we poſſeſſe alone:
the flourithing worſhip of Jacob, his well beloued one.

5 Our God aſcended vp on hie with ioy and pleaſant noiſe:
the Lord goes vp aboue the skie with trumpets royall voice.
6 Sing praiſes to our God, ſing praiſe, ſing praiſes to our King:
for God is King of all the earth, all skilfull praiſes ſing.

7 God on the heathen reignes, and ſits vpon his holy throne:
the Princes of the people haue them ioyned euery one
8 To Abrahams people: for our God, which is exalted hie,
as with a buckler doth defend the earth continually.

Magnus Dominus. Pſal. xlviij. I. H.

A notable deliuerance of Jeruſalem from the hands of many Kings is mentioned, for the which thanks are giuen to God, and the eſtate of that City is praiſed, for that God is preſent at all times ready to defend it. This Pſalme ſeemeth to be made in the time of Ahaz, Joſaphat, Aſa, or Ezechias, for in their times chiefly was the City by forraigne Princes aſſaulted.

Sing

Sing this as the 46. Psalme.

GReat is the Lord, and with great praise to be aduanced still,
within the City of our God, vpon his holy hill.
2 Mount Sion is a pleasant place, it gladdeth all the Land:
the City of the mighty King on her North-side doth stand.

3 Within the Palaces thereof, God is a refuge knowne:
for lo, the Kings were gathered, and together eke were gone.
4 But when they did behold it so they wondred, and they were
astonied much, and suddenly were driuen backe with feare.

5 Great terror there on them did fall, for very woe they cry,
as doth a woman when she shall goe trauell by and by.
6 As thou with Easterne wind the ships vpon the sea dost breake:
so were they staid, and euen as we heard our fathers speake.

7 So in the City of our Lord, we saw as it was told
yea in the City which our God for euer will vphold.
8 O Lord we wait and doe attend, on thy good helpe and grace:
for which we doe all times attend within thy holy place.

9 O Lord according to thy Name, for euer is thy praise:
and thy right hand, O Lord, is full of righteousnesse alwayes.
10 Let for thy iudgements Sion hill, fulfilled be with ioyes:
and eke of Juda grant, O Lord, the daughters to reioyce.

11 Goe walke about all Sion hill, yea round about her goe:
and tell the towers that thereupon are builded on a row.
12 And marke ye well her bulwarkes all, behold her towers there:
that ye may tell thereof to them that after shall be here.
13 For this God is our God, our God for euermore is he:
yea, and vnto the death also, our guider shall he be.

Audite hæc omnes. Psal. xlix. T. S.

The holy Ghost calleth all men to consideration of mans life, shewing them not to be most happy that are most wealthy, and therefore not to be feared: but contrariwise he listeth vp our mindes to consider how all things are ruled by Gods prouidence: who as he iudgeth these worldly misers to euerlasting torments, so doth he preserue his, and will reward them in the day of the resurrection, 1 Thes. 1.

Sing this as the 45 Psalme.

ALL people hearken and giue care to that that I shall tell:
2 Both high and low, both rich and poore that in the world doe dwell.
3 For why my mouth shall make discourse of many things right wise:
in vnderstanding shall my heart his study exercise

4 I will incline mine eares to know the parables so darke:
and open all my doubtfull speech in meeter on my harpe.
5 Why should I feare afflictions, or any carefull toile:
or else my foes which at my heeles are prest my life to spoile?

6 For as for such as riches haue wherein their trust is most:
and they which of their treasures great, them selues doe brag and boast.

7 There is not one of them that can his brothers death redéme:
or that can giue a price to God ſufficient for him.

8 It is too great a price to pay, none can thereto attaine:
9 Or that he might his life prolong, or not in graue remaine.
10 They ſée wiſe men as well as fooles ſubiect vnto deaths bands:
and being dead, ſtrangers poſſeſſe their goods, their rents, their lands.

11 Their care is to build houſes faire, and ſo determine ſure:
to make their name right great on earth, for euer to endure.
12 Yet ſhall no man alwaies enioy high honour, wealth and reſt:
but ſhall at length taſte of deaths cup, as well as the brute beaſt.

The ſecond part.

13 And though they try their foliſh thoughts, to be moſt lewd and baine:
their children yet approue their talke, and in like ſinne remaine.
14 As ſheepe into the fold are brought, ſo ſhall they into graue:
death ſhall them eat, and in that day, the iuſt ſhall Lordſhip haue.

15 Their image and their royall port ſhall fade and quite decay:
when as from houſe to pit they paſſe, with woe and weale away.
16 But God will ſurely preſerue me from death and endleſſe paine:
becauſe he will of his good grace receiue my ſoule againe.

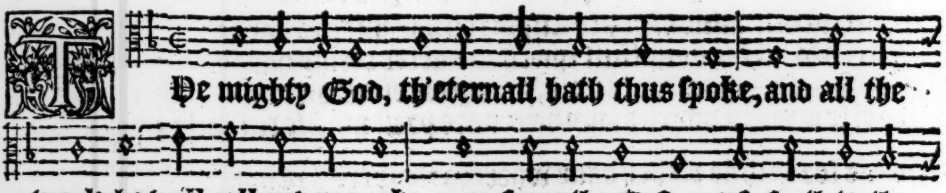
17 If any man wax wondrous rich, feare not I ſay therefore:
although the glory of his houſe increaſeth more and more.
18 For when he dies, of all theſe things nothing ſhall be receiue:
his glory will not follow him, his pompe will take her leaue.

19 Yet in this life he takes himſelfe the happieſt vnder Sunne:
and others likewiſe flatter him, ſaying all is well done.
20 And preſuppoſe he liue as long, as did his fathers old:
yet muſt he néeds at length giue place, and be brought to deaths fold.
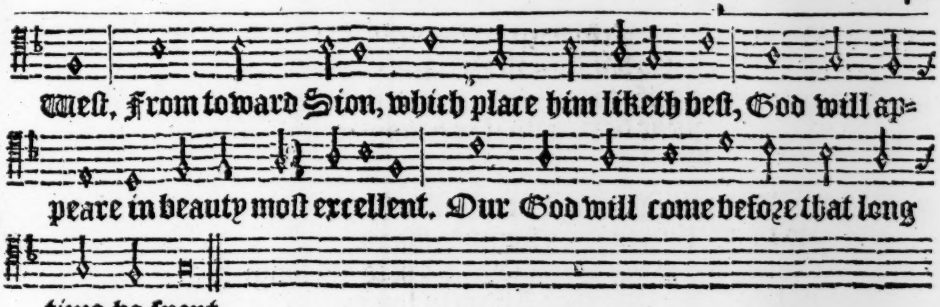
21 Thus man to honour God hath cald, yet doth he not conſider:
but like brute beaſts ſo doth he liue, which turne to duſt and powder.

Deus Deorum. Pſal. L. W. W.

He propheſieth how God will call all nations by the Goſpell, and require no other ſacrifices of his people, but confeſſion of his benefits and thankſgiuing, and how he deteſteth all ſuch as ſeeme zealous of ceremonies, and not of the pure word of God onely.



THe mighty God, th'eternall hath thus ſpoke, and all the
world he will call and prouoke, euen from the Eaſt, and ſo forth to the
Weſt,



3 Deuouring fire ſhall goe before his face,
a great tempeſt ſhall round about him trace:
4 Then ſhall he call the earth and heauens bright,
to iudge his folke with equity and right:
5 Saying goe to, and now my Saints aſſemble,
my heſts they kéepe, their gifts doe not diſſemble.

6 The heauens ſhall declare his righteouſneſſe:
for God is iudge of all things more and leſſe.
7 Heare my people, for I will now reueale:
liſt Iſrael, I will thée nought conceale.
8 Thy God, thy God, am I, and will not blame thée:
for giuing not all manner offrings to me.

9 I haue no néed to take of thée at all,
Goats of thy fold, or Calfe out of thy ſtall:
10 For all the beaſts are mine within the woods:
on thouſand hils, cattell are mine owne goods.
11 I know for mine, all birds that are on mountaines:
all beaſts are mine, which haunt the fields and fountaines.

12 Hungry if I were, I would not thée it tell:
for all is mine that in the world doe dwell.
13 Eat I the fleſh of great Buls or Bullocks?
or drinke the bloud of Goats or of the flocks?
14 Offer to God praiſe and hearty thankſgiuing,
and pay thy vowes vnto God euer-liuing

15 Call vpon me, when troubled thou ſhalt be:
then will I helpe, and thou ſhalt honour me.
16 To the wicked thus ſayth the eternall God:
why doſt thou preach my lawes and heſts abroad
17 Séeing thou haſt them with thy mouth abuſed,
and hat'ſt to be by diſcipline reformed?

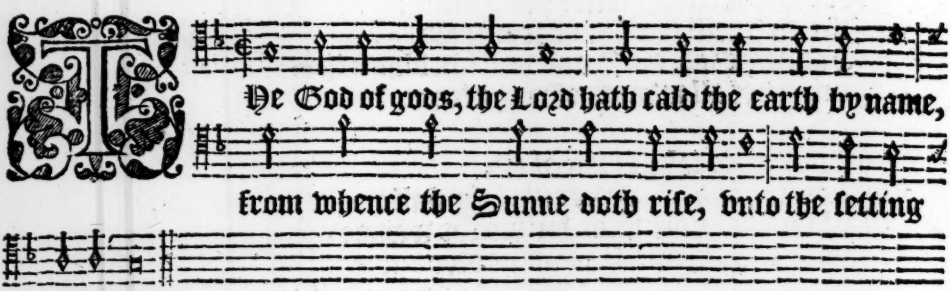
My words I lay thou doſt reiect and hate,
18 If that thou ſée a théefe, as with thy mate.

Thou runſt with him, and ſo your prey doe ſéeke:
and art all one with bauds and ruffians eke.
19 Thou giueſt thy ſelfe to backbite and to ſlander:
and how thy tongue deceiueth it is a wonder.

20 Thou ſitteſt muſing thy brother how to blame:
and how to put thy mothers ſonne to ſhame.
21 Theſe things thou didſt, and whilſt I held my tongue,
thou didſt me iudge becauſe I ſtaid ſo long,
Like to thy ſelfe, yet though I kéepe long ſilence:
once ſhalt thou féele of thy wrongs iuſt recompence.

22 Conſider this, ye that forget the Lord,
and feare not when he threatneth with his word,
Leſt without helpe, I ſpoile you as a prey
23 But he that thankes offreth, praiſeth me aye,
Sayth the Lord God, and he that walketh this trace:
I will him teach Gods ſaving health to embrace.

Another of the ſame by I. H.



of the ſame.

2 From Sion his faire place, his glory bright and cleare:
the perfect beauty of his grace, from thence it did appeare.

3 Our God ſhall come in haſte, to ſpeake he ſhall not doubt,
before him ſhall the fire waſte, and tempeſt round about.
4 The heauens from on hie, the earth below likewiſe:
he will call forth to iudge and try, his folke he doth deuiſe.

5 Bring forth my Saints (ſayth he) my faithfull flocke moſt deare:
which are in bond and league with me, my law to loue and feare.
6 And when theſe things are tride, the heauens ſhall record:
that God is iuſt, and all muſt bide the iudgement of the Lord.

7 My people O giue héed, Iſrael to thée I cry:
I am thy God, thy helpe at néed, thou canſt it not deny.
8 I doe not lay to thée thy ſacrifice is ſlacke:
thou offreſt daily vnto me, much more then I doe lacke,

9 Think'ſt

9 Think'ſt thou that I doe næd, thy cattell young or old:
or elſe ſo much deſire to fæd, on Goats out of thy fold:
10 May, all the beaſts are mine, in woods that eat their fils:
and thouſands more of neat and kine, that run wilde on the hils.

The ſecond part.

11 The birds that build on high, in hils and out of ſight:
and beaſts that in the fields doe lie, are ſubiect to my might.
12 Then though I hungred ſore, what næd I ought of thine:
ſith that the earth with her great ſtore, and all therein is mine?

13 To Buls fleſh haue I minde, to eat it doſt thou thinke?
or ſuch a ſweetneſſe doe I finde, the bloud of Goats to drinke?
14 Giue to the Lord his praiſe, with thanks to him applie:
and ſee thou pay thy vowes alwayes, vnto the God moſt hie.

15 Then ſeeke and call to me, when ought would worke thee blame:
and I will ſure deliuer thee, that thou maiſt praiſe my name.
16 But to the wicked traine, which talke of God each day:
and yet their workes are foule and vaine, to them the Lord will ſay,

17 With what a face dar'ſt thou my word once ſpeake or name?
why doth thy talke my Law allow? thy deeds deny the ſame.
18 Whereas for to amend thy life thou art ſo ſlacke:
my word the which thou doſt pretend, is caſt behinde thy backe.

The third part.

19 When thou a theefe doſt ſee, by theft to liue in wealth:
with him thou runn'ſt, and doſt agræ, likewiſe to thriue by ſtealth.
20 When thou doſt them behold, that maids and wiues defile:
thou lik'ſt it well, and waxeſt bold, to vſe that life moſt vile.

21 Thy lips thou doſt apply, to ſlander and defame:
thy tongue is taught to craft and lie, and ſtill doth vſe the ſame.
22 Thou ſtudieſt to reuile thy friends to thæ ſo nære
with ſlander thou wouldſt næds defile thy mothers ſonne moſt dære.

23 Hereat while I doe wink, as though I did not ſæ,
thou goeſt on ſtill, and ſo doſt thinke that I am like to thæ.
24 Be ſure I will not let to ſtrike when I begin.
thy faults in order I will ſet, and open all thy ſinne.
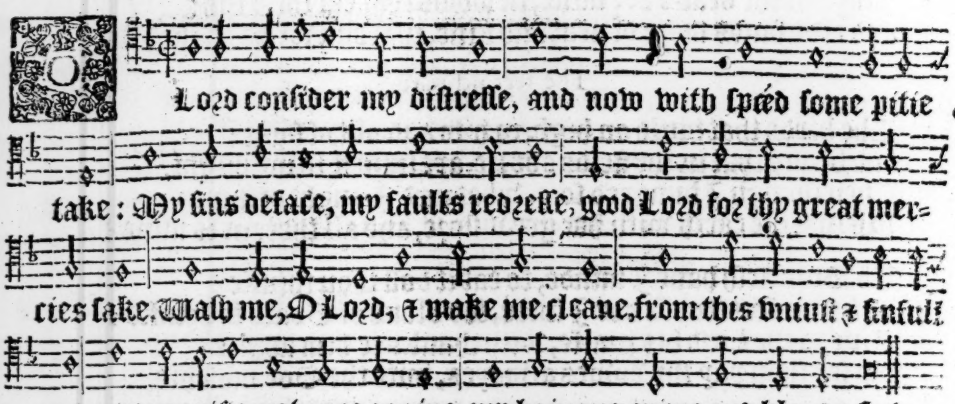
25 Marke this I you require, that haue not God in minde:
leſt when I plague you in mine ire, your helpe be farre to finde.
26 He that doth giue to me, the ſacrifice of praiſe:
doth pleaſe me well, and he ſhall ſæ to walke within my wayes.

Miſerere mei Deus. Pſal. Lj. W. W.

When Dauid was rebuked by the Prophet Nathan for his great offences, he did not onely acknowledge the ſame to God, with proteſtation of his naturall corruption and iniquity, but alſo left a memorial thereof to his poſterity. Therefore, firſt he deſireth God to forgiue his ſinnes, and to renew in him

his

his holy Spirit, with promiſe that he will not be vnmindfull of thoſe great graces. Finally, fearing leſt God ſhould punish the whole Church for his fault, he requireth that he would rather increaſe his graces towards the ſame.



3 Remorſe and ſorrow doe conſtraine me to acknowledge mine exceſſe:
my ſins alas doe ſtill remaine before thy face without releaſe.
4 For thee alone I haue offended, committing euill in thy ſight:
and if I were therefore condemned, yet were thy iudgments iuſt & right.

5 It is too manifeſt alas, that firſt I was conceiued in ſinne:
yea, of my mother ſo borne was, and yet vile wretch remaine therein.
6 Alſo behold Lord thou doſt loue the inward truth of a pure heart:
therefore thy wiſedome from aboue, thou haſt reueal'd me to conuert.

7 If thou with hyſope purge this blot, I ſhall be cleaner than the glaſſe:
and if thou waſh away my ſpot, the ſnow in whiteneſſe ſhall I paſſe.
8 Therefore O Lord, ſuch ioy me ſend, that inwardly I may finde grace:
& that my ſtrength may now amend, which thou haſt ſwag'd for my treſpaſſe.

9 Turne backe thy face and frowning ire, for I haue felt enough thy hand:
and purge my ſins I thee deſire, which doe in number paſſe the ſand.
10 Make new my heart within my breſt, and frame it to thy holy will:
thy conſtant ſpirit in me let reſt, which may theſe raging enemies kill.

The ſecond part.

11 Caſt me not, Lord, out from thy face, but ſpédily my torments end:
take not from me thy ſpirit & grace, which may from dangers me defend.
12 Reſtore me to thoſe ioyes againe, which I was wont in thee to finde:
and let me thy frée ſpirit retaine, which vnto thee may ſtirre my minde.

13 Thus when I ſhall thy mercies know, I ſhall inſtruct others therein:
and men that are likewiſe brought low, by mine example ſhall flie ſin.
14 O God that of my health art Lord, forgiue me this my bloudy vice:
my heart and tongue ſhall then accord, to ſing thy mercies and iuſtice.

15 Touch

15 Touch thou my lips, my tongue vntie, O Lord, which art the only key:
and then my mouth ſhall teſtifie, thy wondrous works and praiſe alway.
16 And as for outward ſacrifice, I would haue offered many one:
but thou eſteem'ſt them of no price, and therein pleaſure tak'ſt thou none.

17 The heauy heart, the minde oppreſt, O Lord, thou neuer doſt reiect:
and to ſpeake truth it is the beſt, and of all ſacrifice th'effect.
18 Lord vnto Sion turne thy face, powre out thy mercies on thy hill:
and on Jeruſalem thy grace, build vp the wals, and loue it ſtill.

19 Thou ſhalt accept then our offrings, of peace and righteouſneſſe I ſay,
yea calues and many other things, vpon thine Altar will we lay.

Another of the ſame by I. H.

Sing this as the Lamentation.

HAue mercy on me God after thy great abounding grace:
after thy mercies multitude, doe thou my ſinnes deface.
2 Yea, waſh me more from mine offence, and cleanſe me from my ſinne:
for I doe know my faults, and ſtill my ſinnes are in mine eyne.

3 Againſt thée, thée alone I haue offended in this caſe:
and euill haue I done before the preſence of thy face.
4 That in the things that thou doſt ſay, vpright thou maiſt be tride:
and eke in iudging that the doome may paſſe vpon thy ſide.

5 Behold in wickedneſſe my kinde and ſhape I did receiue:
and loe my ſinfull mother eke, in ſinne did me conceiue.
6 But loe, the truth in inward parts is pleaſant vnto thée:
and ſecrets of thy wiſedome thou reuealed haſt to mée.

7 With hyſope Lord beſprinkle me, I ſhall be cleanſed ſo:
yea, waſh thou me, and ſo I ſhall be whiter then the ſnow.
8 Of ioy and gladneſſe make thou me to heare the pleaſing voice:
that ſo the bruiſed bones which thou haſt broken may reioyce.

9 From the beholding of my ſinnes, Lord turne away thy face:
and all my deeds of wickedneſſe doe vtterly deface.
10 O Lord create in me a heart vnſpotted in thy ſight:
and eke within my bowels Lord renew a ſtable ſpirite.

11 Ne caſt me from thy ſight, nor take thy holy ſpirit away:
the comfort of thy ſauing health, giue me againe I pray.
12 With thy free ſpirit eſtabliſh me, and I will teach therefore
ſinners thy wayes, and wicked ſhall be turned to thy lore.

The ſecond part.

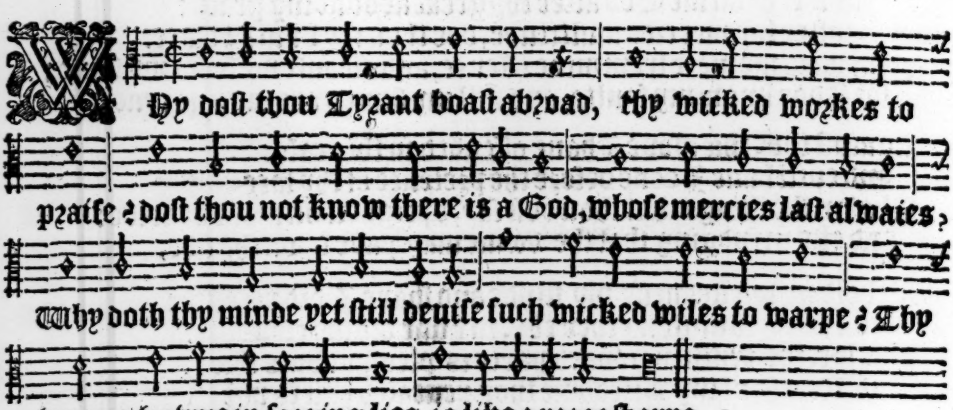
13 O God that art God of my health, from bloud deliuer me:
that praiſes of thy righteouſneſſe, my tongue may ſing to thée.
14 My lips that yet faſt cloſed be, doe thou, O Lord, vnlooſe:
the praiſes of thy Maieſtie my mouth ſhall ſo diſcloſe:

15 I would haue offered sacrifice, if that had pleased thée:
but pleased with burnt offerings, I know thou wilt not be.
16 A troubled spirit is sacrifice delightfull in Gods eyes:
a broken and an humble heart, Lord, thou wilt not despise.

17 In thy good will deale gently, Lord, to Sion, and withall
grant that of thy Jerusalem vprear'd may be the wall.
18 Burnt offerings, gifts and sacrifice of iustice in that day,
thou shalt accept, and Calues they shall vpon thine Altar lay.

Quid gloriaris? Psal. Lij. I. H.

Dauid describeth the arrogant tyranny of his aduersary Doeg, Sauls chiefe shepherd, who by false surmises caused Abimilech with the rest of the Priests to be slaine. Dauid prophecieth his destruction, and encourageth the faithfull to put their confidence in God whose iudgements are most sharp against his aduersaries. And finally, he rendreth thanks to God for his deliuerance. In this Psalme is liuely set forth the kingdome of Antichrist.



3 On mischiefe why set'st thou thy minde, and wilt not walke vpright?
thou hast more lust false tales to finde, than bring the truth to light.
4 Thou dost delight in fraud and guile, in mischiefe, bloud and wrong:
thy lips haue learn'd the flattering stile, O false deceitfull tongue.

5 Therefore shall God for aie confound, and plucke thée from thy place:
thy séed root out from off the ground, and so shall thée deface.
6 The iust when they behold thy fall, with feare shall praise the Lord:
and in reproach of thée withall, cry out with one accord.

7 Behold the man that would not take the Lord for his defence:
but of his goods his God did make, and trust his corrupt fence.
8 But I an Oliue fresh and grœne shall spring and spread abroad:
for why? my trust all times hath bœne vpon the liuing God.

9 For this therefore will I giue praise to thée with heart and voice:
I will set forth thy Name alwayes, wherein thy Saints reioyce.

Dixit

Dixit inſipiens. Pſal. Liij. T. S.

The Prophet deſcribeth the crooked nature, cruelty, and puniſhment of the wicked, when they looked not for it, and deſireth the deliuerance of the godly, that they may reioyce together.

Sing this as the 46. Pſalme.

THe fooliſh man in that which he within his heart hath ſaid:
that there is any God at all, hath vtterly denaid.
2 They are corrupt, and they alſo a hainous worke haue wrought,
among them all there is not one, of good that worketh ought.

3 The Lord lookt downe on ſonnes of men, from heauen all abroad:
to ſee if any were that would be wiſe and ſeeke for God.
4 They are all gone out of the way, they are corrupted all:
there is not one doth any good, there is not one at all.

5 Doe not all wicked workers know, that they doe fæd vpon
my people as they fæd on bread? the Lord they call not on.
6 Euen there they were afraid and ſtood, with trembling all diſmaid:
whereas there was no cauſe at all, why they ſhould be afraid.

7 For God his bones that thē beſieg'd, hath ſcattered all abroad:
thou haſt confounded them, for they reiected are of God.
8 O Lord giue thou thy people health, and thou, O Lord, fulfill
thy promiſe made to Iſraell, from out of Sion hill.

9 When God his people ſhall reſtore that erſt were captiue lad:
then Iacob ſhall therein reioyce and Iſrael ſhall be glad.

Deus in nomine. Pſal. Liiij. T. S.

Dauid brought into great danger by reaſon of the Ziphims, calleth vpon the name of God to deſtroy his enemies, promiſing ſacrifice and free offerings for ſo great deliuerance.

Sing this as the 46. Pſalme.

GOd ſaue me for thy holy name, and for thy goodneſſe ſake:
vnto the ſtrength Lord of the ſame, I doe my cauſe betake.
2 Regard, O Lord, and giue an eare to me when I doe pray:
bow downe thy ſelfe to me, and heare the words that I doe ſay.

3 For ſtrangers vp againſt me riſe, and tyrants vex me ſtill:
which haue not God before their eyes, they ſeeke my ſoule to ſpill.
4 But loe, my God doth giue me aid, the Lord is ſtraight at hand:
with them by whom my ſoule is ſtaid, the Lord doth euer ſtand.

5 With plagues repay againe all thoſe, for me that lie in wait:
and in thy truth deſtroy my foes, with their owne ſnare and bait.
6 An offering of frē heart and will, then I to thee ſhall make:
and praiſe thy name, for therein ſtill great comfort doe I take.

7 O Lord at length doe ſet me frē from them that craft conſpire:
and now mine eye with ioy doth ſee, on them my hearts deſire.

Exaudi Deus, Pſal. Lv. T. S.

Dauid being in great heauineſſe and diſtreſſe, complaineth of the cruelty of Saul, and of the falſhood of

of his familiar acquaintance, vttering moſt ardent affections to moue the Lord to pity him. After being aſſured of deliuerance, he ſetteth forth the grace of God as though he had already obtained his requeſt.

Sing this as the 35. Pſalme.

O God giue eare and doe apply, to heare when I doe pray:
and when to thee I call and cry hide not thy face away.
2 Take héed to me, grant my requeſt, and anſwer me againe:
with plaints I pray full ſore oppreſt, great griefe doth me conſtraine,

3 Becauſe my foes with threats and cries oppreſſe me through deſpight:
and ſo the wicked ſort likewiſe, to hex me haue delight.
4 For they in counſell doe conſpire, to charge me with ſome ill:
and in their hattie wrath and ire, they doe purſue me ſtill.

5 My heart doth faint for want of breath, it panteth in my breſt:
the terrors and the dread of death doe worke me much vnreſt.
9 Such dreadfull feare on me doth fall that I therewith doe quake:
ſuch horror whelmeth me withall, that I no ſhift can make.

7 But I doe ſay, who will giue me the ſwift and pleaſant wings
of ſome faire doue, that I may flie and reſt me from theſe things?
8 Loe then I would goe farre away, to flie I would not ceaſe:
and I would bide my ſelfe, and ſtay in ſome great wilderneſſe.

9 I would be gone in all the haſte, and not abide behinde:
that I were quit and ouerpaſt, theſe blaſts of boiſterous wind,
10 Diuide them Lord, and from them pull their deuiliſh double tongue:
for I haue ſpi'd their City full of rapine, ſtrife and wrong.

11 Which things both night and day doe cloſe her as a wall:
in midſt of her is miſchiefe ſtout, and ſorrow eke withall.
12 Her priuy parts are wicked plaine, her déeds are much too vile:
and in her ſtréets there doth remaine all crafty fraud and guile.

The ſecond part.

13 If that my foes did ſéeke my ſhame, I could it well abide:
from open enemies checke and blame ſome-where I could me hide:
14 But thou it was my fellow deare, which friendſhip didſt pretend:
and didſt my ſecret counſell beare, as my familiar friend.

15 With whom I had delight to talke in ſecret and abroad:
and we together oft did walke within the houſe of God.
16 Let death in haſte vpon them fall, and ſend them quicke to hell:
for miſchiefe reigneth in their hall and parlour where they dwell.

17 But I vnto my God doe cry, to him for helpe I flée:
the Lord doth heare me by and by, and he doth ſuccour me
18 At morning, noone and euening-tide, vnto the Lord I pray:
when I ſo inſtantly haue cri'd, he doth not ſay me nay.

19 To peace he ſhall reſtore me yet, though warre be now at hand:
although the number be full great that would againſt me ſtand.

20 The

20 The Lord that firſt and laſt doth raigne both now and euermore:
will heare when I to him complaine, and puniſh them full ſore.

21 For ſure there is no hope that they to turne will once accord:
for why, they will not God obey nor doe not feare the Lord.
22 Upon their friends they lay their hands which were in couenant knit:
of friendſhip to neglect the bands they paſſe or care no whit.

23 While they haue warre within their hearts, as butter are their words:
although their words are ſmooth as oyle, they cut as ſharpe as ſwords.
24 Caſt thou thy care vpon the Lord, and he ſhall nouriſh thee:
for in no wiſe will he accord the iuſt in thrall to ſee.

25 But God will caſt them deepe in pit that thirſt for blood alwaies:
he will no guilefull man permit to liue out halfe his dayes.
26 Though ſuch be quite deſtroyd and gone, in thee O Lord I truſt:
I ſhall depend thy grace vpon with all my heart and luſt.

Miſerere mei. Pſalme. Lvj. T. S.

Dauid brought to Achis King of Gath, 1. Sam. 21. 2. complaineth of his enemies, demanding ſuccour, putteth his truſt in God and in his promiſes, and promiſeth to performe his vowes which he had taken vpon him, whereof this was the effect, to praiſe God in his Church.

Sing this as the Lamentation.

HAue mercy Lord on me I pray, for man would me deuoure:
he fighteth with me day by day, and troubleth me each houre.
2 Mine enemies dayly enterprize to ſwallow me outright:
to fight againſt me many riſe, O thou moſt high of might.

3 When they would make me moſt afraid, with boaſts and braggs of pride:
I truſt in thee alone for ayd, by thee I will abide.
4 Gods promiſe I doe mind and prayſe, O Lord I ſticke to thee:
I doe not care at all aſſaies, what fleſh can doe to me,

5 What things I either did or ſpake, they wreſt them at their will:
and all the counſell that they take, is how to worke me ill.
6 They all conſent themſelues to hide, cloſe watch for me to lay:
they ſpie my pathes, and ſnares haue tide to take my life away.

7 Shall they thus ſcape on miſchiefe ſet? thou God on them wilt frowne:
for in his wrath he doth not let to throw whole kingdomes downe.
8 Thou ſeeſt how oft they made me flee, and on my teares doſt looke:
reſerue them in a glaſſe by thee, and write them in thy booke.

9 When I doe call vpon thy Name, my foes away doe ſtart:
I well perceiue it by the ſame that God doth take my part.
10 I glory in the word of God, to prayſe it I accord:
with ioy will I declare abroad the promiſe of the Lord.

11 I truſt in God, and yet I ſay, as I before began:
the Lord he is my helpe and ſtay, I doe not care for man.
12 I will performe with heart ſo free to God my vowes alwaies:
and I, O Lord, all times to thee will offer thankes and prayſe.

13 My ſoule from death thou doſt defend, and keepe my feet vpright:
that I before thee may aſcend, to ſuch as liue in light.

Miſerere. Pſalme. Lvij. I. H.

Dauid being in the deſart of Ziph, where the Inhabitants did betray him, and at length in the ſame caue with Saul, calleth moſt earneſtly vnto God, with full confidence, that he will performe his promiſe, and take his cauſe in hand: alſo that he will ſhew his glory in the heauens and earth againſt his cruell enemies, therefore doth he render laud and prayſe.

Sing this as the 44. Pſalme.

TAke pitty for thy promiſe ſake, haue mercy Lord on me:
for why, my ſoule doth her betake, vnto the helpe of thee.
2 Within the ſhaddow of thy wings, I ſet thy ſelfe full faſt:
till miſchiefe, malice, and like things, be gone and ouerpaſt.

3 I call vpon the God moſt high, to whom I sticke and ſtand:
I meane the God that will ſtand by, the cauſe I haue in hand.
4 From heauen he hath ſent his ayd, to ſaue me from their ſpight:
that to deuoure me haue aſſaid, his mercy, truth, and might.

5 I leade my life with Lyons fell, all ſet with wrath and yre.
and with ſuch wicked men I dwell, that fret like flames of fire.
6 Their teeth are ſpeares and arrowes long, as ſharpe as I haue ſeene:
they wound & cut with their quicke tongue, like ſwords & weapons keene

7 Set vp and ſhew thy ſelfe, O God, aboue the heauens bright:
exalt thy prayſe on earth abroad, thy maieſty and might.
8 They lay their net, and doe prepare a priuie caue and pit.
wherein they thinke my ſoule to ſnare, but they are fallen in it.

9 My heart is ſet to laud the Lord, in him to ioy alwaies:
my heart I ſay doth well accord, to ſing his lauds and prayſe.
10 Awake my ioy, awake I ſay, my Lute, my Harpe and ſtring:
for I my ſelfe before the day, will riſe, reioyce, and ſing.

11 Among the people I will tell the goodneſſe of my God:
and ſhew his prayſe that doth excell in heathen land abroad.
12 His mercy doth extend as farre as heauens all are hie:
his truth as high as any ſtarre that ſtandeth in the ſkie.

13 Set forth and ſhew thy ſelfe, O God, aboue the heauens bright:
extoll thy prayſe on earth abroad, thy maieſty and might.

Si verè vtique. Pſal. Lviij. I. H.

He deſcribeth the malice of his enemies, the flatterers of Saul, who both ſecretly and openly ſought his deſtruction, from whom he appeeleth to Gods iudgement, ſhewing that the iuſt ſhall reioyce when they ſee the puniſhment of the wicked, to Gods glory.

Sing this as the 48. Pſalme.

YE Rulers which are put in truſt to iudge of wrong and right:
be all your iudgements true and iuſt, not knowing meed or might.
2 Nay in your hearts you marke and muſe in miſchiefe to conſent:
and where ye ſhould true iuſtice vſe, your hands to bribes are bent.

3 This wicked ſort from their birth day, haue erred on this wiſe:
and from their mothers wombe alway, haue vſed craft and lies.

4 In them the poyſon and the breath of ſerpents doe appeare:
yea, like the Adder that is deafe, and faſt doth ſtop his eare.

5 Becauſe he will not heare the voyce of one that charmeth well:
no though he were the chiefe of choyſe, and did therein excell.
6 O God breake thou their teeth at once, within their mouth throughout
the tuskes that in their great iaw-bones like Lions whelpes hang out.

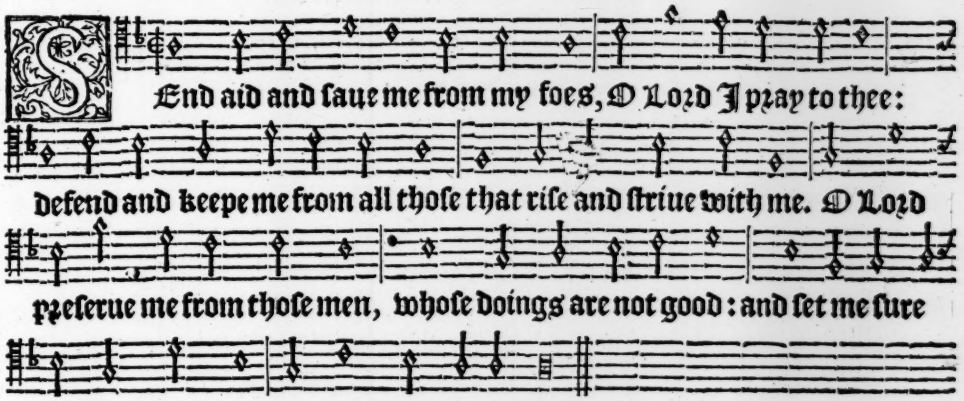
7 Let them conſume and waſte away, as water runs forth-right:
the ſhafts that they doe ſhoot in haſte, let them be broke in flight.
8 As ſnailes doe waſt within the ſhell, and vnto ſlime doe runne:
as one before his time that fell and neuer ſaw the Sunne.

9 Before the thornes that now are yong, to buſhes big ſhall grow:
the ſtormes of anger waxing ſtrong ſhall take them ere they know.
10 The iuſt ſhall ioy, it doth them good, that God doth vengeance take:
and they ſhall waſh their feet in blood of them that him forſake.

11 Then ſhall the world ſhew forth and tell, that good men haue reward:
and that a God in earth doth dwell that iuſtice doth regard.

Eripe me. Pſalme. Lix. I. H.

Dauid being in great danger of Saul, who ſent to ſlay him in his bed, prayeth vnto God, declareth his innocency and their fury, deſiring God to deſtroy all thoſe that ſtaine of malicious wickednes, whom though hee keepe aliue for a time to exerciſe his people, yet in the end he will conſume them in his wrath, that hee may bee knowne to be the God of Iacob, to the worlds end: for this he ſingeth prayſes to God, aſſured of his mercies.



3 For loe, they wait my ſoule to take, they rage againſt me ſtill:
yea, for no fault that I did make, I neuer did them ill.
4 They runne, and doe themſelues prepare, when I no whit offend:
ariſe and ſaue me from their ſnare, and ſee what they intend.

5 O Lord of hoaſts of Iſrael, ariſe and ſtrike all lands:
and pitty none that doe rebell, and in their miſchiefe ſtands.

6 At night they ſtiue and ſeeke about, as hounds they houle and grin:
and all the citty cleane thꝛougout from place to place they runne.

7 They ſpeake of me with mouth alway, but in their lips were ſwoꝛds:
they greed my death, & then would ſay, what none doth heare our woꝛds
8 But Loꝛd thou haſt their waies eſpide, and laught thereat apace:
the heathen folke thou ſhalt deride, and mocke them to their face.

9 The ſtrength that doth my foes withſtand, O Loꝛd, doth come of thee:
my God he is my helpe at hand, a foꝛt of fence to me:
10 The Loꝛd doth ſhew to me his grace, in great abundance ſtill:
that I may ſee my foes in caſe, ſuch as my heart doth will.

11 Deſtroy them not at once O Loꝛd, leaſt it from minde doe fall:
but with thy ſtrength dꝛiue them abꝛoad, and ſo conſume them all.
12 Foꝛ their ill woꝛds and truthleſſe tongue confound them in their pꝛide:
their wicked oathes, with lies and wꝛongs, let all the woꝛld deride.

13 Conſume them in thy wꝛath O Loꝛd, that nought of them remaine:
that men may know thoꝛowout the woꝛld that Iacobs God doth raigne
14 At euening they returne apace, as dogs they grin and cry:
thoꝛowout the ſtreets in euery place, they run about and ſpy.

15 They ſeeke about foꝛ meat I ſay, but let them not be fed:
noꝛ finde a houſe wherein they may be bold to put their head.
16 But I will ſhew thy ſtrength abꝛoad, thy goodneſſe I will pꝛayſe:
foꝛ thou art my defence and God at need in all aſſaies.

17 Thou art my ſtrength, thou haſt me ſtayd, O Loꝛd I ſing to thee:
thou art my foꝛt, my fence and ayd, a louing God to me.

Deus repulisti. Pſalme. Lx. I. H.

Dauid being now King ouer Iuda, and hauing had many victoꝛies, ſheweth by euident ſignes, that God elected him King, aſſuring the people that God will pꝛoſper them, if they appꝛoue the ſame. After he pꝛayeth vnto God to finiſh that he had beganne.

Sing this as the 59. Pſalme.

O Loꝛd thou didſt vs cleane foꝛſake, and ſcatteredſt vs abꝛoad:
ſuch great diſpleaſure thou didſt take, returne to vs O God.
2 Thy might did moue the land ſo ſoꝛe, that it in ſunder bꝛake:
the hurt thereof O Loꝛd reſtoꝛe, foꝛ it doth bow and quake.

3 With heauie chance thou plagueſt thus the people that are thine:
and thou haſt giuen vnto vs a dꝛinke of deadly wine.
4 But vnto ſuch as feare thy Name, a token ſhall enſue:
that they may triumph in the ſame, becauſe thy woꝛd is true.

5 So that thy might may keepe and ſaue thy folke that fauour thee:
that they thy helpe at hand may haue, O Loꝛd grant this to me.
6 The Loꝛd did ſpeake from his owne place, this was his ioyfull tale:
I will diuide Sichem by pace, and meet out Succoths vale.

7 Gilead

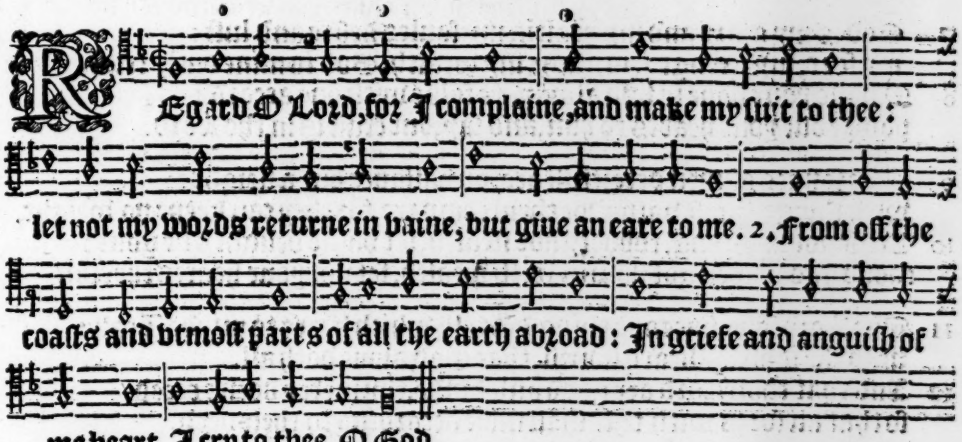
7 Gilead is giuen to my hand, Manasses mine beside:
Ephraim the strength of all my land, my law doth Juda guide.
8 In Moab I will wash my feet, ouer Edom throw my shoe:
and thou Palestine ought'st to seeke for fauour me vnto.

9 But who shall bring me at this tide, vnto the Citty strong?
or who to Edom will me guide, so that I goe not wrong?
10 Wilt thou my God, which didst forsake thy folke, their land and coasts:
our wars in hand thou wouldst not take, nor walke among our hoasts.

11 Giue ayd O Lord, and vs relieue, from them that vs disdaine:
the helpe that hoasts of men can giue, it is but all in vaine.
12 But through our God we shall haue might, to take great things in hand:
he will tread downe and put to flight, all those that vs withstand.

Exaudi Deus. Psalme. Lxj. I. H.

Whether that he were in danger of the Ammonites, or being pursued of Absalon, here he cryeth to be heard and delivered, and confirmed in his kingdome, promising perpetuall prayse.



3 Vpon the rocke of thy great power, my woefull minde repose:
thou art my hope, my fort and tower, my fence against my foes.
4 Within thy tent I lust to dwell, for euer to indure:
vnder thy wings I know right wel, I shall be safe and sure.

5 The Lord doth my desire regard, and doth fulfill the same:
with godly gifts doth he reward, all men that feare his Name.
6 The King shall he in health maintaine, and so prolong his dayes,
that he from age to age shall raigne, for euermore alwaies.

7 That he may haue a dwelling place before the Lord for aye:
O let thy mercy, truth and grace, defend him from decay.
8 Then shall I sing for euer still, with prayse vnto thy holy Name:
that all my vowes I may fulfill, and daily pay the same.

Nonne Deo ſubiecta, pſalme. Lxij. I. H.

Dauid declareth by his example, and by the nature of God, that he muſt truſt in God alone, and thereto exhorteth all people, ſeeing that all is vanity, and without God all goeth to nought: and we are alwaies taught that God onely is of power to ſaue, and that he rewardeth man according to his workes.

Sing this as the 61. Pſalme.

My ſoule to God ſhall giue good heed, and him alone attend:
for why? my health and hope to ſpeed, doth whole on him depend.
2 For he alone is my defence, my rocke, my health, my aid:
he is my ſtay that no preſence ſhall make me much diſmaid.

3 O wicked folke, how long will ye vſe craft? ſure ye muſt fall:
for as a rotten hedge ye be, and like a tottering wall.
4 Whom God doth loue ye ſeeke alwaies to put him to the worſe:
ye loue to lie, with mouth ye praiſe, and yet your heart doth curſe.

5 Yet ſtill my ſoule doth whole depend, on God my chiefe deſire:
from all falſe feates me to defend, none but him I require.
6 He is my rocke, my ſtrength, my tower, my health is of his grace:
he doth ſupport me that no power, can moue me out of place.

7 God is my glory and my health, my ſoules deſire and luſt:
my fort, my ſtrength, my ſtay, my wealth, God is mine onely truſt.
8 O haue your hope in him alway, ye folke with one accord:
powre out your hearts to him, and ſay, our truſt is in the Lord.

9 The ſonnes of men deceitfull are, on ballance but a fleight:
with thinges moſt vaine doe them compare, for they can keepe no weight.
10 Truſt not in wrong, robbery nor ſtealth, let vaine delights be gone:
though good well got flow in with wealth, ſet not your hearts thereon.

11 The Lord long ſince one thing did tell, which heare to minde I call:
he ſpake it oft, I heard it well, that God alone doth all.
12 And that thou Lord art good and kinde, thy mercy doth exceed.
ſo that all ſorts with thee ſhall finde according to their deed.

Deus, Deus meus. pſalme. Lxiij. T. S.

Dauid after he had beene in great danger by Saul in the deſert of Ziph, made this Pſalme, wherein he giueth thankes to God for his wonderfull deliuerance, in whoſe mercies hee truſted euen in the midſt of his miſeries, prophelying the deſtruction of Gods enemies, and contrariwiſe happineſſe to all them that truſt in the Lord, 1. Sam. 3.

Sing this as the 44. pſalme.

O Lord my God I watch betime to come to thee in haſt:
for why, my ſoule and body both doe thirſt of thee to taſt:
And in this barren wilderneſſe where waters there are none:
my fleſh is parcht for thought of thee, for thee I wilh alone.

2 That I might ſee yet once againe, thy glory, ſtrength, and might,
as I was wont it to behold within thy Temple bright.
3 For why, thy mercies farre ſurmount this life and wretched daies:
my lips therefore ſhall giue to thee, due honour, laud, and praiſe.

4 And

4 And whilſt I liue I will not faile to worſhip thee alway:
and in thy Name I ſhall lift vp my hands when I doe pray.
5 My ſoule is fild as with marrow, which is both fat and ſweet:
my mouth therefore ſhall ſing ſuch ſongs as are for thee moſt meet.

6 When as in bed I thinke on thee, and eke all the night tide:
7 For vnder couert of thy wings, thou art my ioyfull guide.
8 My ſoule doth ſurely sticke to thee, thy right hand is my power:
9 And thoſe that ſeeke my ſoule to ſtroy, them death ſhall ſoone deuoure.

10 The ſword ſhall them deuoure each one, their carkaſſes ſhall feed
the hungry foxes, which doe runne their prey to ſeeke at need.
11 The king and all men ſhall reioyce that doe profeſſe Gods word:
for lyars mouthes ſhall then be ſtopt which haue the truth diſturb'd.

Exaudi Deus vocem meam. pſalme. Lxiiij. I. H.

Dauid prayeth againſt the fury and falſe reports of his enemies: hee declareth their puniſhment and deſtruction, to the comfort of the iuſt, and the glory of God.

Sing this as the 30. pſalme.

O Lord vnto my voyce giue eare, with plaint when I doe pray:
and rid my life and ſoule from feare, of foes that threat to ſlay.
2 Defend me from that ſort of men which ill deceits doe lurke:
and from the frowning face of them that all ill feates doe worke.

3 Who whet their tongues as we haue ſeene men whet a ſharp their ſwords
they ſhoot abroad their arrowes keene, I meane moſt bitter words.
4 With priuy ſleight ſhoot they their ſhaft, the vpright man to hit:
the iuſt vnwares to ſtrike by craft, they care or feare no whit.

5 A wicked worke they haue decreed, in counſell thus they cry:
to vſe deceit let vs not dread, what, who can it eſpie?
6 What waies to hurt they talke and muſe, all times within their heart:
they all conſult what feates to vſe, each doth inuent his part.

7 But yet all this ſhall not preuaile, when they thinke leaſt vpon:
God with his dart ſhall ſure aſſaile, and wound them euery one.
8 Their crafts & their ill tongues withall, ſhall worke themſelues ſuch blame
that they which then behold their fall, ſhall wonder at the ſame.

9 Then all that ſee ſhall know right well, that God the thing hath wrought
and prayſe his witty workes, and tell what he to paſſe hath brought.
10 Yet ſhall the iuſt in God reioyce, ſtill truſting in his might:
ſo ſhall they ioy with minde and voyce, whoſe heart is pure and right.

Te decet hymnus pſal. Lxv. I. H.

A prayſe and thankſgiuing vnto God by the faithfull, who are ſignified by Sion and Jeruſalem, for the chuſing, preſernation, and gouernance of them, and for the plentifull bleſſings powred forth vpon all the earth.

Sing this as the 30. pſalme.

Thy prayſe alone, O Lord, doth reigne in Sion thine owne hill:
their vowes to thee they doe maintaine, and their beheſts fulfill.

2 For that thou doſt their prayers heare, and doſt thereto agree:
the people all both farre and neere, with truſt ſhall come to thee.

3 Our wickednes ſo farre exceeds, that we ſhould fall therein:
but Lord forgiue our great miſdeeds, and purge vs from our ſinne.

4 The man is bleſt whom thou doſt chuſe, within thy court to dwell:
thy houſe and temple he ſhall vſe, with pleaſures that excell.

5 Of thy great iuſtice heare vs God, our health of thee doth riſe:
the hope of all the earth abroad, and the ſea coaſts likewiſe.

6 With ſtrength thou art beſet about, and compaſt with thy power:
thou mak'ſt the mountaines ſtrong and ſtout, to ſtand in euery ſhower.

7 The ſwelling ſeas thou doſt aſſwage, and mak'ſt their ſtreames full ſtill:
thou doſt reſtraine the peoples rage, and rul'ſt them at thy will.

8 The folke that dwell full farre on earth, ſhall dread thy ſignes to ſee:
which morne and euen in great mirth, doe paſſe with prayſe to thee.

9 When that the earth is chapt and dry, and thirſteth more and more:
then with thy drops thou doſt apply, and much increaſe her ſtore.

10 The flood of God doth ouerflow, and ſo doth cauſe to ſpring:
the ſeed and corne which men doe ſow, for he doth guide the thing.

11 With wet thou doſt her furrowes fill, whereby her clods doe fall:
thy drops to her thou doſt diſtill, and bleſſe her fruit withall.

12 Thou deck'ſt the earth of thy good grace, with faire and pleaſant crop:
the clouds diſtill their dew apace, great plenty they doe drop.

13 Whereby the deſert ſhall begin, ful great increaſe to bring:
the little hils ſhall ioy therein, much fruit in them ſhall ſpring.

14 In places plaine the flockes ſhall feed, and couer all the earth:
the vallyes with corne ſhall ſo exceed, that men ſhall ſing for mirth.

Iubilate Deo omnes. *Pſalme.* Lxvj. I *H.*

He prouoketh all men to prayſe the Lord, and to conſider his workes. Hee ſetteth forth the power of God, to affray the rebels, and ſheweth how God hath deliuered Iſrael from great bondage and afflictions. He promiſeth to giue ſacrifice, and prouoketh all men to heare what God hath done for them, and to praiſe his Name.

Sing this as the 48. pſalme.

YE men on earth in God reioyce, with prayſe ſet forth his Name:
extoll his might with heart and voyce, giue glory to the ſame.

2 How wonderfull, O Lord, ſay ye, in all thy workes thou art:
thy foes for feare doe ſeeke to thee, full ſore againſt their heart.

3 All men that dwell the earth throughout, doe prayſe the Name of God:
the laud thereof the world about, is ſhew'd and ſet abroad.

4 All folke come forth, behold and ſee, what thinges the Lord hath wrought
marke well the wonderous workes that he for man to paſſe hath brought

5 He laid the Sea like heapes on hie, therein a way they had,
on foot to paſſe both faire and dry, whereof their hearts were glad.

6 His might doth rule the world alway, his eyes all thinges behold:
all ſuch as would him diſobey, by him ſhall be controld.

7 Yea

7 Ye people giue vnto our God, due laud and thankes alwaies:
with ioyfull voyce declare abroad, and ſing vnto his prayſe.
8 Which doth endue our ſoule with life, and it preſerue with all:
and ſtayes our feet, ſo that no ſtrife can make vs ſlip or fall.

9 The Lord doth proue our deeds with fire, if that they will abide:
as workemen doe when they deſire to haue there metals tride.
10 Although thou ſuffer vs ſo long in priſon to be caſt:
and there with chaines and fetters ſtrong, to lye in bondage faſt.

The ſecond part.

11 Although I ſay thou ſuffer men on vs to ride and raigne:
though we through fire and water run of very griefe and paine.
12 Yet ſure thou doſt of thy good grace diſpoſe it to the beſt:
and bring vs out into a place, to liue in wealth and reſt.

13 Vnto thy houſe reſort will I, to offer and to pray:
and there I will my ſelfe apply, my vowes to thee to pay.
14 The vowes that with my mouth I ſpake in all my griefe and ſmart:
the vowes I ſay which I did make in dolour of my heart.

15 Burnt offerings I will giue to thee, of Oxen fat and Rams:
no other ſacrifice ſhall be of Bullocks, Goats, and Lambs.
16 Come forth and harken here full ſoone, all ye that feare the Lord:
what he for my poore ſoule hath done to you I will record.

17 Full oft I call vpon his grace, this mouth to him doth cry:
and thou my tongue make ſpeed apace, to prayſe him by and by.
18 But if I feele my heart within, in wicked workes reioyce:
or if I haue delight to ſinne, God will not heare my voice.

19 But ſurely God my voyce had heard, and what I doe require:
my prayer he doth well regard, and granteth my deſire.
20 All prayſe to him that hath not put nor caſt me out of minde.
nor yet his mercy from me ſhut which I doe euer finde.

Deus miſereatur noſtri. Pſal. Lxvij. I. H.

A ſweet prayer for all the faithfull, to obtaine the fauour of God, and to bee enlightened with his countenance, to the end that his way and iudgements may be knowne throughout the earth. I reioycing that God is the gouernour of all Nations.

Sing this as the 30. Pſalme.

HAue mercy on vs Lord, and grant to vs thy grace:
to ſhew to vs doe thou accord the brightneſſe of thy face.
2 That all the earth may know the way to godly wealth:
and all the Nations on a row may ſee thy ſauing health.

3 Let all the world O God, giue prayſe vnto thy Name:
O let the people all abroad extoll and laud the ſame.
4 Throughout the world ſo wide, let all reioyce with mirth:
for thou with truth and right doſt guide the Nations of the earth.

5 Let

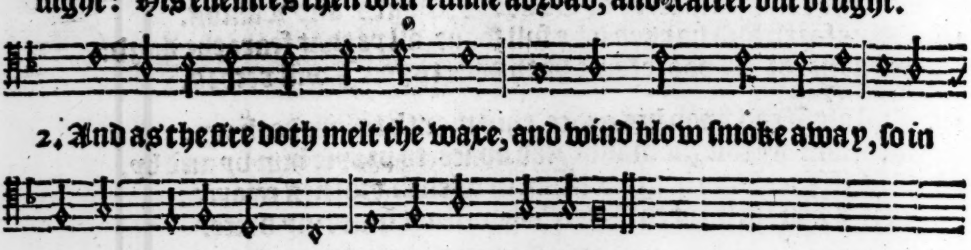
5 Let all the world O God, giue prayſe vnto thy Name:
O let the people all abroad, extoll and laud the ſame.
6 Then ſhall the earth increaſe, great ſtore of fruit ſhall fall:
and then our God, the God of peace, ſhall bleſſe vs eke withall.

7 God ſhall vs bleſſe I ſay, and then both farre and neare,
the folke throughout the earth alway, of him ſhall ſtand in feare.

Exurgat Deus. Pſalme. Lxviij. T.S.

In this Pſalme Dauid ſetteth forth as in a glaſſe, the wonderfull mercies of God towards his people, who by all meanes and moſt ſtrange ſorts declareth himſelfe to them. And therefore Gods Church by reaſon of his promiſes, graces, and victories, doth excell without compariſon all worldly things, he exhorteth therefore all men to prayſe God for euer.





3 But righteous men before the Lord ſhall hartily reioyce:
they ſhall be glad and merry all, and chearefull in their voyce.
4 Sing prayſe, ſing prayſe vnto the Lord, who rideth on the ſkie:
extoll the Name of Iah our God, and him doe magnifie.

5 That ſame is he that is aboue, within his holy place:
that father is of fatherleſſe, and Iudge of widowes caſe.
6 Houſes he giues, and iſſue both, vnto the comfortleſſe:
he bringeth bondmen out of thrall, and rebels to diſtreſſe.

7 When thou didſt march before thy folke, the Egyptians from among:
and brought them thorow the wilderneſſe, which was both wide & long.
8 The earth did quake, the rain powr'd down, heard were great claps of thun-
the mount Sinai ſhooke in ſuch ſort as if it would cleaue in ſunder. (der

9 Thine heritage with drops of raine abundantly was waſh't:
and if ſo be it barren wax't, by thee it was refreſh't.
10 Thy choſen flocke doth there remaine, thou haſt prepar'd that place:
and for the poore they doe prouide of thine eſpeciall grace.

The

The ſecond part.

11 God will giue women cauſes iuſt, to magnifie his Name:
when as his people triumphes make, and purchaſe bꝛute and fame.
12 Foꝛ puiſſant kings foꝛ all their powꝛ ſhall flye and take the foyle:
and women which remaine at home, ſhall helpe to part the ſpoyle.

13 And though yoꝛ were as blacke as pots, your hue ſhall paſſe the Doue:
whoſe wings and feathers ſeeme to haue ſiluer and gold aboue.
14 When in this land God ſhall triumph ouer kings both high and low:
then ſhall it be like Salmon hill, as white as any ſnow.

15 Though Baſan be a fruitfull hill, and in height others paſſe:
yet Sion Gods moſt holy hill, doth farre exceed in grace.
16 Why bꝛag ye thus ye hills moſt high, and leape foꝛ pꝛide together:
the hill of Sion God doth loue, and there will dwell foꝛ euer.

17 Gods armie is two Millions of warꝛiоꝛs good and ſtrong:
the Loꝛd alſo in Sinai, is pꝛeſent them among.
18 Thou didſt O Loꝛd aſcend on high, and captiues led them all:
which in times paſt thy choſen folke in pꝛiſon kept and thꝛall.

Thou mad'ſt them tributs foꝛ to pay, and ſuch as did repine
thou didſt ſubdue that they might dwell in thy Temple diuine.
19 Now pꝛayſed be the Loꝛd, foꝛ that he poures on vs ſuch grace:
from day to day he is the God of our health and ſolace.

The third part.

20 God is the God from whom alone ſalnation commeth plaine:
he is the God by whom we ſcape all danger, death and paine.
21 Thus God will wound his enemies head, and bꝛeake the hairie ſcalpe:
of thoſe that in their wickedneſſe continually doe walke.

22 From Baſan will I bꝛing (ſaid he) my people and my ſheepe:
and all mine owne, as I haue done, from danger of the deepe.
23 And make them dip their feet in blood of thoſe that hate my name:
and dogs ſhall haue their tongues imbꝛude with licking of the ſame.

24 All men may ſee how thou, O God, thine enemies doſt deface:
and how thou goeſt as God and King into thy holy place.
25 The ſingers goe befoꝛe with ioy, the minſtrels follow after:
and in the midſt the Damſels play with Cimbꝛell and with Taber.

26 Now in the congregations, O Iſraell, pꝛayſe the Loꝛd:
and Iacobs whole poſterity giue thankes with one accoꝛd.
27 Their chiefe was little Beniamin, but Iuda made their hoſt,
with Zabulon and Nepthalim, which dwelt about their coaſt.

28 As God hath giuen powꝛer to thee, ſo Loꝛd make firme and ſure:
the thing that thou haſt wꝛought in vs foꝛ euer to endure.
29 And in thy temple gifts will we giue vnto thee, O Loꝛd:
foꝛ thine vnto Ieruſalem ſure pꝛomiſe made by woꝛd.

The

The fourth part.

30 Yea, and ſtrange kings to vs ſubdude, ſhall doe like in thoſe dayes:
I meane to thee they ſhall preſent their gifts of laud and prayſe.
He ſhall deſtroy the ſpeare-mens ranks, their calues and buls of might:
and cauſe them tribute pay, and daunt all ſuch as loue to fight.

31 Then ſhall the Lords of Egypt come, and preſence with them bring:
the Moores moſt blacke ſhall ſtretch their hands vnto their Lord & king.
32 Therefore ye kingdomes of the earth giue prayſe vnto the Lord:
ſing Pſalmes to God with one conſent, thereto let all accord.

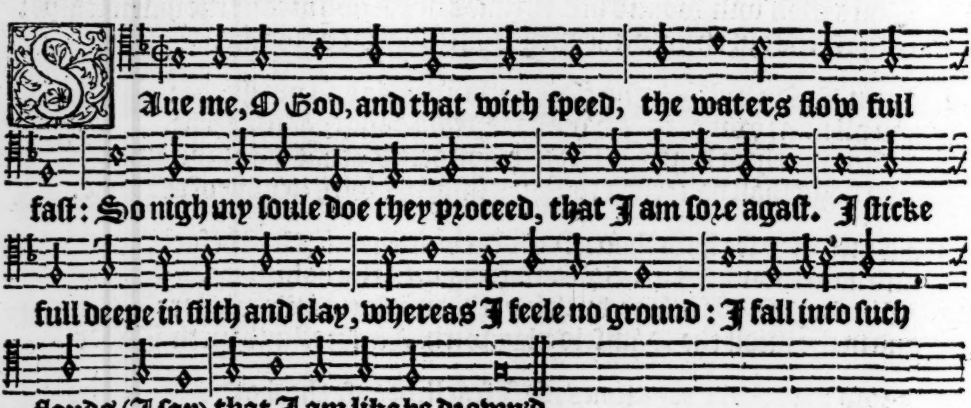
33 Who though he ride and euer hath aboue the heauens bright:
yet by the fearefull thunder-claps, men may well know his might.
34 Therefore the ſtrength of Iſraell, aſcribe to God on hie:
whoſe might and power doth farre extend aboue the cloudy ſkie.

35 Who though he ride and euer hath aboue the heauens bright:
yet by the fearefull thunder-claps, men may well know his might.
36 Therefore the ſtrength of Iſrael, aſcribe to God on hie:
whoſe might and power doth farre extend aboue the cloudy ſkie.

37 O God thy holineſſe and power is dread for euermore:
the God of Iſrael giue vs ſtrength, prayſed be God therefore.

Saluum me fac. Pſalme. Lxix. I. H.

The complaints, prayers, feruent zeale, and great anguiſh of Dauid, is ſet forth as a figure of Chriſt and all his members: the malicious cruelty of the enemies, and their punishment alſo, where Iudas and ſuch traitors are accurſed. Then gathereth he courage in his affliction, and offereth prayſes vnto God, which are more acceptable than all ſacrifices, whereof all the afflicted may take comfort. Finally, he doth prouoke all creatures to prayſes, propheſying the Kingdome of Chriſt and the preſeruation of the Church, where all the faithful and their ſeede ſhall dwell for euer.



3 With crying oft I faint and quaile, my throat is hoarſe and dry:
with looking vp my ſight doth faile, for helpe to God on hie.
4 My foes that guiltleſſe doe oppreſſe my ſoule with hate are led:
in number ſure they are no leſſe than haires vpon my head.

5 Though for no cauſe they vexe me ſore, they proſper and are glad:
they doe compell me to reſtore the things I neuer had.

6 What

6 What I haue done for want of wit, thou Lord all times canſt tell:
and all the ſinne that I commit, to thee is knowne full well.

7 O God of hoaſts defend and ſtay all thoſe that truſt in thee:
let no man doubt or ſhrinke away for ought that chanceth me.
8 It is for thee and for thy ſake that I doe beare this blame:
in ſpight of thee they would me make to hide my face for ſhame.

6 My mothers ſonnes my bretheren all, forſake me on a row:
and as a ſtranger they me call, my face they will not know:
10 Unto thy houſe ſuch zeale I beare, that it doth pine me much:
their checks and taunts at thee to heare, my very heart doth grutch.

The ſecond part.

11 Though I doe faſt my fleſh to chaſte, yea if I weepe and mone:
yet in my teeth this geare is caſt, they paſſe not thereupon.
11 If I for griefe and paine of heart in ſackcloth vſe to walke,
then they anon will it peruert, thereof they ieſt and talke.

13 Both high and low, and all the throng that ſit within the gate:
they haue me euer in their tongue, of me they talke and prate.
14 The drunkards which in wine delight, it is their chiefe paſtime,
to ſeeke which way to worke me ſpight, of me they ſing and rime.

15 But thee the while, O Lord, I pray, that when it pleaſeth thee,
for thy great truſt thou wilt alway ſend downe thine aid to me.
16 Plucke thou my foot out of the mire, from drowning doe me keepe:
from ſuch as owe me wrath and ire, and from the waters deepe.

17 Leaſt in the waues I ſhould be drown'd, and depth my ſoule deuoure:
and that the pit ſhould me confound, and ſhut me in their power.
18 O Lord of hoaſts to me giue eare, as thou art good and kinde:
and as thy mercy is moſt deare, Lord haue me in thy minde.

19 And doe not from thy ſeruant hide nor turne thy face away:
I am oppreſt on euery ſide, in haſt giue eare I ſay:
20 O Lord vnto my ſoule draw nie, the ſame with ayd repoſe:
becauſe of their great tyrannie, acquit me from my foes.

The third part.

21 That I abide rebuke and ſhame, thou knoweſt and thou canſt tell:
for thoſe that ſeeke and worke the ſame, thou ſeeſt them all full well.
22 When they with brags doe breake my heart, I ſeeke for helpe anon:
but find no friends to eaſe my ſmart, to comfort me not one.

23 But in my meat they gaue me gall, too cruell for to thinke:
and gaue me in my thirſt withall ſtrong vinigar to drinke.
24 Lord turne their table to a ſnare to take themſelues therein:
and when they thinke full well to fare, then trap them in their gin.

25 And let their eyes be darke and blinde, that they may nothing ſee:
bow downe their backe, and doe them binde in thraldome for to be.
26 Powre out thy wrath as hot as fire, that it on them may fall:
let thy diſpleaſure in thine ire, take hold vpon them all.

27 As deſart dry their houſe diſgrace, their off-ſpring eke expell,
that none thereof poſſeſſe their place, nor in their tents doe dwell.
28 If thou doſt ſtrike the man to tame, on him they lay full ſore:
and if that thou doe wound the ſame, they ſeeke to hurt him more.

29 Then let them heape vp miſchiefe ſtill, ſith they are all peruert,
that of thy fauour and good will they neuer haue a part.
30 And daſh them cleane out of the booke of life, of hope, of truſt:
that for their names they neuer looke in number of the iuſt.

The fourth part.

31 Though I O Lord, with woe and griefe, haue beene full ſore oppreſt:
thy helpe ſhall giue me ſuch reliefe, that all ſhall be redreſt.
32 That I may giue thy Name the prayſe, and ſhew it with a ſong:
I will extoll the ſame alwaies with harty thankes among.

33 Which is more pleaſant vnto thee (ſuch minde thy grace hath borne)
then either Oxe or Calfe can be that hath both hooke and horne.
34 When ſimple folke doe this behold, it ſhall reioyce them ſure:
all ye that ſeeke the Lord, behold, your life for aye ſhall dure.

35 For why, the Lord of hoaſts doth heare the poore when they complaine:
his priſoners are to him full deare, he doth them not diſdaine.
36 Wherefore the skie and earth below, the ſea with flood and ſtreame,
his prayſe they ſhall declare and ſhew, with all that liue in them.

37 For ſure our God will Sion ſaue, and Iudaes Citties build:
much folke poſſeſſion there ſhall haue, her ſtreets ſhall all be fild.
38 His ſeruants ſeed ſhall keepe the ſame all ages out of minde:
and there all they that loue his Name, a dwelling place ſhall find.

Deus in adiutorium. Pſal. Lxx. I. H.

He prayeth to be right ſpedily deliuered, as in the xl. Pſalme. Then he deſireth the ſhame of his enemies, and the ioyfull comfort of all thoſe that ſeeke the Lord.

Sing this as the 30. pſalme.

O God to me take heede, of helpe I thee require:
O Lord of hoaſts with haſte make ſpeede, helpe, helpe I thee deſire.
2 With ſhame confound them all that ſeeke my ſoule to ſpill:
rebuke them backe with blame to fall that thinke and wiſh me ill.

3 Confound them that apply, and ſeeke to worke me ſhame:
and at my harme doe laugh and cry, ſo, ſo, there goeth the game.
4 But let them ioyfull be in thee with ioy and wealth:
which onely truſt and ſeeke to thee, and to thy ſauing health.

5 That they may ſay alwaies, in mirth and one accord:
all glory, honour, laud and prayſe be giuen to thee O Lord.
6 But I am weake and poore, come Lord thine ayd I lacke:
thou art my ſtay and helpe, therefore make ſpeed and be not ſlacke.

In

In te Domine ſperaui. Pſal. Lxxj. I. H.

Hee prayeth in faith, eſtabliſhed by the word of promiſe, and confirmed by the worke of God from his youth: he deſireth now to be deliuered from the cruell and wicked man (meaning his ſonne Abſolon and his confederacy) promiſing to be mindfull and thankefull for the ſame.

Sing this as the 69. Pſalme.

MY Lord my God in all diſtreſſe, my hope is whole in thee:
then let no ſhame my ſoule oppreſſe, nor once take hold on me.
2 As thou art iuſt defend me Lord, and rid me out of dread:
giue eare, and to my ſuit accord, and ſend me helpe at need.

3 Be thou my rocke, to whom I may for ayd all times reſort:
thy promiſe is to helpe alway, thou art my fence and fort.
4 Saue me my God from wicked men, and from their ſtrength and power:
from folke vniuſt, and eke from them that cruelly deuoure.

5 Thou art the ſtay wherein I truſt, thou Lord of hoſts art he:
yea, from my youth I had a luſt, ſtill to depend on thee.
6 Thou haſt me kept euen from my birth, and I through thee was borne:
wherefore I will thee praiſe with mirth, both euening and at morne.

7 As to a monſter ſildome ſeene, much folke about me throng:
but thou art now and ſtill haſt beene, my fence and ayd ſo ſtrong.
8 Wherefore my mouth no time ſhall lacke thy glory and thy prayſe:
and eke my tongue ſhall not be ſlacke, to honour thee alwaies.

9 Refuſe me not O Lord I ſay, when age my limbes doth take:
and when my ſtrength doth waſte away, doe not my ſoule forſake.
10 Among themſelues my foes enquire to take me through deceit:
and they againſt me doe conſpire, that for my ſoule laid wait.

The ſecond part.

11 Lay hand and take him now they ſayd, for God from him is gone:
diſpatch him quite, for to his ayd, I wis there commeth none.
12 Doe not abſent thy ſelfe away (O Lord) when need ſhall be:
but that in time of griefe thou may in haſt giue helpe to me.

13 With ſhame confound and ouerthrow all thoſe that ſeeke my life:
oppreſſe them with rebukes alſo that faine would worke me ſtrife.
14 But I will patiently abide thy helpe at all aſſaies:
ſtill more and more each time and tide, I will ſet forth thy prayſe.

15 My mouth thy iuſtice ſhall record that dayly helpe doth ſend:
but of thy benefits, O Lord I know no count nor end.
16 Yet will I goe and ſeeke forth one, with thy good helpe (O God)
the ſauing health of thee alone to ſhew and ſet abroad.

17 For of my youth thou took'ſt the care, and doſt inſtruct me ſtill:
therefore thy wonders to declare, I haue great mind and will.
18 And as in youth from wanton rage, thou didſt me keepe and ſtay:
forſake me not vnto mine age, and till my head be gray.

The third part.

19 That I thy ſtrength and might may ſhew to them that now be here:
and that our ſeed thy power may know hereafter many a yeare.
20 O Lord thy goodneſſe doth exceed, thy doings all may ſee:
thy workes are wonderfull indeed, oh, who is like to thee?

20 Thou mad'ſt me feele affliction ſore, and yet thou didſt me ſaue:
yea, thou didſt helpe and me reſtore, and took'ſt me from the graue.
22 And thou mine honour doſt increaſe, my dignity maintaine:
yea thou didſt make all griefe to ceaſe, and comfort'ſt me againe.

23 Therefore thy faithfulneſſe to prayſe, I will with Violl ſing:
my Harpe ſhall ſound thy laud alwayes, O Iſraels holy King.
24 My mouth will ioy with pleaſant voyce, when I ſhall ſing to thee:
and eke my ſoule will much reioyce, for thou haſt made me free.

25 My tongue thy vprightneſſe ſhall ſound, and ſpeake it dayly ſtill:
for griefe and ſhame doe them confound that ſought to worke me ill.

Deus iudicium tuum. Pſal. Lxxij. I. H.

He prayeth that the kingdome of God by Chriſt may come, vnder the perſon of Salomon, vnder whom ſhall be righteouſneſſe, peace, and felicity, vnto whom all Kings and Nations ſhall doe homage, whoſe name and power ſhall endure for euer.



2 That he may gouerne vprightly, and rule thy folke aright:
and ſo defend through equity the poore that haue no might.

3 And let the mountaines that are hie vnto the folke giue peace,
and eke let little hils apply in iuſtice to increaſe.
4 That he may helpe the weake and poore with ayd and make them ſtrong
and eke deſtroy for euermore all thoſe that doe them wrong.

5 And then from age to age ſhall they regard and feare thy might,
ſo long as Sunne doth ſhine by day, or elſe the Moone by night.
6 Lord make the king vnto the iuſt, like raine to fields new mowne:
and like to drops that lay the duſt, and freſh the land new ſowne.

7 The

7 The iuſt ſhall flouriſh in his time, and all ſhall be at peace:
vntill the Moone ſhall leaue to prime, waſt, change, and to increaſe.
8 He ſhall be Lord of ſea and land, from ſhore to ſhore throughout:
and from the flouds within the land through all the earth about.

9 The people that indeſerts dwell ſhall kneele to him full thicke:
and all his enemies that rebell, the earth and duſt ſhall licke.
10 The Lord of all the Iles thereby, great gifts to him ſhall bring:
the Kings of Saba and Arabie giue many a coſtly thing.

The ſecond part.

11 All kings ſhall ſeeke with one accord, in his good grace to ſtand:
and all the people of the world ſhall ſerue him at his hand.
12 For he the needy ſort doth ſaue that vnto him doth call:
and eke the ſimple folke that haue no helpe of man at all.

13 He taketh pitty on the poore that are with need oppreſt:
he doth preſerue them euermore and bring their ſoules to reſt.
14 He ſhall redeeme their life from dread, frō fraud, from wrong, from might
and eke the blood that they ſhall bleed, is precious in his ſight.

15 But he ſhall liue, and they ſhall bring, to him of Sabaes gold:
he ſhall be honoured as a king, and dayly be extold.
16 The mighty mountaines of the land, of corne ſhall beare ſuch throng:
that it like Cedar trees ſhall ſtand in Libanus full long.

17 Their Citties eke full well ſhall ſpeed, the fruits thereof ſhall paſſe:
in plenty it ſhall farre exceed, and ſpring as greene as graſſe.
18 For euer they ſhall prayſe his name, while that the Sunne is light:
and thinke them happy through the ſame, all folke ſhall bleſſe his might.

19 Prayſe ye the Lord of hoaſts and ſing, to Iſraels God each one:
for he doth euery wondrous thing, yea he himſelfe alone.
20 And bleſſed be his holy name all times eternally:
that all the earth may prayſe the ſame, Amen, Amen, ſay I.

Quam bonus Deus? Pſal. Lxxiij. T. S.

The Prophet teacheth by his example, that neither the worldly proſperity of the vngodly, nor yet the affliction of the good, ought to diſcourage Gods children, but rather ought to moue vs to conſider our Fathers prouidence, and to cauſe vs to reuerence Gods iudgements, for as much as the wicked vaniſh away like ſmoake, and the godly enter into life euerlaſting, in hope whereof he reſigneth himſelfe into Gods hands.

Sing this as the 44. pſalme.

HOw euer it be, yet God is good, and kind to Iſrael:
and to ſuch as ſafely keepe their conſcience pure and well.
2 Yet like a foole I almoſt ſlipt, my feete began to ſlide:
and ere I wiſt, euen at a pinch, my ſteps awry gan glide.

3 For when I ſaw ſuch fooliſh men, I grudg'd and did diſdaine,
that wicked men all thinges ſhould haue without turmoyle or paine.
4 They neuer ſuffer pangs nor griefe, as if death ſhould them ſmite:
their bodies are both ſtout and ſtrong, and euer in good plight.

5 And free from all aduerſity when other men be ſhent:
and with the reſt they take no part of plague or puniſhent.
6 Therefore preſumption doth embrace their necks as doth a chaine,
and are euen wrapt as in a robe with rapine and diſdaine.

7 They are ſo fed that euen for fat, their eyes oft times out ſtart:
and as for worldly goods they haue more than can wiſh their heart.
8 Their life is moſt licentious, boaſting much of the wrong
which they haue done to ſimple men, and euer pride among.

9 The heauens and the liuing Lord, they ſpare not to blaſpheme:
and prate they doe of worldly things, no wight they doe eſteeme.
10 The people of God oft times turne backe to ſee their proſperous ſtate,
and almoſt drinke the ſelfe ſame cup, and follow the ſame rate.

The ſecond part.

11 How can it be that God (ſay they) ſhould know or vnderſtand
theſe worldly things, ſince wicked men be Lords of ſea and land?
12 For we may ſee how wicked men in riches ſtill increaſe:
rewarded well with worldly goods, and liue in reſt and peace.

13 Then why doe I from wickedneſſe my fantaſie refraine:
and waſh my hands with innocents, and cleanſe my heart in vaine?
14 And ſuffer ſcourges euery day as ſubiect to all blame,
and euery morning from my youth ſuſtayne rebuke and ſhame?

15 And I had almoſt ſaid as they, miſliking mine eſtate:
but that I ſhould thy Children iudge as folke vnfortunate.
16 Then I bethought me how I might this matter vnderſtand:
but yet the labour was too great for me take in hand.

17 Vntill the time I went vnto, thy holy place, and then
I vnderſtood right perfectly the end of all theſe men.
18 And namely how thou ſetteſt them vpon a ſlippery place:
and at thy pleaſure and thy will thou doſt them all deface.

19 Then all men muſe at this ſtrange ſight, to ſee how ſuddenly
they are deſtroyd, diſpatch, conſum'd, and dead ſo horribly.
20 Much like a dreame when one awakes, ſo ſhall their wealth decay:
their famous names in all mens ſight, ſhall ebbe and paſſe away.

The third part.

21 Yet thus my heart was grieued then, my mind was much oppreſt:
22 So fond was I and ignorant, and in this poynt a beaſt.
23 Yet neuertheleſſe by my right hand thou holdſt me alwaies faſt:
24 And with thy counſell doſt me guide to glory at the laſt.

25 What thing is there that I can wiſh, but thee in heauen aboue?
and in the earth there is nothing like thee that I can tell.
26 My fleſh and eke my heart doth faile, but God doth faile me neuer:
for of my heart God is the ſtrength, my portion eke for euer.

27 And loe, all ſuch as thee forſake, thou ſhalt deſtroy each one:
and thoſe that truſt in any thing, ſauing in thee alone.

28 There-

28 Therefore will I draw neere to God, and euer with him dwell:
in God alone I put my truſt, his wonders will I tell.

Vt quid Deus? Pſal. Lxxiiij. I.H.

The faithfull complaine of the deſtruction of the Church and true Religion, vnder the name of Sion, and the Altars deſtroyed. But truſting in the might and free mercy of God, by his couenant they require helpe and ſuccour for the glory of Gods holy name, the ſaluation of his poore afflicted ſeruants, and the confuſion of his proud enemies.

Sing this as the 72. Pſalme.

WHy art thou Lord ſo long from vs in all this danger deepe?
why doth thine anger kindle thus at thine owne paſture sheepe?
2 Lord call thy people to thy thought which haue beene thine ſo long:
the which thou haſt redeem'd and brought from bondage ſore and ſtrong.

3 Haue mind I ſay, and thinke vpon, remember it full well:
thy pleaſant place, thy Mount Sion, where thou waſt wont to dwell.
4 Lift vp thy foot and come in haſt, and all thy foes deface:
which now at pleaſure rob and waſte within thy holy place.

5 Amid thy congregations all, thine enemies roare (O God:)
they ſet as ſignes on euery wall their banners ſplaid abroad.
6 As men with axes hew downe trees that on the hils doe grow:
ſo ſhine the bils and ſwords of theſe within thy temple now.

7 The ſeeling caw'd, the carued boords, the goodly grauen ſtones
with axes, hammers, bils and ſwords, they beat them downe at once.
8 The places they conſume with flame, and eke in all this toyle
the houſe appointed to thy name they race downe to the foile.

9 And thus they ſaid within their heart, diſpatch them out of hand:
then burnt they vp in euery part Gods houſes through the land.
10 Yet thou no ſigne of helpe doſt ſend, our Prophets all are gone,
to tell when this our plague ſhall end, among vs there is none.

11 When wilt thou Lord once end this ſhame and ceaſe thy enemies ſtrong:
ſhall they alwaies blaſpheme thy name, and raile on thee ſo long?
12 Why doſt thou draw thy hand abacke, and hide it in thy lap?
O plucke it out and be not ſlacke, to giue thy foes a rap.

The ſecond part.

13 O God thou art my King and Lord, and euermore haſt beene:
yea thy grace throughout the world for our good helpe hath ſeene.
14 The ſeas that are ſo deepe and dead, thy might did make them dry:
and thou didſt breake the ſerpents head, that he therein did die.

15 Yea thou didſt breake the head ſo great, of whales that are ſo fell:
and gau'ſt them to the folke to eate, that in the deſert dwell.
16 Thou mad'ſt a ſpring with ſtreames to riſe from rockes both hard & hie:
and eke thy hand hath made likewiſe deepe riuers to be drie.

17 Both day and eke the night are thine, by thee they were begunne:
thou ſet'ſt to ſerue vs with their ſhine, the light and eke the Sunne.

18 Thou dost appoynt the ends and coasts of all the earth about:
both summers heat and winters frosts, thy hand hath found them out.

19 Thinke on (O Lord) no time forget, thy foes that thee defame:
and how the foolish folke are set to raile vpon thy name.
20 O let no cruell beast deuoure thy Turtle that is true:
forget not alwaies in thy power the poore that much doe rue.

21 Regard thy couenant and behold thy foes possesse the land:
all sad and darke forewrone and old, our Realme as now doth stand.
22 Let not the simple goe away with disappointed shame:
but let the poore and needy aye, giue prayse vnto thy Name.

23 Rise Lord, let be by thee maintaind the cause that is thine owne:
remember how that thou blasphemd art by the foolish one.
24 The voyce forget not of thy foes, for the presuming hie,
is more and more increast of those that hate thee spightfully.

Confitebimer tibi Deus. psal. Lxxv. N.

The faithfull doe prayse the name o' the Lord, which shall come to iudge at the time appoynted, when the wicked shall be put to confusion, and drinke the cup of wrath, their pride shall be abated, and the righteous shal be exalted to honour.

Sing this as the 44. psalme.

VNto thee God will we giue thankes, we will giue thankes to thee:
sith thy name is so neere, declare thy wondrous workes will wee.
2 I will vprightly iudge when get conuenient time I may:
the earth is weake and all therein, but I her pillers stay.

3 I did to the mad people say, deale not so furiously:
and vnto the vngodly ones, set not your hornes on hie:
4 I sayd vnto them set not vp your railed hornes on hie:
and see that you doe with stiffe necke, not speake presumptuously.

5 For neither from the Easterne part, nor from the Westerne side:
nor from forsaken wildernesse, protection doth proceed.
6 For why, the Lord our God he is, the righteous iudge alone:
he putteth downe the one, and sets another in the throne.

7 For why, a cup of mighty wine is in the hand of God:
and all the mighty wine therein, himselfe doth power abroad.
8 As for the lees and filthy dregs that doe remaine of it:
the wicked of the earth shall drinke, and sucke them euery whit.

9 But I will talke of God I say, of Iacobs God therefore:
and will not cease to celebrate his prayse for euermore.
10 In sunder breake the hornes of all vngodly men will I,
but then the hornes of righteous men shall be exalted hie.

Gloria patri.

To Father, Sonne, and holy Ghost, all glory be therefore,
As in beginning was, is now, and shall be euermore.

In

In Iudea, Pſal. Lxxvj. I. H.

This Pſalme ſetteth forth the power of God, and care for the defence of his people in Ieruſalem, in the deſtruction of the army of Senacherib, and exhorteth the faithfull to be thankefull for the ſame.

Sing this as the 66. pſalme.

1 TO all that now in Iurie dwell, the Lord is clearely knowne:
his name is great in Iſrael, a people of his owne.
2 At Salem he his tents hath pight to tarry there a ſpace:
in Sion eke he hath delight to make his dwelling place.

3 And there he brake both ſhaft and bow, the ſword, the ſpeare and ſhield:
and brake the ray to ouerthrow in battle on the field.
4 Thou art more worthy honour Lord, more might in thee doth lie,
than in the ſtrongeſt of the world that rob on mountaines hie.

5 But now the proud are ſpoyld through thee, and they are falne on ſleepe:
through men of warre no helpe can be, themſelues they could not keepe.
6 At thy rebuke, O Iacobs God, when thou doſt them reproue:
as halfe a ſleepe their chariots ſtood, no horſeman once did moue.

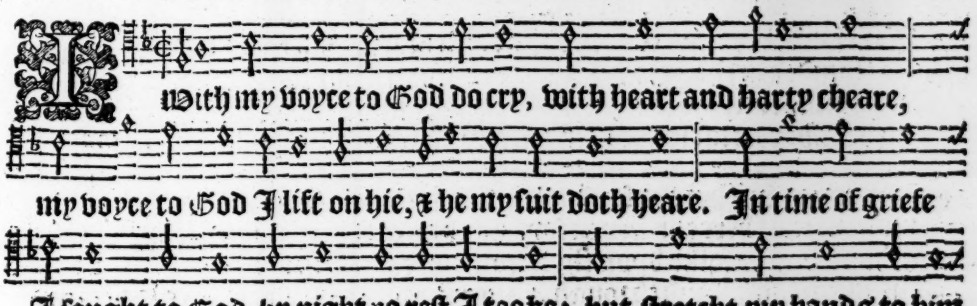
7 For thou art fearefull Lord indeed, what man the courage hath
to hide thy light, and doth not dread when thou art in thy wrath?
8 When thou doſt make thy iudgements heard from heauen through the ground
then all the earth full ſore afraid in ſilence ſhall be found.

9 And that when thou, O God, doſt ſtand, in iudgement for to ſpeake:
to ſaue th afflicted of the land, on earth that are full weake.
10 The fury that in man doth raigne ſhall turne vnto thy prayſe:
hereafter Lord doe thou reſtraine their wrath and threats alwayes.

11 Make vowes and pay them to your God, ye folke that nigh him be:
bring gifts all ye that dwell abroad, for dreadfull ſure is he.
12 For he doth take both life and might from Princes great of birth:
and full of terrour is his light to all the Kings on earth.

Voce mea ad Dominum. Pſal. Lxxvij. T. S.

The Prophet in the name of the Church rehearſeth the greatneſſe of his affliction, and the grieuous temptations, whereby he was driuen to this end, to conſider his former conſideration, and the continuall courſe of Gods workes in the preſeruation of his ſeruants, and ſo he confirmeth his faith againſt theſe temptations.





abroad, my soule comfort forsooke.

3 When I to thinke on God intend, my trouble then is more:
I spake, but could not make an end, my breath was stopt so sore.
4 Thou hold'st mine eyes alwaies from rest, that I alwaies awake:
with feare I am so sore oppress, my speech doth me forsake.

5 The dayes of old in minde I cast, and oft did thinke vpon
the times and ages that are past full many yeeres agon.
6 By night my songs I call to minde, once made thy prayse to show:
and with my heart much talke I finde, my spirits doe search to know.

7 Will God, sayd I, at once for all, cast off his people thus:
so that hencefoorth no time he shall be friendly vnto vs?
8 What, is his goodnesse cleane decaid for euer and a day?
or is his promise now delaid, and doth his truth decay?

9 And will the Lord our God forget his mercies manifold?
or shall his wrath increase to hot his mercies to with-hold?
10 At last I said my weakenesse is the cause of this mistrust:
Gods mighty hand can helpe all this, and change it when he lust.

The second part.

11 I will regard and thinke vpon the working of the Lord,
of all his wonders past and gone I gladly will record:
12 yea all his workes I will declare, and what he did deuise:
to tell his facts I will not spare, and eke his counsell wise.

13 Thy workes O Lord are all vpright, and holy all abroad:
what one hath strength to match the might of thee O Lord our God?
14 Thou art a God that oft dost shew thy wonders euery houre:
and so dost make the people know thy vertues and thy power.

15 And thine owne folke thou dost defend with strength and stretched arme,
the sonnes of Jacob that descend, and Josephs seed from harme.
16 The waters Lord perceiued thee, the waters saw thee well:
and they for feare away did flie, the depths on trembling fell.

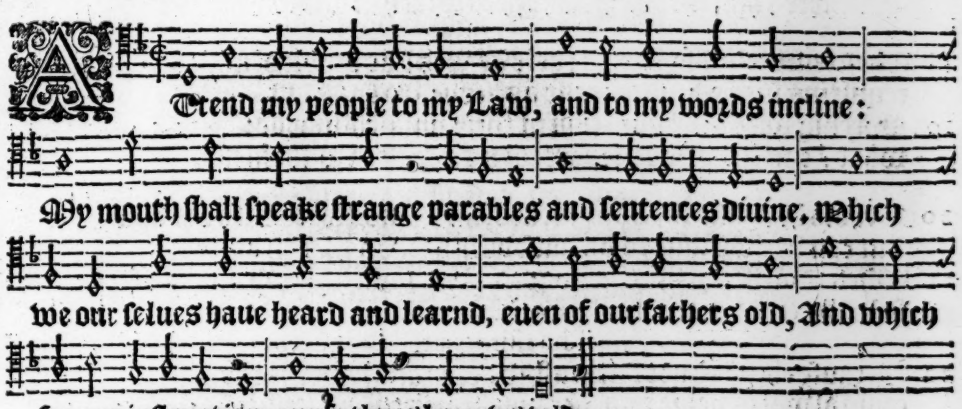
17 The clouds that were both thicke and blacke, did raine full plenteously.
the thunder in the ayre did cracke, thy shafts abroad did flie.
18 Thy thunder in the earth was heard, the lightening from aboue
with flashes great made men affeard, the earth did quake and moue.

19 Thy waies within the sea doe lie, thy pathes in waters deepe:
yet none can there thy steps espy, nor know thy paths to keepe.
20 Thou ledst thy folke vpon the land as sheepe on euery side:
through Moses and through Aarons hand thou didst them safely guide.

Audite

Attendite populi. Psal. Lxxviij. T. S.

Hee sheweth how God of his mercy chose his Church of the posterity of Abraham, casting in their teeth the stubborne rebellion of their fathers, that their children might not onely vnderstand that God of his free mercies made his Couenant with their Ancestors, but also seeing them malicious and peruerse, might bee ashamed, and so turne wholy to God. In this Psalme the holy Ghost hath comprehended, as it were, the summe of all Gods benefits, to the intent that the ignorant and grosse people might see in few words the effect of the whole History.



4 Because we should not keepe it close from them that should come after:
who should Gods power to their race praise, & all his works of wonder.
5 To Jacob he commandment gaue how Israel should liue:
willing our fathers should the same vnto their children giue.

6 That they and their posterity that were not sprung vp tho,
should haue the knowledge of the Law, and teach their seed also.
7 That they may haue the better hope in God that is aboue:
and not forget to keepe his lawes and his precepts in loue.

8 Not being as their fathers were, rebelling in Gods sight:
and would not frame their wicked hearts to know their God aright.
9 How went the people of Ephraim their neighbours for to spoyle:
shooting their darts the day of warre, and yet they tooke the foyle.

10 For why, they did not keepe with God the Couenant that was made:
nor yet would walke or leade their liues according to his trade.
11 But put into oblivion his counsell and his will:
and all his workes most magnifique, which he declared still.

The second part.

12 What wonders to our fore-fathers did he himselfe disclose
in Ehypt land, within the field that call'd is Thaneos.
13 He did diuide and cut the sea, that they might passe at once:
and made the waters stand as still, as doth an heape of stones.

14 He

14 He led them secret in a cloud, by day when it was bright:
and in the night when darke it was, with fire he gaue them light.
15 He brake the rockes in wildernesse, and gaue the people drinke:
as plentifull as when the deeps doe flow vp to the brinke.

16 He drew out riuers out of Rockes that were both dry and hard:
of such abundance that no flouds to them might be compar'd.
17 Yet for all this against the Lord their sinne they did increase:
and stirred him that is most high to wrath in wildernesse.

18 They tempted him within their hearts like people of mistrust:
requiring such a kind of meat as serued to their lust.
19 Saying with murmuration in their vnfaithfulnesse:
what? can this God prepare for vs a feast in wildernesse.

20 Behold he strake the stony rockes, and flouds forthwith did flow:
but can he now giue to vs folke both bread and flesh also?
21 When God heard this, he waxed wroth with Iacob and his seed:
so did his indignation on Israel proceed.

The third part.

22 Because they did not faithfully beleeue and hope that he
could alwaies helpe and succour them in their necessity.
23 Wherefore he did command the clouds, forthwith they brake in sunder,
24 And rained downe Manna for them to eat, a food of mickle wonder.

25 When earthly men with Angels food were fed at their request:
26 He bad the East-wind blow away, and brought in the South-west.
27 And rain'd downe flesh as thicke as dust, and foules as thicke as sand:
28 Which he did cast amid the place where all their tents did stand.

29 Then did they eate exceedingly, and all men had their fills:
yet more and more they did desire to serue their lusts and wills.
30 But as the meat was in their mouthes, his wrath vpon them fell:
31 And slew the flower of all their youth, and choyse of Israel.

32 Yet fell they to their wonted sinne, and still they did him grieue:
for all the wonders that he wrought they did him not beleeue.
33 Their dayes therefore he shortened, and made their honour vaine:
their yeares did waste and passe away with terror and with paine.

34 But euen when he plagued them, they sought him by and by:
35 Remembring that he was their strength, their helpe, and God most hie.
36 Though in their mouthes they did but glose and flatter with the Lord:
and with their tongues and in their hearts dissembled euery word.

The fourth part.

37 For why, their hearts were nothing bent, to him nor to his trade:
nor yet to keepe or to performe the Couenant that was made.
38 Yet was he still so mercifull when they deseru'd to die:
that he forgaue them all their misdeeds, and would not them destroy.

Yea many a time he turn'd his wrath, and did himſelfe aduiſe,
and would not ſuffer all his whole diſpleaſure to ariſe:
39 Conſidering that they were but fleſh, and euen as a winde
that paſſeth away, and cannot well returne by his owne kinde.

40 How often times in wilderneſſe, did they the Lord prouoke?
how did they moue and ſtirre the Lord, to plague them with his ſtroke?
41 Yet did they turne againe to ſinne, and tempted God eft-ſoone:
preſcribing to the holy Lord, what things they would haue done.

42 Not thinking of his hand and power, nor of the day when he
deliuered them out of the hands of the fierce enemie.
43 Nor how he wrought his miracles, as they themſelues beheld
in Egypt, and the wonders that he did in Zoan field.

44 Nor how he turned by his power, their waters into blood,
that no man might receiue his drinke at riuer, nor at flood.
45 Nor how he ſent them ſwarmes of flyes, which did them ſore annoy:
and fild their countries full of frogs, which did their land deſtroy.

The fift part.

46 Nor how he did commit their fruits vnto the Caterpiller,
and all the labour of their hands he gaue to the Graſhopper.
47 With haileſtones he deſtroyed their vines, ſo that they were all loſt:
and not ſo much as wild fig-trees, but he conſumde with froſt.

48 And yet with haileſtones once againe, the Lord their cattell ſmote,
and all their flockes and heards likewiſe, with thunder-bolts full hot.
49 He caſt vpon them in his ire, and in his fury ſtrong,
diſpleaſure, wrath, and euill ſpirits to trouble them among.

50 Then to his wrath he made a way, and ſpared not the leaſt,
but gaue vnto the peſtilence, the man and eke the beaſt.
51 He ſtrake alſo the firſt-borne all, that vp in Egypt came:
and all the chiefe of men and beaſts, within the tents of Ham.

52 But as for all his owne deare folke, he did preſerue and keepe,
and carried them through wilderneſſe, euen like a flocke of ſheepe.
53 Without all feare both ſafe and ſound, he brought them out of thrall:
where as their foes with rage of ſea, were ouer-whelmed all.

54 And brought them out into the coaſts of his owne holy land,
euen to the mount which he had got with his ſtrong arme and hand.
55 And there caſt out the heathen folke, and did their land diuide:
and in their tents he ſet the tribes of Iſraell to abide.

56 Yet for all this, their God moſt high they ſtird and tempted ſtill,
and would not keepe his Teſtament, nor yet obey his will.
57 But as their fathers turned backe, euen ſo they went aſtray,
much like a bow that would not bend, but ſlip and ſtart away.

The ſixt part.

58 And grieu'd him with their hill altars, with offerings, and with fire:
and with their Idols vehemently prouoked him to ire.
59 Therefore his wrath began againe to kindle in his breſt,
the naughtineſſe of Iſrael he did ſo much deteſt.

60 Then he forſooke the Tabernacle of Silo where he was
right conuerſant with earthly men, euen as his dwelling place.
61 Then ſuffered he his might and power in bondage for to ſtand:
and gaue the honour of his Arke into his enemies hand.

62 He did commit them to the ſword (wroth with his heritage.)
63 The yong men were deuoured with fire, maids had no marriage.
64 And with the ſword the Prieſts alſo did periſh euery one:
and not a widdow left aliue, their deaths for to bemone.

65 And then the Lord began to wake, as one that ſlept a time:
and as a valiant man of warre, refreſhed after wine.
66 With Emrods in the hinder parts he ſtrake his enemies all.
and put them then vnto a ſhame that was perpetuall.

67 Then he the tent and tabernacle of Joſeph did refuſe,
as for the tribe of Ephraim, he would in no wiſe chuſe.
68 But chooſe the tribe of Jehuda, whereas he thought to dwell,
euen the noble mount Sion, which he did loue ſo well.

69 Whereas he did his Temple build, both ſumptuouſly and ſure:
like as the earth which he hath made for euer to endure.
70 Then chooſe he Dauid him to ſerue, his people for to keepe:
which he tooke vp and brought away, euen from the folds of ſheepe.

71 As he did follow the Ewes with yong, the Lord did him aduance:
to feed his people Iſraell, and his inheritance.
72 Thus Dauid with a faithfull heart his flocke and charge did feed:
and prudently with all his power, did gouerne them indeed.

Deus venerunt gentes. pſal. Lxxix. I. *H.*

The Iſraelites complaine to God for the great calamitie and oppreſſion that they ſuffered when Antiochus deſtroyed their Temple and Cittie of Jeruſalem, deſiring Gods ayde againſt his raging tyrannie, leaſt Gods name and religion ſhould be contemned among the heathen, which ſhould ſee them thus forſaken and periſh.

Sing this as the 77. Pſalme.

O Lord the Gentiles do inuade, thine heritage to ſpoyle:
Jeruſalem an heape is made, thy Temple they defile.
2 The bodies of thy Saints ſo deare, abroad to birds are caſt:
the fleſh of them that doe thee feare, the beaſts deuoure and waſt.

3 Their bloud throughout Jeruſalem, as water ſpilt they haue:
ſo that their is not one of them, to lay their dead in graue.

4 Thus

4 Thus are we made a laughing ſtocke, almoſt the world throughout:
the enemies at vs ieſt and mocke, which dwell our coaſts about.

5 Wilt thou O Lord thus in thine ire, againſt vs euer fume:
and ſhew thy wrath as hot as fire, thy folke for to conſume?
6 Vpon thoſe people poure the ſame, which did thee neuer know:
all Realmes which call not on thy Name, conſume and ouerthrow.

7 For they haue got the vpper hand, and Jacobs ſeed deſtroyd:
his habitation and his land, they haue left waſt and voyd.
8 Beare not in mind our former faults, with ſpeed ſome pitty ſhew,
and ayd vs Lord in all aſſaults, for we are weake and low.

The ſecond part.

9 O God that giueſt all health and grace, on vs declare the ſame:
weigh not our workes, our ſinnes deface, for honour of thy Name.
10 Why ſhall the wicked ſtill alway, to vs as people dumbe:
in thy reproach reioyce, and ſay, where is there God become?

Require O Lord, as thou ſeeſt good, before our eyes in ſight,
of all theſe folke thy ſeruants blood, which they ſpilt in deſpight.
11 Receiue into thy ſight in haſt, the clamors, griefe, and wrong,
of ſuch as are in priſon caſt, ſuſtayning yrons ſtrong.

Thy force and ſtrength to celebrate, Lord ſet them out of band,
which vnto death are deſtinate, and in their enemies hand.
12 The nations which haue been ſo bold, as to blaſpheme thy Name,
into their laps with ſeauen fold repay againe the ſame.

13 So we thy folke and paſture ſheepe, will prayſe thee euermore:
and teach all ages for to keepe, for thee like prayſe in ſtore.

Qui regis Iſrael. Pſal. Lxxx. I. H.

A lamentable prayer to God to help the miſeries of his Church, deſiring him to conſider their firſt eſtate when his fauour ſhined towards them, to the intent he might finiſh that worke which he had begun.

Sing this as the 68. pſalme.

THou Heard that Iſrael doſt keepe, giue eare and take good heed:
which leadeſt Joſeph like a ſheepe, and doſt him watch and feed.
2 Thou Lord I ſay, whoſe ſeate is ſet on Cherubins ſo bright:
ſhew forth thy ſelfe, and doe not let, ſend downe thy beames of light.

3 Before Ephraim and Beniamin, Manaſſes eke likewiſe,
to ſhew thy power doe thou begin, come helpe vs, Lord ariſe:
4 Direct our hearts vnto thy grace, conuert vs Lord to thee,
ſhew vs the brightneſſe of thy face, and then full ſafe are we.

5 Lord God of hoaſts of Iſrael, how long wilt thou, I ſay,
againſt thy folke in anger ſwell, and will not heare their pray?

6 Thou doſt them feed with ſorrowes deep, their bread with teares they eat
and drinke the teares that they doe weepe, in meaſure full and great.

7 Thou haſt vs made a very ſtrife, to thoſe that dwell about:
and that our foes doe loue a life, they laugh and ieſt it out.
8 O take vs Lord vnto thy grace, conuert our minds to thee:
ſhew forth to vs thy ioyfull face, and we full ſafe ſhall be.

9 From Egypt where it grew not well, thou brought ſt a Vine full deare:
the heathen folke thou didſt expell, and thou didſt plant it heere.
10 Thou didſt prepare for it a place, and ſet her rootes full faſt,
that it did grow and ſpring apace, and fild the land at laſt.

11 The hils were couered round about, with ſhade that from it came:
and eke the Cedars high and ſtout, with branches of the ſame.
12 Why then didſt thou her wals deſtroy? her hedge pluckt vp thou haſt,
that all the folke that paſſe thereby, thy Vine may ſpoyle and waſt.

The ſecond part.

13 The Boare out of the wood ſo wild, doth dig and root it out:
the furious beaſts out of the field, deuoure it all about.
14 O Lord of hoaſts returne againe, from heauen looke betime:
behold, and with thy helpe ſuſtayne, this poore vine-yard of thine.

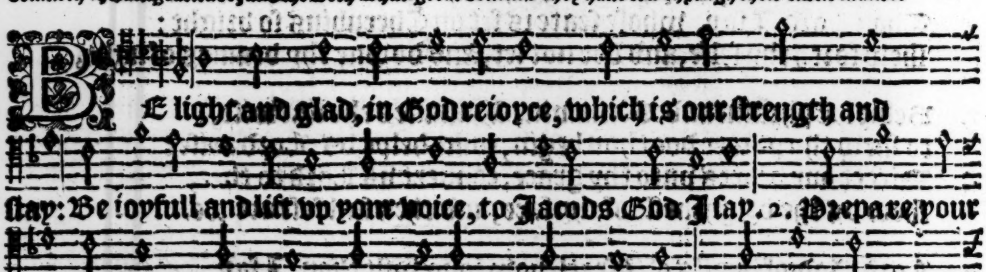
15 Thy plant I ſay, thine Iſraell, whom thy right hand hath ſet:
the ſame which thou didſt loue ſo well, O Lord doe not forget.
16 They lop and cut it downe apace, they burne it eke with fire:
and through the frowning of thy face, we periſh in thine yre.

17 Let thy right hand be with them now, whom thou haſt kept ſo long:
and with the ſonne of man, whom thou to thee haſt made ſo ſtrong.
18 And ſo when thou haſt ſet vs free, and ſaued vs from ſhame:
then will wee neuer fall from thee, but call vpon thy Name.

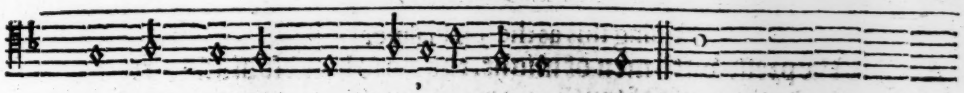
19 O Lord of hoaſts through thy good grace, conuert vs vnto thee:
behold vs with thy pleaſant face, and then full ſafe are we.

Exultate Deo. Pſal. Lxxxj. I. H.

An exhortation to praiſe God both in heart and voice for his benefits, and to worſhip him onely. God condemneth their ingratitude, and ſheweth what great benefits they haue loſt through their owne malice.



Harpe



Harpe and Lute ſo ſweet, on euery pleaſant ſtring.

3 Blow as it were in the new Moone, with trumpets of the beſt,
as it is vſed to be done, at any ſolemne feaſt.
4 For this is vnto Iſrael a ſtatute and a trade:
a law that muſt be kept full well, which Jacobs God hath made.

5 This clauſe with Joſeph was decreed, when he from Egypt came:
that as a witneſſe all his ſeede, ſhould ſtill obſerue the ſame.
6 When God I ſay had thus prepar'd, to bring him from that land,
whereas the ſpeech which he had heard, he did not vnderſtand.

7 I from his ſhoulders tooke, ſaith he, the burthen cleane away:
and from the fournace quite him free, from burning bricke of clay.
8 When thou in griefe didſt cry and call, I holpe thee by and by,
and I did anſwere thee withall, in thunder ſecretly.

9 Yea, at the waters of diſcord, I did thee tempt and proue:
whereas the goodneſſe of the Lord, with muttering thou didſt moue.
10 Heare O my folke, O Iſraell, and I allare it thee:
regard and marke my words full well, if thou wilt cleaue to me.

The ſecond part.

11 Thou ſhalt no Gods in thee reſerue, of any land abroad,
nor in no wiſe ſhalt bow or ſerue, a ſtrange or forreigne God.
12 I am the Lord thy God, and I from Egypt ſet thee free:
regard and marke my words full well, if thou wilt cleaue to me.

13 And yet my people would not heare my voyce when that I ſpeake:
nor Iſrael would not obey, but did me quite forſake.
14 Then did I leaue them to their will, in hardneſſe of their heart:
to walke in their owne counſels ſtill, themſelues they might peruert.

15 O that my people haue heard the words that I did ſay:
and eke that Iſraell would regard to walke within my way.
16 How ſoone would I confound their foes, and bring them downe full low,
and turne my hand vpon all thoſe, that would them ouerthrow.

17 And they that at the Lord doe rage, as ſlaues ſhould ſeeke him till:
but of his folke the time and age, ſhould flouriſh euer ſtill.
18 I would haue fed them with the crop, and fineſt of the wheat:
and made the rocke with hony drop, that they their fils might eate.

Deus ſtetit in Synagoga. Pſal. Lxxxij. I. H.

The Prophet declaring God to be preſent among the Iudges and Magiſtrates, reproueth their partiality and vnrighteouſneſſe, and exhorteth them to doe Iuſtice: but ſeeing no amendment, he requireth God to vndertake the matter, and execute iuſtice himſelfe.

Sing this as the 77. Pſalme.

A Mid the preſſe with men of might, the Lord himſelfe did ſtand:
to pleade the cauſe of truth and right, with Iudges of the land.
2 How long (ſayd he) will ye proceed, falſe iudgement to award,
and haue reſpect for loue of meed, the wicked to regard?

3 Whereas of due you ſhould defend, the fatherleſſe and weake:
and when the poore man doth contend, in iudgement iuſtly ſpeake.
4 If ye be wiſe defend the cauſe of poore men in their right:
and rid the needy from the clawes, of Tyrants force and might.

5 But nothing will they know or learne, in vaine to them I talke:
they will not ſee or ought diſcerne, but ſtill in darkeneſſe walke.
For loe, euen now the time is come, that all things fall to nought:
and likewiſe lawes both all and ſome, for gaine are ſould and bought.

6 I had decreed it in my ſight, as Gods to take you all:
and children to the moſt of might, for loue I did you call.
7 But notwithſtanding ye ſhall die, as men, and ſo decay:
O Tyrants I ſhall you deſtroy, and plucke you quite away.

8 Vp Lord, & let thy ſtrength be knowne, and iudge the world with might:
for why, all Nations are thine owne, to take them as thy right.

Deus qui ſimilis. Pſal. Lxxxiij. I. H.

The people of Iſraell pray vnto the Lord to deliuer them from their enemies, both at home and farre off which imagined nothing but their deſtruction: they deſire that all ſuch wicked people may, according as God was accuſtomed, be ſtricken with the ſtormy tempeſts of Gods wrath, that they may know that the Lord is moſt high vpon the earth.

Sing this as the 77. pſalme.

D Oe not O God refraine thy tongue, in ſilence doe not ſtay:
with-hold not Lord thy ſelfe ſo long, nor make no more delay.
2 For why, behold thy foes, and ſee, how they doe rage and cry:
and thoſe that beare an hate to thee, hold vp their heads on hie.

3 Againſt thy folke they vſe deceit, and craftily enquire:
for thine elect to lie in waite, their counſell doth conſpire.
4 Come on ſay they, let vs expell, and plucke theſe folke away:
ſo that the name of Iſraell, may vtterly decay.

5 They all conſpire within their hearts, how they may thee withſtand:
againſt the Lord to take a part, they are in league and band.
6 The tents of all the Edomites, the Iſmaelites alſo:
the Hagarens and Moabites, with diuers other moe.

7 Gebal with Ammon, and likewiſe doth Amalecke conſpire:
the Philiſtines againſt thee riſe, with them that dwell at Tyre.
8 And Aſſur eke is well apaid, with them in league to be:
and doth become a fence and ayd, to Lots poſterity.

9 As thou didſt to the Madianites, ſo ſerue them Lord each one:
as to Siſar and to Iabin, beſides the brooke Kiſon.

10 Whome

10 Whom thou in Endor didſt deſtroy, and waſte them through thy might,
that they like dung on earth did lie, and that in open ſight.

The ſecond part.

11 Make them and their Lords appeare, like Zeb and Oreb then,
as Zaba and Zalmana were, the Kinges of Madian.
12 Which ſaid, let vs throughout the land, in all the coaſts abroad,
poſſeſſe and take into our hand, the faire houſes of God.

13 Turne them O Lord with ſtormes as faſt, as wheeles that haue no ſtay:
or like the chaffe which men doe caſt, with winds to fly away.
14 Like as the fire with rage and fume, the mighty forreſts ſpils,
and as the flame doth quite conſume, the mountaines and the hils.

15 So let the tempeſt of thy wrath, vpon their neckes be laid:
and of thy ſtormie winde and ſhowre, Lord make them all afraid.
16 Lord bring them all I thee deſire, to ſuch rebuke and ſhame:
that it may cauſe them to enquire, and learne to ſeeke thy Name.

17 And let them euermore dayly, to ſhame and ſlaunder fall:
and in rebuke and obloquie, to periſh eke withall:
18 That they may know and feele full well, that thou art called Lord:
and that alone thou doſt excell, and raigne throughout the world.

Quam dilecta. Pſal. Lxxxiiij. I. H.

Dauid driuen forth of his Country, deſireth moſt ardently to come againe to the Tabernacle of the Lord, and the aſſembly of the Saints, to prayſe God, pronouncing them bleſſed that may ſo doe. Then he prayſeth the courage of the people, that paſſe through the wilderneſſe to aſſemble themſelues in Sion. Finally, with prayſe of this matter and confidence of Gods goodneſſe, he endeth the Pſalme.

Sing this as the 67. pſalme.

HOw pleaſant is thy dwelling place, O Lord of hoaſts to me:
the tabernacles of thy grace, how pleaſant Lord they be:
2 My ſoule doth long full ſore to goe, into thy courts abroad:
my heart doth luſt, my fleſh alſo, in thee the liuing God.

3 The ſparrowes finde a roome to reſt, and ſaue themſelues from wrong:
and eke the ſwallow hath a neſt, wherein to keepe her yong.
4 Theſe birds full nigh thine Altar may, haue place to ſit and ſing:
O Lord of hoaſts thou art I ſay, my God and eke my King.

5 O they be bleſſed that may dwell, within thy houſe alwaies:
for they all times their facts doe tell, and euer giue thee prayſe.
6 Yea happy ſure likewiſe are they, whoſe ſtay and ſtrength thou art:
which to thy houſe doe mind the way, and ſeeke it in their heart.

7 As they goe through the vale of teares, they dig vp fountaines ſtill,
that as a ſpring it all appeares, and thou their pits doſt fill.
8 From ſtrength to ſtrength they walke full faſt, no faintneſſe there ſhall be:
and ſo the God of Gods at laſt, in Sion they doe ſee.

9 O Lord of hoaſts to me giue heed, and heare when I doe pray:
and let it through thine eares proceede, O Jacobs God I ſay,
10 O Lord our ſhield of thy good grace, regard and ſo draw neare:
regard I ſay, behold the face of thine annoynted deare.

11 For why, within thy courts one day is better to abide,
then other where to keepe or ſtay, a thouſand dayes beſide.
12 Much rather would I keepe a doore within the houſe of God,
then in the tents of wickedneſſe to ſettle mine abode.

13 For God the Lord, light and defence, will grace and worſhip giue,
and no good thing will he with-hold, from them that purely liue.
14 O Lord of hoaſts that man is bleſt, and happy ſure is he
that is perſwaded in his breaſt, to truſt all times in thee.

Bene dixiſti Domine. palme, Lxxxv. I.H.

Becauſe God withdrew not his rods from his Church after their returne from Babilon, firſt they put him in minde of their deliuerance, to the intent that he ſhould not leaue the worke of his grace vnperfect: next they complaine of their long afflictions: and thirdly, they reioyce in hope of felicity promiſed: for their deliuerance was a figure of Chriſts Kingdome, vnder the which ſhould be perfect felicity.

Sing this as the 67. pſalme.

THou haſt been mercifull indeed, O Lord vnto thy land.
for thou reſtored Jacobs ſeed, from thraldome out of band.
2 The wicked waies that they were in, thou didſt them cleane remit,
and thou didſt hide the peoples ſinne, full cloſe thou couereddſt it.

3 Thine anger eke thou didſt aſſwage, that all thy wrath was gone:
and ſo didſt turne thee from thy rage, with them to be at one.
4 O God our health, doe now conuert our people vnto thee:
put all thy wrath from vs apart, and angry ceaſe to be.

5 Why, ſhall thine anger neuer ceaſe, but ſtill proceed on vs?
and ſhall thy wrath it ſelfe extend, vpon all ages thus?
6 Wilt thou not rather turne therefore, and quicken vs, that we
and all thy folke may euermore be glad and ioy in thee?

7 O Lord on vs doe thou declare, thy goodneſſe to our wealth:
ſhew forth to vs and doe not ſpare, thine aide and ſauing health:
8 I will harke what God ſaith, for he ſpeakes to his people peace,
and to his Saints, that neuer they, returne to fooliſhneſſe.

9 For why, his health is ſtill at hand, to ſuch as doe him feare:
whereby great glory in our land, ſhall dwell and flouriſh there.
10 For truth and mercy there ſhall meet, in one to take their place:
and peace and iuſtice with kiſſe greet, and there they ſhall embrace.

11 As truth from earth ſhall ſpring apace, and flouriſh pleaſantly:
ſo righteouſneſſe ſhall ſhew her face, and looke from heauen hie.
12 Yea God himſelfe ſhall take in hand, to giue vs each good thing:
and through the coaſts of all the land, the earth her fruit ſhall bring.

14 Before his face ſhall Iuſtice goe, much like a guide or ſtay:
he ſhall direct his ſteps alſo, and keepe them in the way.

Inclina Domine aurem. Pſal. Lxxxvj I. H.

Dauid ſore afflicted and forſaken of all, prayeth feruently for deliuerance, ſometimes rehearſing his miſeries, ſometimes the mercies receiued, deſiring alſo to be inſtructed of the Lord, that hee may feare him, and glorifie his Name. He complayneth alſo of his aduerſaries, and requireth to be deliuered from them.

Sing this as the 81. pſalme.

LOrd bow thine eare to my requeſt, and heare me by and by:
with grieuous paine and griefe oppreſt, full poore and weake am I.
2 Preſerue my ſoule, becauſe my way and doings holy be:
and ſaue thy ſeruant (O my Lord) that puts his truſt in thee.
3 Thy mercy Lord on me expreſſe, defend me eke with all:
for through the day I doe not ceaſe, on thee to cry and call.
4 Comfort O Lord thy ſeruants ſoule, that now with paine is pinde:
for vnto thee Lord I extoll, and lift my ſoule and minde.

5 For thou art good and bountifull, thy gifts of grace are free:
and eke thy mercy plentifull, to all that call on thee.
6 O Lord likewiſe when I doe pray, regard and giue an eare:
marke well the words that I doe ſay, and all my prayers heare.

7 In time when trouble doth me moue, to thee I doe complayne:
for why, I know and well doe proue, thou anſwereſt me againe.
8 Among the Gods O Lord is none, with thee to bee compar'd:
and none can doe as thou alone, the like hath not beene heard.

The ſecond part.

9 The Gentiles and the people all, which thou didſt make and frame,
before thy face on knees will fall, and glorifie thy Name.
10 For why, thou art ſo much of might, all power is thine owne:
thou workeſt wonders ſtill in ſight, for thou art God alone.

11 O teach me Lord the way and I, ſhall in thy truth proceed:
O ioyne my heart to thee ſo nigh, that it thy name may dread.
12 To thee my God will I giue prayſe, with all my heart O Lord:
and glorifie thy Name alwaies, for euer through the world.
13 For why, thy mercy ſhew'd to me, is great and doth excell:
thou let'ſt my ſoule at liberty, out from the lower hell.
14 O Lord the proud againſt me riſe, and heapes of men of might:
they ſeeke my ſoule, and vt no wiſe will haue thee in their ſight.

15 Thou Lord art mercifull and meeke, full ſlacke and ſlow to wrath,
thy goodneſſe is full great, and eke, thy truth no meaſure hath.
16 O turne to me and mercy grant, thy ſtrength to me apply:
O helpe and ſaue thine owne ſeruant, thy hand-maids ſonne am I.

17 On me ſome ſigne of fauour ſhew, that all my foes may ſee,
and be aſham'd, becauſe Lord thou doſt helpe and ſuccour me.

Funda-

Fundamenta eius. Pſal. Lxxxvij. I. H.

The holy Ghoſt promiſeth that the condition of the Church, which was in miſerie after the captiuity of Babylon, ſhould be reſtored to great excellencie, ſo that there ſhould be nothing more comfortable then to be numbred among the number thereof.

Sing this as the 81. Pſalme.

THat Citty ſhall full well endure, her ground-worke ſtill doth ſtay
vpon the holy hill full ſure, it can no time decay.
2 God loues the gates of Sion beſt, his grace doth there abide:
he loues them more then all the reſt of Jacobs tents beſides.

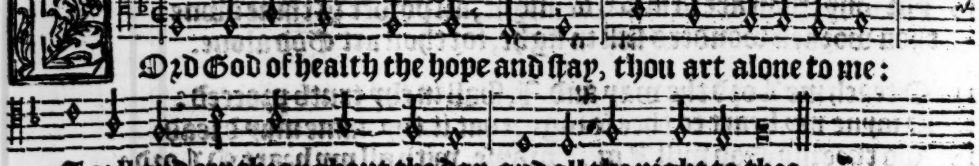
3 Full glorious things reported be in Sion and abroad:
great thinges I ſay, are ſayd of thee, thou Citty of our God.
4 On Rahab I will caſt and eye, and beare in minde the ſame;
and Babylon ſhall eke apply, and learne to know thy name.

5 Loe, Paleſtine and Tyre alſo, with Ethiope likewiſe:
a people old full long agoe, were borne, and there did riſe.
6 Of Sion they ſhall ſay abroad, that diuers men of fame
haue there ſprung vp, and the high God hath founded faſt the ſame.

7 In their records to them it ſhall, through Gods diuine appeare
of Sion that the chiefe of all, had his beginning there.
8 The trumpeters with ſuch as ſing, therein great plenty be:
my fountaines and my pleaſant ſprings are compaſt all in thee.

Domine Deus ſalutis. Pſal. Lxxxviij. I. H.

A grieuous complaint of the faithfull, ſore afflicted by ſickneſſe, perſecution and aduerſity, being as it were left of God without any conſolation: yet he calleth vpon God by faith, and ſtrength againſt deſperation, complaining himſelfe to be forſaken of all earthly helpe.



O God of health the hope and ſtay, thou art alone to me:
I call and cry throughout the day, and all the night to thee.

2 O let my prayers thine aſcend vnto thy light on hie:
incline thine eares (O Lord) intend, and harken to my cry.

3 For why, my ſoule with woe is fild, and doth in trouble dwell,
my life and breath doth almoſt yeeld, and draweth nigh to hell.
4 I am eſteemd as one of them, that in the pit doe fall:
and made as one among thoſe men, that haue no ſtrength at all.

5 As one among the dead, and free from things that here remaine,
it were more eaſe for me to be with them the which are ſlaine.
6 As thoſe that lie in graue I ſay, whom thou haſt cleane forgot:
the which thy hand hath cut away, and thou regardſt them not.

7 Yea, like to one ſhut vp full ſure, within the lower pit,
in places darke, and all obſcure, and in the depth of it.
8 Thine anger and thy wrath likewiſe, full ſore on me doth lie:
and all thy ſtormes againſt me riſe, my ſoule to vexe and trie.

9 Thou putſt my fr'ends far off from me, and mak'ſt them hate me ſore:
I am ſhut vp in priſon faſt, and can come forth no more.
10 My ſight doth faile through griefe and woe, I call to thee O God
throughout the day, my hands alſo, to thee I ſtretch abroad.

second part.

11 Doſt thou vnto the dead declare, thy wondrous workes of fame?
ſhall dead to life againe repaire, and prayſe thee for the ſame?
12 Or ſhall thy louing kindneſſe Lord, be preached in the graue,
or ſhall with them that are deſtroyd, thy truth her honour haue?

13 Shall they that lie in darkeneſſe low, of all thy wonders wot?
or there ſhall they thy iuſtice know, where all things are forgot?
14 But I (O Lord) to thee alway doe cry and call apace.
my prayer eke ere it be day, ſhall come before thy face.

15 Why doſt thou Lord abhorre my ſoule, in griefe that ſeeketh thee?
and now O Lord why doſt thou hide thy face away from me?
16 I am afflict as dying ſtill, from youth this many yeare?
the terrors which doe vexe me ſtill, with trouble mind I beare.

17 The furies of thy wrathfull rage full ſore vpon me fall:
thy terrors eke doe not aſſwage, but me oppreſſe withall.
18 All day they compaſſe me about, as water at the tide:
and all at once with ſtreames full ſtout, beſet me on each ſide.

19 Thou ſetteſt far from me my friends and louers euery one:
yea and my old acquaintance all out of my ſight are gone.

Miſericordias Domini. pſal. Lxxxix. I.H.

With many words doth the Prophet prayſe the name of God for his Teſtament, and couenant that he made betweene him and his elect by Jeſus Chriſt the Sonne of Dauid. Then doth he complaine of the great ruine and deſolation of the Kingdome of Dauid, ſo that to the outward appearance the promiſe was broken. Finally, he prayeth to be deliuered from his afflictions, maketh mention of the ſhortneſſe of mans life, and confirming himſelfe by Gods promiſes.

Sing this as the 67 pſalme.

TO ſing the mercies of the Lord my tongue ſhall neuer ſpare:
and with my mouth from age to age, thy truth I will declare.
2 For I haue ſayd that mercy ſhall for euermore remaine:
in that thou doſt the heauens ſtay, thy truth appeareth plaine.

3 To mine elect (ſayth God) I made a couenant and beheſt:
my ſeruant Dauid to perſwade, I ſwore and did proteſt,
4 Thy ſeede for euer will I ſtay, and ſtabliſh it full faſt:
and ſtill vphold thy throne alway, from age to age to laſt.

5 The

5 The heauens shey with ioy and mirth, thy wondrous worckes O Lord,
thy Saints within thy Church on earth, thy faith and truth record.
6 Who with the Lord is equall then, in all the coasts abroad?
among the sonnes of all the Gods, what one is like our God?

7 God in assembly of the Saints, is greatly to be dread:
and ouer all that dwell about, in terror to be had.
8 Lord God of hoasts in all the world, what one is like to thee?
on euery side most mighty Lord, thy truth is seene to bee.

9 The raging sea by thine aduise, thou rulest at thy will:
and when the waues thereof arise, thou makst them calme and still.
10 And Egypt Lord thou hast subdude, and thou hast it destroyd:
yea thou thy foes with mighty arme, hast scattered all abroad.

The second part.

11 The heauens are thine and still haue been, likewise the earth and land,
the world and all that is therein, thou foundedst with thy hand.
12 Both North & South, with East & West, thy selfe didst make & frame:
both Tabour mount, and eke Hermon, reioyce and prayse thy Name.

13 Thine arme is strong and full of power, all might therein doth lie:
the strength of thy right hand each hower, thou liftest vp on hie.
14 In righteousnesse and equity, thou hast thy seate and place:
mercy and truth are still with thee, and goe before thy face.

15 That folke is blest that knowes aright, thy present power O God:
for in the fauour of thy sight, they walke full safe abroad.
16 For in thy name throughout the day, they ioy and much reioyce:
and through thy righteousnesse haue they a pleasant fame and noyse.

17 For why? their glory, strength, and ayd, in thee alone doth lie,
thy goodnesse eke that hath vs stayd, shall lift our horne on hie.
18 Our strength that doth defend vs well, the Lord to vs doth bring:
the holy one of Israel, he is our guide and king.

19 Sometime thy will vnto thy Saints, in visions thou didst shew:
and thus then didst thou say to them, thy minde to make them know.
20 A man of might I haue erect, your king and guide to be:
and set him vp whom I elect, among the folke to me.

The third part.

21 My Seruant Dauid I appoynt, whom I haue searched out,
and with my holy oyle annoynt him king of all the rout.
22 For why? my hand is ready still, with him for to remaine:
and with mine arme also I will, him strengthen and sustayne.

23 The enemies shall not him oppresse, they shall not him deuoure:
ne yet the sonnes of wickednesse, on him shall haue no power.
24 His foes likewise I will destroy, before his face in sight:
and those that hate him I will plague, and strike them with my might.

25 My

25 My truth and mercy eke withall, ſhall ſtill vpon him lie:
and in my name his horne eke ſhall, be lifted vp on hie.
26 His kingdame I will ſet to be, vpon the ſea and land:
and eke the running floods ſhall he, embrace with his right hand.

27 He ſhall depend with all his heart on me, and thus ſhall ſay:
my father and my God thou art, my rocke of health and ſtay.
28 As one firſt borne I will him take, of all on earth that ſprings:
his might and honour I will make, aboue all earthly kings.

29 My mercy ſhall be with him ſtill, as I my ſelfe haue told:
my faithfull couenant to fulfill, my mercy I will hold.
30 And eke his ſeede I will ſuſtayne, for euer ſtrong and ſure:
ſo that his ſeate ſhall ſtill remaine, while heauen doth indure.

The fourth part.

31 If that his ſonnes forſake my law, and ſo begin to ſwerue,
and of my iudgements haue none awe, nor will not them obſerue.
32 Or if they will not vſe aright, my ſtatutes to them made,
and ſet all my Commandents light, and will not keepe my trade.

33 Then with the rod will I begin, their doings to amend:
and ſo with ſcourging for their ſinne, when that they doe offend.
34 My mercy yet and my goodneſſe, I will not take him fro:
nor handle him with craftineſſe, and ſo my truth forgoe.

35 But ſure my couenant I will hold, with all that I haue ſpoke:
no word the which my lips haue told, ſhall alter, or be broke.
36 Once ſware I by my holineſſe, and that performe will I,
with Dauid I will keepe promiſe, to him I will not lie.

37 His ſeede for euermore ſhall raigne, and eke his throne of might:
as doth the Sunne it ſhall remaine, for euer in my ſight.
38 And as the Moone within the ſky, for euer ſtandeth faſt:
a faithfull witneſſe from on high, ſo ſhall his kingdome laſt.

39 But now O Lord thou doſt reiect, and now thou changeſt cheare:
yea, thou art wroth with thine elect, thine owne annoynted deare.
40 The couenant with thy ſeruant made, Lord thou haſt quite vndone:
and downe vpon the ground alſo, haſt caſt his royall crowne.

The fift part.

41 Thou pluckſt his hedges vp with might, his walles thou doſt confound:
thou beateſt eke his bulwarkes downe, and breakſt them to the ground.
42 That he is ſore deſtroyd and torne, of commers by throughout:
and ſo is made a mocke and ſcorne, to all that dwell about.

43 Thou their right hand haſt lifted vp, that him ſo ſore annoy:
and all his foes that him deuoure, loe, thou haſt made to ioy.
44 His ſwords edge thou doſt take away, that ſhould his foes withſtand:
to him in warre no victorie thou giueſt, nor vpper hand.

45 His glory thou dost also waste, his throne, his ioy and mirth,
by thee is ouerthrowne and cast, full low vpon the earth.
46 Thou hast cut off and made full short, his youth and lusty dayes:
and raisd of him an ill report, with shame and great dispraysе.

47 How long away from me O Lord, for euer wilt thou turne?
and shall thine anger still alway, as fire consume and burne:
48 O call to mind, remember then, my time consumeth fast:
why hast thou made the sonnes of men, as thinges in vaine to wast?

49 What man is he that liueth here, and death shall neuer see?
or from the hand of hell his soule, shall he deliuer free?
50 Where is O Lord thine old goodnesse, so oft declar'd before:
which by thy truth and vprightnesse, to Dauid thou hast sworne.

51 The great rebukes to mind I call, that on thy seruants lie:
the railing of the people all, borne in my breast haue I.
52 Wherewith O Lord thine enemies, blasphemed haue thy Name:
the steps of thine annoynted one, they cease not to defame.

53 All praysе to thee O Lord of hoasts, both now and eke for aye:
through sky and earth and all the coasts, Amen, Amen, I say.

Domine refugium. Psal. XC. I. H.

Moses in his prayer setteth before vs the eternall fauour of God towards his, who are neither admonished by the breuitie of their life, nor by plagues, to be thankefull. Therefore Moses prayeth God to turne their hearts, and to continue his mercy towards them and their posterity for euer.

Sing this as the 78. psalme.

THou Lord hast beene our sure defence, our place of ease and rest:
in all times past, yea so long since, as cannot be expрest.
2 Ere there was made mountaine or hill, the earth or world abroad:
from age to age, and alwaies still, for euer thou art God.

2 Thou grindest man through griefe and paine, to dust, or clay, and then,
and then thou saidst againe, retvrne againe ye sonnes of men:
4 The lasting of a thousand yeares what is it in thy sight?
as yesterday it doth appeare, or as a watch by night.

5 So soone as thou dost scatter them, then is their life and trade,
all as a sleepe, and like the grasse, whose beauty soone doth fade.
6 Which in the morning shines full bright, but fadeth by and by:
and is cut downe ere it be night, all withered dead and dry.

7 For through thine anger we consume, our might is much decayd:
and of thy seruants wrath and fume, we are full sore affraid.
8 The wicked workes that we haue wrought, thou setst before thine eye
our priuie faults, yea eke our thoughts, thy countenance doth spie.

9 For through thy wrath our dayes do waste, therof doth nought remaine:
our yeares consume as words or blasts, and are not cald againe.
10 Our time is threescore yeares and ten, that we doe liue on mould:
if one see fourescore, surely then we count him wondrous old.

The

The second part.

11 Yet of this time the strength and chiefe, the which we count vpon,
is nothing also but painefull griefe, and we as blasts are gone.
12 Who once doth know what strength is there, what might thine anger
or in his heart who doth thee feare, according to thy wrath? (hath:

13 Instruct vs Lord to know and try, how long our dayes remaine:
and then we may our hearts apply, true wisedome to attaine.
14 Returne O Lord, how long wilt thou, forth on in wrath proceed?
shew fauour to thy seruants now, and helpe them at their need.

15 Refresh vs with thy mercy soone, and then our ioy shall be:
all times so long as life shall last, in heart reioyce shall we.
16 As thou hast plagued vs before, now also make vs glad:
and for the yeares wherein full sore affliction we haue had.

17 O let thy worke and power appeare, and on thy seruants light:
and shew vnto their children deare, thy glory and thy might.
18 Lord let thy grace and glory stand, on vs thy seruants thus:
confirme the workes we take in hand, Lord prosper them to vs.

Qui habitat. Psal. XCj. I. H.

Here is described in what assurance he liueth that putteth his whole trust in God, and committeth himselfe wholy to his protection in all temptations. A promise of God to those that loue him, know him, and trust in him, to deliuer them and giue them immortall glory.

Sing this as 79. psalme.

HE that within the secret place of God most high doth dwell:
in shadow of the mightest grace, at rest shall keepe him well.
2 Thou art my hope and my strong hold, I to the Lord will say:
my God is he, in him I, my whole affiance stay.

3 He shall defend thee from the snare, the which the hunter laid:
and from the deadly plague and care, whereof thou art affraid.
4 And with his winges shall couer thee, and keepe thee safely there:
his faith and truth thy fence shall be, as sure as shield and spheare.

5 So that thou shalt not need I say, to feare or be affright:
of all the shafts that fly by day, nor terrors of the night.
6 Nor of the plagne that priuily doth walke in darke so fast:
nor yet of that which doth destroy, and at noone dayes doth wast.

7 Yea at thy side as thou dost stand, a thousand dead shall be:
ten thousand eke at thy right, and yet shalt thou be free
8 But thou shalt see it for thy part, thine eyes shall well regard,
that euen like to their desert, the wicked haue reward.

9 For why, O Lord, I onely lust to stay my hope on thee:
and in the highest I put my trust, my sure defence is he.
10 Thou shalt not need none ill to feare, with thee it shall not mell:
nor yet the plagues shall once come neare the house where thou dost dwel

11 For why, vnto his Angels all, with charge commanded he:
that ſtill in all thy waies they ſhall preſerue and proſper thee.
12 And in their hands ſhall thee beare vp, ſtill waiting thee vpon:
ſo that thy foote ſhall neuer chance, to ſpurne at any ſtone.

13 Upon the Lyon thou ſhalt goe, the Adder fell and long:
and tread vpon the Lyons yong, with Dragons ſtout and ſtrong.
14 For he that truſteth vnto me, I will diſpatch him quite:
and him defend, becauſe that he doth know my name aright.

15 When he for health on me doth cry, an anſwer I will giue:
and from his griefe take him will I, in glory for to liue.
16 With length of yeares, and dayes of wealth, I will fulfill his time:
the goodneſſe of my ſauing health, I will declare to him.

Bonus eſt confiteri. Pſal. XCij. I.H.

This Pſalme was made to be ſung on the Sabboth, to ſtir vp the people to acknowledge God, and to prayſe him in his workes. The Prophet reioyceth therein, but the wicked is not able to conſider, that the vngodly, when he is moſt flouriſhing, ſhall moſt ſpeedily periſh, in the end is deſcribed the felicity of the iuſt planted in the houſe of God to prayſe the Lord.

Sing this as the 88. Pſalme.

IT is a thing both good and meete, to prayſe the higheſt Lord:
and to thy Name O thou moſt high, to ſing with one accord.
2 To ſhew the kindneſſe of the Lord, betime ere day be light:
and eke declare his truth abroad, when it doth draw to night.

3 Upon ten ſtringed inſtrument, on Lute and Harpe ſo ſweete:
with all the mirth you can inuent, of inſtruments moſt meete.
4 For thou haſt made me to reioyce, in things ſo wrought by thee:
and I haue ioy in heart and voyce, thy handy workes to ſee.

5 O Lord how glorious and how great, are all thy workes ſo ſtout:
ſo deepely are thy counſels ſet, that none can trie them out.
6 The man vnwiſe hath not the wit, this geare to paſſe to bring:
and all ſuch fooles are nothing fit, to vnderſtand this thing.

7 When ſo the wicked at their will, as graſſe doe ſpring full faſt:
they when they flouriſh in their ill, for euer ſhall be waſt.
8 But thou art mighty Lord moſt high, yea thou doſt raigne therefore,
in euery time eternally, both now and euermore.

9 For why, O Lord, behold and ſee, behold thy foes I ſay,
how all that worke iniquity, ſhall periſh and decay.
10 But thou like as an Unicorne, ſhall lift my horne on hie:
with freſh and new prepared oylt, thine annoynted king am I.

11 And of my foes before mine eyes, ſhall ſee the fall and ſhame:
of all that vp againſt me riſe, mine eares ſhall heare the ſame.
12 The iuſt ſhall flouriſh vp on high, as Date-trees bud and blow:
and as the Cedars multiplie, in Libanus that grow.

13 For

13 For they are planted in the place, and dwelling of our God:
within his courts they ſpring apace, and flouriſh all abroad.
14 And in their age much fruit ſhall ſpring, both fat and well beſeene:
and pleaſantly both bud and ſpring, with boughes & branches greene.

15 To ſhew that God is good and iuſt, and vpright in his will:
he is my rocke, my hope and truſt, in him there is none ill.

Dominus regnauit. pſal. XCiij. I. H.

Hee praiſeth the power of God in the creation of the world, and beateth downe all people which lift themſelues vp againſt his Maieſtie, and prouoketh to conſider his promiſes.

Sing this as the 77. pſalme.

THe Lord as king aloft doth raigne, in glory goodly dight:
and he to ſhew his ſtrength and maine, hath girt himſelfe with might.
2 The Lord likewiſe the earth hath made, and ſhaped it ſo ſure:
no might can make it moue or fade, at ſtay it doth indure.

3 Ere that the world was made or wrought, thy ſeate was ſet before:
beyond all time that can be thought, thou haſt beene euermore.
4 The floods O Lord, the floods doe riſe, they roare and make a noyſe:
the floods I ſay did enterpriſe, and lifted vp their voyce.

5 Yea though the ſtormes ariſe in ſight, though ſeas doe rage and ſwell:
the Lord is ſtrong and more of might, for he on high doth dwell.
6 And looke what promiſe he doth make, his houſhold to defend:
for iuſt and true they ſhall it take, all times without an end.

Deus vltionum. Pſal. XCiiij. I. H.

He prayeth vnto God againſt the violence and arrogancie of Tyrants, warning them of Gods iudgements. Then doth he comfort the afflicted by the good iſſue of their afflictions, as he felt in himſelfe, and did ſee in others, and by the ruine of the wicked, whom the Lord will deſtroy.

Sing this as the 78. pſalme.

O Lord thou doſt reuenge all wrong, that office longs to thee:
ſith vengeance doth to thee belong, declare that all may ſee.
2 Set forth thy ſelfe, for thou of right, the earth doſt iudge and guide:
reward the proud and men of might, according to their pride.

3 How long ſhall wicked men beare ſway, with lifting vp their voyce?
how long ſhall wicked men I ſay, thus triumph and reioyce?
4 How long ſhall they with brags burſt out, & proudly prate their fill?
ſhall they reioyce that be ſo ſtout, whoſe words are euer ill?

5 Thy flocke O Lord, thine heritage, they ſpoyle and vexe full ſore:
againſt thy people they doe rage, ſtill dayly more and more.
6 The widdowes which are comfortleſſe, and ſtrangers they deſtroy:
they ſlay the children fatherleſſe, and none doth put them by.

7 And when they take theſe things in hand, this talke they haue of thee:
can Iacobs God this vnderſtand? tuſh, no, he cannot ſee.
8 O folke vnwiſe, and people rude, ſome knowledge now diſcerne:
ye fooles among the multitude, at length begin to learne.

9 The Lord which made the eare of man, he needs of right muſt heare:
he made the eye, all things muſt then, before his light appeare.
10 The Lord doth all the world correct, and makes them vnderſtand:
ſhall he not then your deeds detect, how can ye ſcape his hand?

The ſecond part.

11 The Lord doth know the thoughts of man, his heart he ſeeth full plaine:
the Lord I ſay, mens thoughts doth ſcan, and findeth them but vaine.
12 But Lord, that man is happie ſure, whom thou doſt keepe in awe:
and through correction doſt procure, to teach him in thy law.

13 Whereby he ſhall in quiet reſt, in time of trouble ſit:
when wicked men ſhall be ſuppreſt, and fall into the pit.
14 For ſure the Lord will not refuſe, his people for to take:
his heritage whom he did chuſe, he will no time forſake.

15 Vntill that iudgement be decreed to iuſtice to conuert:
that all may follow her with ſpeed, that are of vpright heart.
16 But who vpon my part ſhall ſtand, againſt the curſed trayne?
or who ſhall rid me from their hand, that wicked workes maintaine?

17 Except the Lord had beene mine ayd, mine enemies to repell:
my ſoule and life had now beene layd, almoſt as low as hell.
18 When I did ſay my foote doth ſlide, I now am like to fall:
thy goodneſſe Lord did ſo prouide, to ſtay me vp withall.

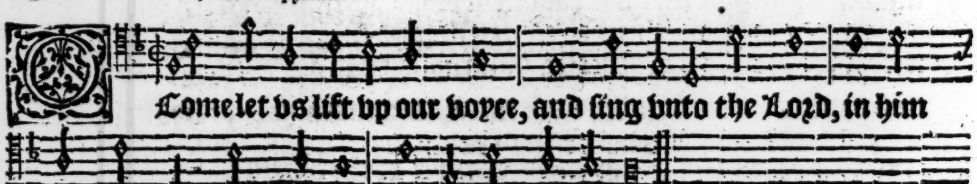
19 When with my ſelfe I muſed much, and neould o comfort finde:
then Lord thy goodneſſe did me touch, and that did eaſe my minde.
20 Wilt thou inhaunt thy ſelfe and draw, with wicked men to ſit:
which with pretence in ſtead of law, much miſchiefe doe commit?

21 For they conſult againſt the life of righteous men and good:
and in their counſels they are tike, to ſhed their guiltleſſe blood.
22 But yet the Lord he is to me, a ſtrong defence or locke:
he is my God, to him I flee, he is my ſtrength and rocke.

23 And he ſhall cauſe their miſchiefes all, themſelues for to annoy:
and in their malice they ſhall fall, our God ſhall them deſtroy.

Venite exultemus. Pſal. XCv. I. H.

An earneſt exhortation to prayſe God for the gouerment of the world, and the election of his Church. An admonition not to follow the rebellion of the old fathers, that tempted God in the wilderneſſe, for the which they might not enter into the land of promiſe.



2 Yea, let vs come before his face, to giue him thankes and prayſe:
in ſinging Pſalmes vnto his grace, let vs be glad alwaies.

3 For why, the Lord he is no doubt, a great and mighty God:
a king aboue all gods throughout, in all the world abroad.
4 The ſecrets of the earth ſo deepe, and corners of the land,
the tops of hils that are ſo ſteepe, he hath them in his hand.

5 The ſea and waters all are his, for he the ſame hath wrought:
the earth and all that therein is, his hand hath made of nought.
6 Come let vs bow and prayſe the Lord, before him let vs fall:
and kneele to him with one accord, the which hath made vs all.

7 For why, he is the Lord our God, for vs he doth prouide,
we are his flocke, he doth vs feede, his ſheepe, and he our guide.
8 To day if ye his voyce will heare, then harden not your heart:
as ye with grudging many a yeare, prouoked me in deſert.

9 Whereas your fathers tempted me, my power for to proue:
my wondrous workes when they did ſee, yet ſtill they would me moue.
10 Twiſe twentie yeares they did me grieue, and I to them did ſay:
they erre in heart and not beleeue, they haue not knowne my way.

11 Wherefore I ſware, when that my wrath was kindled in my breſt:
that they ſhould neuer tread the path, to enter in my reſt.

Cantate Domino. pſal. XCvj. I. H.

An exhortation both to the Jewes and Gentiles, to prayſe God for his mercy. And this ſpecially ought to be referred to the Kingdome of Chriſt.

Sing this as the 77. pſalme.

SIng ye with prayſe vnto the Lord, new ſongs of ioy and mirth:
ſing vnto him with one accord, all people on the earth.
2 Yea ſing vnto the Lord I ſay, prayſe ye his holy Name:
declare and ſhew from day to day, ſaluation by the ſame.

3 Among the heathen eke declare, his honour round about:
to ſhew his wonders doe not ſpare, in all the world throughout.
4 For why, the Lord is much of might, and worthy prayſe alway:
and he is to be dread of right, aboue all Gods I ſay.

5 For all the gods of heathen folke, are Idols that will fade:
but yet our God he is the Lord, that hath the heauens made.
6 All prayſe and honour eke doe dwell for aye before his face:
both power and might likewiſe excell, within his holy place.

7 Aſcribe vnto the Lord alway, ye people of the world:
all might and worſhip eke I ſay, aſcribe vnto the Lord.

8 Aſcribe

8 Aſcribe vnto the Lord alſo the glory of his Name:
and eke into his courts doe goe, with gifts vnto the ſame.

The ſecond part.

9 Fall downe and worſhip ye the Lord, within his Temple bright:
let all the people of the world be fearefull at his ſight.
10 Tell all the world, be not agaſt, the Lord doth reigne aboue:
yea he hath ſet the earth ſo faſt, that it can neuer moue.

11 And that it is the Lord alone, that rules with princely might,
to iudge the nations euery one, with equity and right.
12 The heauens ſhall great ioy begin, the earth ſhall eke reioyce:
the ſea with all that is therein, ſhall ſhout and make a noyſe.

13 The field ſhall ioy, and euery thing that ſpringeth on the earth:
the wood and euery tree ſhall ſing, with gladneſſe and with mirth,
14 Before the preſence of the Lord, and comming of his might:
when he ſhall iuſtly iudge the world, and rule his folke with right.

Dominus regnauit. Pſal. XCij. I. H.

The Prophet exhorteth all to reioyce for the comming of the Kingdome of Chriſt, dreadfull to the rebels and idolaters, and ioyfull to the iuſt, whom he exhorteth to immortality, reioycing and thankſgiuing.

Sing this the 95. pſalme.

THe Lord doth reigne, whereat the earth, may ioy with pleaſant voyce:
and eke the Iles with ioyfull mirth, may triumph and reioyce.
2 Both clouds and darkeneſſe eke doe dwell, and round about him beate:
yea right and iuſtice euer dwell, and bide about his ſeate.

3 Yea fire and heate at once doe runne, and goe before his face:
which ſhall his foes and enemies burne, abroad in euery place.
4 His lightening eke full bright did blaze, and to the world appeare:
whereat the earth did looke and gaze, with dread and deadly feare.

5 The hils like waxe did melt, in ſight and preſence of the Lord:
they fled before that rulers might, which guideth all the world.
6 The heauens eke declare and ſhew, his iuſtice forth abroad:
that all the world may ſee and know, the glory of our God.

7 Confuſion ſure ſhall come to ſuch, as worſhip Idols vaine,
and eke to thoſe that glory much, dumbe pictures to maintaine.
8 For all the Idols of the world, which they as Gods doe call:
ſhall feele the power of the Lord, and downe to him ſhall fall.

9 With ioy ſhall Sion heare this thing, and Iuda ſhall reioyce:
for at thy iudgements they ſhall ſing, and make a pleaſant noyſe.
10 That thou O Lord art ſet on high, in all the earth abroad:
and art exalted wondrouſly, aboue each other God.

11 All ye that loue the Lord doe this, hate all things that are ill:
for he doth keepe the ſoules of his, from ſuch as would them ſpill.
12 And light doth ſpring vp to the iuſt, with pleaſure for his part:
great ioy, with gladneſſe, mirth and luſt, to them of vpright heart.

13 Ye righteous in the Lord reioyce, his holineſſe proclaime:
be thankefull eke with heart and voyce, and mindfull of the ſame.

Cantate Domino, pſal. XCviij. I. H.

An earneſt exhortation to all creatures to prayſe the Lord for his power, mercy, and fidelity in his promiſe by Chriſt, by whom he hath communicated his ſaluation to all nations.

Sing this the 95. pſalme.

O Sing ye now vnto the Lord a new and pleaſant ſong:
for he hath wrought throughout the world, his wonders great and
2 With his right hand full worthily, he doth his foes deuoure: (ſtrong
and get himſelfe the victorie, with his owne arme and power.

3 The Lord doth make the people know, his ſauing health and might:
the Lord doth eke his iuſtice ſhew, in all the heathens ſight.
4 His grace and truth to Iſraell, in minde he doth record:
that all the earth hath ſeene right well, the goodneſſe of the Lord.

5 Be glad in him with ioyfull voyce, all people of the earth:
giue thankes to God, ſing and reioyce to him with ioy and mirth.
6 Vpon the Harpe vnto him ſing, giue thanks to him with Pſalmes:
reioyce before the Lord our King, with trumpets and with Shalmes.

7 Yea, let the ſea with all therein, for ioy both roare and ſwell:
the earth likewiſe let it begin, with all that therein dwell.
8 And let the floods reioyce their fils, and clap their hands apace:
and eke the mountaines and the hils, before the Lord his face.

9 For he ſhall come to iudge and try, the world and euery wight:
and rule the people mightily, with iuſtice and with right.

Dominus regnauit. XCix. I. H.

He commendeth the power, equity and excellency of the kingdome of God by Chriſt, ouer the Iewes and Gentiles, & prouoketh them to magnifie the ſame, and to ſerue the Lord, following the example of the ancient Fathers, Moſes, Aaron and Samuell, who calling vpon God, were heard in their prayers.

Sinh this as the 95. pſalme.

THe Lord doth raigne, although at it, the people rage full ſore:
yea, he on Cherubins doth ſit, though all the world doe roare.
2 The Lord that doth in Sion dwell, is high and wondrous great:
aboue all folke he doth excell, and he aloft is ſet.

3 Let all men prayſe thy mightie name, for it is fearefull ſure:
and let them magnifie the ſame, that holy is and pure.
4 The Princely power of our King, doth loue iudgement and right:
thou rightly ruleſt euery thing, in Jacob through thy might.
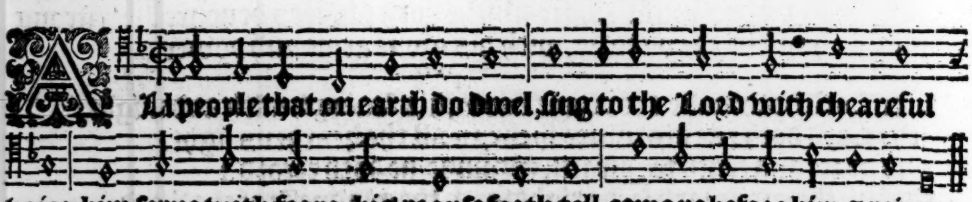
5 To prayſe the Lord our God deuiſe, all honour to him doe:
before his footſtoole doe likewiſe, for he is holy too.
6 Moſes, Aaron, and Samuell, as Prieſts on him did call:
when they did pray, he heard them well, and gaue them anſwere all.

7 Within

7 Within the cloud to them he ſpake, then did they labour ſtill:
to keepe ſuch lawes as he did make, and poynted them vntill.
8 O Lord our God thou didſt them heare, and anſwerdſt them againe:
9 Thy mercy did on them appeare, their deeds didſt not maintaine.
10 O laud and prayſe our God and Lord, within his holy hill:
for why? our God throughout the world, is holy euer ſtill.

Iubilate Deo omnes. Pſal. C.

Hée exhorteth all to ſerue the Lord, who hath choſen and preſerued vs: and enter into his aſſemblies to prayſe his name.



All people that on earth do dwel, ſing to the Lord with cheareful voice: him ſerue with feare, his prayſe forth tell, come ye before him & reioyce.

3 The Lord ye know is God indeede, without our ayd he did vs make:
we are his flocke he doth vs feed, and for his ſheepe he doth vs take.
4 O enter then his gates with prayſe, approach with ioy his courts vnto
prayſe, laud, and bleſſe his name alwaies, for it is ſeemely ſo to doe.

5 For why, the Lord our God is good, his mercy is for euer ſure:
his truth at all times firmely ſtood, and ſhall from age to age endure.

Another of the ſame.

Sing this as the 68. pſalme.

IN God the Lord be glad and light, prayſe him throughout the earth:
ſerue him and come before his ſight, with ſinging and with mirth.
2 Know that the Lord our God he is, he did vs make and keepe:
not we our ſelues, for we are his owne flocke and paſture ſheepe.

3 O goe into his gates alwaies, giue thankes within the ſame:
within his courts ſet forth his prayſe, and laud his holy Name.
4 For why, the goodneſſe of the Lord, for euermore doth raigne:
from age to age throughout the world, his truth doth ſtill remaine.

Miſericordiam & iudicium. Pſal. Cj. N.

Dauid deſcribeth what gouernment he will obſerue in his houſe and kingdome: He will puniſh and correct, by rooting out the wicked and cherifhing the godly perſons.

Sing this as the 81. pſalme.

I Mercy will and iudgement ſing, O Lord God vnto thee:
and wiſely doe in perfect way, vntill thou come to mee.
2 And in the midſt of my houſe walke, in pureneſſe of my ſpyte:
and I no kind of wicked thing, will ſet before my ſight.
3 I hate their workes that fall away, it ſhall not cleaue to me:
4 From me ſhall part the froward heart, none euill will I ſee.

5 Him

5 Him will I ſtroy that ſlandereth his neighbour priuily:
the lofty heart I cannot beare, nor him that looketh hie.

6 Mine eyes ſhall be on them within the land that faithfull be:
in perfect way who walketh, ſhall be ſernant vnto me.
7 I will no guilefull perſon haue within my houſe to dwell:
and in my preſence he ſhall not remaine that lies doth tell.

8 Betimes I will deſtroy euen all the wicked of the land:
that I may from Gods Citty cut the wicked workers hand.

Domine exaudi. Pſal. Cij. I. H.

It ſeemeth that this prayer was appoynted to the faithfull to pray in the captiuity of Babylon. A conſolation for the building of the Church: whereofollowеth the prayſe of God, to be publiſhed vnto all poſteritie. The conuerſion of the Gentiles, and the ſtabilitie of the Church.

Sing this as the 67. pſalme.

O Heare my prayer Lord, and let my cry come vnto thee:
2 In time of trouble doe not hide, thy face away from me.
Incline thine eare to me, make haſt to heare me when I call:
3 For as the ſmoke doth fade, ſo doe my dayes conſume and fall.

4 And as a harth my bones are burnt, my heart is ſmitten dead:
and withers as the graſſe, that I forget to eate my bread.
5 By reaſon of my groning voice, my bones cleaue to my skin:
6 As Pellican in wilderneſſe ſuch caſe now am I in.

And as an Owle in deſert is, loe I am ſuch a one:
7 I watch, and as a ſparrow on the houſe top am alone:
8 Loe dayly in reproachfull wiſe, mine enemies doe me ſcorne:
and they that doe againſt me rage, againſt me haue they ſworne.

9 Surely with aſhes as with bread, my hunger I haue fild:
and mingled haue my drinke with teares, that from mine eyes haue ſtild
10 Becauſe of thy diſpleaſure Lord, thy wrath and thy diſdaine:
for thou haſt lifted me aloft, and caſt me downe againe.

11 The dayes wherein I paſſe my life, are like the fleeting ſhade:
and I am withered like the graſſe, that ſoone away doth fade.
12 But thou O Lord for euer doſt remaine in ſteady place:
and thy remembrance euer doth abide from race to race,

The ſecond part.

13 Thou wilt ariſe, and mercy thou to Sion wilt extend:
the time of mercy, now the time foreſet is come to end.
14 For euen in the ſtones thereof, thy ſeruants doe delight:
and in the duſt thereof they haue compaſſion in their ſpite.

15 Then ſhall the heathen people feare the Lords moſt noble Name:
and all the kings on earth ſhall dread thy glory and thy fame.
16 Then when the Lord the mighty God, againe ſhall Sion reare.
and then when he moſt nobly in his Glory ſhall appeare.

17 To

17 To prayer of the deſolate, when he himſelfe ſhould bend:
when he ſhall not diſdaine vnto, their prayers to attend.
18 This ſhall be writ ten for the age, that after ſhall ſucceed:
the people yet vncreated, the Lords renowne ſhall ſpread.

19 For he from his high ſanctuary hath looked downe below:
and out of heauen hath the Lord, beheld the earth alſo.
20 That of the mourning captiue he, might heare the woefull cry:
and that he might deliuer thoſe, that damned are to die.

21 That they in Sion may declare, the Lords moſt holy Name:
and in Jeruſalem ſet forth, the prayſes of the ſame.
22 Then when the people of the land, and kingdomes with accord:
ſhall be aſſembled for to doe their ſeruice to the Lord.

The third part.

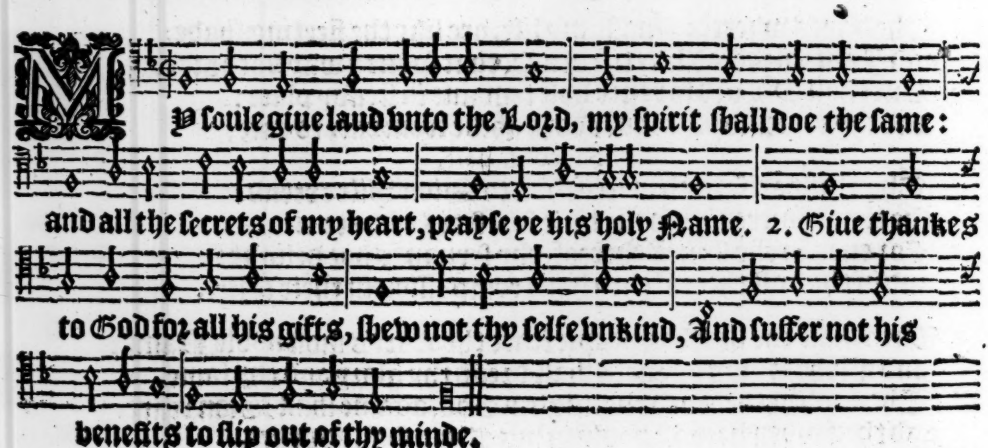
23 My former force of ſtrength he hath abated in the way:
and ſhorter he did cut my dayes, thus I therefore did ſay.
24 My God in midſt of all my dayes, now take me not away:
the yeares indure eternally, from age to age for aye.

25 Thou the foundation of the earth, before all times haſt laid:
and Lord the heauens are the worke which thine own hands haue made.
26 Yea, they ſhall periſh and decay, but thou ſhalt tarry ſtill:
and they ſhall all in time waxe old, euen as a garment will.

27 Thou as a garment ſhalt them change, and changed ſhall they be:
but thou doſt ſtill abide the ſame, thy yeares doe neuer flee.
28 The Children of thy ſeruants ſhall continually indure:
and in thy ſight their happy ſeed, for euer ſhall ſtand ſure.

Benedic anima mea. Pſal. Ciij. T.S.

This is a Pſalme moſt excellent, wherein the Prophet doth exhort men and Angels, and all creatures to prayſe the Lord for his fatherly mercyes, and deliuerance of his people from all euills, for his prouidence ouer all things, and the preſeruation of the faithfull.



3 That gaue thee pardon for thy faults, and thee reſtord againe:
for all thy weake and fraile diſeaſe, and healed thee of thy payne.
4 That did redeeme thy life from death, from which thou couldſt not flee:
his mercy and compaſſion both, he did extend to thee.

5 That fild with goodneſſe thy deſire, and did prolong thy youth:
like as the Eagle caſts her bill, whereby her age renewth.
6 The Lord with iuſtice doth repay, all ſuch as be oppreſt,
ſo that their ſufferings and their wrongs, are turned to the beſt.

7 His waies and his commandements, to Moſes he did ſhew:
his counſels and his valiant acts, the Iſraelites did know.
8 The Lord is kind and mercifull, when ſinners doe him grieue:
the ſloweſt to conceiue a wrath, and readieſt to forgiue.

9 He chides not vs continually, though we be full of ſtrife:
nor keepes our faults in memory, for all our ſinfull life.
10 Nor yet according to our ſinnes the Lord doth vs regard:
nor after our iniquities, he doth vs not reward.

11 But as the ſpace is wondrous great, twixt earth and heauen aboue:
ſo is his goodneſſe much more large, to them that doe him loue.
12 God doth remoue our ſinnes from vs, and our offences all:
as farr as is the Sun riſing, full diſtant from his fall.

The ſecond part.

13 And looke what pitty parents deare, vnto their children beare:
like pittie beareth God to ſuch, as worſhip him in feare.
14 The Lord that made vs knoweth our ſhape, our mould and faſhion iuſt:
how weake and fraile our nature is, and how we be but duſt.

15 And how the time of mortall men, is like the withering hay:
or like the flowre right faire in field, that fades full ſoone away.
16 Whoſe gloſſe and beauty ſtormy windes, doe vtterly diſgrace:
and make that after their aſſaults, ſuch bloſſomes haue no place.

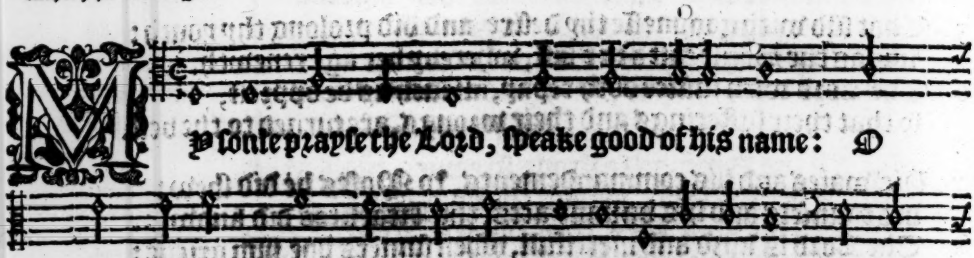
17 But yet the goodneſſe of the Lord, with his ſhall euer ſtand:
their childrens children doe receiue, his righteouſneſſe in hand.
18 I meane which keepe his couenant, with all their whole deſire,
and not forget to doe the thing, that he doth them require.

19 The heauens hie are made the ſeat, and foot-ſtoole of the Lord:
and by his power imperiall, he gouernes all the world.
20 Ye Angels which are great in power, prayſe ye and bleſſe the Lord:
which to obey and doe his will, immediately accord.
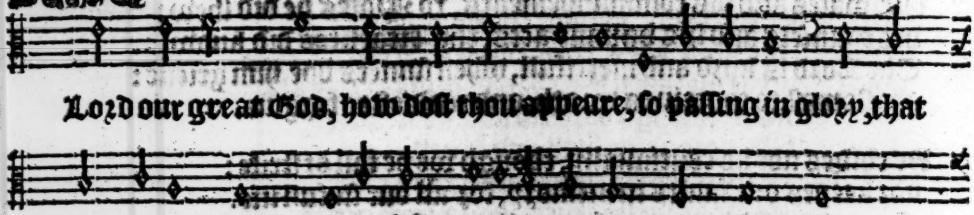
21 Ye noble hoaſts and miniſters, ceaſe not to laud him ſtill:
which ready are to execute, his pleaſure and his will.
22 Yea all his workes in euery place, prayſe ye his holy name:
my heart, my mind, and eke my ſoule, prayſe ye alſo the ſame.

Benedic anima mea. pſal. Ciiij. W. K.

An excellent Pſalme to prayſe God for the creation of the world, and the gouernance of the ſame, by his marueilous prouidence: Wherein the Prophet prayeth againſt the wicked, who are occaſions that God diminiſheth his bleſſings.



My ſoule prayſe the Lord, ſpeake good of his name: O



Lord our great God, how doſt thou appeare, ſo paſſing in glory, that

great is thy fame? Honor and Maieſty in thee ſhine moſt cleere:



with light as a robe thou haſt thee beclad, whereby all the earth



thy greatneſſe may ſee: the Heauen in ſuch ſort thou alſo haſt ſpread,



that it to a Curtaine compared may be.

3 His Chamber beames lye, in the clouds full ſure,
which as his Chariot, are made him to beare:
And there with much ſwiftneſſe, his courſe doth endure:
vpon the wings riding, of windes in the ayre.

4 He maketh his ſpirits as Heralds to goe,
and lightenings to ſerue we ſee alſo preſt:
His will to accompliſh, they runne to and fro,
to ſaue or conſume thinges, as ſeemeth him beſt.

5 He groundeth the earth ſo firmely and faſt,
that it once to moue none ſhall haue ſuch power:

6 The deepe a faire couering for it made thou haſt,
which by his owne nature the hills would deuoure.

7 But at thy rebuke the waters doe fly,
and ſo giue due place thy word to obey:
At thy voyce of thunder ſo fearefull they be,
that in their great raging they haſt ſoone away.

8 The Mountaines full high, they then vp aſcend,
if thou doe but ſpeake thy word they fulfill:
So likewiſe the vallies moſt quickly deſcend,
where thou them appoynteſt, remaine they doe ſtill.
9 Their bounds thou haſt ſet, how farre they ſhall run,
ſo as in their rage, not that paſſe they can:
For God hath appoynted, they ſhall not returne,
the earth to deſtroy more, which made was for man.

The ſecond part.

10 He ſendeth the Springs to ſtrong ſtreames and Lakes,
which run doe full ſwift, among the huge hils:
11 Where both the wild Aſſes, their thirſt oft-times ſlakes,
and beaſts of the mountaines thereof drinke their fils.
12 By theſe pleaſant ſprings or fountaines full faire,
the foules of the ayre abide ſhall and dwell:
Who moued by Nature, to hop heere and there,
among the greene branches their ſongs ſhall excell.

13 The mountaines to moyſt, the clouds he doth vſe:
the earth with his workes, is wholly repleate.
14 So as the bruit cattell he doth not refuſe,
but graſſe doth prouide them, and herbs for mans meate.
15 Yea bread, wine and oyle, he made for mans ſake,
his face to refreſh, and hart to make ſtrong:
16 The Cedars of Liban this great Lord did make,
which trees he doth nouriſh, that grow vp ſo long.

17 In thoſe may Birds build, and make there their neſt,
in Firre-trees the Storkes remaine and abide:
18 The high hills are ſuccours for wilde Goates to reſt,
and eke the rockes ſtony for Conies to hide.
19 The moone then is ſet, her ſeaſons to runne,
the dayes from the nights thereby to diſcerne
And by the deſcending alſo of the Sunne,
the cold from heate alway, thereby we doe learne.

20 When darkeneſſe doth come by Gods will and power,
then creepe forth doe all, the beaſts of the wood:
21 The Lyons range roaring, their prey to deuoure,
but it is thou Lord, which giueſt them food.
22 As ſoone as the Sunne is vp, they retyre,
to couch in their dens then are they full faine:
23 That man to his worke may, as right doth require,
till night come and call him, to take reſt againe.

The third part.

24 How ſundry O Lord, are all thy workes found,
with wiſedome full great, they are indeed wrought:

25 So that the whole worlde, of thy prayſe doth ſound,
and as for thy riches, they paſſe all mens thought.
So is the great Sea, which large is and broad,
where thinges that creepe ſwarme, and beaſts of each ſort.
26 There both mighty ſhips ſaile, and ſome lye at road:
the whale huge and monſtrous, there alſo doth ſport.

27 All thinges on thee waite, thou doſt them reliue:
and thou in due time full well doſt them feed.
28 Now when it doth pleaſe thee, the ſame to to giue,
they gather full gladly, thoſe thinges that they need.
Thou openeſt thy hand, and they finde ſuch grace,
that they with good thinges are filled we ſee:
29 But ſore are they troubled, if thou turne thy face:
for if thou their breath take, vile duſt then they be.

30 Againe, when thy ſpirit from thee doth proceed
all thinges to appoynt, and what ſhall enſue,
Then are they created, as thou haſt decreed,
and doſt by thy goodneſſe the dry earth renewe.
31 The prayſe of the Lord for euer ſhall laſt,
who may in his workes by right well reioyce:
32 His looke can the earth make to tremble full faſt,
and likewiſe the mountaines to ſmoke at his voyce.

33 To this Lord and God ſing will I alwaies,
ſo long as I liue my God prayſe will I:
34 Then am I moſt certaine, my words ſhall him pleaſe,
I will reioyce in him, to him will I cry.
35 The ſinners O Lord, conſume in thine ire,
and eke the peruerſe, them root out with ſhame:
But as for my ſoule now, let it ſtill deſire:
and ſay with the faithfull, prayſe ye the Lords Name.

Confitemini Domino. Pſal. Cv. N.

He prayſeth the ſingular goodneſſe of God, who hath of all the people of the world, choſen a peculiar people to himſelfe, and hauing choſen them, neuer ceaſeth to doe them good, euen for his promiſe ſake.

Sing this as the 59. pſalme.

GIue prayſes vnto God the Lord, and call vpon his Name:
among the people eke declare, his workes to ſpread his fame.
2 Sing ye vnto the Lord I ſay, and ſing vnto him prayſe:
and talke of all his wondrous workes that he hath wrought alwaies.

3 In honour of his holy Name, reioyce with one accord:
and let the heart alſo reioyce, of them that ſeeke the Lord.
4 Seeke ye the Lord, and ſeeke the ſtrength, of his eternall might:
and ſeeke his face continually, and preſence of his light.

5 The

5 The wondrous workes that he hath done, keepe still in mindfull heart:
ne let the iudgements of his mouth, out of your minde depart.
6 Ye that of faithfull Abraham, his seruant are the seed:
ye his elect, the children that of Jacob doe proceed.

7 For he, he onely is I say, the mighty Lord our God,
and his most righteous iudgements are through all the earth abroad.
8 His promise and his couenant, which he hath made to his,
he hath remembred euermore to thousands of degrees.

The second part.

9 The couenant which he hath made, with Abraham long ago,
and faithfull oath which he hath sworne to Isaac also:
10 And did confirme the same for law, that Jacob should obey:
and for eternall couenant to Israel for aye.

11 When thus he sayd, loe I to you all Canaan land will giue,
the lot of your inheritance, wherein your seed shall liue.
12 Although their number at that time, did very small appeare:
yea, very small and in the land, they then but strangers were.

13 While yet they walkt from land to land, without a sure aboad:
and while from sundry kingdomes they, did wander all abroad,
14 And wrong at none oppressors hand, he suffered them to take:
but euen the great and mighty Kings, reproued for their sake.

15 And thus he sayd, Touch none of those that mine annoynted be:
ne doe the Prophets any harme, that doe pertayne to me.
16 He cald a dearth vpon the land, of bread he stroyd the store:
but he against their time of need, had sent a man before.

The third part.

17 Euen Joseph which had once been sould, to liue a slaue in woe,
18 whose feet they hurt in stockes, whose soule the yron pearst also.
19 Untill the time came when his cause, was knowne apparantly,
the mighty word of God the Lord, his faultlesse truth did try.

20 The King sent and deliuered him, from prison where he was:
the Ruler of the people then, did freely let him passe.
21 And ouer all his house he made him Lord to beare the sway,
and of his substance made him haue, the rule and all the stay.

22 That he might to his will instruct, the Princes of his land:
and wisedomes lore his ancient men, might teach to vnderstand.
23 Then into the Egyptian land, came Israell also:
and Jacob in the land of Ham, did liue a stranger tho.

24 His people he exceedingly, in number made to flow:
and ouer all their enemies, in strength he made them grow.
25 Whose heart he turned, that they with hate, his people did intreat:
and did his seruants wrongfully, abuse with false deceit.

The fourth part.

26 His faithfull ſeruant Moſes then, and Aaron whom he choſe,
he did command to goe to them, his meſſage to diſcloſe.
27 The wondrous meſſage of his ſignes, among them they did ſhow:
and wonders in the land of Ham, then did they worke alſo.

28 Darkeneſſe he ſent and made it darke, in ſtead of brighter day:
and vnto his commiſſion, they did not diſobay.
29 He turned their waters into blood, he did their fiſhes ſlay: (lay.
30 Their land brought frogs, euen in the place where there King Pharaoh

31 He ſpake, and at his voyce there came, great ſwarmes of noyſome flyes:
and all the quartes of their land, were filed with crawling lice.
32 He gaue them cold and ſtony haile, in ſtead of milder raine:
and fiery flames within their land, he ſent vnto their paine.

33 He ſmote their vines and all their trees, whereon their figs did grow.
and all the trees within their coaſts, downe did he ouerthrow.
34 He ſpake, then Catterpillars did, and Graſhoppers abound:
35 Which eate the graſſe in all their land, and fruit of all their ground.

The fift part.

36 The firſt begotten in the land, eke deadly did he ſmite,
yea the beginning and firſt fruit, of all their ſtrength and might.
37 With Gold and Siluer he them brought, from Egypt land to paſſe:
and in the number of the Tribes, no feeble one there was.

38 Egipt was glad and ioyfull then, when they did thence depart:
for terror and the feare of them, was falne vpon their heart.
39 To ſhroude them from the parching heate, a cloud he did diſplay:
and fire he ſent to giue them light, when night had hid the day.

40 They asked and he cauſed Quailes, to raine at their requeſt:
and fully with the bread of heauen, their hunger he repreſt.
41 He opened then the ſtony rocke, and waters guſhed out,
and in the dry and parched grounds, like riuers ranne about.

42 For of his holy Couenant, aye mindfull was he tho:
which to his ſeruant Abraham, he plighted long ago,
43 He brought his people forth with mirth, and his elect with ioy,
out of the cruell land, where they had liu'd in great annoy.

44 And of the Heathen men he gaue, to them the fruitfull lands:
the labours of the people eke, they tooke into their hands:
45 That they his holy ſtatutes might, obſerue for euermore:
and faithfully obey his lawes, prayſe ye the Lord therefore.

Confitemini Domino. *Pſal* Cvj.

The people diſperſed vnder Antiochus, doe magnifie the goodneſſe of God among the iuſt and repentant: Deſiring to be brought againe into the land by Gods merciſull viſitation: & after the manifold maruels of God wrought in their deliuerance forth of Egipt, and the great ingratitude of the people rehearſed, they doe pray and deſire to be gathered from among the Heathen, to the intent they may prayſe the name of the God of Iſraell.

Sing

Sing this as the 59. pſalme.

PRayſe ye the Lord, for he is good, his mercy dures for aye:
2 Who can expreſſe his noble acts, or all his prayſe diſplay?
3 They bleſſed are that iudgement keepe, and iuſtly doe alway:
4 With fauour of thy people Lord, remember me I pray.

And with thy ſauing health O Lord, vouchſafe to viſite me:
5 That I the great felicity of thine elect may ſee.
And with thy peoples ioy I may, a ioyfull mind poſſeſſe:
and may with thine inheritance, a glorying heart expreſſe.

6 Both we and eke our Fathers all, haue ſinned euery one:
we haue committed wickednesſe, and lewdly we haue done.
7 The wonders great which thou O Lord, haſt done in Egypt land,
our Fathers though they ſaw them all, yet did not vnderſtand.

Nor yet thy mercies multitude, did keepe in thankefull mind:
but at the ſea, yea the red ſea, rebelled moſt vnkind.
8 Neuertheleſſe he ſaued them, for honor of his name:
that he might make his power knowne, and ſpread abroad his fame.

9 The red ſea he did then rebuke, and forthwith it was dride:
and in the wilderneſſe, ſo through the deepe he did them guide.
10 He ſau'd them from the cruell hand, of their deſpightfull foe,
and from the enemies hand, he did deliuer them alſo.

The ſecond part.

11 The waters their oppreſſors whelm'd, not one was left aliue:
12 Then they beleeu'd his words, and prayſe in ſong they did him giue.
13 But by and by vnthankefully, his workes they cleane forgat,
and for his counſell and his will, they did neglect to wait.

14 But luſted in the wilderneſſe, with fond and greedy luſt:
and in the Deſert tempted God, the ſtay of all their truſt.
15 And then their wanton mindes deſire, he ſuffered them to haue:
but waſting leaneſſe therewithall, into their ſoules he gaue,

16 Then when they lodged in their Tents, at Moſes they did grutch:
Aaron the holy of the Lord, ſo did they enuy much.
17 Therefore the earth did open wide, and Dathan did deuoure:
and all Abirams company, did couer in that houre.

18 And in their Aſſembly kindled was, the hot conſuming fire:
and waſting flame did then burne vp, the wicked in his ire.
19 Upon the hill of Horeb they, an Idoll Calfe did frame:
and there the molten Image they, did worſhip of the ſame.

Into the likeneſſe of a Calfe, that feedeth on the graſſe:
20 Thus they their glory turn'd, and all their honour did deface.
21 And God their onely Sauiour, vnkindly they forgot:
which many great and mighty things, in Egypt land had wrought.

The

The third part.

22 And in the Land of Ham for them, moſt wondrous workes had done,
and by the red ſea dreadfull things, performed long agone.
23 Therefore for their ſo shewing them, forgetfull and vnkind,
to bring diſtruction on them all, he purpoſde in his mind.

Had not his ſeruant Moſes ſtood, before them in the breake:
to turne his wrath, leaſt he on them with ſlaunder ſhould him wreake.
24 They did deſpiſe the pleaſant land, that he behight to giue:
yea and the words that he had ſpoke, they did no whit beleeue.

25 But in their tents with grudging hearts they wickedly repinde:
nor to the voyce of God the Lord, they gaue an hearkning minde.
26 Therefore againſt them lifted he, his ſtrong reuenging hand,
them to deſtroy in wilderneſſe, ere they ſhould ſee the land.

27 And to deſtroy their ſeed among, the Nations with his rod:
and through the countries of the world, to ſcatter them abroad.
28 To Baal Peor then they did adioyne themſelues alſo,
and eate the offerings of the dead, ſo they forſooke him tho.

29 Thus with their owne inuentions, his wrath they did prouoke:
and in his ſo enkindled wrath, the plague vpon them broke.
30 But Phinees ſtood with zeale, the ſinners vile to ſlay:
and iudgement he did execute, and then the plague did ſtay.

The fourth part.

31 It was imputed vnto him, for righteouſneſſe that day,
and from thenceforth ſo counted is, from race to race for aye.
32 At waters eke of Meribah, they did him angry make:
yea ſo farre forth that Moſes was, then puniſht for their ſake.

33 Becauſe they vext his ſpirit ſo ſore, that in impatient heat,
his lips ſpake vnaduiſedly, his feruor was ſo great.
34 Nor as the Lord commanded them, they ſlew the people tho:
35 But were among the heathen mixt, and learnd their workes alſo.

36 And did their Idols ſerue, which were their ruine and decay:
37 To fiends their ſonnes and daughters they, did offer vp and ſlay.
38 Yea with vnkindly murdering knife, the guiltleſſe blood they ſpilt,
yea their owne ſonnes and daughters blood, without all cauſe of guilt.

Whom they to Canaan Idols then, offered with wicked hand:
and ſo with blood of Innocents, defiled was the land.
39 Thus were they ſtayned with the workes of their owne filthy way,
and with their owne inuentions, a whoring they did ſtray.

40 Therefore againſt his people was, the Lords wrath kindled ſore:
and euen his owne inheritance, therefore he did abhorre.
41 Into the hands of heathen men, he gaue them for a prey:
and made their foes their Lords, whom they were forced to obey,

The

The fift part.

42 Yea and their hatefull enemies, oppreſt them in the land:
and they were humbly made to ſtoope, as ſubiect to their hand.
43 Full often times from thrall had he, deliuered them before:
but with their counſels they to wrath, prouokt him euermore.

44 Therefore they by their wickednesſe, were brought full low to lie:
yet when he ſaw them in diſtreſſe, he harkened to their cry.
45 He cald to mind his couenant, which he to them had ſworne:
and by his mercies multitude, repented him therefore.

46 And fauour he them made to find, before the ſight of thoſe,
that led them captiues from their land, when erſt they were their foes.
47 Saue vs O Lord that art our God, saue vs O Lord we pray:
and from among the heathen folke, Lord gather vs away.

That we may ſpread the noble prayſe of thy moſt holy name:
that we may glory in thy prayſe, and ſounding of thy fame.
48 The Lord the God of Iſrael, be bleſt for euermore:
let all the people ſay Amen, prayſe ye the Lord therefore.

Confitémini Domino. Pſal. Cvij. W. K.

Dauid exhorteth all that are redeemed by the Lord, and gathered vnto him, to giue thankes therefore, who by ſending proſperity and aduerſity, bringeth men vnto him. Therefore as the righteous thereat reioyce ſo ſhall the wicked haue their mouthes ſtopped.

Sing this the 96. pſalme.

GIue thankes vnto the Lord our God, for gratious is he:
and that his mercy hath no end, all mortall men may ſee.
2 Such as the Lord redeemed hath, with thankes ſhould prayſe his name:
and ſhew how they from foes were freed, & how he wrought the ſame.

3 He gathered them forth of the lands that lay ſo farre about:
from Eaſt to Weſt, from North to South, his hand did finde them out.
4 They wandred in the wilderneſſe, and ſtrayed from the way:
and found no Citty where to dwell, that ſeruе might for their ſtay.

5 Whoſe thirſt and hunger was ſo great, in theſe deſerts ſo voyde:
that faintneſſe did them ſore aſſault, and eke their ſoules annoyd.
6 Then did they cry in their diſtreſſe, vnto the Lord for ayd:
who did remoue their troublous ſtate, according as they prayd.

7 And by that way which was moſt right, he led them like a guide,
that they might to the Citty goe, and there alſo abide.
8 Let them therefore before the Lord, confeſſe his kindneſſe then:
and ſhew the wonders that he doth, before the ſonnes of men.

9 For he the emptie ſoule ſuſtaynd, whom thirſt had made to faint:
the hungry ſoule with goodneſſe fed, and did them eke acquaint.
10 Such as doe dwell in darkeneſſe deepe, where they on death doe wayte,
faſt bound to taſt ſuch troublous ſtormes, as yron chaines doe threat.

The

The ſecond part.

11 For that againſt the Lords owne words, they ſought ſo to rebell:
eſteeming light his counſels hie, which doe ſo farre excell.
12 But when he humbled them full low, they then fell downe with griefe:
and none was found ſo much to helpe, whereby to get releefe.

13 Then did they cry in their diſtreſſe, vnto the Lord for ayde:
who did remoue their troublous ſtate, according as they prayd.
14 For he from darkeneſſe out them brought, & from deathes dreadfull ſhade
burſting with force the yron bands, which did before them lade.

15 Let them therefore before the Lord, confeſſe his kindneſſe then,
and ſhew the wonders that he doth, before the ſonnes of men.
16 For he threw downe the gates of braſſe, & brake them with ſtrong hand,
the yron barres he ſmote in two, nothing could him withſtand.

17 The fooliſh folke great plagues doe feele, and cannot from them wend:
but heape on more to thoſe they haue, becauſe they doe offend.
18 Their ſoules ſo much did loath all meate, that none they could abide:
whereby death had them almoſt caught, as they full truly tride.

19 Then did they cry in their diſtreſſe, vnto the Lord for ayde:
who did remoue their troublous ſtate, according as they praide.
20 For he then ſent to them his word, which health did ſoone reſtore:
and brought them from thoſe dangers deepe, wherein they were before.

The third part.

21 Let them therefore before the Lord confeſſe his kindneſſe then:
and ſhew the wonders that he doth, before the ſonnes of men.
22 And let them offer ſacrifice, with thankes and alſo feare:
and ſpeake of all his wondrous workes, with glad and ioyfull cheare.

23 Such as in Ships or brittle barkes, into the ſeas deſcend:
their marchandiſe through fearefull floods, to compaſſe and to end.
24 Thoſe men are forced to behold, the Lords workes what they be:
and in the dangers deepe the ſame, moſt maruailous they ſee.

25 For at his word the ſtormy winde, ariſeth in a rage:
and ſtirreth vp the ſurges ſo, as nought can them aſſwage.
26 Then are they lifted vp ſo high, the clouds they ſeeme to gaine:
and plunging downe the depth, vntill their ſoules conſume with paine.

27 And like a drunkard to and fro, now here, now there they reele:
as men with feare of wit bereft, or had of ſence no feele.
28 Then did they cry in their diſtreſſe, vnto the Lord for ayd:
who did remoue their troublous ſtate, according as they prayd.

29 For with his word the Lord doth make, the ſturdy ſtormes to ceaſe:
ſo that the great waues from their rage, are brought to reſt and peace.
30 Then are men glad when reſt is come, which they ſo much doe craue:
and are by him in heauen brought, which they ſo faine would haue.

The

The fourth part.

31 Let men therefore before the Lord, confeſſe his kindneſſe then,
and ſhew the wonders that he doth, before the ſonnes of men.
32 Let them in preſence of the folke, with prayſe extoll his Name:
and where the Elders doe conuent, there let them doe the ſame.

33 For running floods to dry deſerts, he doth oft change and turne:
and dryeth vp as it were duſt, the ſpringing well and bourne.
34 A fruitfull land with pleaſures dect, full barren he doth make:
when on their ſinnes that dwell therein, he doth iuſt vengeance take.

35 Againe the wilderneſſe full rude, he maketh fruit to beare:
with pleaſant ſprings of waters cleare, though none before were there.
36 Wherein ſuch hungry ſoules are ſet, as he doth freely chuſe:
that they a Citty may them build, to dwell in for their vſe.

37 That they may ſow their pleaſant land, and vineyards alſo plant:
to yeeld them fruit of ſuch increaſe, as none may ſeeme to want.
38 They multiply exceedingly, the Lord doth bleſſe them ſo:
who doth alſo their brute beaſts make, by numbers great to grow.

39 But when the faithfull are low brought, by the oppreſſors ſtout:
and miniſh doe through many plagues, that compaſſe them about.
40 Then doth the Princes bring to ſhame, which did them ſore oppreſſe:
and likewiſe cauſed them to erre, within the wilderneſſe.

41 But yet the poore he raiſeth vp, out of his troubles deepe:
and oft-times doth his traine augment, much like a flocke of ſheepe.
42 The righteous ſhall behold this ſight, and alſo much reioyce:
whereas the wicked and peruerſe, with griefe ſhall ſtop their boyce.

43 But who is wiſe that now full well, he may theſe thinges record:
for certainely ſuch ſhall perceiue, the kindneſſe of the Lord.

Paratum cor meum. Pſal Cviij. N.

Dauid with heart and boyce prayſeth the Lord, and aſſureth himſelfe of the promiſe of God, concerning the kingdome ouer Iſraell, and his power againſt other Nations, who though he ſeeme to forſake vs for a time, yet he alone in the end will caſt downe our enemies.

Sing this the 95. pſalme.

O God my heart prepared is, and eke my tongue is ſo:
I will aduance my boyce in ſong, and giuing prayſe alſo.
2 Awake my Violl and my Harpe, ſweete melodie to make:
and in the morning I my ſelfe, right early will awake.

3 By me, among the people Lord, ſtill prayſed ſhalt thou be:
and I among the heathen folke, will ſing O Lord to thee.
4 Becauſe thy mercy Lord is great, aboue the heauens hie:
and eke thy truth doth reach the clouds, within the lofty ſkie.

5 Aboue the ſtarry heauens hie, exalt thy ſelfe O God:
and Lord diſplay vpon the earth, thy glory all abroad.

6 That thy dearely beloued may, be set at liberty:
helpe O my God with thy right hand, and harken vnto me.

7 God in his holinesse hath spoke, wherefore my ioy abound:
Sichem I will diuide, and mete the vale of Succoth ground.
8 And Gilead shall be mine owne, Manasses mine shall be:
my head strength Ephraim, and law shall Iuda giue for me.

9 Moab my washpot, and my shooe, on Edom will I throw:
vpon the land of Palestine, in triumph will I goe.
10 Who shall into the Citty strong, be guide to conduct me?
or how by whom to Edom land conueyed shall I be?

11 It is not thou O God which late, hadst vs forsaken quite?
and thou O Lord which with our hoast, didst not goe forth to fight?
12 Giue vs O Lord thy sauing ayd, when troubles doe assaile:
for all the helpe of man is vaine, and can no whit auaile.

13 Through God we shall doe valiant acts, and worthy of renowne:
he shall subdue our enemies, yea he shall tread them downe.

Deus laudem tuam. Psal. Cix. N.

Dauid being falsly accused by Saules flatterers, prayeth God to helpe him to destroy his enemies, who represent Iudas the traytor vnto Iesus Christ, and all like enemies of the children of God.

Sing this as the 89. psalme.

IN speechlesse silence doe not hold, O God thy tongue alwaies:
O God euen thou I say that art, the God of all my prayse.
2 The wicked and the guilefull mouth, on me disclosed be:
and they with false and lying tongues, haue spoken vnto me.

3 They did beset me round about, with words of hatefull spight:
without all cause of my desert, against me they did fight.
4 For my good will they were my foes, but then gan I to pray:
5 My good with ill, my friendlinesse, with hate they did repay.

6 Set thou the wicked ouer him, to haue the vpper hand,
at his right hand eke suffer thou, his hatefull foe to stand.
7 When he is iudged let him then, condemned be therein:
and let the prayer that he makes, be turned into sinne.

8 Few be his dayes, his charge also, let thou another take:
9 His children let be fatherlesse, his wife a widdow make.
10 Let his off-spring be vagabonds, to beg and seeke their bread:
wandering out of the wasted place, where erst they haue been fed.

11 Let couetous extortioners, catch all his goods and store:
and let the stranger spoyle the fruits, of all his toyle before.
12 Let there be none to pittie him, let there be none at all:
that on his children fatherlesse, will let their mercy fall.

The

The ſecond part.

13 And ſo let his poſterity for euer be deſtroyd:
their names out blotted in the age, that after ſhall ſucceed.
14 Let not his fathers wickednesse, from Gods remembrance fall:
and let not thou his mothers ſinne, be done away at all.

15 But in the preſence of the Lord, let them remaine for aye:
that from the earth their memory, he may cut cleane away.
16 Sith mercy he forgot to shew, but did purſue with ſpight
the troubled man, and ſought to ſlay the woefull hearted wight.

17 As he did curſing loue, it ſhall betide vnto him ſo:
and as he did not bleſſing loue, it ſhall be farre him fro.
18 As he with curſing clad himſelfe, ſo it like water ſhall
into his bowels, and like oyle into his bones befall.

19 As garment let it be to him, to couer him for aye:
and as a girdle wherewith he, ſhall girded be alway.
20 Loe let the ſame be from the Lord, the guerdon of my foe:
yea and of thoſe that euill ſpeake, againſt my ſoule alſo.

21 But thou O Lord that art my God, deale thou I ſay with me:
after thy name deliuer me, for good thy mercies be.
22 Becauſe in depth of great diſtreſſe, I needy am and poore,
and eke within my payned breaſt, my heart is wounded ſore.

The third part.

23 Euen ſo doe I depart away, as doth declining ſhade,
and as the Graſhopper, ſo I am ſhaken off and fade.
24 With faſting long from needfull food, enfeebled are my knees:
and all her fatneſſe hath my fleſh, enforſed beene to leeſe.

25 And I alſo a vile reproach, to them was made to be:
and they that did vpon me looke, did ſhake their heads at me.
26 But thou O Lord that art my God, mine ayde and ſuccour be:
according to thy mercy Lord, ſaue and deliuer me.

27 And they ſhall know thereby, that the Lord is thy mighty hand:
and that thou, thou haſt done it Lord, ſo ſhall they vnderſtand.
28 Although they curſe and ſpight, yet thou, ſhalt bleſſe with louing voyce:
they ſhall ariſe and come to ſhame, thy ſeruant ſhall reioyce.

29 Let them be cloathed all with ſhame, that enemies are to me:
and with confuſion as a cloake, eke couered let them be:
30 But greatly I will with my mouth, giue thankes vnto Lord:
and I among the multitude, his prayſes will record.

31 For he with helpe at his right hand, will ſtand the poore man by,
to ſaue him from the man that would, condemne his ſoule to dye.

Dixit Dominus, Pſal. Cx. N.

Dauid prophecieth of the power and euerlaſting kingdome of Chriſt, and of the Prieſthood, which ſhould put an end to the Prieſthood of Leuy.

THe Lord did ſay vnto my Lord, Sit thou on my right hand:
till I haue made thy foes a ſtoole, whereon thy feet ſhall ſtand.
2 The Lord ſhall out of Sion ſend, the ſcepter of thy might:

amid thy mortall foes be thou the ruler in their ſight.
3 And in the day on which thy raigne and power they ſhall ſee,
then heereby free-will offerings ſhall the people offer thee,
Yea, with an holy worſhipping then ſhall they offer all:
thy birthy dew is the dew that doth from wombe of morning fall.
4 The Lord hath ſworne, and neuer will repent what he doth ſay,
by th'order of Melchiſedech thou art a Prieſt for aye.
5 The Lord thy God, on thy right hand that ſtandeth for thy ſtay,
ſhall wound for thee the ſtately Kings, vpon his wrathfull day.
6 The heathen he ſhall iudge, and fill the place with bodies dead,
and ouer diuers countries ſhall in ſunder ſmite the head.
7 And he ſhall drinke out of the brooke that runneth in the way:
therefore ſhall he lift vp on high, his royall head that day.

Confitebor tibi. Pſal. Cxj. N.

He giueth thankes to the Lord for his mercifull workes towards his Church, and declareth wherein true wiſedome and right knowledge conſiſteth.

Sing this the 120. pſalme.

WIth heart I doe accord to praiſe and laud the Lord,
in preſence of the iuſt. 2. For, great his workes are found:
To ſeeech them ſuch are bound, as doe him loue and truſt.
3 His workes are glorious: Alſo his righteouſneſſe
It doth indure for euer. 4. His wondrous workes he would,
we ſtill remember ſhould: his mercy faileth neuer.
5 Such as to him loue beare, a portion full faire
He hath vp for them laid: for, this they ſhall well finde,
he will haue them in minde, and keepe them as he ſayd.
6 For he did not diſdaine, his workes to ſhew them plaine
By lightening and by thunders, when he the heathens land
did giue into their hand, where they beheld his wonders.
7 Of all his workes enſueth both iudgement, right, and truth,
8 whereto his ſtatutes tend: they are decreed ſure
for euer endure, which equity doth end.
Redemption he gaue, his people for to ſaue:
9 And hath alſo required, his promiſe not to faile,
But alwaies to preuaile: his holy Name be feared.
10 Who ſo with heart full faine, true wiſedome would attaine,
The Lord feare and obey. Such as his lawes doe keepe,
Shall knowledge haue full deepe, his praiſe ſhall laſt for aye.

Beatus vir. Pſal. Cxij. VV. K.

He praiſeth the felicity of them that feare God, and condemneth the curſed ſtate of the contemners of God.

Sing this as the *Pater noſter*.

THe man is bleſt that God doth feare, & that his lawes doth loue indeed:
2 His ſeed on earth God will vpreare, & bleſſe ſuch as from him proceed:
3 His houſe with good he will fulfill, his righteouſneſſe endure ſhall ſtill.
4 Vnto the righteous doth ariſe in trouble ioy, in darkeneſſe light.
Compaſſion is in his eyes, and mercy alwaies in his ſight.
5 Yea, pitty moueth ſuch to lend: he doth by iudgement thinges expend.
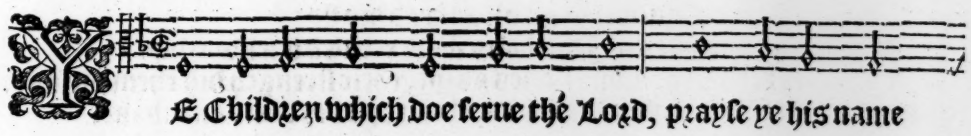
6 And

6 And ſurely ſuch ſhall neuer faile:
For in remembrance had is he.
7 No tidings ill can make him quaile,
Who in the Lord ſure hope doth ſee.
8 His heart is firme, his feare is paſt:
For he ſhall ſee his foes downe caſt.

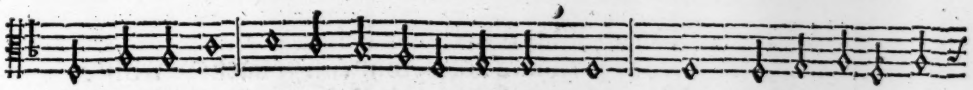
9 He did well for the poore prouide,
His righteouſneſſe ſhall ſtill remaine,
And his eſtate with prayſe abide,
Though that the wicked man diſdaine.
10 Yea, gnaſh his teeth thereat ſhall he,
and ſo conſume his ſtate to ſee.

Laudate pueri. Pſal. Cxiij. W. K.

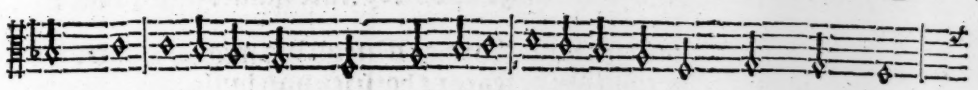
An exhortation to prayſe the Lord for his prouidence, that in that, contrary to the courſe of nature, he worketh in his Church.



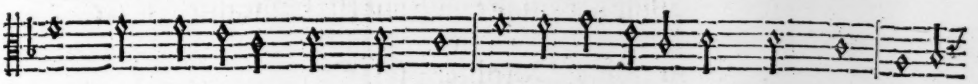
YE Children which doe ſerue the Lord, prayſe ye his name



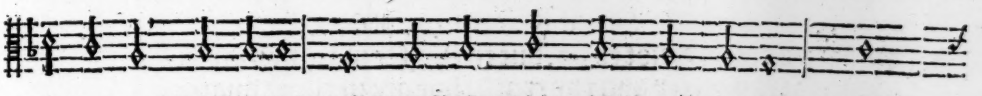
with one accord, yea bleſſed be alway his name: who from the riſing of
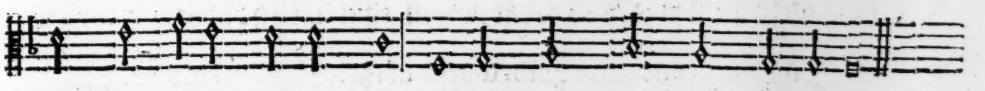


the Sun, till it returne where it begun, is to be prayſed with great fame.



The Lord all people doth ſurmount, as for his glory we may count aboue



the heauens high to be. With God the Lord who may compare? whoſe



dwellings in the heauens are, of ſuch great power and force is he.

3 He doth abaſe himſelfe, we know,
Things to behold both heere below,
And alſo in the heauen aboue:
4 The needy out of duſt to draw,
And eke the poore which helpe none ſaw,
his onely mercy did him moue.

5 And ſo him ſet in high degree,
with Princes of great dignity,
That rule his people with great fame:
6 The barren he doth make to beare,
And with great ioy his fruit to reare.
Therefore prayſe ye his holy Name.

In exitu Iſrael. pſal. Cxiiij. VV. VV.

Iſraels delinery out of Egypt, putteth vs in remembrance of Gods great mercy towards his children, and of our vnthankefulneſſe for the ſame.

Sing this as the 95. pſalme.

WHen Iſrael by Gods addreſſe from Pharaohs land was bent:
and Jacobs houſe the ſtrangers left, and in the ſame traine went:
2 In Juda God his glory ſhewd, his holineſſe moſt bright:
ſo did the Iſraelites declare his kingdome, power and might.

3 The ſea it ſaw, and ſuddenly as all amaz'd did fly:
the roaring ſtreames of Jourdans floud reculed backwardly.
4 As Rams afraid the mountaines skipt, their ſtrength did them forſake:
and as the ſilly trembling Lambs, their tops did beate and ſhake.

5 What ail'd the ſea, as all amaz'd ſo ſuddenly to fly?
the roaring ſtreames of Jordans floud, why ran ye backewardly?
6 Why ſhooke ye hils, as Rams afraid? why did your ſtrength ſo ſhake?
why did your tops, as trembling lambs, for feare quiuer and quake?

7 O earth confeſſe thy ſoueraigne Lord, and dread his mighty hand:
before the face of Jacobs God, feare ye both ſea and land.
8 I meane the God which from hard rocks doth cauſe mayne floods appeare
and from the ſtony flint doth make guſh out the fountaines cleare.

Non nobis Domine. pſal. Cxv.

The faithfull, oppreſſed by idolatrous Tyrants, promiſeth that they will be mindfull of ſo great a benefit, would pleaſe God to heare their prayers, and deliuer them by his omnipotent power.

Sing this as the 98. pſalme.

NOt vnto vs, Lord, not to vs, but to thy Name giue prayſe,
both for thy mercy and thy truth that are in thee alwaies.
2 Why ſhall the heathen ſtorners ſay, where is their God become?
3 Our God in heauen is, and what he will, that hath he done.

4 Their Idols ſiluer are and gold, worke of mens hands they be.
5 They haue a mouth, and doe not ſpeake: and eyes and doe not ſee.
6 And they haue eares ioynd to their heads, and doe not heare at all:
and noſes eke they formed haue, and doe not ſmell at all.

7 And hands they haue, and handle not: and feet, and doe not goe:
a throat they haue, yet through the ſame they make no ſound to blowe.
8 Thoſe that make them, are like to them, and thoſe whoſe truſt they be.
9 O Iſrael, truſt in the Lord: their helpe and ſhield is he.

10 O Aarons houſe, truſt in the Lord: their helpe and ſhield is he.
11 Truſt ye the Lord that feare the Lord: their helpe and ſhield is he.
12 The Lord hath mindfull been of vs, and will vs bleſſe alſo:
on Iſraels and on Aarons houſe, his bleſſings he will ſhow.

13 Them that be fearers of the Lord, the Lord doth bleſſe them all:
euen he will bleſſe them euery one, the great and eke the ſmall.
14 To you (I ſay) the liuing Lord will multiply his grace,
to you, and to the children that ſhall follow of your race.

15 Ye are the bleſſed of the Lord, euen of the Lord, I ſay,
which both the heauen and the earth hath made, and ſet in ſtay.
16 The heauens, yea, the heauens high, belong vnto the Lord:
the earth vnto the ſons of men he gaue of free accord.

17 They that be dead doe not with praiſe ſet forth the Lords renowne,
nor any that into the place of ſilence doe goe downe:
18 But we will prayſe the Lord our God from henceforth and for ay,
ſound ye the prayſes of the Lord, prayſe ye the Lord, I ſay.

Dilexi quoniam. pſal. Cxvj. N.

Dauid, being in great danger of Saul in the deſert of Maon, perceiuing the great and inestimable loue of God towards him, magnifieth ſuch great mercies, and proteſteth he will be thankefull for the ſame.

Sing this as the 95. pſalme.

I Loue the Lord, becauſe my voyce and prayer heard hath he.
2 When in my dayes I cald on him, he bowed his eares to me.
3 Euen when the ſnares of cruell death about beſet me round.
when paines of hell me caught, and when I woe and ſorrow found.

4 Vpon the Name of God my Lord then did I call, and ſay,
deliuer thou my ſoule, O Lord, I doe thee humbly pray.
5 The Lord is very mercifull, and iuſt he is alſo,
and in our God compaſſion doth plentifully flow.

6 The Lord in ſafety doth preſerue all thoſe that ſimple be:
I was in woefull miſery, and he relieued me.
7 And now, my ſoule, ſith thou art ſafe, returne vnto thy reſt:
for largely (lo) the Lord to thee his bounty hath expreſt.

8 Becauſe thou haſt deliuered my ſoule from deadly thrall,
my moyſtned eyes from mournefull teares, my ſliding feet from fall,
9 Before the Lord I in the land of life will walke therefore,
10 I did beleeue, therefore I ſpake: for I was troubled ſore.

The ſecond part.

11 I ſayd in my diſtreſſe and feare, that all men lyars be:
12 What ſhall I pay the Lord for all his benefits to me?
13 The wholeſome cup of ſauing health I thankefully will take,
and on the Lords Name I will call when I my prayer make.

14 I to the Lord will pay the vowes that I to him behight,
yea, euen at this preſent time, in all the peoples ſight.
15 Right deare and precious in his ſight the Lord doth aye eſteeme
the death of all his holy ones, what euer men doe deeme.

16 Thy ſeruant, Lord, thy ſeruant, loe, I doe my ſelfe confeſſe,
ſonne of thy hand-maid: thou haſt broke the bonds of my diſtreſſe.
17 And I will offer vp to thee a ſacrifice of prayſe:
and I will call vpon the Name of God the Lord alwaies.

18 I to the Lord will pay the vowes that I haue him behight,
yea, euen at this preſent time, in all the peoples ſight:
19 Yea, in the Courts of Gods owne houſe, and in the midſt of thee,
O thou Ieruſalem, I ſay: wherefore the Lord prayſe ye.

Laudate Dominum. Pſalme. Cxvij. N.

He exhorteth the Gentiles to prayſe God, becauſe he hath accompliſhed, as well to them as to the Iewes, the promiſe of like euerlaſting by Ieſus Chriſt.

Sing this as the 78. pſalme.

O All ye nations of the world, prayſe ye the Lord alwaies:
and all ye people euery where, ſet forth his noble prayſe.
2 For great his kindneſſe is to vs: his truth endures for aye:
wherefore prayſe ye the Lord our God: prayſe ye the Lord, I ſay.

Confitemini Domino. pſalme. Cxviij. N.

Dauid reiected of Saul and of the people, at the time appoynted obtained the kingdome, for which he biddeth all that feare the Lord to be thankefull: vnder whoſe perſon Chriſt is lively ſet forth, who ſhould be of all his people reiected.

Sing this as the 99. pſalme.

O Giue ye thankes vnto the Lord, for gratious is he,
becauſe his mercy doth endure for euer towards thee.
2 Let Iſraell confeſſe and ſay, his mercy dureth for aye.
3 Now let the houſe of Aaron ſay, his mercy dureth for aye.

4 Let all that feare the Lord our God, euen now confeſſe and ſay,
the mercy of the Lord our God, endureth ſtill for aye.
5 In trouble and in heauineſſe vnto the Lord I cryde:
which louingly heard me at large: my ſute was not denyde.

6 The Lord himſelfe is on my ſide: I will not ſtand in doubt,
nor feare what man can doe to me, when God ſtands me about.
7 The Lord doth take my part with them that helpe to ſuccour me:
therefore ſhall I ſee, my deſire vpon mine enemy.

8 Better it ſi to truſt in God, than in mans mortall ſeed,
9 Or to put confidence in kings or Princes in our need.
10 All nations haue incloſed me, and compaſſed me round:
but in the name of God ſhall I, mine enemies confound.

11 They keept me in on euery ſide, they keept me in, I ſay:
but through the Lords moſt mighty Name, I ſhall worke their decay.

12 They

12 They came about me all like Bees: but yet in the Lords Name,
I quenght their thornes that were on fire, and will destroy the same.

The second part.

13 Thou hast with force thrust sore at me, that I indeed might fall:
but through the Lord I found such helpe, that they were vanquisht all.
14 The Lord is my defence and strength, my ioy, my mirth, my song:
he is become for me indeed, a Sauiour most strong.

15 The right hand of the Lord our God, doth bring to passe great thinges:
he causeth voyce of ioy and health in righteous mens dwellings.
16 The right hand of the Lord doth bring most mighty things to passe:
his hand hath the preheminence, his force is as it was.

17 I will not die, but euer liue, to vtter and declare
the Lord his might and wondrous power: his workes, and what they
18 The Lord himselfe hath chastened and hath corrected me: (are.
but hath not giu'n me ouer yet to death, as ye may see.

19 Set open vnto me the gates of truth and righteousnesse,
that I may enter into them, the Lords prayse to confesse.
20 This is the gate euen of the Lord: which shall not so be shut,
but good and righteous men alway shall enter into it.

The third part.

21 I will giue thankes to thee, O Lord, because thou hast heard me,
and art become most louingly, a Sauiour vnto me.
22 The stone, which ere this time among the builders was refused,
is now become the corner-stone, and chiefly to be vsed.

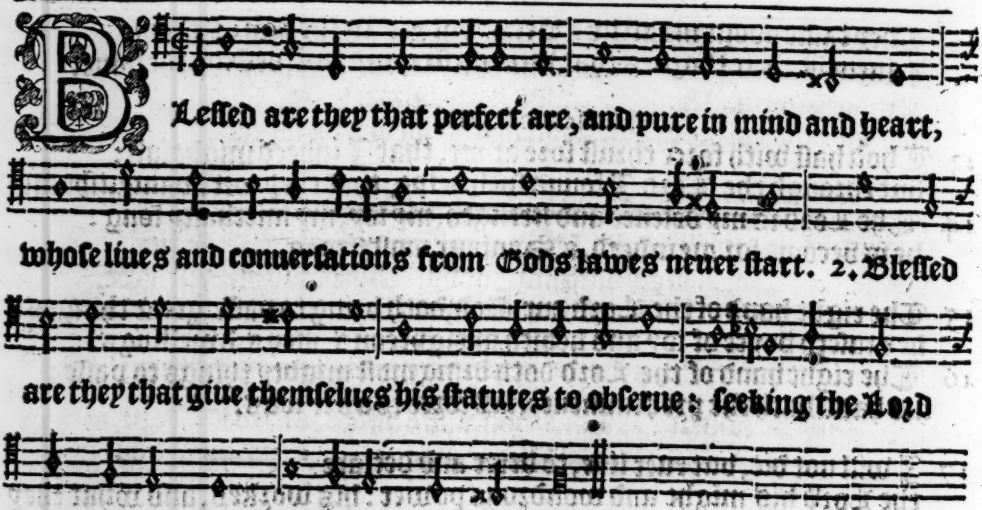
23 This was the mighty worke of God, this was the Lords owne fact:
and it is marueilous to behold with eyes that noble act.
24 This is the ioyfull day indeed, which God himselfe hath wrought:
let vs be glad, and ioy therein in heart, in minde, in thought.

25 Now helpe vs (Lord) and prosper vs, we wish with one accord:
blessed is he that comes to vs, in the Name of the Lord.
26 God is the Lord that shewes vs light: binde ye therefore with cord
your sacrifice to the Altar, and giue thankes to the Lord.

27 Thou art my God, I will confesse and render thankes to thee:
thou art my God, and I will prayse thy mercies towards mee.
28 O giue ye thankes vnto the Lord, for gracious is he,
because his mercy doth endure for euer towards me.

Beati immaculati. Psalme. Cxix. VV. VV.

In this Psalme is contained an exquisite art and a wonderfull vehemency in setting forth the prayses of Gods Law: wherein the Prophet cannot satisfie himselfe, nor sufficiently expresse the affection which he beareth thereunto: adding moreouer many notable complaints and consolations. Wherefore it is meete that all the faithfull haue it alway both in heart and mouth. And in the Hebrew euery eight verses begin with one letter of the Alphabet.



3 Doubtleſſe ſuch men goe not aſtray, nor doe no wicked thing,
which ſteadfaſtly walke in his pathes, without any wandring.
4 It is thy will and commandement, that with attentiue heed,
thy noble and diuine precepts we learne, and keepe indeed.

5 O would to God it might thee pleaſe, my waies ſo to addreſſe,
that I might both in heart and voyce, thy lawes keepe and confeſſe.
6 So ſhould no ſhame my life attaine whil'ſt I thus ſet mine eyes,
and bend my mind alwaies to muſe on thy ſacred decrees.

7 Then will I prayſe with vpright heart, and magnifie thy Name,
when I ſhall learne thy iudgements iuſt, and likewiſe proue the ſame.
8 And wholy will I giue my ſelfe to keepe thy lawes moſt right:
forſake me not for euer, Lord, but ſhew thy grace and might.

BETH. The ſecond part.

By what meanes may a yong man beſt, his life learne to amend?
if that he marke and keepe thy word, and therein his time ſpend.
10 Vnfainedly I haue thee ſought, and thus ſeeking abide:
O neuer ſuffer me, O Lord, from thy precepts to ſlide.

11 Within my heart and ſecret thoughts thy words I haue hid ſtill,
that I might not at any time offend thy holy will.
12 We magnifie thy Name, O Lord, and prayſe thee euermore:
thy ſtatutes of moſt worthy fame, O Lord, teach me therefore.

13 My lips haue neuer ceaſt to preach, and publiſh day and night,
thy iudgements all, which did proceed from thy mouth full of might.
14 Thy teſtimonies and thy waies pleaſe me no leſſe indeed,
then all the treaſures of the earth, which worldlings make their meed.

15 Of

15 Of thy precepts I will still muse, and thereto frame my talke:
as at a marke so will I aime, thy waies how I may walke.
16 My onely ioy shall be so fixt, and on thy lawes so set,
that nothing can me so far blind, that I thy words forget.

GIMEL. The third part.

GRant to thy seruant now such grace as may my life prolong:
thy holy Word then will I keepe both in my heart and tongue.
18 Mine eyes, which were dim and shut vp, so open and make bright,
that of thy law and maruellous workes, I may haue the cleare sight.

19 I am a stranger in this earth, wandering now here, now there:
thy word therefore to me disclose, my foot-steps for to cleare.
20 My soule is rauisht with desire, and neuer is at rest,
but seekes to know thy iudgements high, & what may please thee best.

21 The proud men and malicious thou hast destroyd each one:
and cursed are such as doe not thy hests attend vpon.
22 Lord turne from me rebuke and shame, which wicked men conspire:
for I haue kept thy couenants, with zeale as hot as fire.

23 The Princes great in counsell sate, and did against me speake:
but then thy seruant thought how he thy statutes might not breake.
24 For why, thy couenants are my ioy, and my hearts great solace:
they serue in stead of counsellers, my matters for to passe.

DALETH. The fourth part.

I Am (alas) as brought to graue, and almost turn'd to dust:
restore therefore my life againe, as thy promise is iust.
26 My waies when I acknowledged, with mercy thou didst heare:
heare now eftsoons, and me instruct thy lawes to loue and feare.

27 Teach me once throughly for to know thy precepts and thy lore:
thy workes then will I meditate, and lay them vp in store.
28 My soule I feele so sore oppresst, that it melteth for griefe:
according to thy word therefore, haste (Lord) to send relieue.

29 From lying and deceitfull lips let thy grace me defend:
and that I may learne thee to loue, thy holy law me send.
30 The way of truth both straight and sure I haue chosen and
I set thy iudgements me before, which keepe me safe and

31 Since then, O Lord, I fixt my selfe thy couena
let me therefore haue no rebuke nor checke in an
32 Then will run with ioyfull cheare where thy wo
when thou hast set my heart at large, and rid me

HE. The fift part.

INstruct me, Lord, in the right trade of thy statutes d
and it to keepe euen to the end, my heart will I incline.

34 Grant me the knowledge of thy Law, and I ſhall it obay:
with heart, and mind, and all my might, I will it keepe, I ſay.

35 In the right path of thy precepts guide me, Lord I require:
no other pleaſure doe I wiſh, nor greater thing deſire.
36 Incline my heart thy lawes to keepe, and couenants to imbrace:
and from all filthy auarice, Lord ſhield me with thy grace.

37 From vaine deſires and worldly luſts, turne backe mine eyes and light:
giue me the ſpirit of life and power, to walke thy waies aright.
38 Confirme thy gratious promiſe, Lord, which thou haſt made to mee:
which am thy ſeruant, and doe loue and feare nothing but thee.

39 Reproach and ſhame, which I ſo feare, from me, O Lord, expell:
for thou doſt iudge with equity, and therein doſt excell.
40 Behold, my hearts deſire is bent thy lawes to keepe for aye:
Lord ſtrengthen me ſo with thy grace, that it performe I may.

VAV. The ſixt part.

THy mercies great and manifold, let me obtaine O Lord:
thy ſauing health let me enioy, according to the word.
42 So ſhall I ſtop the ſlanderous mouthes of lewd men and vniuſt:
for in thy faithfull promiſes ſtands my comfort and truſt.

43 The word of truth within my mouth let euer ſtill be preſt:
for in thy iudgements wonderfull my hope doth ſtand and reſt.
44 And whil'ſt that breath within my breſt doth naturall life preſerue,
yea, till this life ſhall be diſſolu'd, thy law will I obſerue.

So walke will I as ſet at large, and made free from all dread,
cauſe I ſought how for to keepe, thy precepts and thy read.
y noble acts I will deſcribe, as thinges of moſt great fame:
before kings I will them blaze, and ſhrinke no whit for ſhame.

I reioyce then to obey thy worthy heſts and will:
euermore I haue lou'd beſt, and ſo will loue them ſtill.
nds will I lift to thy lawes, which I haue dearely ſought,
riſe thy commandements in will, in deed, and thought.

The ſeauenth part.

which thou mad'ſt to me thy ſeruant, Lord remember:
I put my truſt and confidence for euer.
my ioy, when troubles me aſſaile:
t by thy word, my life would ſoone me faile.

yas God contemne, ſtill made of me a ſcorne:
y law forſake, as he that were forlorne.
e, Lord, thy great workes ſhewd to our fathers old:
hy ioy ſurmount, my griefe an hundred fold.

53 But yet (alas) for feare I quake, seeing how wicked men
thy law forsooke, and did procure thy iudgements, who knowes when?
54 And as for me, I fram'd my songs thy statutes to exalt,
when I among the strangers dwelt, and thoughts gan me assault.

55 I thought vpon thy Name, O Lord, by night when others sleepe:
as for thy law also I kept, and euer will it keepe.
56 This grace I did obtaine, because thy couenants sweet and deere,
I did imbrace and also keepe with reuerence and with feare.

HETH. The 8. part.

O God, which art my part and lot, my comfort and my stay,
I haue decreed and promised thy lawes to keepe alway.
58 Mine earnest heart did humbly sue in presence of thy face:
as thou therefore hast promised, Lord grant me of thy grace.

59 My life I haue examined, and tride my secret heart:
which to thy statutes caused me my feet straight to conuert.
60 I did not stay nor linger long, as they that loathfull are:
but hastily thy lawes to keepe, I did my selfe prepare.

61 The cruell hands of wicked men haue made of me their prey:
yet would I not thy lawes forget, nor from thee goe astray.
62 Thy righteous iudgement vnto me so great is and so hie,
that euen at midnight will I rise, thy Name to magnifie.

63 Companion am I to all them, which feare thee in their heart,
and neither will for loue nor dread, from thy commandements start.
64 Thy mercies, Lord, most plenteously doe all the world fulfill:
O teach me how I may obey, thy statutes and thy will.

TETH. The ninth part.

According to thy promise, Lord, so hast thou with me dealt:
for of thy grace in sundry sorts haue I thy seruant felt.
66 Teach me to iudge alwaies aright, and giue me knowledge sure:
for certainely beleeue I doe, that thy precepts are pure.

67 Ere thou didst touch me with thy rod, I err'd and went astray:
but now I keepe thy holy word, and make it all my stay.
68 Thou art both good and gratious, and giuest most liberally:
thine ordinances how to keepe, therefore (O Lord) teach me.

69 The proud and wicked men haue forg'd against me many a lye:
yet thy commandements still obserue, with all my heart will I.
70 Their hearts are swolne with worldly wealth, as grease so are they fat:
but in thy law I doe delight, and nothing seeke but that.

71 O happie time, may I well say, when thou didst me correct:
for, as a guide to learne thy lawes, thy rod did me direct.
72 So that to me thy word and law, is dearer manifold,
then thousands great of siluer and gold, or ought that can be told.

IOD.

IOD. The tenth part.

Seing thy hands haue made me Lord, to be thy creature:
grant knowledge likewise how to learne, to put thy lawes in vre.
74 So they that feare thee shall reioyce, when euer they me see:
because I haue learn'd by thy word, to put my trust in thee.

75 When with thy rod the world is plagu'd, I know the cause is iust:
so when thou dost correct me Lord, the cause iust needs be must.
76 Now of thy goodnesse I thee pray, some comfort to me send:
as thou to me thy seruant hight, so from all ill me shend.

77 Thy tender mercies powre on me, and I shall surely liue:
for ioy and consolation both, thy lawes to me doe giue.
78 Confound the proud, whose false pretence, is me for to destroy:
but as for me, thy hests to know, I will my selfe imploy.

79 Who so with reuerence doe thee feare, to me let them retyre:
and such as doe thy couenants know, and them alone desire.
80 My heart without all wauering, let on thy lawes be bent:
that no confusion come to me, whereby I should be shent.

CAPH. The eleuenth part.

My soule doth faint and ceasely not, thy sauing health to craue:
and for thy words sake still I trust, my hearts desire to haue.
82 Mine eyes doe faile with looking for thy word, and thus I say:
oh when wilt thou me comfort Lord, why dost thou thus delay?

83 As a skin bottle in the smoke, so am I parcht and dryde:
yet will I not out of my heart, let thy commandements slide.
84 Alasse how long shall I yet liue, before I see the houre?
that on my foes which me torment, thy vengeance thou will poure:

85 Presumptuous men haue digged pits, thinking to make me sure:
thus contrary against thy law, my hurt they doe procure.
86 But thy commandements are all true, and cruelelie they me griene:
to thee therefore I doe complaine, that thou mightst me relieue.

87 Almost they had me cleane destroyd, and brought me quite to ground:
yet by thy statutes I abode, and therein succour found.
88 Restore me Lord againe to life, for thy mercies excell:
and so shall I thy couenant keepe, till death my life expell.

LAMED. The twelfe part.

89 In heauen Lord where thou dost dwell, thy word is stablisht sure:
and shall for all eternity, fast grauen there endure.
90 From age to age thy truth abides, as doth the earth witnesse:
whose ground-worke thou hast laid so sure, as no tongue can expresse.

91 Euen to this day we may well see, how all things perseuere:
according to thy ordinance, for all things thee reuere.
92 Had it not been that in thy law, my soule had comfort sought,
long time ere now in my distresse, I had beene brought to nought.

93 There-

93 Therefore will I thy precepts aye in memory keepe faſt:
by them thou haſt my life reſtord, when I was at laſt caſt:
94 No wight to me can title make: for I am onely thine.
ſaue me therefore: for to thy lawes mine eares and heart incline.

95 The wicked men doe ſeeke my bane, and thereto lie in wait:
but I the whyle conſidered thy noble acts and great.
96 I ſee nothing in this wide world, at length which hath not end:
but thy commandements and thy word beyond all end extend.

MEM. The 13. part.

VVHat great deſire and feruent loue doe I beare to thy law?
all the day long my whole deuice, is onely on thy law.
98 Thy word hath taught me farre to paſſe my foes in policy:
for ſtill I keepe it as a thing of moſt excellency.

99 My teachers which did me inſtruct, in knowledge I excell,
becauſe I doe thy couenants keepe, and them to others tell.
100 In wiſedome I doe paſſe alſo the ancient men indeed:
and all becauſe to keepe thy lawes I held it aye beſtreed.

101 My feet I haue refrained eke from euery euill way:
becauſe that I continually thy word might keepe, I ſay.
102 I haue not ſweru'd from thy iudgements, nor yet ſhrunke any dell:
for why, thou haſt me taught thereby, to liue godly and well.

103 O Lord, how ſweet vnto my taſt finde I thy word alway:
doubtleſſe no honey in my mouth, feele ought ſo ſweet I may.
104 Thy lawes haue me ſuch wiſedome learn'd, that vtterly I hate
all wicked and vngodly waies, in euery kind or rate.

NVN. The 14. part.

EVen as a Lanthorne to my feet, ſo doth thy word ſhine bright:
and to my pathes where ere I goe, it is a flaming light.
106 I haue both ſworne and will performe, moſt certainely doubtleſſe,
that I will keepe thy iudgements iuſt, and them in life expreſſe.

107 Affliction hath me ſore oppreſt, and brought me to deathes doore:
O Lord, as thou haſt promiſed, ſo me to life reſtore.
108 The offerings, which with heart and voyce moſt frankely I thee giue,
accept, and teach me how I may, after thy iudgements liue.

109 My ſoule is aye ſo in my hand, that dangers it aſſaile:
yet doe I not thy law forget, nor it to keepe will faile.
110 Although the wicked lay their nets to catch me at a bay,
yet did I not from thy precepts once ſwerue or goe aſtray.

111 Thy law I haue ſo claim'd alway as mine owne heritage:
and why? for therein I delight, and ſet my whole courage.
112 For euermore I haue been bent, thy ſtatutes to fulfill:
euen ſo likewiſe vnto the end, I will continue ſtill.

SAMECH. The 15. part.

THe crafty thoughts and double hearts I doe alwaies deteſt:
but as for thy lawes and precepts, I lou'd them euer beſt.
114 Thou art my hid and ſecret place, my ſhield of ſtrong defence:
therefore haue I thy promiſes look't for with patience.

115 Goe to therefore, ye wicked men: depart from me anon:
for, the commandements will I keepe of God my Lord alone.
116 As thou haſt promiſt ſo performe, that death me not aſſaile:
nor let my hope abuſe me ſo, that through diſtruſt I quaile.

117 Uphold me, and I ſhall be ſafe, for ought they doe or ſay,
and in thy ſtatutes pleaſure take will I both night and day.
118 Thou haſt trod ſuch vnder thy feet as doe thy ſtatutes breake:
for, nought auailes their ſubtilty, their counſell is but weake.

119 Like droſſe thou canſt the wicked out, where-ere they goe or dwell:
therefore can I as thy ſtatutes, loue nothing halfe ſo well.
120 My fleſh (alas) is taen with feare, as though he were benumbd:
for when I ſee thy iudgements, ſtraight I am as one aſtond.

AIN. The 16. part.

I Doe the thing that lawfull is, and giue to all men right:
reſigne me not to them that would, oppreſſe me with their might.
122 But for thy ſeruant ſurety be in that thing that is good,
that proud men giue me not the foyle, which rage as they were wood.

123 Mine eyes with waiting are now blinde, thy health ſo much I craue:
and eke thy righteous promiſe, Lord, whereby thou wilt me ſaue.
124 Intreat thy ſeruant louingly, and fauour to him ſhowe:
thy ſtatutes of moſt excellence, teach me alſo to knowe.

125 Thy humble ſeruant, Lord, I am: grant me to vnderſtand,
how by thy ſtatutes I may knowe, beſt what to take in hand.
126 It is now time, Lord, to begin, for truth is quite decayd:
thy law likewiſe haue they tranſgreſt, and none againſt them ſayd,

127 This is the cauſe wherefore I loue thy lawes better then gold,
or iewels fine, which are eſteem'd moſt coſtly to be ſould.
128 I thought thy precepts all moſt iuſt, and ſo them layd in ſtore:
all crafty and malicious waies I doe abhorre therefore.

PE. The 17. part.

THy couenants are moſt wonderfull, and full of things profound:
my ſoule therefore doth keepe them ſure, when they are tride & found.
130 When men firſt enter into thy Word, they finde a light moſt cleare:
and very Idiots vnderſtand, when they it reade or heare.

131 For ioy I haue both gap't and breath'd, to know thy commandement:
that I might guide my life thereby, I ſought what thing is meant.
132 With mercy and compaſſion, Lord, behold me from aboue:
as thou wert wont to behold ſuch, as thy name feare and loue.

133 Direct

133 Direct my footsteps by thy Word, that I thy will may know:
and neuer let iniquity thy seruant ouerthrow.
134 From slaunderous tongues & deadly harmes preserue & keepe me sure:
thy precepts then will I obserue, and put them eke in vre.

135 Thy countenance, which doth surmount the Sun in his bright hew,
let shine on me, and by thy law teach me what to eschew.
136 Out of mine eyes great flouds gush out of dreary teares and fell,
when I behold how wicked men thy lawes keepe neuer a dell.

ZADE. The 18. part.

IN euery poynt (Lord) thou art iust, the wicked though they grudge:
and when thou dost sentence pronounce, thou art a righteous Iudge.
138 To render right, and flee from guile, are two chiefe poynts most high,
and such as thou hast in thy law commanded vs straightly.

139 With zeale and wrath I am consum'd, and euen pin'd away,
to see my foes thy word forget, for ought that I doe may.
140 So sure and perfect is thy word, as any heart can deeme:
and I thy seruant nothing more doe loue or yet esteeme.

141 And though I be nothing set by, as one of base degree,
yet doe I not thy hests forget, nor shrinke away from thee.
142 Thy righteousnesse (Lord) is most iust, for euer to endure:
also thy law is truth it selfe most constant and most pure.

143 Trouble and griefe haue seizd on me, and brought me wondrous low:
yet doe I still of thy precepts delight to heare and know.
144 The righteousnesse of thy iudgements doth last for euermore:
then teach thou me, for euen in them thy life lies vp in store.

KOPH. The 19. part.

WIth feruent heart I cald and cri'd: now answer me, O Lord;
that thy commandements to obserue I may fully accord.
146 To thee, my God, I make my suit with most humble request:
saue me therefore, and I will keepe thy precepts and thy hest.

147 To thee I cry euen in the morne, before the day waxe light,
because that I haue in thy word my confidence whole plight.
148 Mine eyes preuent the watch by night, and ere they call I wake,
that by deuising on thy word, I might some comfort take.

149 Incline thine eares to heare my voyce, and pitty on me take:
as thou wart wont to iudge me, Lord, least life should me forsake.
150 My foes draw neere, and doe procure my death maliciously:
which from thy law haue far gone backe, and strayd from it lewdly.

151 Therefore, O Lord, approach thou neere, for need doth so require:
and all thy precepts true they are, then helpe I thee desire.
152 But thy commandments I haue learn'd, not now, but long ago,
that they remaine for euermore, thou hast them grounded so.

RESH. The 20. part.

My trouble and affliction, consider and behold:
deliuer me: for of thy law I euer take fast hold.
154 Defend my good and righteous cause: with speed me succour send:
from death, as thou hast promised, Lord, keepe me and defend.

155 As for the wicked, farre they are from hauing health and grace:
whereby they might thy statutes know, they enter not the trace.
156 Great are thy mercies, Lord, I grant: what tongue can them attaine?
and as thou hast me iudg'd ere now, so let me life obtaine.

157 Though many men did trouble me, and persecute me sore,
yet from thy lawes I neuer shrunke, nor went awry therefore.
158 And truth it is, for griefe I die when I these traytors see,
because they keepe no whit thy Word, nor yet seeke to know thee.

159 Behold, for I doe loue thy lawes with heart most glad and faine:
as thou art good and gratious, Lord restore my life againe.
160 What thy word doth decree must be, and so it hath been euer:
thy righteous iudgements are also most true, and decay neuer.

SCHIN. The 21. part.

Princes haue sought by cruelty causelesse to make me crouch:
but all in vaine: for of thy word the feare did my heart touch.
162 And certainely euen of thy word I was more merry and glad,
than he which of rich spoyles and prey great store and plenty had.

163 As for all lies and falsities, I hate most and detest:
for why, thy holy lawes doe I aboue all thinges loue best.
164 Seauen times a day I prayse the Lord, singing with heart & voyce:
thy righteous acts and wonderfull so cause me to reioyce.

165 Great peace and rest shall all such haue as doe thy statutes loue:
no danger shall their quiet state empaire or once remoue.
166 Mine onely helpe and comfort, Lord, I looke for at thy hand:
and therefore haue I done those thinges which thou didst me command.

167 Thy lawes haue been mine exercise, which my soule most desir'd:
so much to them my loue was bent, that nought else I requir'd.
168 Thy statutes and commandements I kept thou knowest aright:
for all the thinges that I haue done are present in thy sight.

TAV. The 22. part.

O Lord let my complaint and cry, before thy face appeare:
and as thou hast me promise made, so teach me thee to feare.
170 Mine humble supplication towards thee let finde accesse:
and grant me Lord deliuerance, for so is thy promise.

171 Then shall my lips thy prayses speake after most ample sort,
when thou thy statutes hast me taught, wherein stands my comfort.
172 My tongue shall sing and preach thy word, and on this wise say shall,
Gods famous acts and noble lawes are iust and perfect all.

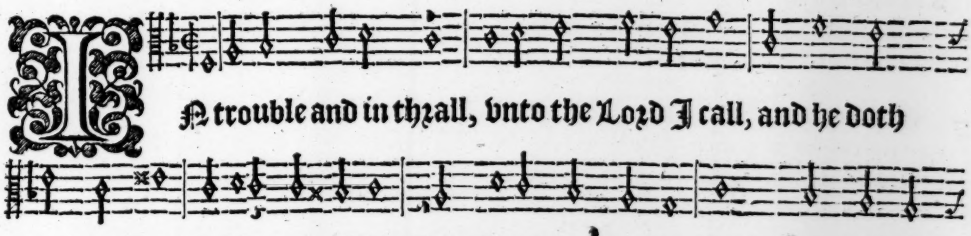
173 Stretch

173 Stretch out thy hand I thee beſeech, and ſpeedily me ſaue:
for thy commandements to obſerue, choſen O Lord I haue.
174 Of thee alone Lord I craue health, for other I know none:
and in thy law and nothing elſe, I doe delight alone.

175 Grant me therefore long dayes to liue thy name to magnifie:
and of thy iudgements mercifull, let me thy fauour try.
176 For I was loſt and went aſtray, much like a wandring ſheepe:
oh ſeeke me, for I haue not faild, thy commandements to keepe.

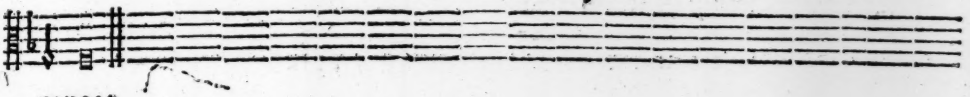
Ad Dominum cum tribularet. Pſal. Cxx. T.S.

The prayer of Dauid, now banished among the barbarous people of Arabia by the false reports of enuious flatterers. And therefore he lamenteth his long abode among the Infidels, who were giuen to all kind of wickednesse and contention.



IN trouble and in thrall, vnto the Lord I call, and he doth

me comfort: deliuer me I ſay, from lyars lips alway, and tongue of falſe



report.

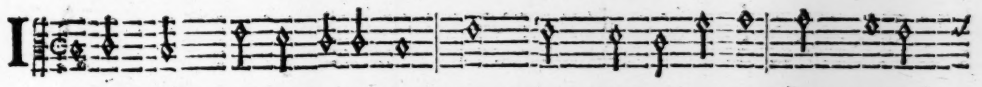
3 What vantage or what thing,
Getſt thou thus for to ſting,
Thou falſe and flattering lyer?
4 Thy tongue doth hurt I ween,
no leſſe then arrowes keen,
of hot conſuming fire.

5 Alas too long I ſlacke,
within theſe tents ſo blacke,
which Kedars are by name,
By whom the flocke elect,
And all of Iſaaks ſect,
Are put to open ſhame.

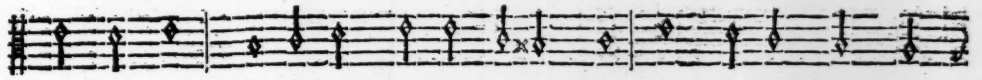
6 With them that peace did hate,
I came a peace to make,
And ſet a quiet life:
7 But when my tale was told,
Cauſeleſſe I was controld,
By them that would haue ſtrife.

Leuaui oculos. Pſalme. Cxxj. VV. VV.

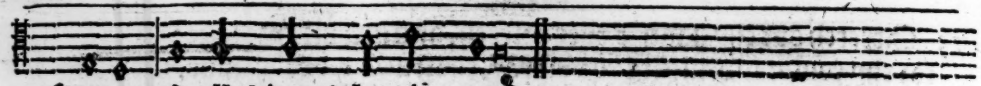
The Prophet ſheweth by his owne example, that the faithfull ought to looke for all their ſuccour of God alone, who will gouerne and giue good ſucceſſe to all their godly enterprizes.



LIft mine eyes to Sion hill, from whence I doe attend, that ſuccor



God me ſend. The mighty God me ſuccor will, which heauen and earth



frame, and all thinges therein named.

3 Thy foot from ſlip he will preſerue,
and will thee ſafely keepe:
For he will neuer ſleepe.
4 Loe he that doth Iſraell conſerue,
no ſleepe at all can him catch,
But his eyes doe euer watch.
5 The Lord is thy warrant alway.
The Lord eke doth thee couer:
As at thy right hand euer.
6 The Sunne ſhal not thee parch by day,
nor the Moone not halfe ſo bright,
Shall with cold thee hurt by night.
7 The Lord will keepe thee from diſtreſſe,
And will thy life ſure ſaue:
And thou alſo ſhalt haue
8 In all thy buſineſſe good ſucceſſe,
where euer thou goeſt in or out:
God will thy thinges bring about.

Lætatus ſum. Pſalme. Cxxij. VV. K.

Dauid reioyceth in the Name of the faithfull, that God hath accompliſhed his promiſe, and placed his Arke in Sion, for the which he giueth thankes, and prayeth for the Church.



I Did in heart reioyce, to heare the peoples voyce, in offering ſo willingly. For let vs vp ſay they, and in the Lords houſe pray, thus ſpake the folke full loungly: Our feete that wandred wide, ſhall in thy gates abide, O thou Ieruſalem full faire, which art ſo ſeemely ſet, much like a Citty neate, the like whereof is not elſe where.

4 The tribes with one accord,
The tribes of God the Lord,
Are thither bent their way to take:
So God before did tell,
That there his Iſraell,
Their prayers ſhould together make.
5 For there are thrones erect,
And that for this reſpect,
To ſet forth iuſtice orderly:
Which thrones right to maintaine,
To Dauids houſe pertaine,
His folke to iudge accordingly.
6 To pray let vs not ceaſe,
For Ieruſalems peace.
Thy friends God proſper mightily:
7 Peace be thy wales about,
And proſper thee throughout,
Thy places eke continually.
8 I wiſh thy proſperous ſtate,
For my poore brethrens ſake,
That comfort haue by meanes of thee.
9 Gods houſe doth me alure,
Thy wealth for to procure,
So much alwaies as lyeth in mee.

Ad te leuaui oculos pſalme. Cxxiij. T. S.

A prayer of the faithfull, which are afflicted by the wicked worldlings, and contemners of God:

Sing this as the 119. pſalme.

O Lord that heauen doſt poſſeſſe, I lift mine eyes to thee:
euen as the ſeruant lifteth his, his maiſters hands to ſee.
2 As handmaides watch their miſtreſſe hands, ſome grace for to atchiue,
ſo we behold the Lord our God, till he doe vs forgiue.
3 Lord grant vs thy compaſſion, and mercy in thy ſight:
for we are fild and ouercome with hatred and deſpight.
4 Our mindes be ſtuft with great rebuke, the rich and worldly wiſe
doe make of vs their mockingſtocke, the proud doe vs deſpiſe.

Niſi quia Dominus. pſalme. Cxxiiij. W. VV.

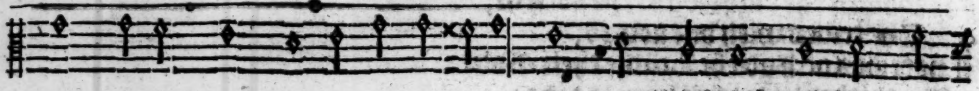
The people of God being deliuered out of great danger; acknowledge; not to haue eſcaped by their owne power, but through the fauour of God, and ſhew in how great perill they were.



NOw Iſraell may ſay, and that truly, If that the Lord had

not our cauſe maintaind, If that the Lord had not our right ſuſtaind,

when



when all the woꝛld againſt vs furiouſly made theire vpꝛoꝛes, and ſayd we



ſhould all die.

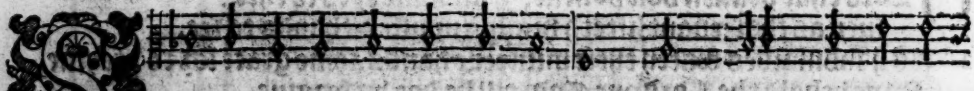
3 Now long ago they had deuour'd vs all,
And ſwallowed quicke, foꝛ ought that we could deeme:
Such was their rage, as we might well eſteeme.
4 And as the floods with mighty foꝛce doe fall:
So had they now our liues euen bꝛought to thꝛall.

5 The raging ſtreames, moſt pꝛoud in roaring noyſe,
Had long ago oꝛe-whelm'd vs in the deepe.
6 But loud be God, which doth vs ſafely keepe
From bloody teeth, and their moſt cruell voyce,
Which as a pꝛey to eat vs would reioyce.

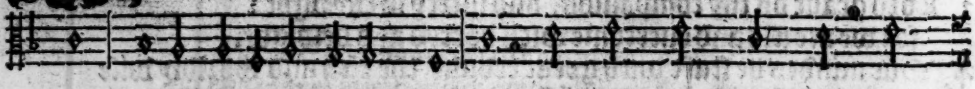
7 Euen as a bird out of the Fowlers gin
Eſcapeth away, right ſo it feareth with vs:
Bꝛoke are their nets, and we haue eſcaped thus.
8 God that made heauen and earth, is our helpe then:
His Name hath ſau'd vs from theſe wicked men.

Qui confidunt. pſalme. Cxxv. W. K.

He deſcribeth the aſſurance of the faithfull in their affl.ctions, and teſtifieth their wealth, and the deſtruction of the wicked.



Uch as in God the Loꝛd do truſt, as Mount Sion ſhall firmely



ſtand, and be remoued at no hand, the Loꝛd will count them right and



iuſt, ſo that they ſhall be ſure, foꝛ euer to endure.

2 As mighty mountaines huge and great,
Ieruſalem about doe cloſe,
So will the Loꝛd be vnto thoſe,
Which on his godly will doe waite,
Such are to him ſo deare,
They neuer need to feare.

3 For though the righteous trye doth lye,
By making wicked men his rod,
Leaſt they through griefe forſake their God:
It ſhall not as their lot ſtill be.
4 Giue Lord to thoſe thy light,
Whoſe hearts are true and right.

5 But as for ſuch as turne aſide,
By crooked waies which they out ſought,
The Lord will ſurely bring to nought:
With workes moſt vile they ſhall abide.
But peace with Iſrael
For euermore ſhall dwell.

Another of the ſame. R. A.

Sing this as the ten Commandements.

THoſe that doe put their confidence vpon the Lord our God onely,
and flee to him for his defence in all their need and miſery,
Their faith is ſure, firme to endure, grounded on Chriſt the corner-ſtone:
mou'd with ſtone ill, but ſtandeth ſtill, ſtedfaſt like to the mount Sion.

And as about Jeruſalem the mighty hils doe it compaſſe,
ſo that no enemies come to them, to hurt that towne in any caſe:
So God indeed in euery need his faithfull people doth defend,
ſtanding them by aſſuredly from this time forth world without end.

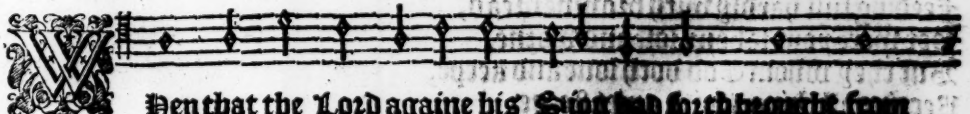
Right wiſe and good is our Lord God, and will not ſuffer certainely
the ſinners and vngodlies rod to tarey vpon his family.
Leaſt they alſo from God ſhould go, falling to ſinne and wickednelle. (neſ.
O Lord defend world without end thy chriſtian flocke through thy good-

O Lord doe good to Chriſtians all that ſtedfaſt in thy word abide.
Such as willingly from God fall, and to falſe doctrine daily ſlide,
Such will the Lord ſcatter abroad, with hypocrites thrown downe to hell:
God will them ſend paines without end, but Lord grant peace to Iſraell.

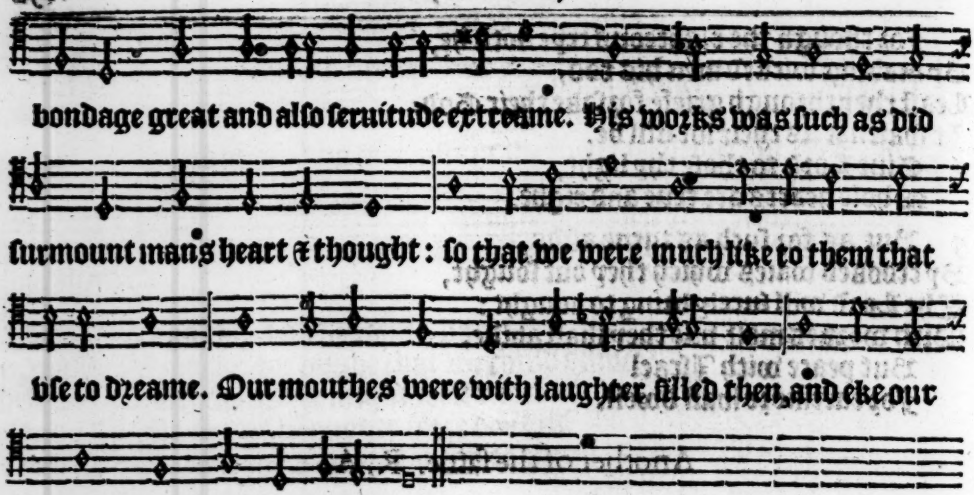
Glory be to God the Father of might, and to the Sonne our Sauiour:
And to the holy Ghoſt, whoſe light ſhine in our hearts, and vs ſuccour:
That the right way from day to day, we may walke, and him glorifie.
With hearts deſire all that are heere worſhip the Lord, and ſay Amen.

In conuertendo. pſalme. Cxxvj. VV. K.

This Pſalme was made after the returne of the people from Babilon, and ſheweth that the meane of their deliuerance was wonderfull after the ſeauenty yeares of captiuity, foreſpoken by Jerem. 25. 12. & 29. 10.



WHen that the Lord againe his Sion had forth brought, from bon-



bondage great and alſo ſeruitude extreame. His worke was ſuch as did

ſurmount mans heart & thought: ſo that we were much like to them that

vſe to dreame. Our mouthes were with laughter filled then, and eke our

tongues did ſhew vs ioyfull men.

2 The heathen folke were forced then this to confeſſe,
How that the Lord for them alſo great thinges had done:
3 But much more we, and therefore can confeſſe no leſſe.
Wherefore to ioy we haue good cauſe as we begun.
4 O Lord goe forth, thou canſt our bondage end:
As to deſerts the flowing riuers ſend.

5 Full true it is, that they which ſowe in teares indeed,
A time will come, when they ſhall reape in mirth and ioy.
6 They went and wept in bearing of their precious ſeed,
For that their foes full often times did them annoy.
7 But their returne with ioy they ſhall ſure ſee,
Their ſheaues home bring, and not impaired be.

Niſi Dominus. pſalme. Cxxvij.

It is not mans wit, power, and labour, but the free goodneſſe of God, that giueth riches, preſerueth townes and countries, graunteth nourihment and children.

Sing this as the Lords prayer.

EXcept the Lord the houſe doe make,
And therunto doe ſet his hand,
What men doe build it cannot ſtand.
Likewiſe in vaine men vndertake
Citties and holds to watch and ward,
Except the Lord be their ſafegard.

2 Though ye riſe early in the morne,
And ſo at night goe late to bed:
Feeding full hardly with browne bread,
Yet were your labour loſt and morne,
But they whom God doth loue and keepe,
Receiue all things with quiet ſleepe.

3 Therefore marke well when euer ye see,
That men haue heires t'enioy their land,
It is the gift of Gods owne hand,
For God himselfe doth multiply,
Of his great liberalitie,
The blessing of posterity.

4 And when their children come to age,
They grow in strength and actiuenesse,
In person and in comlinesse:
So that a shaft shot with courage,
Of one that hath a most strong arme,
Flies not so swift, nor doth like harme.

7 Oh well is he that hath his quiuer
Furnisht with such artillery:
For, when in perill he shall be,
Such one shall neuer shake nor shiuer,
When that he pleades before the Iudge
Against his foes that beare him grudge.

Beati omnes qui timent. psalme. Cxxviij. T.S.

He describeth the prosperous estate of them that be married in the feare of God, ioyning with all the promises of Gods blessings to all them that liue in this honorable estate, according to his commandement.

Sing this as the 137. psalme.

BLessed art thou that feareſt God, and walkest in his way.
2 For of thy labour thou shalt eate: happie art thou I say.
3 Like fruitfull vines on thy house side, so doth thy wife spring out:
thy children stand like olive plants thy table round about.

4 Thus art thou blest that feareſt God, and he shall let thee see
5 The promised Ierusalem, and his felicity.
6 Thou shalt thy childrens children see, to thy great ioyes increase:
and likewise grace on Israell, prosperity, and peace.

Sæpe expugnauerunt. psalme. Cxxix. N.

He admonisheth the Church to reioyce, though it had beene afflicted in all ages: for God will deliuer it: and the enemies, for all their glorious shew, shall suddenly be destroyed.

Sing this as the 137. psalme.

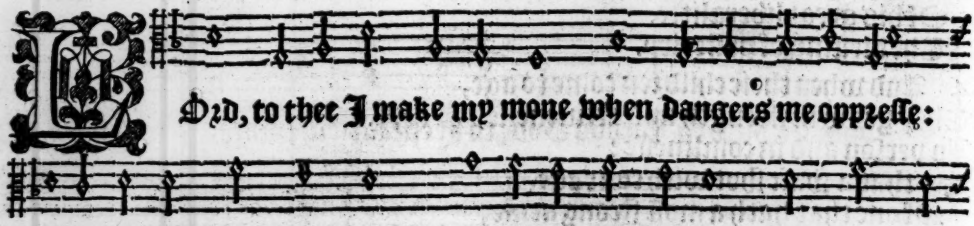
OFt they, now Israell may say, me from my youth assail'd:
oft they assail'd me from my youth, yet neuer they preuail'd.
3 Vpon my backe the plowers ploud, and furrowes long did cast.
4 The righteous Lord hath cut the cords of wicked foes at last.

5 They that hate me shall be asham'd, and turned backe also,
6 And made as grasse vpon the house, which withereth ere it grow.
7 Wherefore the mower cannot finde enough to fill his hand:
nor he can fill his lap that goes to gleane vpon the land.

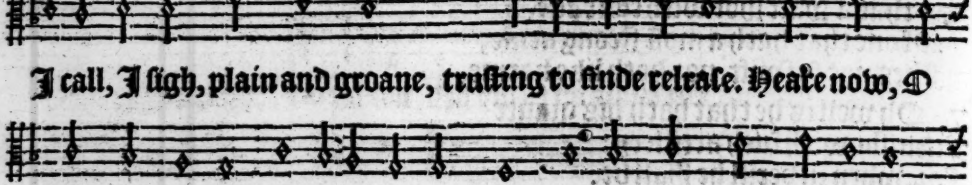
8 Nor passers by pray God, on them to let his blessing fall:
nor say, We blesse you in the Name of God the Lord at all.

De profundis clamaui. Psalme. Cxxx. W. W.

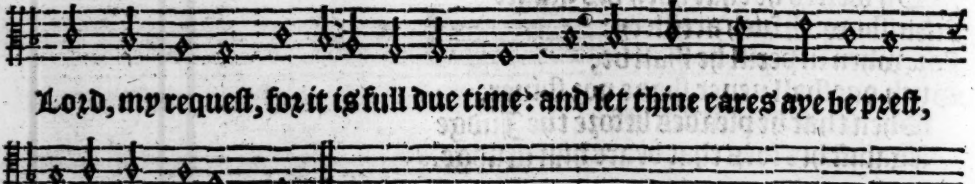
An effectuous prayer of him that for his ſinnes hath ſuſtayned great afflictions, and not withſtanding he fully truſteth and aſſureth himſelfe to obtaine mercy and forgiuenesſe of his ſinnes, and at length deliuerance from all euils.



LOrd, to thee I make my mone when dangers me oppreſſe:



I call, I ſigh, plain and groane, truſting to finde releaſe. Heare now, O



Lord, my requeſt, for it is full due time: and let thine eares aye be preſt,

vnto this prayer mine.

3 O Lord our God, if thou weigh our ſinnes, and them pervſe,
who can then eſcape or ſay, I can my ſelfe excuſe?
4 But (Lord) thou art mercifull, and turn'ſt to vs thy grace,
that we with hearts moſt carefull, ſhould feare before thy face.

5 In God I put my whole truſt, my ſoule waites on his will:
for his promiſe is moſt iuſt, and I hope therein ſtill.
6 My ſoule to God hath regard, wiſhing for him alway,
more then they that watch and ward, to ſee the dawning day.

7 Let Iſrael then boldly, in the Lord put his truſt:
he is that God of mercy, that his deliuer muſt.
8 For he it is that muſt ſaue, Iſrael from his ſinne,
and all ſuch as haue, their confidence in him.

Domine, non eſt. Pſal. Cxxxj. M.

Dauid, charged with ambition, and greedy deſire to raigne, proteſteth his humility and modeſty before God, & teacheth all men what they ſhould doe.

Sing this as the Lamentation.

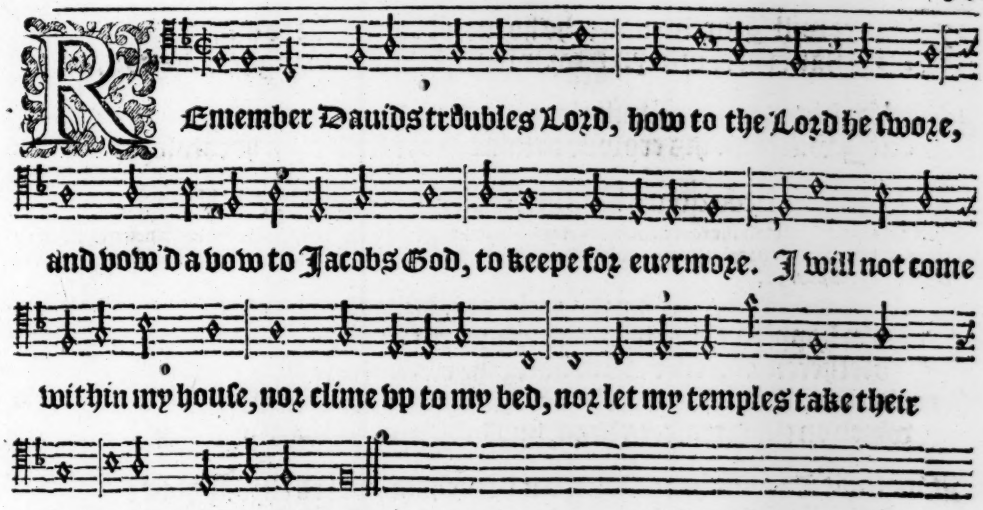
O Lord, I am not puft in minde: I haue no ſtorneſull eye,
2 I doe not exerciſe my ſelfe, in thinges that be ſo hie.
3 But as the child that weaned is, euen from his mothers breſt:
ſo haue I, Lord, behau'd my ſelfe, in ſilence and in reſt.

4 O Iſrael, truſt in the Lord: let him be all thy ſtay,
from this time forth for euermore, from age to age, I ſay.

Memento, Domine. Pſal. Cxxxij. M.

The faithfull, grounding on Gods promiſe made vnto Dauid, deſire that he would eſtabliſh the kame, both as touching his poſterity, and the building of the Temple, to pray there as was foreſpoken.

Remember



5 Till I haue found out for the Lord a place to sit thereon:
an house for Jacobs God to be, an habitation.
6 We heard of it at Ephrata, there did we heare this sound:
and in the fields and forrests there, there voyces first were found.

7 We will assay, and goe in now, his tabernacle there:
before his foot-stoole, to fall downe vpon our knees in feare.
8 Arise O Lord, arise I say, into thy resting place:
both thou and the arke of thy strength, the presence of thy Grace.

9 Let all thy Priests be cloathed Lord, with truth and righteousnesse:
let all thy Saints and holy men, sing all with ioyfulnes.
10 And for thy seruant Dauids sake, refuse not Lord I say,
the seate of thine annoynted Lord, nor turne thy face away.

The second part.

11 The Lord to Dauid swore in truth, and will not shrinke from it:
saying the fruit of thy body, vpon thy seate shall sit.
12 And if thy sons my couenant keep, that I shall learne each one:
then shall their sonnes for euer sit vpon thy princely throne.

13 The Lord himselfe hath chose Sion, and loues therein to dwell:
14 Saying this is my resting place, I loue and like it well.
15 And I will blesse with great increase, her victuals euery where:
and I will satisfie with bread, the needy that be there.

16 Yea I will deck and cloath her Priests, with my saluation:
and all her Saints shall sing for ioy, of my protection.

17 There will I ſurely make the horne, of Dauid for to bud:
for I haue there ordayn'd for mine, a lanthorne bright and good.

18 As for his enemies, I will cloath with ſhame for euermore:
but I will cauſe his crowne to ſhine, more freſh then heretofore.

Ecce quam bonum. pſalme. Cxxxiij. W. VV.

This Pſalme containeth the commendation of godly and brotherly amity, which for the excellencies thereof, is compared to the moſt precious oyle, wherewith the Prieſts onely, and inſtruments of the tabernacle were annoynted. Exod. 30.

Sing this as the 137. Pſalme.

O how happie a thing it is, and ioyfull for to ſee,
brethren together faſt to hold, the band of amity.
It cals to mind the ſweet perfume, and that coſtly oyntment,
which on the ſacrificers head, by Gods preecpt was ſpent.

It wet not Aarons head alone, but drencht his beard throughout:
and finally it did run downe, his rich attyre about.
3 And as the lower grownd doth drinke, the dew of Hermon hill,
and Sion with his ſiluer drops, the fields with fruit doth fill:

5 Euen ſo the Lord doth powre on them, his bleſſings manifold:
whoſe hearts and minds without all guile, this knot doe keep and hold.

Ecce nunc. pſalme. Cxxxiij. VV. K.

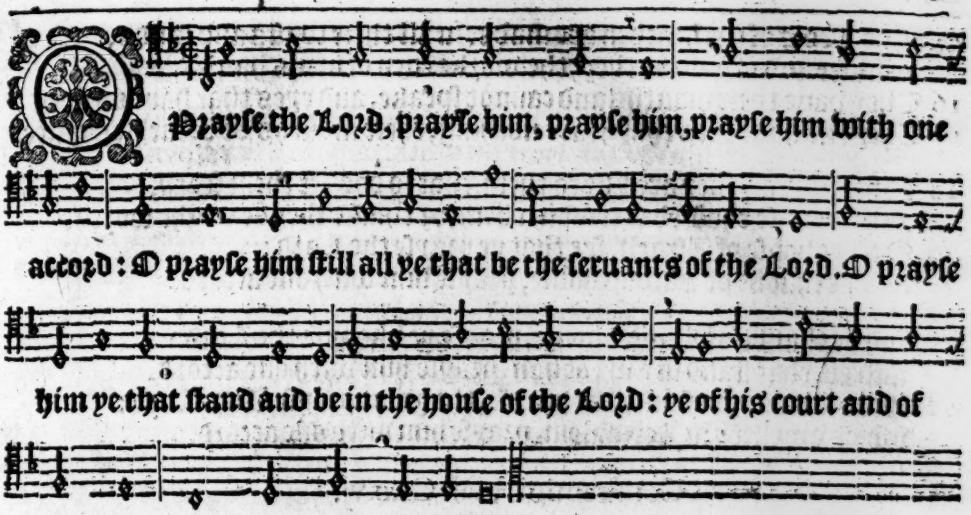
He exhorteth the Leuites that watch in the Temple, to praiſe the Lord.



2 Lift vp your hands on hie, vnto his holy place,
and giue the Lord his praiſes due, his benefits embrace.
4 For why? the Lord who did, both earth and heauen fraume,
doth Sion bleſſe, and will conſerue for euermore the ſame.

Laudate nomen. pſalme. Cxxxv. M.

He exhorteth all the faithfull, of what eſtate ſoeuer they be, to praiſe God for his marueilous workes, and ſpecially for his graces towards his people, wherein he hath declared his mieſty, to the confuſion of all Idolaters and their Idols.



3 Prayſe ye the Lord, for he is good, ſing prayſes to his Name:
it is a good and comely thing, alwaies to doe the ſame.
4 For why, the Lord hath choſe Jacob his very owne you ſee:
ſo hath he choſen Iſrael, his treaſure for to be.

5 For, this I know and am right ſure, the Lord is very great:
he is indeed aboue all gods, moſt eaſie to intreat.
6 For whatſoeuer pleaſed him, all that full well he wrought,
in heauen, in earth, and in the ſea, which he hath fram'd of nought.

7 He lifts vp clouds euen from the earth, he makes lightenings and raine,
he bringeth forth the windes alſo, he made nothing in vaine.
8 He ſmote the firſt borne of each thing in Egypt that tooke reſt:
he ſpared there no liuing thing, the man nor yet the beaſt.

9 He hath in thee ſhewed wonders great, O Egypt boyd of vanities,
on Pharao thy curſed king, and his ſeuere ſeruants.
10 He ſmote then many nations, and did great acts and thinges:
he ſlew the great and mightieſt, and chiefeſt of their kings.

11 Sehon king of the Amorites, and Og king of Baſan:
he ſlue alſo the kingdomes all that were of Canaan.
12 And gaue their land to Iſrael, an heritage we ſee,
to Iſrael his owne people, an heritage to be.

The ſecond part.

13 Thy Name O Lord ſhall ſtill endure, and thy memoriall,
throughout all generations that are or euer ſhall.
14 The Lord ſhall ſurely now auenge his people all indeed:
and to his ſeruants he will ſhew, fauour in time of need.

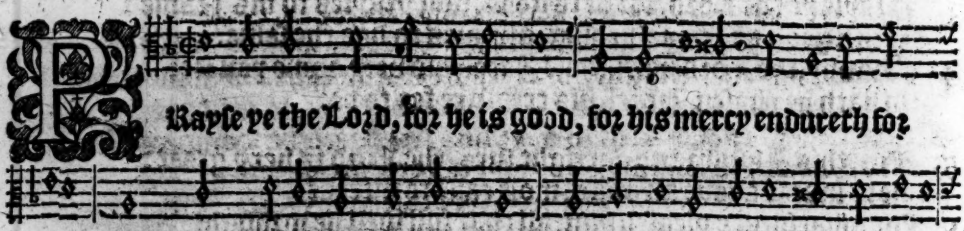
15 The Idols of the heathen are made, in all their coaſts and lands,
of ſiluer and of gold be they, the worke euen of mens hands.
16 They haue their mouths and cannot ſpeake, and eyes that haue no ſight:
17 They eke haue eares that heare nothing, their mouths be breathles quite.

18 wherefore all they are like to them, that ſo doe ſet them forth,
and likewiſe thoſe that truſt in them, or thinke they be ought worth.
19 O all ye houſe of Iſraell, ſee that ye prayſe the Lord:
and ye that be of Aarons houſe, prayſe him with one accord.

20 And ye that be of Leuies houſe, prayſe ye likewiſe the Lord:
and all that ſtand in awe of him, prayſe him with one accord.
21 And out of Sion found the prayſe, the great prayſe of the Lord:
which dwelleth in Ieruſalem, prayſe him with one accord.

Confitemini. Pſal. Cxxxvj.

A moſt earneſt exhortation to giue thankes vnto God for the creation and gouernement of all things, which ſtandeth in confeſſion, that he giueth vs all of his meere liberality.

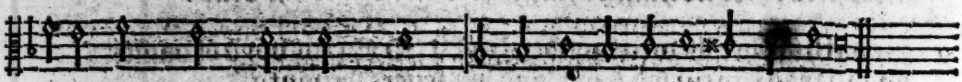


PRayſe ye the Lord, for he is good, for his mercy endureth for

euer: Giue prayſe vnto the God of Gods, for his mercy endureth for euer:



Giue prayſe vnto the Lord of Lords, for his mercy endureth for euer: which



onely doth great wonders worke, for his mercy endureth for euer.

5 which by his wiſedome made the heauens, for his mercy endureth, &c.
6 which on the waters ſtretcht the earth, for his mercy endureth, &c.
7 which made great lights to ſhine abroad, for his mercy, &c.
8 As Sunne to rule the lightſome day, for his mercy endureth, &c.

9 The Moone and Starres to guide the night, for his mercy, &c.
10 which ſmote Egypt with the firſt borne, for his mercy, &c.
11 And Iſrael brought out from them, for his mercy, &c.
12 With mighty hand and ſtretched arme, for his mercy, &c.

13 which cut the red ſea in two parts, for his mercy, &c.
14 And Iſrael made paſſe there through, for his mercy, &c.

15 And drowned Pharaoh and his hoſt, for his mercy endureth for euer.
16 Through wilderneſſe his people led: for his mercy endureth for euer.

17 He which did ſmite great noble Kings, for his mercy, &c.
18 And which hath ſlaine the mighty Kings, for his mercy, &c.
19 As Sehon King of the Amorites, for his mercy, &c.
20 And Og the King of Balan land, for his merty, &c.

21 And gaue their land for heritage, for his mercy, &c.
22 Euen to his ſeruant Iſrael, for his mercy, &c.
23 Remembred vs in baſe eſtate, for his mercy, &c.
24 And from oppreſſors reſcued vs, for his mercy, &c.

25 Which giueth food vnto all fleſh, for his mercy, &c.
26 Prayſe the God of heauen aboue, for his mercy, &c.
27 Giue thankes vnto the Lord of Lords, for his mercy, &c.

Another of the ſame by T. C.

Sing this as the 148. Pſalme.

O Laud the Lord benigne,
Whoſe mercies laſt for aye:
Great thankes and prayſes ſing
To the God of Gods I ſay.
For certainely,
His mercies dure:
Both firme and ſure,
Eternally.

3 The Lord of Lords prayſe ye,
Whoſe mercies aye doe dure:
4 Great wonders onely he,
Doth worke by his great power.
For certainely,
His mercies dure:
Both firme and ſure,
Eternally.

5 Which God omnipotent,
By his great wiſedome hie,
The heauenly firmament,
Did frame as we doe ſee.
For certainely, &c.

6 Yea he the heauy charge,
Of all the earth did ſtretch.
And on the waters large,
The ſame he did out-retch.
For certainely, &c.

7 Great lights he made to vs,
For why: his loue is aye:
8 Such as the Sunne we ſee,
To rule the light ſome day.
For certainely, &c.

9 And eke the Moone ſo cleare,
Which ſhineth in our ſight,
And ſtarres that doe appeare,
To guide the darkeſome night.
For certainely, &c.

10 With grieuous plagues & ſore,
All Egypt ſmote he then:
The firſt borne leſſe and more,
He ſlew of beaſts and men.
For certainely, &c.

11 And from amidſt their land,
His Iſrael forth brought:
12 Which he with mighty hand,
And ſtretched arme hath wrought.
For certainely, &c.

13 The ſea he cut in two,
Which ſtood vp like a wall:
14 And made through it to goe,
His choſen children all.
For certainely, &c.

15 But there he whelmed then,
The proud king Pharaoh:
With his huge hoaſt of men,
And chariots eke alſo:
For certainely, &c.

16 Who led through wilderneſſe,
His people ſafe and ſound:
And for his loue endleſſe,
17 Great kings he brought to ground.
For certainely, &c.

18 And ſlew with puiſſant hand,
Kings mighty and of fame,
As of the Amorites land,
19 Sehon the king by name.
For certainely, &c.

20 And Og the Giant large,
Of Baſon king alſo:
21 Whoſe land and heritage,
He gaue his people tho.
For certainely, &c.

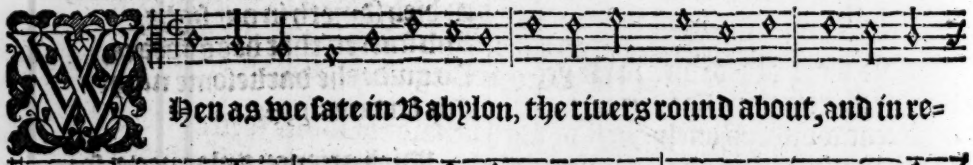
22 Euen vnto Iſrael,
His ſeruant deare I ſay:
He gaue the ſame to dwell,
And there abide for aye.
For certainely, &c.

23 To minde he did vs call,
In our moſt baſe degree,
24 And from oppreſſors all,
In ſafety ſet vs free.
For certainely, &c.

25 All fleſh in earth abroad,
With foode he doth fulfill:
26 Wherefore of heauen the God,
To laud be it your will.
For certainely, &c.

Super flumina Babylonis. pſal. Cxxxvij. VV.VV.

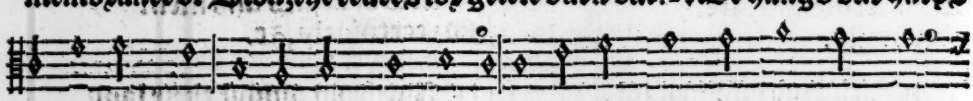
The people of God in their baniſhment, ſeeing Gods true Religion decay, liued in great anguiſh and ſorrow of heart: the which griefe the Caldeans did ſo lighly pitty, that they rather encreaſed the ſame dayly with taunts, reproaches, and blaſphemies againſt God: Wherefore the Iſraelites deſire God to punish the Edomites, who prouoked the Babilonians againſt them, and (moued by the ſpirit of God) prophecied the deſtruction of Babylon, where they were bled ſo tyrannouſly.



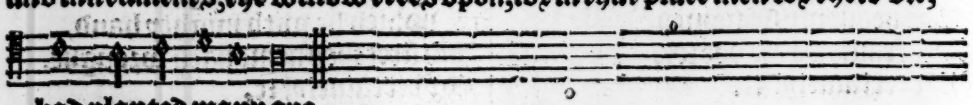
When as we ſate in Babylon, the riuers round about, and in re-



membrance of Sion, the teares for griefe burſt out. 2. We hanged our harps



and inſtruments, the willow trees vpon, for in that place men for their vſe,



had planted many one.

3 Then they to whom we priſoners were, ſayd to vs tauntingly:
now let vs heare your Hebrew ſongs, and pleaſant melody.
4 Alas ſaid we, who can once frame, his ſorrowfull heart to ſing
the prayſes of our louing God, thus vnder a ſtrange King?

5 But

5 But yet if I Jeruſalem, out of my heart let ſlide,
then let my fingers quite forget, the warbling harpe to guide.
6 And let my tongue within my mouth, be tyed for euer faſt,
if that I ioy before I ſee, thy full deliuerance paſt.

7 Therefore O Lord remember now, the curſed noyſe and cry,
that Edoms Sonnes againſt vs made, when they razde our Citty.
8 Remember Lord their cruell words, when as with one accord,
they cryd, on, ſacke, raze their wals, in deſpight of the Lord.

9 Euen ſo ſhalt thou O Babylon, at length to duſt be brought:
and happie ſhall that man be cald, that our reuenge hath wrought.
10 Yea bleſſed ſhall that man be cald, that takes thy children yong:
to daſh their bones againſt hard ſtones, which lie the ſtreets among.

Confitebor tibi. pſalme. Cxxxviij. N.

Dauid with great courage prayſeth the goodneſſe of God towards him, which is ſo great, that it is knowne to forraine Princes, who ſhall prayſe the Lord together with him, and he is aſſured to haue comfort of God in the time following, as he hath had before.

Sing this as the 47. Pſalme.

THee will I prayſe with my whole heart, my Lord my God alwaies:
euen in the preſence of the Gods, I will aduance thy prayſe.
Towards thy holy Temple I will looke and worſhip thee,
and prayſed in thy thankefull mouth, thy holy name ſhall be.

2 Euen for thy louing kindneſſe ſake, and for thy truth withall:
for thou thy name haſt by thy word, aduanced ouer all.
3 When I did call thou hardeſt me, and thou haſt made alſo,
the power of increaſed ſtrength, within my ſoule to grow.

4 Yea all the kings on earth they ſhall, giue prayſe to thee O Lord,
for they of thy moſt holy mouth, haue heard the mighty word.
5 They of the waies of God the Lord, in ſinging ſhall intreate:
becauſe the glory of the Lord, it is exceeding great.

6 The Lord is hie, and yet he doth behold the lowly ſpirite:
but he contemning knowes afarre, the proud and lofty wight.
7 Although in midſt of trouble I, do walke, yet ſhall I ſtand,
renewed by thee O my God, thou wilt ſtretch out thy hand.

8 Upon the wrath of all my foes, and ſaued ſhall I be,
by thy right hand, the Lord God will performe his worke to me.
9 Thy mercy Lord endures for aye, Lord doe me not forſake:
forſake me not that am the worke, which thine owne hand did make.

Domine probaſti. pſalme. Cxxxix. N.

Dauid to cleanſe his heart from all hypocriſie, ſheweth that there is nothing ſo hid, which God ſeeth not, which he confirmeth by the creation of man. After declaring his zeale and feare of God, he proteſteth to bee an enemy to all that contemne God.

Sing this as the 137. Pſalme.

O Lord thou haſt me tride and knowne, my ſitting thou doſt know:
and riſing eke, my thoughts afarre, thou vnderſtandſt alſo.

2 My pathes, yea and my lying downe, thou compaſſeſt alwaies:
3 And by familiar cuſtome art, acquainted with my waies.

4 No word is in my tongue O Lord, but knowne it is to thee:
5 Thou me behind holdſt and before, thou layeſt thy hand on me.
6 Too wonderfull aboue my reach, Lord is thy cunning skill:
it is ſo high that I the ſame, cannot attaine vntill.

7 From ſight of thy all-ſeeing ſpyte, Lord whether ſhall I go?
or whether ſhall I flee away, thy preſence to ſcape fro?
8 To heauen if I mount aloft, loe thou art preſent there:
in hell if I lye downe below, euen there thou doſt appeare.

9 Yea let me take the morning wings, and let me goe and hide,
euen there where are the furtheſt parts, where flowing ſea doth ſlide:
10 Yea euen thither alſo ſhall, thy reaching hand me guide,
and thy right hand ſhall hold me faſt, and make me to abide.

11 Yea if I ſay the darkeneſſe ſhall yet ſhroud me from thy ſight:
loe euen alſo the darkeſt night, about me ſhal be light:
12 Yea darkeneſſe hideth not from thee, but night doth ſhine as day:
to thee the darkenes and the light, are both alike alway.

The ſecond part.

13 For thou poſſeſſed haſt my reines, and thou haſt couered mee:
when I within my mothers wombe, encloſed was by thee.
14 Thee will I prayſe, made fearefully, and wondrouſly I am:
thy workes are maruellous, right well my ſoule doth know the ſame.

15 My bones they are not hid from thee, although in ſecret place
I haue been made, and in the earth beneath I ſhaped was.
16 When I was formeleſſe, then thine eye ſaw me, for in thy booke
were written all, nought was before, that after faſhion tooke.

17 The thoughts therefore of thee O God, how deare are they to me?
and of them all how paſſing great, the endleſſe numbers be?
18 If I ſhould count them, loe their ſumme more than the ſand I ſee:
and whenſoeuer I awake, yet am I ſtill with thee.

19 The wicked and the bloody men, oh that thou wouldeſt ſlay:
euen thoſe O God to whom depart, depart from me I ſay.
20 Euen thoſe of thee O Lord my God, that ſpeake full wickedly,
thoſe that are lifted vp in vaine, being enemies to thee.

21 Hate I not them that hate thee Lord, and that in earneſt wiſe?
contend I not againſt them all, againſt thee that ariſe?
22 I hate them with vnfained hate, euen as my vtter foes:
23 Trye me O God, and know my heart, my thoughts proue, and diſcloſe.

24 Conſider Lord if wickednеſſe, in me there any be:
and in thy way O God my guide, for euer leade thou me.

Eripe me. Pſal. Cxl. N.

Dauid

Dauid complaines of the cruelty, falſhood, & iniuries of his enemies, againſt which he prayes to the Lord, and aſſures himſelfe of his helpe and ſuccour, wherefore he prouokes the iuſt to prayſe him, and to aſſure themſelues of his tuitions.

Sing this as the Lamentation.

LOrd ſaue me from the euill man, and from the cruell wight,
2 Deliuer me, which euill doe imagine in their ſpright.
3 Which make on me continuall war, their tongues doe haue they whet:
like ſerpents vnderneath their lips, is adders poyſon ſet.

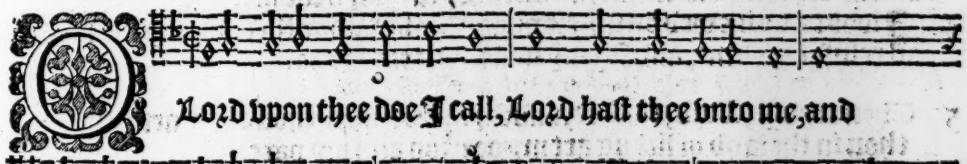
4 Keepe me, O Lord, from wicked hands, preſerue me to abide
free from the cruell man that meanes to cauſe my feps to ſlide.
5 The proud haue laid a ſnare for me, and they haue ſpread a net
with cordes in my path-way, and gins for me eke haue they ſet.
6 Therefore I ſaid vnto the Lord, thou art my God alone:
heare me O Lord, O heare the voyce wherewith I pray and mone
7 O Lord my God, thou onely art my ſtrength that ſaueth me:
my head in day of battell hath, beene couered ſtill by thee.

8 Let not, O Lord, the wicked haue the end of his deſire:
performe not his ill thoughts, leaſt he with pride beſet on fire.
9 Of them that compaſſe me about, the chiefeſt of them all,
Lord let the miſchiefe of their lips, vpon themſelues befall.

10 Let coales fall on them, let him caſt them in conſuming flame,
and in deepe pits, ſo as they may not riſe out of the ſame.
11 For, no back-biter ſhall on earth be ſet in ſtable plight:
and euill to deſtruction ſtill ſhal haunt the cruell wight.
12 I know, the Lord th'afflicted will reuenge, and iudge the poore:
13 The iuſt ſhall prayſe thy Name, iuſt ſhall dwell with thee euermore.

Domine probaſti. pſalme. Cxlj.

Dauid, being grieuouſly perſecuted vnder Saul, onely flyeth to God to haue ſuccour, deſiring him to bridle his afflictions, that he may patiently abide till God take vengeance of his enemies.



3 My Lord, for guiding of my mouth, ſet thou a watch before:
and alſo of my mouing lips, O Lord keepe thou the dore.
4 That I ſhould wicked workes commit, incline thou not my heart:
with ill men of their delicates, Lord let me eate no part.

5 But let the righteous ſmite me, Lord, for that is good for me:
let him reproue me, and the ſame a precious oyle ſhall be.
Such ſmiting ſhall not breake my head, the time ſhall ſhortly fall,
when I ſhall in their miſery, make prayers for them all.

6 Then when in ſtony places downe their Iudges ſhall be caſt,
then ſhall they heare my words: for then they haue a pleaſant taſt.
7 Our bones about the graues mouth, loe, ſcattered are they found:
as he that hewerh wood, or he that diggeth in the ground.

8 But, O Lord my God, mine eyes doe looke vp vnto thee:
in thee is all my truſt, let not my ſoule forſaken be.
9 Which they haue laid to catch me in, Lord keepe me from the ſnare,
and from the ſubtill gins of them, that wicked workers are.

10 The wicked into their owne nets together let them fall:
while I doe by thy helpe eſcape the danger of them all.

Voce mea ad Dominum. Pſalme. Cxlij. N.

Dauid neither aſtonied with feare, nor carried away with anger, no lazers by diſperation, would kill Saul, but with a quiet mind directed his earneſt prayer vnto God, who did preſerue him.

Sing this the 141. pſalme.

BEfore the Lord God with my voyce I did ſend out my cry:
and with my prayned voyce vnto to Lord God prayde I.
2 My meditation in his ſight to poure I did not ſpare:
and in the preſence of the Lord, my trouble did declare.

3 Although perplexed was my ſpirit, my path was knowne to thee:
in way where I did walke, a ſnare they ſlily layd for me.
4 I looked and viewed on my right hand, but none there would me know:
all refuge failed me, and for my ſoule none cared tho.

5 Then cryd I, Lord, to thee, and ſayd, My hope thou onely art:
thou in the land of liuing art my portion and my part.
6 Harke to my cry, for I am brought full low: deliuer me
from that doe me perſecute, for me too ſtrong they be.

7 That I may prayſe thy Name, my ſoule from priſon, Lord, bring out:
when thou art good to me, the iuſt ſhall prayſe me round about.

Domine exaudi. pſalme. Cxliij. N.

An earneſt prayer for remiſſion of ſinnes: acknowledging, that the enemies did cruelly perſecute him by Gods iuſt iudgement. He deſireth to be reſtored to grace, to be gouerned by his holy ſpirit, that he may ſpend the reſt of his life in the true feare and ſeruice of God.

Sing this as the 141. Pſalme.

LOrd heare my prayer, harke the plaint that I doe make:
Lord in thy native truth, and in thy iuſtice anſwere me.

2 In iudgement with thy ſeruant Lord, oh enter not at all:
for iuſtified be in thy ſight, not one that liueth ſhall.

3 The enemy hath purſued my ſoule, my life to ground hath throwne:
and laid me in the darke like them, that dead are long agone.
4 Within me in perplexity, was mine accombred ſpirit:
and in me was my troubled heart, amazed and affright.

5 Yet I record time paſt, in all thy workes I meditate:
yea in thy workes I meditate, that thy hands haue create.
6 To thee O Lord my God, loe I, doe ſtretch my craning hands:
my ſoule deſireth after thee, as doth the thirſty lands.

7 Heare me with ſpeed, my ſpirit doth faile, hide not thy face me fro:
elſe ſhall I be like them, that downe into the pit doe goe.
8 Let me thy louing kindneſſe, in the morning heare and know:
for in thee is my truſt, ſhew me the way that I ſhall goe.

9 For I lift vp my ſonle to thee, O Lord deliuer me
from all mine enemies: for I haue hidden me with thee.
10 Teach me to doe thy will, for thou, thou art my God I ſay:
let thy good ſpirit into the land of mercy me conuay.

11 For thy names ſake with quickning grace, aliue doe thou me make,
and out of trouble bring my ſoule, euen for thy iuſtice ſake.
12 And for thy mercy ſlay my foes, O Lord deſtroy them all,
that doe oppreſſe my ſoule, for I thy ſeruant am and ſhall.

Benedictus Dominus. pſalme Cxliiij. N.

Dauid praiſeth the Lord with great affection and humility, for his kingdome reſtored, and for his kingdome obtayned, yet calleth for helpe and the deſtruction of the wicked, promiſing to acknowledge the ſame with a ſong of prayſes, and declareth wherein the felicity of any people conſiſteth.

Sing this as the 141. Pſalme.

BLeſſed be the Lord my ſtrength, that doth inſtruct my hands to fight,
the Lord that doth my fingers frame, to battell by his might.
2 He is my goodneſſe, fort and tower, deliuerer and ſhield:
in him I truſt, my people he, ſubdues to me to yeeld.

3 O Lord what thing is man, that him thou houldeſt ſo in price?
or ſonne of man that vpon him, thou thinkeſt in this wiſe?
4 Man is but like to vanity, ſo paſſe his dayes to end,
5 As fleeting ſhade, bowe downe, O Lord, the heauens and deſcend.

6 The mountaines touch & they ſhall ſmoake, caſt forth thy lightening flame
and ſcatter them, thy arrowes ſhoote, conſume them with the ſame.
7 Send downe thine hand euen from aboue, O Lord deliuer me:
take me from waters great, from hand of ſtrangers make me free.

8 whoſe ſubtill mouth of vanity, and fondneſſe doth intreat:
and their right hand is a right hand of falſehood and deceit.
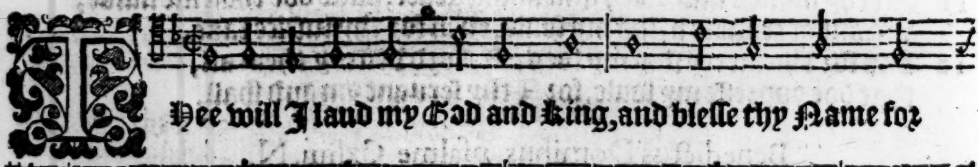
9 A new ſong will I ſing O God, and ſinging will I be,
on Uiole and on inſtrument, ten ſtringed vnto thee.
10 Euen he it is that onely giues, deliuerance to kings:
vnto his ſeruant Dauid helpe, from hurtfull ſwoꝛd he bꝛings.
11 From ſtrangers hand me ſaue and ſhield, whoſe mouth ſpeakes banity,
and their right hand is a right hand, of guile and ſubtilty.

12 That our ſons may be as the plants, whom growing youth doth reare:
our daughters as caru'd coꝛner ſtones, like to a pallace faire.
13 Our garners full, and plenty may with ſundꝛy ſoꝛts be found:
our ſhe: pe bꝛing thouſands, in our ſtreets ten thouſand may abound.

14 Our Oxen be to labour ſtrong, that none doe vs inuade.
there be no going out, no cry within our ſtreets be made.
15 The people bleſſed are that with ſuch bleſſings are ſo ſtoꝛ'd:
yea bleſſed all the people are, whoſe God is God the Loꝛd.

Exaltabo te Deus, pſalme. Cxlv. N.

This Pſalme was made when the kingdome of Dauid flourithed, wherein he deſcribeth the ſwonderfull pꝛouidence of God, as well in gouerning man, as in pꝛeſeruing the reſt of his Creatures. Hee pꝛaiſeth God foꝛ his iuſtice and merey, but ſpecially foꝛ louing kindeſſe toward thoſe that call vpon him, that feare him and loue him.



THee will I laud my God and king, and bleſſe thy Name foꝛ



aye: 2. Foꝛ euer will I pꝛayſe thy name, and bleſſe thee day by day. 3. Great



is the Loꝛd, moſt woꝛthy pꝛayſe, his greatneſſe none can reach. 4. From



race to race they ſhall thy woꝛkes pꝛayſe, and thy power pꝛeach.

5 Of thy glorious maieſty, the beauty will recoꝛd,
and meditate vpon thy woꝛkes, moſt wonderfull O Loꝛd.
6 And they ſhall of thy power, and of thy feareful acts declare:
and I to publiſh all abꝛoad, thy greatneſſe will not ſpare.

7 And they into the mention ſhall, bꝛeake of thy goodneſſe great,
and I aloud thy righteouſneſſe in ſinging ſhall repeate.
8 The Loꝛd our God is gratious and mercifull alſo:
of great abounding merey, and to anger he is ſlow.

9 Yea good to all, and all his workes his mercy doth exceed:
10 Loe all thy workes do prayse thee Lord, and doe thy honour spread.
11 Thy Saints do blesse thee, and they doe, thy kingdomes glory show:
12 And blaze thy power, to cause the sonnes of men thy power to know.

The second part.

13 And of his mighty kingdome eke, to spread the glorious prayse:
thy kingdome Lord a kingdome is, that doth endure alwaies.
And thy dominion through each age, endures without decay:
14 The Lord vpholdeth them that fall, their sliding he doth stay.

15 The eyes of all do waite on thee, thou dost them all relieue:
and to thou each, sufficing food in season due doest giue.
16 Thou openest thy bounteous hand, and bounteously doest fill
all thinges whatsoeuer doe liue, with gifts of thy good will.

17 The Lord is iust in all his waies, his workes are holy all:
18 Neere all he is that call on him, in truth that on him call.
19 He the desires, which they require, that feare him, will fulfill:
and he will heare them when thy cry, and saue them all he will.

20 The Lord preserues all those, to him that beare a louing heart:
but he them all that wicked are, will vtterly subuert.
21 My thankefull mouth shall gladly speake, the prayses of the Lord:
all flesh to prayse his holy name, for euer shall accord.

Lauda anima mea. Psalme. Cxlvj. I. H.

Dauid shewing his great desire he had to prayse God, teacheth that none should put their trust in men, but in God alone, who is almighty, and deliuereth the afflicted, nourisheth the poore, setteth prisoners at liberty, comforteth the fatherlesse, and raigneth for euer.

Sing this as the 137. psalme.

My soule prayse thou the Lord alwaies, my God I will confesse:
2 while breath and life prolong my dayes, my tongue no time shall cease
3 Trust not in world Princes then, though they abound in wealth:
nor in the sons of mortall men, in whom there is no health.

4 For why, their breath doth soone depart, to earth agon they fall:
and then the counsels, of their heart decay and perish all.
5 O happie is that man I say, who in Iacobs God doth ayd:
and he whose hope doth not decay, but on the Lord is stayd.

6 Which made the earth and waters deepe, the heauens high withall,
which doth his word and promise keepe, in truth, and euer shall.
7 With right alwaies doth he proceed, for such as suffer wrong:
the poore and hungry he doth feed, and loose the fetters strong.

8 The Lord doth send the blind their sight, the lame to limbs restore,
the Lord I say doth loue the right, and iust man euermore.
9 He doth defend the fatherlesse, and strangers sad in heart,
and quite the widdow from distresse, and ill mens waies subuert.

10 Thy Lord and God eternally, O Sion ſtill ſhall raigne:
in tyme of all poſterity, for euer to remaine.

Laudate Dominum. Pſal. Cxlvij.

The Prophet praiſeth the bounty, wiſedome, power, iuſtice and prouidence of God vpon all his creatures, eſpecially vpon his Church, which he gathered together after their diſperſion: declaring his word and iudgment ſo vnto them, as he hath done to no other people.

Sing this as the 137. Pſalme.

PRaiſe ye the Lord, for it is good vnto our God to ſing:
for it is pleaſant, and to prayſe, it is a comely thing.
2 The Lord his owne Jeruſalem, he buildeth vp alone:
and the diſperſt of Iſrael, doth gather into one.

3 He heales the broken in their heart, their ſores vp doth he binde:
4 He counts the number of the ſtarres, and names them in their kinde.
5 Great is the Lord, great is his power, his wiſedome infinite:
6 The Lord releeues the meeke, & throwes to ground the wicked wight.

7 Sing vnto God the Lord with prayſe, vnto the Lord reioyce:
and to our God vpon the Harpe aduance your ſinging voyce.
8 He couers heauen with clouds, and for the earth prepareth rayne.
and on the mountaines he doth make, the graſſe to grow againe.

9 He giues to beaſts their food, and to young Rauens when they cry:
10 His pleaſure not in ſtrength of horſe, nor in mans legs doth lye.
11 But in all thoſe that feare the Lord, the Lord hath his delight,
and ſuch as doe attend vpon, his mercies ſhining light.

The ſecond part.

12 O prayſe the Lord Jeruſalem, thy God O Sion prayſe:
13 For he the bars hath forged ſtrong where-with thy gates he ſtayes.
14 Thy children he hath bleſt in thee, and in thy borders he
doth ſettle peace, and with the flowre of wheate he filleth thee.

15 And his commaundement vpon the earth he ſendeth out:
and eke his word with ſpeedy courſe, doth ſwiftly run about.
16 He giueth ſnow like wooll, hore froſts like aſhes doth he ſpread:
17 Like morſels calls his Ice, thereof the cold who can abide?
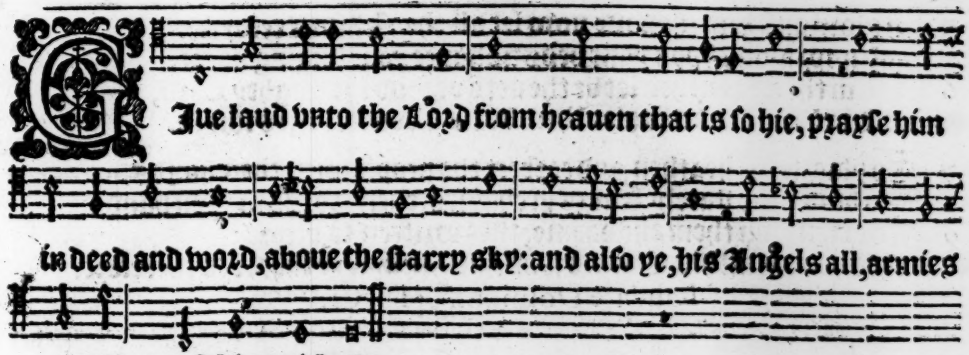
18 He ſendeth forth his mighty word, and melteth them againe:
his wind he makes to blow, and then, the waters flow amaine.
19 The Doctrine of his holy word, to Jacob doth he ſhow:
his ſtatutes and his iudgements he giues Iſrael to know.

20 With euery Nation hath he not, ſo dealt, nor they haue knowne,
his ſecret iudgements, yea therefore, prayſe ye the Lord alone.

Laudate Dominum, Pſal. Cxlviij.

He exhorteth all creatures to prayſe the Lord, in heauen, and in all places; eſpecially for the power that he hath giuen to his people Iſrael, whom he hath taken to nere vnto him.

Giue



Giue laud vnto the Lord from heauen that is so hie, prayse him in deed and word, aboue the starry sky: and also ye, his Angels all, armies royall, prayse him with glee.

3 Prayse him both Moon and Sun
Which are so cleare and bright:
The same of you be done,
Ye glistering starres of light.
4 And eke no lesse,
Ye heauens faire,
5 And clouds of the ayre,
His laud expresse.
6 For at his word they were,
All formed as we see:
At his voyce did appeare,
All thinges in their degree.
Which he set fast,
To them he made a law and trade,
For aye to last.
7 Extoll and prayse Gods name,
On earth ye dragons fell:
All deepes doe ye the same,
For it becommeth you well.
8 Him magnifie, fire, haile, yce, snow,
And stormes that blow, at his decree.
9 The hils and mountaines all,
And trees that fruitfull are:
The Cedars great and tall,
His worthy prayse declare.
10 Beasts and Cattell,
Yea birds flying,
And wormes creeping,
That on earth dwell.
11 All Kings both more and lesse,
With all their pompous traine:
Princes and all Judges,
That in the world remaine,
Exalt his name:
12 Yong men and maides,
Old men and babes doe ye the same,
13 For his name shall we proue
To be most excellent:
Whose prayse is far aboue
The earth and firmament.
14 For sure he shall,
Exalt with blisse, the horne of his,
And helpe them all.
His Saints all shall forth tell,
His prayse and worthinesse:
The children of Israel,
Each one both more and lesse:
15 And also they,
That with good will,
His words fulfill and them obey.

Cantate Domino. pſalme. Cxlix. N.

An exhortation to the Church to prayse the Lord for his victorie and conquest that her giueth to his Saints against all mens power.

Sing this as the 145. pſalme.

SIng ye vnto the Lord our God, a new reioycing song:
and let the prayse of him be heard, his holy Saints among.
2 Let Israell reioyce in him, that made him of nothing:
and let the seed of Sion eke, be ioyfull in their King.
3 Let them sound prayse with voyce of flute, vnto his holy name,
and with the Timbrell and the Harpe, sing prayses of the same.
4 For why? the Lord his pleasure all, hath in his people set,
and by deliuerance he will raise, the meeke to glory great.

With glory and with honour now let all the Saints reioyce:
and now aloud vpon your beds aduance your singing voyce.
6 And in their mouthes let be the acts of God the mighty Lord,
and in their hands eke let them beare a double edged sword.

7 To plague the heathen, and correct the people with their hands,
8 To bind their stately Kings in chaines, their Lords in yron bands,
9 To execute on them the doome, that written is before:
this honour all his Saints shall haue, prayse ye the Lord therefore.

Laudate Dominum. pſal. Cl.

An exhortation to prayse the Lord without ceasing by all manner of waies, for all his mighty and wonderfull workes.

Sing this as the 137. Pſalme.

YEld vnto God the mighty Lord, prayse in his sanctuary:
and prayse him in the firmament, that shewes his power on hie.
2 Aduance his name, and prayse him in his mighty acts alwaies:
according to his excellency of greatnesse, giue him prayse.

3 His prayses with a princely noyse, of sounding trumpets blow:
prayse him vpon the Viole, and vpon the Harpe also.
4 Prayse him with Timbrell and with Flute, Organs and Virginals:
5 With sounding Cimbals prayse ye him, prayse him with loud Cimbals.
6 What euer hath the benefit, of breathing, prayse the Lord:
to prayse the name of God the Lord, agree with one accord.

The end of the pſalmes of Dauid in meeter.

An exhortation to the prayse of God, to be sung before Morning prayer. T. B.

Sing this as the 100 pſalme.

PRayse ye the Lord ye Gentiles al, which hath brought you into this light,
O prayse him all people mortall, as it is most worthy and right.
For he is full determined, on vs to powre out his mercy.
And the Lords truth be ye assured, abideth perpetually.
Glory be to God the Father, and to Jesus Christ his true Son:
With the holy Ghost in like manner, now and at euery season.

An exhortation to be sung before euening prayer. by T. B.

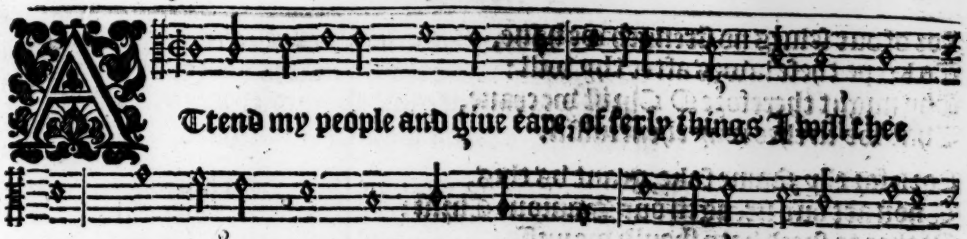
Sing this as the 109. pſalme.

BEhold now giue heed such as be,
The Lords seruants faithfull and true.
Come prayse the Lord euery degree, with such songs as to him are due.
O ye that stand in the Lords house, euen in our owne Gods mansion.
Prayse ye the Lord bounteous, which worketh our saluation.
2 Lift vp your hands in his holy place, yea that in time of night:
Prayse ye the Lord which giueth all grace, for he is a Lord of great might.
Then shall the Lord out of Sion, which made heauen & earth by his power,
Giue to you and to your nation, his blessing, mercy and fauour.

Glory to God the Father, &c.

The Ten Commandements of almighty God. Exod. xx. W. W.

Attend



Attend my people and giue eare, of feriy things I will thee tell: See that my wordes in minde thou beare, and to my precepts listen well.

1 I am thy Soueraigne Lord and God,
Which haue the brought from carefull thrall:
And eke reclaym'd from Pharaohs rod,
Make thee no Gods on them to call.

2 Nor fashioned forme of any thing,
In heauen or earth to worship it:
For I thy God by reuenging.
With grieuous plagues this sin will smite.

3 Take not in vaine Gods holy name,
Abuse it not after thy will:
For so thou might'st soone purchase blame,
And in his wrath he would thee spill.

4 The Lord from worke the seauenth day ceast,
And brought all things to perfect end:
So thou and thine that day take rest,
That to Gods hests ye may attend.

5 Unto thy Parents honour giue,
As Gods commandements doe pretend:
That thou long dayes and good mayst liue,
In earth where God a place doth lend.

6 Beware of murder and cruell hate,
7 All filthy fornication feare:
8 See thou steale not in any rate,
9 False witnesse against no man beare.

10 Thy neighbours house wish not to haue,
His wife, or ought that he calls mine:
His field, his oxe, his asse, his slaue,
Or any thing which is not thine.

A Prayer.

The spirit of grace grant vs O Lord,
To keep these lawes our hearts restore:
And cause vs all with one accord,
To magnifie thy name therefore.

For of our selues no strength we haue,
To keepe these lawes after thy will:
Thy might therefore O Christ we craue,
That we in thee may them fulfill.

Lord for thy Name sake, grant vs this,
Thou art our strength our Sauiour Christ:
Of thee to speed how should we misse.
In whom our creature doth consist.

To thee for euermore be prayse,
With the Father in each respect:
And with the holy spirit alwaies,
The comforter of thine elect.

The Lords prayer.



OUr Father which in heauen art, & made vs all one brother-



hood, to call vpon thee with one heart, our heauenly father and our God,

grant we pray not with lips alone, but with our hearts deep sigh & grone.

Thy blessed name be sanctified,
Thy holy word might vs inflame
In holy life for to abide,
To magnifie thy holy name.
From all errors defend and keepe,
The little flocke of thy poore sheepe.

Thy kingdome come euen at this houre,
And hencefoorth euerlastingly:
Thine holy Ghost into vs poure,
With all his gifts most plenteously.
From Sathans rage and filthy band,
defend vs with thy mighty hand.

Thy will be done with diligence,
Like as in heauen, in earth also.
In trouble grant vs patience,
Thee to obey in wealth and woe.
Let not flesh, blood, or any ill,
Preuaile against thy holy will.

Giue vs this day our dayly bread,
And all other good gifts of thine:
Keepe vs from warre and from bloodshed,
Also from sicknesse, death, and pine;
That we may liue in quietnesse,
Without all greedy carefulnesse.

Forgiue vs our offences all,
Relieue our carefull conscience:
As we forgiue both great and small,
Which vnto vs haue done offence.
Prepare vs Lord for to serue thee,
In perfect loue and vnity.

O Lord into temptation,
Lead vs not when the fiend doth rage,
To withstand his inuasion,
Giue power and strength to euery age.
Arme and make strong the feeble hoast,
With faith and with the holy Ghost.

O Lord from euill deliuer vs,
The dayes and times are dangerous:
From euerlasting death saue vs,
And in our last need comfort vs.
A blessed end to vs bequeath,
Into thy hands our soules receiue.

For thou O Lord art King of kings,
And thou hast power ouer all:
Thy glory shineth in all things,
In the wide world vniuersall.
Amen: let it be done O Lord,
That we haue prayd with one accord.

The xij. Articles of the Christian Faith.

ALL my beliefe and confidence, is in the Lord of might, the Fa-

ther which all thinges hath made, the day and eke the night. The heauens

and the firmament, and also many a star, the earth and all that is there-

in



in, which paſſe mans reaſon far.

And in like manner I beleeue, in Chriſt our Lord his Sonne,
coequall with the deity, and man in fleſh and bone.
Conceiued by the holy Ghoſt, his word doth me aſſure,
and of his mother Mary borne, yet ſhee a Virgin pure.

Becauſe mankind to Sathan was, for ſin in bond and thrall,
he came and offered by himſelfe, to death, to ſaue vs all.
And ſuffering moſt grieuous payne, then Pilate being Iudge,
was crucified on the croſſe, and thereat did not grudge.

And ſo he dyed in the fleſh, but quickned in the ſpright,
his body then was buried, as is our vſe and right.
His ſpirit did after this deſcend, into the lower parts,
to them that long in darkeneſſe were, the true light of their hearts.

And in the third day of his death, he roſe to life againe,
to th'end he might be glorified, out of all griefe and paine.
Aſcending to the heauens hye, to ſit in glory ſtill,
on Gods right hand his father deare, according to his will.

Vntill the day of Iudgement come, when he ſhall come againe,
with Angels power (yet of that day we all be vncertaine,)
To iudge all people righteouſly, whom he hath dearely bought,
the liuing and the dead alſo, which he hath made of nought.

And in the holy ſpirit of God, my faith to ſatisfie:
the third perſon in Trinity, beleeue I ſteadfaſtly.
The holy and Catholike Church, that Gods word doth maintaine;
and holy ſcripture doth allow, which Sathan doth diſdaine.

And alſo I doe truſt to haue, by Ieſus Chriſt his death,
releaſe and pardon of my ſins, and that onely by faith.
What time all fleſh ſhall riſe againe before the Lord of might,
and ſee him with their bodily eyes, which now doe giue them light.

And then ſhall Chriſt our Sauiour, the ſheepe and Goates diuide;
and giue his euerlaſtingly, to thoſe whom he hath tride:
within his realme celeſtiall in glory for to reſt,
with all the holy company, of Saynts and Angels beſt.

Which ſerue the Lord omnipotent, obediently each houre;
to whom be all dominion, and prayſe for euermore.

A prayer to the holy Ghoſt, to be ſung before the Sermon.

Sing this as the 119. pſalme.

Come

COme holy spirit the God of might, comforter of vs all:
Teach vs to know thy word aright, that we doe neuer fall.
O holy Ghost visit our coast, defend vs with thy shield
against all sinne and wickednesse, Lord helpe vs winne the field.

Lord keepe our King and his Counsell, and giue them wit and might,
To perseuere in thy Gospell, which can put sinne to flight.
O Lord that giuest thy holy word, send preachers plentifully:
That in the same we may accord, and therein liue and dye.
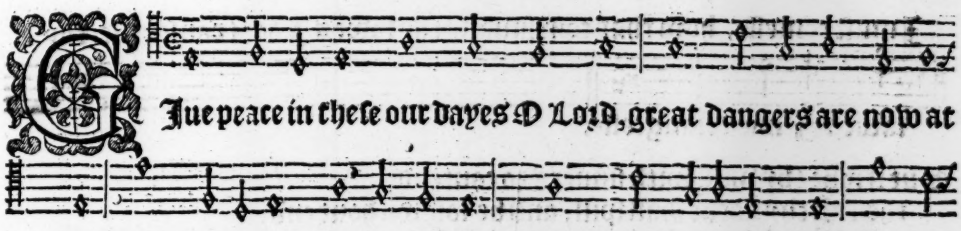
O holy spirit direct aright, the Preachers of thy word:
That thou by them maist cut downe sin, as it were with a sword.
Depart not from those Pastors pure, but ayde them at all need:
Which breake to vs the bread of life, whereon our soules doe feed.

O blessed spirit of truth, keepe vs in peace and vnity:
Keepe vs from sects and errors all, and from all papistry.
Conuert all those that are our foes, and bring them to thy light,
That they and we may all agree, and prayse thee day and night.

O Lord increase our faith in vs, and loue so to abound,
That man and wife be voyd of strife, and neighbours about vs round.
In our time giue thy peace O Lord, to Nations far and nye:
And teach them all thy holy word, that we may sing to thee.

All glory to the Trinity that is of mighties most,
The liuing Father and the Son, and eke the holy Ghost:
And as it hath beene in time, that hath been heeretofore,
As it is now and so shall be, henceforth for euermore.

Da pacem Domine.



Giue vs that peace which we doe lacke,
Through misbeleefe and ill life:

Thy woꝛd to offer thou didſt not ſtaude,
Which we vnkindly gaine-ſtriue:
With fire and ſwoꝛd, this healthfull woꝛd,
Some perſecute and oppreſſe.
Some with the mouth confeſſe the truth,
Without ſincere godlineſſe.
Giue peace, and let thy ſpirit downe ſend,
With griefe and repentance true
To pierce our hearts our liues to amend,
And by Faith Chriſt renue.
That feare and dread, warre and bloodſhed,
Through thy ſweete mercy and grace.
Way from vs ſlide, thy truth may abide,
And ſhine in euery place.

The Complaint of a Sinner, who craueth of Chriſt to be kept vnder his mercy.



Where righteouſnes doth ſay, Lord for my ſinfull part, in wrath thou ſhouldeſt me pay, vengeance for my deſert, I can it not deny, but needs I muſt confeſſe, how that continually thy lawes I doe tranſgreſſe, thy lawes I doe tranſgreſſe.

But if it be thy will, with ſinners to contend,
then all thy flocke ſhall ſpill, and be loſt without end.
For who liueth heere ſo right, that rightly he can ſay,
he ſinneth not in thy ſight, full oft and euer day?

The Scripture plaine telleth me, the righteous man offendeth,
ſeauen times a day to thee, whereon thy wrath dependeth.
So that the righteous man, doth walke in no ſuch path,
but he falls now and then, in danger of thy wrath.

Then ſith the caſe ſo ſtands, that euen the man right wiſe
falls oft in ſinfull bands, whereby thy wrath may riſe:
Lord I that am vniuſt, and righteouſneſſe none haue:
whereto then ſhall I truſt, my ſinfull ſoule to ſaue?

But

But truly to that poſt, whereto I cleaue and ſhall,
which is thy mercy moſt, Lord let thy mercy fall.
And mitigate thy mood, or elſe we periſh all:
the price of this thy blood, wherein mercy I call.
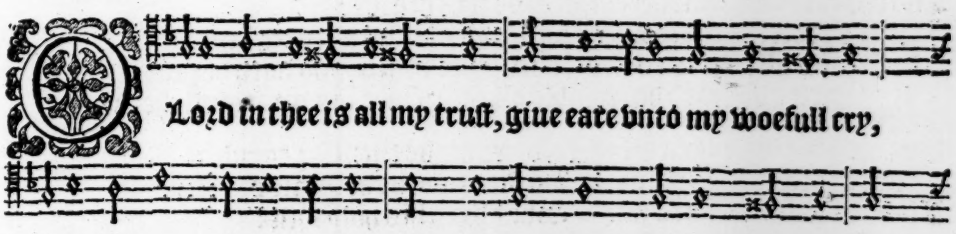
The ſcripture doth declare, no drop of blood in thee:
but that thou didſt not ſpare, to ſhed each drop for me.
Now let thoſe drops moſt ſweete, ſo moyſt my heart ſo dry,
that I with ſinne repleat, may liue, and ſin may dye.

That ſinne being mortified, this ſinne of mine in me,
I may be ſanctified, by grace of thine in thee.
So that I neuer fall, into ſuch mortall ſinne,
that my foes infernall, reioyce my death therein.

But vouchſafe me to keepe, from thoſe infernall foes,
and from that lake ſo deepe, whereas no mercy growes.
And I ſhall ſing the ſongs, confirmed with the iuſt,
that vnto thee belongs, which art mine onely truſt.

The Lamentation.

Through perfect repentance, the ſinner hath a ſure truſt in God, that his ſinnes ſhall be waſhed away in Chriſts blood.



them ſhall I be ſhent, ſith thee to pleaſe I doe intend.

No, no, not ſo thy will is bent to deale with ſinners in thine ire:
But when in heart they ſhall repent, thou grantſt with ſpeed their iuſt deſire.
To thee therefore ſtill ſhall I cry, to waſh away my ſinfull crime:
Thy blood O Lord is not yet dry, but that it may helpe me in time.

Haſt thee O Lord, haſt thee I ſay, to powre on me the gifts of grace,
That when this life muſt flit away, in heauen with thee I may haue place.
Where thou doſt raigne eternally, with God which once did downe thee ſend,
Where Angels ſing continually, to thee be prayſe world without end.

A Thankeſgiuing after the receiuing of the Lords Supper.

Sing this as the 137. Pſalme.

THe Lord be thanked for his gifts, and mercies euer more,
that he doth ſhew vnto his Saints, to him be laud therefore.
Our tongues cannot ſo prayſe the Lord, as he doth right deſerue:
our hearts cannot of him ſo thinke, as he doth vs preſerue.

His benefits they be ſo great, to vs that be but ſinne:
that at our hands for recompence, there is on hope to winne.
O ſinfull fleſh that thou ſhouldſt haue, ſuch mercies of the Lord:
thou doeſt deſerue moſt worthily of him to be abhord.

Nought elſe but ſinne and wretchednelle, doth reſt within our hearts:
and ſtubbornely againſt the Lord, we daply play our parts.
The Sunne aboue the firmament, that is to vs a light,
doth ſhew it ſelfe more cleare and pure, than we be in his ſight.

The heauens aboue and all therein, more holy are then we:
they ſerue the Lord in their eſtate, each one in his degree.
They doe not ſtriue for maſterſhip, nor ſlacke their office ſet:
but feare the Lord, and doe his will, hate is to them no let.

Alſo the earth and all therein, of God it is in awe:
it doth obſerue the formers will, and ſkilfull natures law.
The ſea and all that is therein, doth bend when God doth becke:
the ſpirits beneath do tremble all, and feare his wrathfull checke.

But we alas for whom all theſe, were made them for to rule:
doe not ſo know or loue the Lord, as doth the Horſe or Mule.
A law he gaue for vs to know, what was his holy will:
he would vs good, but we would not auoyd the thing is ill.

Not one of vs that ſeeketh out, the Lord of life to pleaſe,
nor doe the thing that might vs ioyne, to Chriſt in quiet eaſe.
Thus are we all his enemies, we can it not denie:
and he againe of his good will, would not that we ſhould die.

Therefore when remedy was none to bring vs vnto life,
the Son of God our fleſh he tooke, to end our mortall ſtrife.
And all the law of God the Lord, he did it full obey:
and for our ſinnes vpon the Croſſe, his blood our debts did pay.

And that we ſhould not yet forget, what good he to vs wrought,
a ſigne he left our eyes to tell, that he our bodies bought.
In Bread and Wine heere viſible, vnto thine eyes and taſte,
his mercies great thou mayeſt record, if that his ſpirit thou haſt.

As once the corne did liue and grow, and was cut downe with ſythe:
and threſhed out with many ſtripes, out from his huſke to driue:
And as the mill with violence, did feare it out ſo ſmall,
and made it like to earthly duſt, not ſparing it at all.

And

And as the Quen with fire hot did close it vp in heate:
and all this done that I haue said, that it should be our meat.
So was the Lord in his ripe age cut downe by cruell death:
his soule he gaue to torments great, and yelded vp his breath.

Because that he to vs might be an euerlasting bread,
with much reproach and troubles great on earth his life he led.
And as the grapes in pleasant time are pressed very sore,
and plucked downe when they be ripe, and let to grow no more,

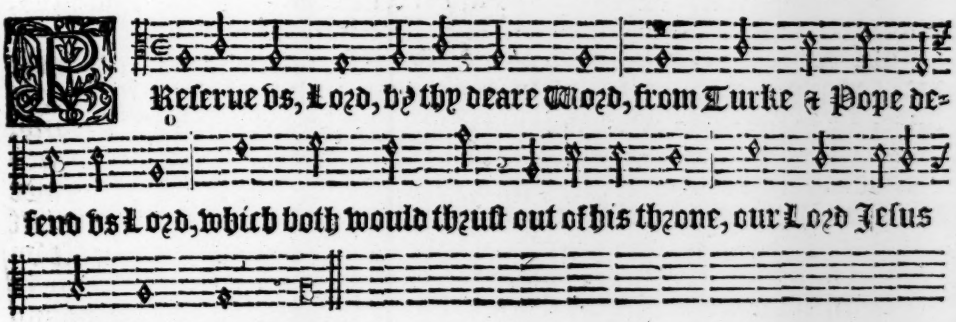
Because the iuyce that in them is, as comfortable drinke
we might receiue, and ioyfull be when sorrowes make vs shrinke.
So Christ his bloud out-pressed was with nailes, and eke with speare:
the iuyce whereof doth saue all those, that rightly doe him feare.

And as the cornes by vnity into one loafe are knit:
so is the Lord and his owne Church, though he in heauen sit.
As many grapes make but one wine, so should we be but one
in faith and loue, in Christ aboue, and vnto Christ alone.

Leading a life without all strife, in quiet rest and peace:
from enuy and from malice both our hearts and tongues to cease:
Which if we doe, then shall we shew, that we his chosen be,
by faith in him to lead a life as alway willed he.

And that we may so doe indeed, God send vs all his grace:
then after death we shall be sure with him to haue a place.

R. W.



Christ thy deare Sonne.

Lord Iesus Christ shew forth thy might, that thou art Lord of Lords by
thy poore afflicted flocke defend, that we may prayse thee without end. (right
God holy Ghost our comforter, be our patron, helpe and succour:
giue vs one minde and perfect peace, all gifts of grace in vs increase.
Thou liuing God in persons three, thy name be praysed in vnity:
in all our need so vs defend, that we may prayse thee world without end.

A Forme of Prayer to be vſed in priuate houſes euery Morning and Euening.

Morning Prayer.

ALmighty God and moſt mercifull Father, we do not preſẽt our ſelues here before thy Maieſty, truſting in our own merits or worthines, but in thy mãifold mercies, which haſt promiſed to heare our praiers, & grãt our requeſts which we ſhal make to thee in the Name of thy beloued Son Jeſus Chriſt our Lord, who hath alſo commãded vs to aſſemble our ſelues together in his Name, with full aſſurance, ỹ he will not onely be among vs, but alſo be our Mediator & Aduocate towards thy Maieſty, that we may obtaine al things that ſhall ſeeme expedient to thy bleſſed will, for our neceſſities. Therefore we beſeech thee, ſweet Father, to turne thy louing countenance towards vs, & impute not to vs our manifold ſins and offẽces, whereby we iuſtly deſerue thy wrath and sharpe punithment, but rather receiue vs to thy mercy for Jeſus Chriſts ſake, accepting his death & paſſion as a iuſt recompence for al our offences, in whom thou art well pleaſed, & through whom thou canſt not be offended with vs. And ſeeing ỹ of thy great mercies we haue quietly paſſed this night, grant, O heauenly Father, that we may beſtow this day wholy in thy ſeruice, ſo that all our thoughts, words and deeds, may redound to the glory of thy Name, and good example to all men, who ſeeing our good workes, may glorifie thee our heauenly Father. And for as much as of thy mere fauour & loue thou haſt not onely created vs to thine owne ſimilitude and likenes, but alſo haſt choſen vs to be heires with thy deare Son Jeſus Chriſt, of that immortal kingdom which thou prepardſt for vs from the beginning of the world: we beſeech thee to increaſe our faith and knowledge, and to lighten our hearts with thy holy ſpirit, that we may in the meane time liue in godly conuerſation and integrity of life, knowing ỹ idolaters, adulterers, couetous men, contentious perſons, drunkards, gluttons and ſuch like, ſhall not inherite the kingdome of God.

And ſeeing ỹ haſt commanded vs to pray one for another, we do not onely make requeſt, O Lord for our ſelues, & thẽ ỹ haſt already called to the true vnderſtãding of thy heauẽly will, but for all people & nations of the world, who as they know by thy wonderful works ỹ thou art God ouer al, ſo they may be inſtructed by thy holy ſpirit, to beleeue in thee their ſauior & redeemer But for aſmuch as they cãnot beleeue except they heare, nor cãnot heare but by preachĩg, & none can preach except he be ſent, therefore O Lord raiſe vp faithful diſtributers of thy miſteries, who ſetting apart al worldly reſpects may both in their life & doctrine only ſeeke thy glory. Contrarily confound Satan & Antichriſt w all hirelings, whom thou haſt already caſt off into a reprobate ſenſe, that they may not by ſects, ſchiſms, hereſies, & errors diſquiet thy little flock. And becauſe O Lord, we be fallẽ into the latter daies & dãgerous times wherein ignorance hath gottẽ the vpper hand & ſatan by his miniſters ſeeks by al means to quench the light of thy goſpel: we beſeech thee to maintain thy cauſe againſt al thoſe rauening Wolues, & ſtrengthẽ al thy ſeruãts whom they keep in priſõ & bondage: let not thy long ſuffering be an occaſion either to increaſe their tyranny, or diſcourage thy children, nor yet let our ſins and wickedneſſe be an hinderance to thy mercies, but with

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speede (O Lord) consider these great miseries: For thy people Israel many times by their sins prouoked thine anger, and thou punishedst them by thy iust iudgement: yet tho their sins were neuer so grieuous, if they once returned frō their iniquity, thou receiuedst them to mercy. We therefore most wretched sinners bewaile our manifold sins, and earnestly repent vs of our former wickednes, & vngodly behauiour towards thee: and whereas we cannot of our selues purchase pardō, yet we humbly beseech thee for Iesus Christs sake, to shew thy mercies vpon vs, & receiue vs againe to thy fauour. Grant vs deare Father these our requests, and all other things necessary for vs, & thy whole Church, according to thy promise in Iesus Christ our Lord. In whose name we beseech thee, as he hath taught vs, saying. Our Father, &c.

Euening Prayer.

O Lord God, Father euerlasting & full of pitty, we acknowledge and confesse that we be not worthy to lift vp our eyes to heauen, much lesse to present our selues before thy Maiesty, with confidence that thou wilt heare our prayers & grant our requests, if we cōsider our owne deseruings, for our consciences do accuse vs, & our sins do witnesse against vs, & we know that thou art an vpright Iudge, which dost not iustifie the sinners and wicked men, but punishest the faults of all such as transgresse thy commandements. Yet most mercifull Father, since it hath pleased thee to command vs to call on thee in all our troubles & aduersities, promising euen then to help vs, when we feele our selues (as it were) swallowed vp of death and desperatiō, we vtterly renounce all worldly confidence, and fly to thy soueraigne bounty, as our only stay and refuge: beseeching thee not to call to remembrance our manifold sins and wickednes, wherby we continually prouoke thy wrath & indignatiō against vs: neither our negligence & vnkindnesse which haue neither worthily esteemed, nor in our liues sufficiently expressed the sweet comfort of thy Gospel reuealed vnto vs: but rather to accept the obedience and death of thy son Iesus Christ, who by offering vp his body in sacrifice once for all, hath made a sufficient recompence for all our sins. Haue mercy therfore vpō vs (O Lord) and forgiue vs our offences. Teach vs by thy holy Spirit, that we may rightly weigh them, & earnestly repēt for the same. And so much the rather (O Lord) because that the reprobate and such as thou hast forsaken cannot prayse thee nor call vpon thy name, but the repenting heart, the sorrowfull mind, the conscience oppressed, hungring and thirsting for thy grace, shall euer set forth thy prayse and glory. And albeit we be but wormes and dust, yet thou art our Father, and we thy children, thou art our sheapheard, & we thy flocke, thou art our Redeemer, and we thy people whom thou hast bought, thou art our God, and we thine inheritance: Correct vs not therefore in thine anger (O Lord) neither according to our deserts punish vs, but mercifully chastice vs with a fatherly correction, that all the world may know that at what time soeuer a sinner doth repent him of his sinnes from the bottome of his heart, thou wilt put away his wickednesse out of thy remembrance, as thou hast promised by thy holy Prophet.

Finally, forasmuch as it hath pleased thee to make the night for man to rest in, as thou hast ordained him the day to trauell in, grant deare father that we may so take our bodily rest, that our soules may cōtinually watch for the time that our Lord Iesus Christ shal appeare for our deliuerāce out of this mortal

life, & in the meane seaſō that we be not ouercome by any fantaſies, dreames, or other temptations, may fully ſet our minds vpon thee, loue thee, feare thee, and reſt in thee. Furthermore, ỳ our ſleepe be not exceſſiue or ouermuch, after the inſatiable deſires of the fleſh, but onely ſufficient to content our weak nature, that wee may be the better diſpoſed to liue in all godly conuerſation, to the glory of thy holy name, ond profit of our brethren. So be it.

A godly Prayer to be ſayd at all times.

HOnor & prayſe bē giuen to thee, O Lord God Almighty, moſt deare Father of heauen, for all thy mercies and louing kindnes ſhewed vnto vs, in that it hath pleaſed thy gracious goodnes, freely & of thine own accord to elect and chuſe vs to ſaluation before the beginning of the world, & euen like continuall thanks be giuen to thee for creatig vs after thine own image, for redeeming vs with the precious blood of thy deare ſon, when we were vtterly loſt, for ſanctifying vs with thy holy ſpirit in the reuelation and knowledge of thy holy word, for helping & ſuccouring vs in our needs & neceſſities, for ſauing vs from all dangers of body and ſoule, for comforting vs ſo fatherly in all our tribulations & perſecutiōs, for ſparing vs ſo long, & giuing vs ſo large a time of repentance. Theſe benefits (O moſt mercifull father) like as we acknowledg to haue receiued thē of thy only goodnes, euen ſo we beſeech thee for thy deare ſon Jeſus Chriſts ſake, to grant vs alwayes thy holy ſpirit, ỳ we may continually grow in thākfulnes towards thee, to be led into all truth, & cōforted in all our aduerſities. O Lord ſtrengthen our faith, kindle it more in feruentnes and loue towards thee, & our neighbours for thy ſake: Suffer vs not (moſt deare Father) to receiue thy word any more in vaine, but grant vs alwaies the aſſiſtance of thy grace and holy ſpirit, that in heart, word, & deed, we may ſanctifie and doe worſhip to thy name, helpe to amplifie and increaſe thy kingdome, & whatſoeuer thou ſendeſt, we may be hartily well content with thy good pleaſure & will: Let vs not lacke the thing O Father, without the which we cannot ſerue thee, but bleſſe thou ſo all the works of our hands, ỳ we may haue ſufficient, & not be chargeable, but rather helpefull to others.

Be mercifull (O Lord) to our offences, and ſeing our debt is great which thou haſt forgiuen vs in Jeſus Chriſt, make vs to loue thee & our neighbours ſo much the more. Be thou our father, our captaine & defender in all temptations, hold thou vs by thy mercifull hand, that we may be deliuered from all inconueniences, and end our liues in the ſanctifying and honor of thy holy name, through Jeſus Chriſt our Lord and onely Sauiour. So be it.

Let thy mighty hand & out ſtretched arme (O Lord) be ſtill our defence, thy mercy & louing kindnes in Jeſu Chriſt thy deare Son our ſaluation, thy true & holy word our inſtruction, thy grace and holy ſpirit our comfort and conſolation, vnto the end, and in the end, So be it. O Lord increaſe our faith, &c.

A confeſſion for all eſtates and times.

O Eternall God & moſt mercifull Father, we confeſſe & acknowledge here before thy diuine maieſty, ỳ we are miſerable ſinners, conceiued & borne in ſin & iniquity, ſo that there is in vs no goodnes. For the fleſh euermore rebelleth againſt the ſpirit, wherby we cōtinually trāſgreſſe thy holy precepts, & commāndments, & ſo purchaſe to our ſelues through thy iuſt iudgmēt, death & damnation. Notwithſtanding (O heauenly Father) forasmuch as we are

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displeased with our selues for the sins that we haue committed against thée & doe vnfainedly repent vs of the same: we most hũbly beseech thée for Iesus Christ sake, to shew thy mercy vpon vs, to forgiue vs all our sins, & increase thy holy spirit in vs, ỳ we acknowledging from the bottome of our hearts our own vnrighteousnes, may from hẽceforth not onely mortifie our sinfull lusts & affections, but also bring forth such fruits as may be agréeable to thy most blessed will: not for the worthines thereof, but also for the merits of thy dearly beloued Son Iesus Christ our onely Sauiour, whom thou hast already giuen an oblation & offering for our sins, & for whose sake, we are certainely perswaded, ỳ thou wilt deny vs nothing that we aske in his name, according to thy will. For thy spirit doth assure our consciẽces, ỳ thou art our merciful father & so louest vs thy childrẽ through him, that nothing else is able to remoue thy heauenly grace and fauor from vs. To thée therefore (O Father) w thy Son and the holy Ghost, be all honor and glory world without end, Amen.

A prayer to be said before a man begin his worke.

O Lord God most mercifull father & sauiour, séeing it hath pleased thée to command vs to trauel, that we may relieue our néed, we beseech thee of thy grace so to blesse our labors, ỳ thy blessings may extend vnto vs, without the which we are not able to continue, and that this great fauor may be a witnes vnto vs of thy bountifulnes and assistance, so that thereby we may know the fatherly loue that thou hast ouer vs.

Moreouer (O Lord) we beseech thee, ỳ thou wouldest strengthen vs with thy holy spirit, ỳ we may faithfully trauel in our estate & vocation, without fraud or deceit, & that we may indeauour our selues to follow thy holy ordinãces: rather then to seek to satisfie our greedy affections, or desire to gaine: And if it please the Lord, to prosper our labor, giue vs a minde also to helpe them ỳ haue néed, according to that ability ỳ thou of thy mercy shalt giue vs: & knowing that all good things come of thée, grant that we may humble our selues to our neighbours, and not by any meanes lift our selues vp aboue thẽ which haue not receiued so liberall a portion as of thy mercy thou hast giuen vnto vs. And if it please thee to try & exercise vs by greater pouerty and need than our flesh would desire, that thou wouldest yet, O Lord, grant vs grace to know that thou wilt nourish vs continually, through thy bountiful liberality, that we be not so tempted, that we fall into distrust, but that we may patiently wait till thou fil vs, not onely with corporall graces and benefits, but chiefely with thy heauenly and spirituall treasures, to the intent that we may alwayes haue more ample occasion to giue thée thankes, & so wholy to rest vpon thy mercies. Heare vs O Lord of mercy, through Iesus Christ thy Son our Lord, Amen.

A prayer for the whole estate of Christs Church.

Almighty God & most mercifull father, we submit our selues, & fall down before thy maiesty, beséeching thee from the bottom of our hearts, that the séed of thy word now sowne amongst vs, may take such deep root, that neither the burning heate of persecutiõ, cause it to wither, neither the thorny cares of this life choake it, but that as séed sowne in good ground it may bring forth thirty, sixty, and an hundred fold, as thy heauenly wisedome hath appointed. And because we haue néed continually to craue many things at thy hands, we humbly beseech thée (O heauẽly father) to grant vs thy holy spirit, to direct our

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petitiõs, that they may proceed from such a feruent mind, as may be agreeable to thy most blessed will. And seeing that our infirmity is able to doe nothing with out thy helpe, and that thou art not ignorant with how many and great tẽptations we poore wretches are on euery side enclosed & compassed: Let thy strength, O Lord, sustaine our weakenes, ỹ we being defended with the force of thy grace, may be safely preserued against all assaults of Sathan, who goeth about cõtinually like a roaring lion seeking to deuour vs. Increase our faith O mercifull father, ỹ we doe not swerue at any time from thy heauenly word, but augment in vs hope and loue, with a carefull keeping of all thy commandements, that no hardnesse of heart, no hypocrisie, no concupiscence of the eies, nor inticemẽts of the world do draw vs away from thy obedience. and seeing we liue now in these most perilous times, let thy fatherly prouidẽce defend vs against the violence of our enemies, which do seek by al meanes to oppres thy truth. Furthermore, forasmuch as by thy holy Apostle we be taught to make our praiers and supplicatiõs for all men, we pray not only for our selues here present, but beseech thee also to reduce all such as be yet ignorant; frõ the miserable captiuity of blindnes and error, to the pure vnderstanding & knowledg of thy heauenly truth: that we all with one consent and vnitie of minde, may worship thee our only God and Sauior. And that all pastors, shepheards, and ministers, to whom thou hast cõmitted the dispensation of thy holy word and charge of thy chosen people, may both in their life & doctrine be found faithful setting before their eyes thy glory: and ỹ by them al poore sheep which wander and go astray, may be gathered & brought home to thy fold. Moreouer because the hearts of al Rulers are in thy hands, we beseech thee to direct and gouerne the harts of all Kings, Princes, and Magistrates to whom thou hast committed the sword: especially, O Lord, according to our bounden duty we beseech thee to maintain and increase the honorable estate of the Kings Maiesty, and all his noble Counsellers and Magistrates, withal the spirituall pastors and ministers, and all the whole body of this cõmon-weale. Let thy fatherly fauor so preserue them, and thy holy spirit so gouerne their hearts, that they may in such sort execute their office, ỹ thy religion may be purely maintained, manners reformed, and sin punished, according to the precise rule of thy holy word And for that we be all mẽbers of the mystical body of Iesus Christ, we make our request vnto thee O heauenly father, for all such as are afflicted with any kind of crosse or tribulation, as war, plague, famine, sickness, pouerty, imprisonment, persecution, banishment, or any other kinde of crosse, whether it be calamity of body, or veration of minde: that it would please thee to giue them patience and constancy till thou send them full deliuerance of all their troubles. Root out from hence (O Lord) all rauening wolues, which to fill their bellies seek to destroy thy flock: & shew thy great mercies vpon those our brethren in other countries, who are persecuted, cast in prison, & dayly condemned for the testimony of thy truth. And though they be vtterly destitute of all mans ayd, yet let thy sweet comfort neuer depart from them, but so inflame their hearts with thy holy spirit, ỹ they may boldly and carefully abide such tryall, as thy godly wisedome shall appoint: So that at length as well by their death as by their life, the kingdome of thy deare Son Iesus Christ, may increase and shine through all the world. In whose name we make our bũble petitions vnto thee as he hath taught vs. Our Father which art in heauen &c.

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Quicunque vult
The Lamentation of a sinner
The humble suit of a sinner
The Pater noster
The ten Commandements

These ye shall haue after the Psalmes.

PRayse ye the Lord O ye
Behold now giue
Attend my people
Our father which in heauen art
All my beliefe
Come holy spirit
Giue peace in these
Where righteousnesse
O Lord in thee is all
The Lord be thanked
Preserue vs Lord
Also certaine godly prayers.

FINIS.